### Exam for dental radiolography at LCCC

Luzerne County Community College is an examination site for the Pennsylvania Dental Auxiliary Radiography Exam. All dental assistants who work with dental x-rays must pass this exam.

The next test date is Fri., Oct. 17. Application deadline is Fri., Sept. 26. For more information, call the LCCC Dental Health Dept. at 740-0447 or 800-377-5222, ext. 447.

## DALLAS HIGH GUIDANCE NOTES

## Tips to help with college applications

All freshman and sophomores who feel they may be college bound need to sign up for the NEDT test which will be given in mid October at the high school. These tests prepare students for the SAT's and can lead to national certificates of merit. Cost is \$7 and the deadline for registraton is Oct. 1. See your counselor to register.

Our seniors have begun the college application process. To help with this sometimes confusing journey we offer several tips: 1. If you haven't done so, schedule a senior conference with your

counselor. 2. Check out our state of the art computer system - College

View. Virtually every school in the country is featured and you can receive admission information, academic requirements, costs, etc. You do need to make an appointment as College View is in demand.

3. Be sure you receive a copy of our College Admissions Road Map and Talbots Student Planner. Both of these publications are full of useful information and also will give you website details for many colleges.

4. Finally, if you need help, ASK. We are here to make this process as painless as possible.

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Juniors remember: The PSAT deadline to register is Oct. 1. Cost is \$8.50 and checks should be made out to Dallas High School. If you want to do well on your SAT's, take the PSAT!

The SAT form must be postmarked by this Fri., Sept. 26 for all students planning on taking the test here at Dallas on Nov. 1. Two ways to help increase your scores:

1. Sign up for our free SAT **Coaching Courses** 

2. Pick up your free copy of the most commonly used words on the SAT entitled Hit Parade. The Hit Parade uses a computer to analyze all releasd SAT's. The words on the list are those most frequently used.

One final comment on the SAT's. Congratulations are in order for our students and staff. Our SAT scores on average increased over 20 points in verbal and math last year. One of our seniors, Tony Luizza had a perfect score of 800 in the math portion of the SAT. Way to go Tony!

Congratulations to seniors Chad Newell, Erik Steltz, and David Williams for receiving a letter of commendation for outstanding performance on the Preliminary SAT/National Merit Scholarship Qualifying Test.

The Guidance Department's Speaker of the Month is Dr. Mark Sowcik, psychologist. Dr. Sowcik will be giving his presentation on Thurs., Sept. 25 during B-Flex in the library. Students interested in this program should sign up in Guidance and get a pass.

The following college/military personnel will be visiting Dallas High School in the near future during Flex Period.

Thurs., Sept. 25. 1. Hartwick College; 2. West Chester University.

Fri., Sept. 26, U.S. Army Mon., Sept. 29, Pennsylvania

Army National Guard Wed., Oct. 1, Lycoming Col-

lege Thurs., Oct. 2, 1. Juniata Col-

lege; 2. Keystone College. Fri., Oct. 3, Marywood College.

roll, carrot/celery

MONDAY - No school.

sandwich, pineapple.

applesauce.

pears.

TUESDAY - Chicken noodle

WEDNESDAY - Spaghetti w/

soup/saltines, peanut butter/jelly

meat sauce, bread stix, salad,



stix,

# at Westmoreland

ents of students in grades 4 and 5 at Westmoreland Elementary School will be held Thurs., Sept. 25, starting at 7:30 p.m. This will provide parents the opportunity to meet the PTO executive board, and to visit classrooms and talk to teachers.



#### **PSU** summer camp thanks sponsor

Three Back Mountain youngsters were among the over 600 campers from grades 1-12 who participated in Penn State Wilkes-Barre's Summer Youth Program. With science and technology as the camps' focus, campers enjoyed activities such as building and launching rockets, publishing a newspaper, surfing the Internet, building burglar alarms, exploring nature and star-gazing at the Friedman Observatory. Several area businesses and corporations helped to underwrite the cost of the program. Shown are from left, Leslie Rosenbaum; Dr. Mary Hines, CEO, Penn State Wilkes-Barre, presenting a plaque to Ken Getz of Offset Paperback, corporate sponsor; John Lipka and Jillian Seeley.

## **DeRojas captures first at** national business competiton

Alma DeRojas, daughter of Dr. and Mrs. Juan J. DeRojas of Dallas, and a senior

student at Bishop O'Reilly High School in Kingston, capFBLA-Phi Beta Lambda (PBL), Inc. This is the second consecutive year that DeRojas has captured a first-place award in national competition. Serving as a Pennsylvania delegate to the conference, she joined more than 4,500 other FBLA members to compete in over 40 business events, elect national student officers, and attend business and leadership training workshops at the 46th annual conference. DeRojas served as Pennsylvania Region 16 treasurer this past year and was re-elected to the office for the 1997-98 school year. She has held the office of secretary of the Bishop O'Reilly chapter of FBLA for the past two years.

# Annual band tourney to be held Sept. 28 at L-L High

The Lake-Lehman High School Marching Band will host its annual Tournament of Bands competition on Sunday, Sept. 28 at 1:30 p.m. at the Lake-Lehman High School. Bands in competition are Montrose Area, Dallas, J Lackawanna Trail, Blue Ridge, Nanticoke, Hanover Area, Coughlin, Meyers, Pocono Mountain, Wyoming Valley West and Jefferson Township, N.J. The

Lake-Lehman Band will perform in exhibition.

Placement awards will be given for highest scores. Senior band members will also be recognized.

There will be food, prizes, a bake-sale, and a 50/50 drawing. Come out and enjoy an afternoon of our areas musically talented vouth

Tickets can be purchased at the gate.

## **Back Mountain students** serving in Sem's Peer Group

Thirty five students at Wyoming Seminary, have been named to the school's Peer Group by Karen Klassner, Dean of Students. These students who represent a cross-section of the Seminary student body, meet monthly with Dean Klassner and Chaplain William Summerhill to discuss issues of concern to the overall life of the Sem community, and to plan programs and projects which will have a positive influence on

the school.

Since its creation over six years ago, Peer Group has helped the school deal with issues such as racism, alcohol and drug abuse, and academic integrity.

Students from the Back Mountain include: Kyle Droppers, Dallas; Ashley Feldman, Shavertown; Aaron Katyl, Dallas; Kourtney Koslosky, Shavertown: Bonnie Mendelssohn, Dallas; Timothy O'Donnell, Dallas.

### **Central Catholic School reunion Oct.** 7

The Central Catholic High School, Kingston Class of 1973 is organizing a reunion committee to begin planning their 25th class reunion. The next meeting will take place on Oct. 7 at Hogan's Place, Narrows Shopping Center, Edwardsville, at 7 p.m. Anyone interested in attending the meeting is welcome. Questions can be directed to Carlene Schwartz Feist at 287-6421 or E-mailed to cfeist1@aol.com.

### L.C.C.C. dental clinic is now open to public

The Luzerne County Community College Dental Hygiene Clinic at the college's main campus in Nanticoke is open to the public. The clinic provides low-cost preventive dental hygiene services including teeth cleaning, x-rays and fluoride treatments. Appointments are available on Mondays, at 4 or 6 p.m.; Tuesdays and Thursdays, at 1:30 or 3:30 p.m.; and Wednesday, at 8:30 or 10:30 a.m. For more information or to schedule an appointment, call 740-0446.

## Support a hometown paper The Dallas Post



SCHOOL MENUS

The following school lunch menus are for the week of Sept. 25 Oct. 1. All lunches include milk.

#### DALLAS SCHOOLS

THURSDAY - Select one: Ravioli w/sauce, Sloppy Joe, pizza, PB&J sandwich. Select one or two: Garlic bread, tossed salad w/

dressing, chilled fruit. FRIDAY - Select one: French

tured first place in national competition in the Business Communication event at the Fu-

ture Business Leaders of America (FBLA) National Leadership Conference held in Anaheim, CA, June

The award was part of a comprehensive competitive events program sponsored annually by

ALMA

DeROJAS

**Back to School Night** 

Back to School Night for par-

toast sticks, Sloppy Joe, pizza, PB&J sandwich. Select one or two: Orange juice, potato puffs, applesauce.

MONDAY - Select one: Chicken nuggets, cheeseburger, pizza, PB&J sandwich. Select one or two: Buttered noodles, coined carrots, chilled pineapple.

TUESDAY - Select one: Nachos w/cheese sauce, cheeseburger, pizza, PB&J sandwich. Select one or two: Steamed rice, tossed salad, crunchy apple.

#### LAKE-LEHMAN SCHOOLS

(Lake-Lehman Schools also serve breakfast)

THURSDAY - Baked chicken w/rice or hoagie w/lettuce-tomato, 1/4 c. mashed potatoes w/ gravy, 1/4 c. green beans, 1/4 c. fruit

FRIDAY - Cheesy pizza or hot ham/cheese sandwich, 1/2 c. golden corn, 1/4 c. cherries w/ cream, chocolate pudding.

GATE OF HEAVEN SCHOOL THURSDAY - French toast w/

#### WEST SIDE TECH Breakfast

THURSDAY - French toast or

cereal, juice, pastry. FRIDAY - Banana cupcake,

cereal, juice. MONDAY - Cereal, banana bread, juice, fruit.

TUESDAY - Hot ham/cheese, cereal, juice, pastry.

WEDNESDAY - Danish, cereal, juice, fruit

#### Lunch

THURSDAY - Taco's w/trimmings, seasoned corn, vegetable rice casserole, chilled fruit.

FRIDAY - Pizza twins, tossed salad/dressing, chilled fruit, oatmeal square.

MONDAY - Grilled cheese, tomato rice soup/crackers, oven ready fries, chilled fruit.

TUESDAY - Pasta/meat sauce, tossed salad/dressing, roll, chilled fruit.

WEDNESDAY - Turkey nuggets w/dipping sauce, pasta salad, baked beans, roll, vanilla cake/ frosting.

### L-Jackson PTA to meet October 1

Lehman-Jackson PTA will conduct its monthly General Meeting on Oct. 1, at 7 p.m. in the music room. The general board members extend a welcome to anyone interested in their children's education.

The PTA executive board for the 1997-98 school year are: Donna Hartman, president; Julie Iwanowski, first vice president; Sharon Blaszczak, second vice president; Mary Jo Nelson, secretary; Claudia Niezgoda, treasurer; Debbie Callahan, corresponding secretary.

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