



LL Middle's food drive gives Head Start a boost

The class officers and homeroom representatives of Lake-Lehman Middle Level Education Building held a Thanksgiving food drive to benefit Head Start families in the Lake-Lehman School District. Students collected nonperishable food and household cleaning and paper products. The drive was coordinated by class advisors Molly Malpass and Drena Gorgone and Head Start coordinator, Debbie Maskalis, totaled over 3,000 items and exceeded last year's collection. The drive was so successful that Head Start will be able to continue to help families with their needs throughout the year. Pictured are class officers who organized the food drive and collected food items from homerooms each morning: from left, Leigh Kosloski, David Walters, Janet Schweizer, Matt Dunn, Justin Mendygral, Courtney Kosakowski. Absent from photo are officers Lindsey Boris and Chris Albee.

Carrera wins competition

Lance Carrera, a 6th grade student at Lehman-Jackson Elementary School, recently won the school-level competition of the National Geography Bee and a chance at a \$25,000 college scholarship.

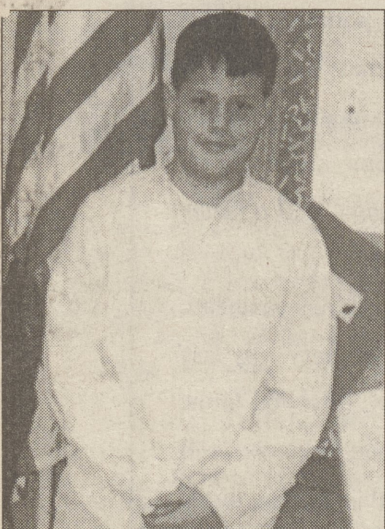
The school-level bee, at which students answered oral questions on geography, was the first round in the ninth annual National Geography Bee, which is sponsored by the National Geographic Society and Sylvan Learning Centers. School winners will take a written test to determine eligibility for the state bee. The National Geographic will provide an all-expense paid trip to Washington, D.C. for state champions and their teacher-escorts to participate in the national championship on May 27 and 28.

Misericordia held graduation Jan. 11

College Misericordia held graduation ceremonies for students completing their master's degrees in occupational therapy in Weekend College on Sat., Jan. 11. Thirty students received their degrees in the ceremony, marking the first class of students in the College's new master's level Weekend College program to graduate.

David Neil Seidel makes dean's list

David Neil Seidel, a senior at Washington and Lee University, has earned dean's list status for the recently ended fall term. Dean's list status at Washington and Lee represents a term grade-average of at least 3.4 on a 4.0 scale. He is the son of Mr. and Mrs. Neil M. Seidel of Dallas.



STEPHEN SALAVANTIS

Salavantis helps Feed-a-Friend

Wilkes-Barre Academy Student Council recently collected canned goods for Channel 16's Feed-a-Friend program. This activity encourages community awareness, an on-going goal at Wilkes-Barre Academy. Stephen Salavantis who lives in Shavertown with his parents, Harry and Cletta Salavantis and who is a member of Wilkes-Barre Academy Student Council took part in this important fundraiser.

DHS GUIDANCE NOTES

Free SAT coaching available from school

The Practice S.A.T. sponsored by the Princeton Review was held on Jan. 18, at Dallas High School. Three hundred and fifty students participated in this program, the largest group ever to take the Practice S.A.T. in Pennsylvania. The group included students from Dallas, Lake-Lehman, Wyoming Seminary, Wyoming Valley West, Bishop O'Reilly, Bishop Hoban, Nanticoke, Tunkhannock and West Side Tech. Thanks to all who participated. We are certain it will be of help.

The "real" S.A.T. will be given at Dallas High School on Sat., Mar. 15. Students should pick up registration forms in the Guidance Office. The deadline is Feb. 7 for all registrants.

Still on the subject of S.A.T.s: don't forget that Dallas offers free S.A.T. coaching in math and verbal. The math sessions take place on Mondays from 4-6 p.m. and the verbal on Saturdays from 9-11 a.m. To take advantage of this program, sign up in the Guidance

Office. We have received many calls from parents who are filing the Free Application for Federal Student Aid form (FAFSA). This is the only form parents need to file. It will be sent to the state (PHEAA) office by the U.S. Department of Education. There is no separate state form. Also, the Title IV College Codes needed for Section H on the FAFSA can be obtained by calling the Guidance Office at 674-7218.

Answer to last week's trivia question: Who am I? Ohio State and Penn State both have main campus enrollments of just under 31,000, making them the largest universities in the country.

This week's trivia question: Who am I? I began in 1894 as the Scranton Business College and merged with Lackawanna Business College in 1920. I still serve many students in Lackawanna and Luzerne County.

Nursery school announces 1997-1998 registration

Trucksville Nursery School is pleased to announce Registration dates for the 1997-98 school year. Registration forms from current school families and Church families now being accepted. Alumni families may register beginning Jan. 27 and new families beginning Feb. 3.

Our annual Winter Open House will be held Fri., Jan. 31 from 10 a.m. to 12:30 p.m. Prospective parents are encouraged to utilize this time to see facilities and speak with our staff.

Developmentally appropriate programs are offered for preschoolers ranging in ages from 2 1/2 through 5 years of age. Positive self-concepts are nurtured in a caring environment

enabling children to feel good about themselves, peers, and the world around them.

"Hands-on activities, based within the framework of a comprehensive curriculum, encourage the development of social and communicative skills and the love of learning.

Classes are offered during our morning sessions from 9:30-12 p.m. or during our afternoon sessions from 1-3:30 p.m.

For more information and a registration form, please call the Nursery School office weekdays at 696-3899. The Nursery School is located in the Trucksville United Methodist Church Educational Building, Church Road, Trucksville.

SCHOOL MENUS

The following school lunch menus are for the week of January 23 - 29. All lunches include milk.

DALLAS SCHOOLS

THURSDAY - Select one: Hot turkey sandwich, Philly cheese steak, pizza, PB&J sandwich. Select one or two: mashed potatoes, peas, jello.

FRIDAY - Select one: Toasted cheese, Philly cheese steak, pizza, PB&J sandwich. Select one or two: tomato soup w/crackers, chocolate pudding.

MONDAY - Select one: Chicken nuggets, Sloppy Joe, pizza, PB&J sandwich. Select one or two: buttered noodles, green beans, chilled pineapple.

TUESDAY - Select one: California cheeseburger, Sloppy Joe, pizza, PB&J sandwich. Select one or two: French fries, homemade soup, pudding.

WEDNESDAY - Select one: Two tacos w/lettuce-tomato-cheese, Sloppy Joe, pizza, PB&J sandwich. Select one or two: steamed rice, corn, chilled pears.

GATE OF HEAVEN SCHOOL

THURSDAY - Chicken patty w/bun-lettuce, potato rounds, pears.
FRIDAY - Macaroni/cheese, roll,

peas, mixed fruit.
MONDAY - Hot dog w/bun, French fries, baked beans, pears.
TUESDAY - Chicken nuggets, roll, corn, fruit cocktail.
WEDNESDAY - Pizza Hut, salad, peaches.

WEST TIDE TECH

Breakfast
THURSDAY - Hot ham/cheese, cereal, juice, pastry.
FRIDAY - Blueberry coffee cake, cereal, juice, fruit.

MONDAY - Banana bread, cereal, juice, fruit.
TUESDAY - Hot ham/cheese, cereal, juice, fruit, pastry.
WEDNESDAY - Oatmeal cookies, cereal, juice, fruit.

Lunch

THURSDAY - Chicken patty on soft bun w/tomato-lettuce, seasoned veggies, spiced applesauce.
FRIDAY - Pizza, veggies/creamy dip, fresh fruit.

MONDAY - Pasta w/meat sauce, tossed salad/dressing, fruit.
TUESDAY - Tuna/turkey hoagie w/lettuce-tomato, oven ready potatoes, jello.
WEDNESDAY - Grilled cheese, tomato soup/saltines, pumpkin bars.

Wyoming Seminary announces honor roll

Dean of Wyoming Seminary's Lower School, John H. Burbank, Jr., has announced the Academic High Honor Roll and the Academic Honor Roll for the first trimester of the 1996-97 academic year.

Academic High Honor Roll:
Grade 5: Tyler Droppers, Dallas; Brigitte Henry, Shavertown; Katelynn Lawrence, Dallas; James Michael Saba, Dallas.

Grade 6: Christopher Bowes, Shavertown; Leah Budin, Trucksville; Eric Feinstein, Shavertown; Lindsay Foltz, Harveys Lake; Jordan Koslosky, Shavertown; Kavita Pillai, Trucksville; Lindsay Romanowski, Shavertown.

Grade 7: Daniel Blidner, Shavertown; Andrew Feinstein, Shavertown; Aaron Gitlin, Dallas; Krystin Kopen, Shavertown; Timothy Polin, Shavertown; Benjamin

Rogers, Trucksville; Graydon Speace, Shavertown.

Grade 8: Daniel Davis, Lehman; Emily Foran, Dallas; Neil Shah, Shavertown.

Academic Honor Roll:
Grade 5: Alana Allan, Shavertown; Nicole Allan, Shavertown; Richard Eckman, Shavertown; Justin Emershaw, Shavertown; Ryan Gower, Dallas; Christina Hobbs, Shavertown; Whitney Pollock, Shavertown.

Grade 6: Carla Chiampi, Dallas; Ryan Ciocca, Shavertown; Rebecca Conyngham, Dallas; Janice DiPietro, Shavertown; Christopher Eckman, Dallas; Eli Fried, Dallas; Julie Howell, Dallas; David Lucchino, Shavertown; Gregory Mascioli, Dallas; Jason Nataupsky, Shavertown; Benjamin Parmelee, Shavertown; Mansee Patel, Shavertown; Ryan Riley,

Shavertown; Daniel Volpetti, Dallas; Abigail Wasserott, Shavertown.

Grade 7: Alexis Anselmi, Dallas; Adrian Biscontini, Dallas; Ryan Blaszczak, Shavertown; Jesse Danoff, Shavertown; Mary Jane Gover, Lehman; Jaclyn Gower, Dallas; Nooshin Hosseini, Dallas; Hume Ross, Dallas; Jessica Sheehan, Harveys Lake; Jill Zatorski, Shavertown.

Grade 8: Erica Benjamin, Noxen; Emily Blaum, Shavertown; Nathan Bohlander, Dallas; Lloyd Droppers, Dallas; Carey Fetting-Smith, Dallas; Charles Flack III, Dallas; Kirk Frey, Dallas; Erin Liss, Dallas; Caitlin Lucchino, Shavertown; Phillip Oh, Dallas; Ashley Racusin, Shavertown; Paul Santarelli, Dallas; Jacob Van Jura, Trucksville; Andrew Volpetti, Dallas; Michael Willauer, Noxen.



A world outside Dallas Middle School

Recently a poster contest was held at the Dallas Middle School. The theme was: "There's a World Outside Dallas." Every seventh grade student submitted a poster for their language class, and all eighth grade language students participated. Over 325 posters celebrated the value of countries and cultures outside the United States. The contest was organized by Dallas Middle School language teachers Gwen Quick, Ellen Boyer, Joan Rakowski, and Cassandra Sharkus. The posters will be on display in the Dallas Middle School. Pictured hanging their posters are, from left, row 1, Jennifer Polachek, and Chris Nardi; row 2, Diane Werts, Carrie Schoonover, Theresa Kamarunas, and Nicole Griglock; row 3, James Colarusso, Christian Stanislawski and Bryan Whalen.

Middle School students learn facts about HIV/AIDS

Dallas Middle School seventh and eighth grade health and wellness classes, of Ms. Ruth Skammer and Ms. Anne Seitz, recently heard two guest speakers who presented programs on Acquired Immunodeficiency Syndrome and alcohol use.

Mark Innocenzi from the American Red Cross discussed what AIDS is, what causes it, how it is treated, and how it can be prevented.

A representative of the Pennsylvania State Police gave a presentation dealing with alcohol. The program consisted of a lecture, a film, and a demonstration of a new breathalyzer device used on drivers suspected of being under the influence of alcohol. Mouthwash was used to show how sensitive the device can be.

These are just the first in a series of guest speakers who will be presenting programs this school year in the Dallas Middle School.



'The Dallas Post is a key ingredient in our success.'

Big Apple Bagels in the Dallas Shopping Center knows how to make great food. Their bakers make 18 kinds of fresh bagels and 18 flavors of fresh cream cheese every day, right in the store. So you get the area's biggest selection, including low-fat cream cheeses that don't taste low-fat. And, if you're planning a party or just want to show someone you care, Big Apple Bagels also prepares baskets and trays that please the eye as well as the palate.

But great products only take a business so

far - advertising makes sure the greatest number of people hear about those bagels, and that's where The Dallas Post comes in.

"We advertise in the Post because we know it works. It's the Back Mountain's local paper, and its readers respond," says Jim Sanderson, co-owner.

So, if your taste buds are crying "Bagel," head over to Big Apple Bagels in the Dallas Shopping Center. And if your business needs to reach the Back Mountain, call The Dallas Post.

The Dallas Post

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Dallas Shopping Center