# The Dallas Post **SportsWeek** Section 2 Wednesday, December 4, 1996

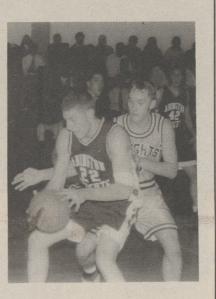




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## KNIGHT TIME

The Lake-Lehman Black Knights opened their season last week with a non-conference game against AAAA power Abington Heights. In top photo, Dave Milunic (50) went up against the Comets' Derek Belejchak. At left, Andy Loughney launched a jumper. George Frank played tough defense in the photo at right. POST PHOTOS/RON BARTIZEK



Cost at the door is \$25.

Sorber.

## Wrestling preview

Watch out WVC, Lehman is 'cautiously optimistic'

#### **By VITO QUAGLIA** Sports Writer

LEHMAN - Lake-Lehman wrestling co-head coach Phil Lipski has a lot of work ahead of him this year if he hopes to outdo his wife. His wife is, of course, Jean Lipski, the coach of the state champion Lake-Lehman field hockey team. With a little luck maybe Phil can equal his wife's success.

All kidding aside, the Lehman wrestling team should be a force to contend with this season. Last year's team went 16-1 and several of the wrestlers from that squad will be returning.

"I am cautiously optimistic about this season," coach Lipski stated. "I believe that we could be a favorite, but we have to improve

as the year goes on and the younger guys have to fill some holes.

Lipski, along with co-coach Tom Williams, will have 32 wrestlers this year. Key returners are sophomore Nick Raczkowski at 112 pounds, who posted over 20 wins last year, senior Bill Breha at 119, junior Eric Maciejczak at 125, sophomore Sam Saylor at 140, senior Joe Halowich at 145 and senior Ned Walsh at 152. Both Halowich and Walsh placed fourth in the regional tournament last year

Despite some talented returning wrestlers, Lipski believes his team may have some weak spots. "We're a little vulnerable at spots

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# New Dallas coach hoping for growth, improvement

#### **By VITO QUAGLIA Sports Writer**

DALLAS - This should be an exciting year for the Dallas Mountaineers' head wrestling coach Eric DeReemer. The first-year mentor is taking over the reins of a varsity program after several years as an assistant at Wyoming Area and West Side Tech.

Taking over any athletic program has its good side and its bad. Instilling your own personal style, setting goals, changing workouts, and conveying your ideas can all be exciting, but at the same time difficult. Getting to know the athletes and their ability is one area that should not be that difficult for DeReemer. "Right now we only have 16 or 17 guys, but there is talent there," said DeReemer. "I've started a

weightlifting program and we're working on our conditioning." Only three weeks into practice, it is too early for the new coach to accurately assess his squad.

"There are a lot of guys with only one or two years experience. If the older guys can serve as leaders for the younger ones, we should continue to get better as the season goes on," noted DeReemer.

Key returning wrestlers for Dallas will be senior Harry Hazeltine, who finished fifth at districts last year, and sophomore Matt Gingo, who finished fourth At the moment the lineup for the Dallas wrestling team is: 103 lbs. Randy Evans (11th grade), Damian Temperine 112 (9), Dave Spurlin 119 (9), Tim Dixon 125

See DALLAS, pg 10





#### Dallas Middle school wins jr. high title

The Dallas Middle School soccer team recently won the Wyoming Valley Junior High School title with a playoff victory over Abington Heights 3-2. Coach Jeff Miller's team defeated Crestwood in the semifinals to get to the championship game. The team ended the season with a record of 13-2-1. Miller credited the team's success to the hard work of many dedicated players.

From left, 1st row: J. Rice, J. Schneider, M. Metz, R. Morgan, A. Recchia, N. Sabatura, and A. Young; 2nd row, B. Kryston, T. Faneck, S. Amann, M. McGuire, A. Piazza, L. Loeffler, J. Raub, K. Callahan and R. Love; 3rd row, D. Ellis, J. Pambianco, G. Finn, L. Spurlin, C. Yale, J. Prebola, L. Griffin, R. Balara, J. Isaac and R. Branco; 4th row, K. Sprau, J. Katyl, C. McHale, M. Goeringer, D. Finn, S. Lykon, N. Hoffman, A. George and J. Carroll; 5th row, Jeff Miller, coach.

### OLD VS YOUNG. **GUESS WHO WON**

Several dozen parents, family and friends of Dallas High School soccer braved the cold Saturday to watch the team take on alumni in the annual Snow Bowl. The event was sponsored by the Boys Soccer Booster Club. The young guys won 2-1 as Mike McHale scored both goals for the winners, and Joe Ankenbrand booted in one for the alumni. Below, Reese Finn chased Mike Cleary. Above, Jamie Robb raced Cleary to the ball with John Kertesz, in dark cap, Justin Hoover, in white cap and

Lance Wega kept a close eye

POST PHOTOS/RON BARTIZEK

on the play.