

## Roundup

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time of 16:09. Joe Maskalis finished third at 16:30 and Jason Lyons pulled in fourth at 16:58. The victory retains the Knights perfect record at 6-0.

### Wyoming 16, Dallas 47

Wyoming took the first four places to drop Dallas 16-47 Oct. 8. Jamie Raub was the first Mount to place at 18:21 and a fifth place finish. Jeff Nutche was ninth at 18:39. The girls also had a similar fate as Bridget Baines paced the Lady Mounts in the girls race with a sixth place time of 22:51.

## Soccer

### Coughlin 1, Lehman 0

Knight Keeper Russ Mosier kept Lehman's net in tact with five saves but let one slip past that proved to be the difference as Coughlin snubbed Lehman 1-0 Oct. 9. The Knights drop to 8-5-1.

### Dallas 3, Wyoming Sem. 1

The Mounts rocketed three unanswered first half goals for a 3-1 upset over Wyoming Seminary Oct. 9. Rich Semanis sank Dallas' first goal off an assist from Richard Douglas followed by tallies from Justin Hoover and Jesse Williams.

### Abington 2, Dallas 1

Dallas could not recover from back to back Comet goals in the second half as Abington leveled Dallas 2-1 Oct. 13. Justin Hoover booted the Mounts only goal in the final minutes of the game off a pass from Rich Semanis.

### Lehman 3, Wyoming Sem. 0

The Knights broke a scoreless game wide open in the second half with three goals to cruise to a 3-0 victory over Seminary Oct. 13 at home. Mark Steele, Russ Wenrich and Dan Dulebohn accounted for Lehman's tallies. Both Lehman and Dallas clinched playoff berths with Monday's victories.

## Football

### Dallas 52, Bishop Hoban 0

The Mountaineers put together an awesome ground attack racking up a total 366 rushing yards in a one-sided 52-0 blowout over Hoban Oct. 11. Matt Jackson lead the Mounts with 140 yards on 10 carries including three touchdowns. Eric White also lit up the scoreboard with two trips to the endzone and a total 97 yards. Dallas takes a road trip this weekend to visit Shamokin on Friday Oct. 17 at 7:30 p.m.

## Podehl

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Podehl has attracted some attention for the team with her 61 aces — that's 61 non-returnable serves just this year. She is currently first in the Wyoming Valley Conference for service aces. She is also placed on the top 20 hitters list for the conference with her 27 kills, or non-returnable spikes.

"The team is looking to cause a major upset for some upcoming matches, particularly Nanticoke and Crestwood," Sarah says. "The team works well together and we have great chemistry."

Straka describes Sarah as a dedicated and disciplined student and athlete. Sarah maintains a 3.5 grade point average throughout the year as she balances her practices for volleyball and soccer. She lettered in both sports for the last two years. Sarah is also an active member in her church as head usher and a puppeteer for the Sunday School children.

As a senior, Sarah looks forward to choosing a college. She has decided to major in Pharmacy and is researching the University of Pittsburgh and Duquesne.



Dallas coach Richelle Straka, above, talked to her players, from left, Jacey Peterson, Beth Carey, Vanessa Velikis, Leah Gundowski and Jen Giampa. At right, Tara Holly went up to block a Pittston kill.



POST PHOTOS/JIM PHILLIPS

## Samuel in last year running for Pitt



Matt Samuel of Demunds Corners, Dallas, is running as a fifth year senior for the University of Pittsburgh cross country team this year. Samuel was the lead runner for the Panthers in a recent large invitational meet at Lehigh University. He is an English major preparing to graduate in December. Samuel was an all-state performer while at Dallas High School. He will lead the Panthers into the heart of their schedule as they compete in the Duquesne Invitational, then move on to the Big East championships at Van Courtland Park in New York City before closing out his Division 1 career in the NCAA qualifying race Nov. 15 at Penn State.

## Church offers program for children

Back Mountain Harvest Assembly Church has begun a new program for children ages 18 months to 12 years, the Missionettes and Royal Rangers. Deb Burke is the program coordinator. All local children are invited to attend the program which is held on Sunday evenings from 6:30 to 8:30 p.m. at the church which is located at 340 Carverton Rd. in Trucksville.

Burke said the program is designed to provide group interaction while teaching life skills, personal responsibility and biblical values. Everything from cooking to camping, servanthood to leadership and Abraham to Zechariah will be taught in fun, creative ways, she said. All activities are designed to build a child's self-esteem and to strengthen families.

For more information on the Royal Rangers and Missionettes program, call 696-1128 or 675-0152

## Journey with Dallas Baptist Oct. 15

On Oct. 15 at 6:15 p.m., Dallas Baptist Church will embark on a 13 week study called "Journey into Discipleship." This is the study of the basics of Christian discipleship. On this journey we will obtain a basic knowledge of who God is, who you are, the problem of sin, God's remedy, how to study the Bible, how to pray, how to know the will of God, how to share your weakness, plus many other fundamentals of discipleship. The public is invited.

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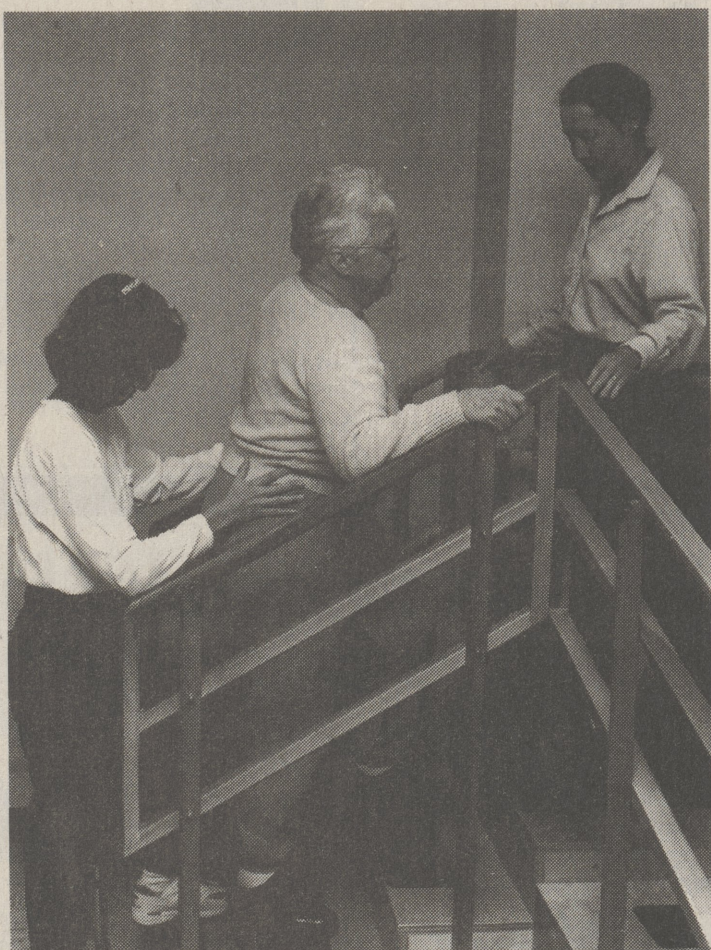
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