

Sailing

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ber who was recently installed on the Board of Governors, describes sailing as, "a bug, where you don't want to do anything else." Alaimo and his wife, Ellen (who joined the club three years ago), recently made a purchase that carries on a club legacy. The Alaimos bought Jack and Eleanor Barnes's Comet, a mid-sized sailing boat (relative to the lake). Jack Barnes was a longtime member of the club and it held a race in his honor this past weekend.

Although the Alaimos own a motorboat, their hearts are in sailing. "I prefer windpower," said Ellen Alaimo, who finds the sport very interesting. "There is always something to learn and it is challenging. It's much more complicated than I thought," she said with a laugh.

The moment John Alaimo said he finally decided to buy a sailboat was almost poetic. As he was driving over the Chesapeake Bay Bridge Tunnel one year, he sighted sails off through the mist on the bay and he was hooked.

The Harveys Lake Yacht Club started as The Harveys Lake Boat Club in 1949. During the early 1960's the club purchased the old Smith's Flight Service hanger. Smith's used to fly people around the lake to show a different perspective on things. The club used the original hanger until last year when the front had to be replaced due to damage caused by heavy snow.

Frank Wadas, who is committee chairman for the Jack Barnes Memorial Sailboat race and a member for 20 years, believes the family club is great for people of all ages. There are more than 100 families involved with the club. Potential members are required to have two sponsors already in the club and are interviewed be-

"It's sailing and a sort of friendly ruthlessness in the races."

John Alaimo
6-year member

fore acceptance. Wadas said since space is limited, the membership is more selective. Currently there is no room for more members.

The club hosts social events year-round to keep members close and social. Some of its activities include races, the Commodore's Ball, covered dish dinners, Party of the Month, picnics and breakfast at the club.

In the summer, racing is a popular activity where friends become competitors and test each other's limits. "It's sailing and a sort of friendly ruthlessness in the races," said John Alaimo, with a laugh.

Arbogast said racing is a good way to fine tune your sailing skills. "It sharpens your skills. You try to improve yourself and learn from others," he said. Most races are Captain and Crew, in which two people race in each boat.

Wadas, who is a "cruiser" and does not race, sees sailing as a good sport for the environment and the mind. "In sailing you're not beating up anyone, you're not polluting the water or atmosphere," he said. "And it's relaxing for many of the business people who boat out here. They get to concentrate on something else other than work."

Everyone knows there is a difference in the sailer and the motor boater, but Wadas said even with an increasing number of motor boats at the lake, there is no tension between the two.

"Most of the motor boaters are considerate," said Wadas, who grew up with sailboats. "No one but the rich people had motors when I was young."

Results of Jack Barnes Memorial

The Jack Barnes Memorial Sailboat Race was held on Sun., July 27. The event started at 11 a.m. by race committee chairman Frank Wadas. The sky was overcast and the wind at the beginning of the race was steady and strong coming from the southwest at about 15 knots, six boats were entered and five finished the race which was four miles in length.

Commodore David Delaney posted the following results: first place went to Bob Hall and Barbara Aston sailing a Lightning. The Hall/Aston team won by .1 of a minute over the second place team of Captain Fred Schaefer and Dr. Lane Giddings, crew. Rep. Kevin and Beth Blaum were third; fourth place was taken by Dr. John Alaimo and Ellen; fifth went to Dave Hoffman sailing a Phantom and Dr. Karl Arbogast with crew. John Ryder and Chris Ryder did not finish due to near capsizing winds.

The race chairman was assisted by Sam Alaimo and Ed Humphreys.

"You're at the mercy of the wind and you use it to the best of your ability."

Karl Arbogast
Veteran sailor



POST PHOTOS/CHARLOTTE BARTIZEK
Ellen Alaimo cast off the bowline for her husband John. They finished in fourth place.



Capt. Fred Schaefer and crewman Dr. Lane Giddings on a reach. They finished second.



John Ryder, crewman, helped captain Karl Arbogast with an unwieldy sail.

Meals

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consisting of a cold-cut sandwich, fruit, bread and butter and snack.

The Back Mountain Lumber Co. does its part by allowing the program to store the boxes the food is delivered in at the store.

"It's too much for me to cook anymore, so they send these to me," said an 85-year-old Trucksville woman who asked not to be identified. "They make nice meals. I couldn't say anything bad about them. They are hardy meals for someone who can't cook."

This is exactly what the volunteers love to hear. "It's a good use of our time," said Jean Myers of Kingston Twp., who delivers food every Wednesday on the 40-mile Back Mountain route with her husband Byron. "You know these people wouldn't be eating well without this program," said Myers. "It's an excellent program. It's easy and rewarding," she said after nearly one year as a volunteer.

Myers, who taught at Dallas Elementary for 21 years, loves talking with the people on her route and gets joy from seeing them smile. "They are so happy to see someone come to them," she said.

The Myerses found out about the program through a newspaper article asking for volunteers. Poremba said she is always looking for more volunteers.

Not only does Meals on Wheels deliver food, it serves as a daily check on its recipients. "We make sure everyone is okay," Poremba said.

According to Poremba, many people go on the program because they are coming from a hospital stay and cannot yet cook for themselves. Some are only on for a short while and others are long term recipients.

Approximately 80 percent of the referrals come from hospitals, doctors, government agencies and churches. The remaining 20 percent come from family and self requests.

Carol and Hugh King of Dallas have been responsible for the Monday route for about six years.

"It's a very needed program," said Carol, who just retired after 20 years as a first grade teacher at Wyoming Seminary Lower School. "You feel you're doing something needed and get instant gratification for it."

King said the people she delivers to have become an inspiration. "They are so cheerful. To be thanked is quite a gratifying thing," she said. "The program is important. People said if they didn't have meals delivered, they wouldn't eat properly."

Meals on Wheels needs volunteers Monday through Friday 8 a.m. to noon. For more information on volunteering or to make a contribution, call 288-1023.

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