

DALLAS HIGH SCHOOL GUIDANCE NOTES

Deadline is Feb. 7 to register for March 15 SAT test; prep classes now available

The Dallas High School P.T.S.A. will be meeting on Thurs., Feb. 20 at p.m. in the High School cafeteria. Parents, students and faculty are cordially invited.

The S.A.T. will be given at Dallas High School on Sat., March 15. Students can pick up registration forms in the Guidance Office. To avoid late fees, registration should be postmarked by Feb. 7.

Along the same lines, students should be taking advantage of the

free S.A.T. coaching classes offered by the Dallas School District. The math sessions take place on Mondays from 4 to 6 p.m. and the verbal on Saturdays from 9 to 11 a.m. To sign up, see your counselor.

Although most seniors have turned in applications and many have received acceptance letters it is not too late to apply to some schools. Stop in and see us if you need help.

Congratulations to Justin Jumper for being nominated for the KBAC Student/Athlete Award. Justin, a senior at Dallas, has excelled in both areas for his entire high school career. Way to go Justin!

A special guidance tip of the cap to the following students on their college acceptance: Jacqueline Prothero, Bloomsburg University; Art Gay, Penn State Wilkes-Barre Campus; Tracy Jones, Penn State University Park;

Jessica Conte, Philadelphia College of Pharmacy and Science; and Sarah Barlow, Wilkes University.

Answer to last week's trivia question: Who am I?

Lackawanna Junior College has been serving Luzerne and Lackawanna counties since 1920.

This week's trivia question: How many credits must a student accumulate to graduate from Dallas High School?

SCHOOL MENUS

The following school lunches are for the week of February 6 - 12. All lunches include milk.

DALLAS SCHOOLS

THURSDAY - Select one: B.B.Q. chicken, cheeseburger, pizza, PB&J sandwich. Select one or two: Mashed potatoes/gravy, peas, jello.

FRIDAY - Select one: toasted cheese sandwich, cheeseburger, pizza, PB&J sandwich. Select one or two: Tomato soup w/crackers, chilled pineapple, lowfat brownie.

MONDAY - Select one: Chicken nuggets, Sloppy Joe, pizza, PB&J

sandwich. Select one or two: Rice, celery sticks w/ranch dressing, fresh fruit.

TUESDAY - Select one: Hot dog w/chili, Sloppy Joe, pizza, PB&J sandwich. Select one or two: Ham & bean soup w/crackers, tator tots, blue jello.

WEDNESDAY - Select one: Shells w/sauce & meatballs, Sloppy Joe, pizza, PB&J sandwich. Select one or two: Tossed salad w/dressing, garlic bread, sugar cookie.

GATE OF HEAVEN SCHOOLS

THURSDAY - Ham/cheese-bun, hash browns, lettuce-tomato, pineapple.

FRIDAY - Pierogies w/roll, green beans, mixed fruit.

MONDAY - Tacos, Mexican beans, pineapple.

TUESDAY - Hot dog/bun, chips, pickles, cheese, carrot/celery stix, peaches, cookie.

WEDNESDAY - Stuffed shells w/roll, yellow beans, pears.

LAKE-LEHMAN SCHOOLS

THURSDAY - Hot turkey w/waffles or footlong hot dog/bun, 1/2 c. mashed potatoes or 1/2 c. baked beans, 1/4 c. fruit crisp.

FRIDAY - French bread pizza or bologna/cheese sandwich, 1/2 c. mixed vegetables, 1/4 c. rosy applesauce.

MONDAY - Chicken nuggets w/roll and sauce, or ham & cheese cosmo, 1/2 c. glazed carrots, 1/4 c. frosted fruit.

TUESDAY - French toast w/sausage or chicken patty/bun, 1/2 c. hash browns, 1/2 c. chilled juice.

WEDNESDAY - Italian dunkers or Sloppy Joe/bun, 1/2 c. green beans, 1/4 c. chilled pears.

WEST SIDE TECH

Breakfast

THURSDAY - Pancakes w/syrup, or cereal, juice, pastry.

FRIDAY - Coffee cake, cereal, juice, pastry.

MONDAY - Banana muffin, choice of cereal, fruit, juice.

TUESDAY - Hot ham/cheese or cereal, juice, pastry.

WEDNESDAY - Blueberry coffee cake, cereal, juice, pastry.

Lunch

THURSDAY - Pasta/meat sauce, tossed salad/dressing, roll, fruit.

FRIDAY - Pizza, veggies/lo fat dip, apple.

MONDAY - Cheeseburger or hamburger/soft bun w/lettuce-tomato, seasoned veggies, fruit.

TUESDAY - Beef rib-b-que w/barbecue sauce-soft bun, Italian roast potato chunks, green beans, choc o lean cake.

WEDNESDAY - Open face turkey sandwich, mashed potatoes, fruit.

Be My Valentine Tea And Sale

Sat., Feb. 8th 11 a.m. to 5 pm.

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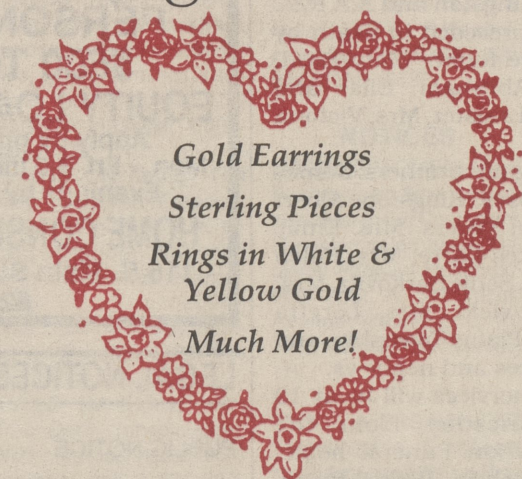
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Sem students selected as AP Scholars

Twelve students at Wyoming Seminary have been named as Advanced Placement Scholars by the College Board in recognition of their exceptional achievement on the college-level Advanced Placement (AP) Examinations.

The College Board recognizes three levels of achievement - the AP Scholar with Distinction, the AP Scholar with Honor and the AP Scholar.

At Wyoming Seminary, Michael Hurwitz of Shavertown was named AP Scholar with Distinction, earning a grade of three or above on five or more AP exams, with an average grade of at least 3.5. Hurwitz graduated from Wyoming Seminary last spring and is a first-year student at Williams College.

Those named as AP Scholars completed three or more AP exams with grades of three or higher include Sarah Richards, of Dallas, first year student at Boston College; and senior Anjali Udoshi of Dallas.

On dean's list at Shippensburg

A total of four Shippensburg University students from the Back Mountain were named to the Dean's List for the Fall semester.

To be named to the list, a student must achieve a semester grade point average of at least 3.3 on a 4.0 scale.

Back Mountain students are: Sara Nicole Cuba, Shavertown; Karen Ann Kocher, Dallas; Also Anthony Mario Massara, Dallas; and Krystyn Marie Moyer, Shavertown.