



The Dallas Post

50¢

SERVING THE COMMUNITIES OF THE DALLAS & LAKE-LEHMAN SCHOOL DISTRICTS

Vol. 108 No. 9

Dallas, Pennsylvania

February 26 thru March 4, 1997

Teen will examine medical careers

By KYLIE SHAFFERKOETTER
Post staff

DALLAS - For Bridget Baines, a junior at Dallas High School, a trip to Boston this summer may confirm her inclination to pursue a career in medicine.

Bridget will attend the National Youth Leadership Forum on Medicine this July.

She was nominated by Abbey Campbell, Human Physiology teacher at the high school. For someone who has a keen interest in medicine, this is a great honor said Baines. "It's going to be so exciting. I'm skeptical about what I want to do, so I'm anxious to see if this is what I want," she explained.

The conference takes place from June 30 through July 10. The program will expose more than 300 students with a serious interest in medicine to leading individuals and organizations in the field. The juniors and seniors will have the opportunity to attend day-long concentrations at some of the country's top institutions.

"They place you in groups according to your interests," Baines said. "I talked with a girl who went last year. She saw live surgeries with scrubs on and everything. There are also many lectures to attend," she said with great enthusiasm.

To be considered, students must have a good grade point

See BAINES, pg 5



BRIDGET BAINES



POST PHOTO/CHARLOTTE BARTIZEK

A BIT OF MEXICO IN THE BACK MOUNTAIN

Mallory Trojan, facing camera, and her troopmates dressed in the garb of Mexico for the Penns Woods Council's Neighborhood 25 International Festival. Clockwise from bottom; Jessica Adkins, Mallory Trojan, Erin Lindbuchler, Amanda Szczucki. More photos on page 5.

Businesses find warm welcome in Back Mountain

By KYLIE SHAFFERKOETTER
Post staff

BACK MOUNTAIN - Once a well-kept secret, the Back Mountain's potential as a successful business haven is out of the bag. New businesses are popping up and providing a variety of services that are more convenient for Back Mountain residents.

The new businesses include

everything from food stores and florists to banks, smoke shops and a jewelry store.

The businesses interviewed have been open from one year to one week. For most of the owners these businesses are their first.

Back Mountain Tobacco is the newest addition to the community. First-time store owners Chris and Meagan Ferrara of Kingston opened their store on Feb. 12 in

the 309-415 Plaza in Dallas.

Cigars started out as a hobby for Chris Ferrara, who at one time worked for a cigar retailer. "I thought I'd take the hobby and try to make more out of it," he said. Although the store has been open only two weeks, Ferrara said business doubles daily. "It's really picking up steadily," he said.

Ferrara is hopeful and optimistic about his family's new en-

deavor. "It's good because there are no other tobacco stores in the area," explained Ferrara, who is very happy with their choice of location. "I like the people here, they are very friendly," he said. Ferrara and his wife are the only employees of the business, but their son Christopher, 3 months, will help out when he's older.

See BUSINESS, pg 8

Event turns fitness to fundraiser

By KYLIE SHAFFERKOETTER
Post staff

LEHMAN - Dance For Heart is a fun and energetic fundraiser that uplifts and educates. The event has been held for the last 15 years to benefit the American Heart Association in its fight against heart disease and stroke.

On March 16 approximately 300 participants are expected to show, sweat, donate and learn at the Penn State Wilkes-Barre Campus gymnasium in Lehman. Eight area fitness clubs and three dance studios are participating, including College Misericordia. Major Performing Arts Center in Trucksville, and STAR, a rehabilitation center in Dallas. Also, Gay Gasper, the National STEP Challenge Champion will lead participants in aerobics and STEP classes to demonstrate various techniques.

Organizers see this as a perfect balance between celebrating a healthy lifestyle and getting the facts out about serious health issues. "This is a great way for people to practice what we preach, which is fitness and nutrition. It's wonderful because it brings the community together and raises much needed money for the Heart Association," explained Anne Kelly, executive

director of Luzerne County division of American Heart Association of the local event that once led the country in funds raised. "Our mission is to stop death and disability caused by heart disease and stroke."

Heart disease is the number one killer of both men and women said Kelly. According to the American Heart Association, 1,500,000 Americans will have a heart attack this year and about one-third of them will die. Based on the Framingham Heart Study, 45 percent of all heart attacks occur in people under age 65, and five percent occur in people under age 40.

About 500,000 Americans suffer strokes each year according to the Framingham study. In 1990 women comprised 60 percent of stroke fatalities.

Karen Belli of Dallas, sponsorship chairperson, said Dance For Heart is an important educational tool for awareness. "It's a unique way to get people involved. There are lots of benefits from this," she said.

To facilitate the atmosphere of awareness, various vendors will be present with free health and nutrition information. Also, there will be body fat testing, nutritionists, massage therapy and chiropractors on

See HEART, pg 3



POST PHOTO/CHARLOTTE BARTIZEK

Sue Schilling, foreground, is organizing Dance for Heart, which will be held at Penn State Wilkes-Barre in March. Behind her is Jean Marie White, Trucksville.

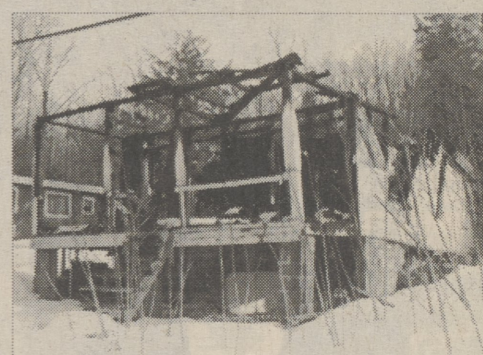
Lake 'eyesores' might come tumbling down

By JENNIFER JUDGE
Post Correspondent

HARVEYS LAKE - Neighbors of dilapidated houses at Harveys Lake are hoping the borough gets a county grant to tear down the dangerous eyesores near their homes.

The Harveys Lake Borough Council voted unanimously at its Feb. 18 meeting to apply for a demolition

through the grant varies from year to year, but council secretary Carole Samson said the board hopes to receive as much as \$15,000 this year.



Harveys Lake Borough may tear down this burned-out house on Second Street.

That would be good news for Gertrude Dwyer. Dwyer, a 22-year resident of Old Lake Road, lives next to what she terms "an eyesore." Dwyer says the home has been dilapidated for close to four years.

See EYESORES, pg 3

Deer Meadow home owners wary of blasting

By KYLIE SHAFFERKOETTER
Post staff

DALLAS - Some residents of the Deer Meadow subdivision are concerned about blasting that is scheduled for March in their neighborhood. Nine residents signed and submitted a petition to Dallas Borough asking that the blasting be postponed until they have more information. The residents learned about the blasting on Feb. 19.

"I think folks around here just want a guarantee that someone will take care of their house if something happens to it due to the blasting," explained Polly Leandri, Deer Meadow resident.

"I completely understand their fears."

Drew Fitch
R.N. Fitch & Sons

"The residents are just looking for more information." Leandri said she doesn't think "anyone is out to do anything to anyone," only that "they want to be sure their homes will be taken care of."

Other residents who asked not to be identified agreed they desire

See BLASTING, pg 2

League of Women Voters seeking a few good students

The local League of Women Voters is looking for a few bright high school students to be county commissioners for a day. High school seniors from Luzerne County are invited to learn how county government operates when the League of Women Voters hosts its annual Youth Forum at the county courthouse on Thurs., April 17. The forum begins with registration in the Courthouse Rotunda at 7:45 a.m., followed by a welcome and opening remarks.

All sessions are free, but advanced registration is required. Any school in Luzerne County may register students by calling the League at 675-3429 or no later than March 10.

For further information call 655-5555 or 675-3429.

West Point

bound Erin Stair has been appointed to the U.S. Military Academy. Pg 7.

Diving to states

Stephanie Potisek heads to states after finishing second in District 2. Pg 9.

INDEX

14 Pages 2 Sections	
Calendar.....	14
Classified.....	12-13
Crossword.....	14
Editorials.....	4
Obituaries.....	12
School.....	7, 11
Sports.....	9-10

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