

**SCHOOL MENUS**

The following school lunch menus are for the week of Sept. 26 - Oct. 2. All lunches include milk.

**DALLAS SCHOOLS**

**THURSDAY** - Hot turkey sandwich or hamburger, mashed potatoes, garden peas, jello.

**FRIDAY** - Chicken patty or turkey sandwich, tator tots, vegetable soup, chilled fruit.

**MONDAY** - Chicken nuggets or Sloppy Joe on bun, buttered noodles, green beans, chilled peas.

**TUESDAY** - Cheese steak or Sloppy Joe on bun, vegetable soup/crackers, pudding w/topping.

**WEDNESDAY** - Hot roast beef sandwich w/bread or Sloppy Joe on bun, mashed potatoes, garden peas, jello.

**GATE OF HEAVEN SCHOOL**

**THURSDAY** - Chicken croquettes, roll, gravy, mashed potatoes, green beans.

**FRIDAY** - Early dismissal. No lunch.

**MONDAY** - No school.

**TUESDAY** - Salisbury steak w/roll, potatoes, carrots, peaches.

**WEDNESDAY** - Chicken noodle soup, peanutbutter/jelly sandwich, saltines, pears.

**LAKE-LEHMAN SCHOOLS**

**THURSDAY** - American hoagie w/sliced meat, cheese, lettuce-tomato, pickle chips, French fries, pears.

**FRIDAY** - French bread pizza, celery/carrot sticks, potato sticks, pineapple tidbits.

**MONDAY** - Potato-cheese pierogies, cheddar cheese munchers, garden peas, dinner roll, applesauce.

**TUESDAY** - Sloppy Joe/bun, twister fries, seasoned green beans, fudgesicle.

**WEDNESDAY** - Hot chipped ham/cheese on bun, potato puffs, golden kernal corn, cinnamon sprinkle cake.

**WEST SIDE TECH**

Breakfast  
**THURSDAY** - Hot ham/cheese, cereal, juice, pastry.

**FRIDAY** - Fruit muffin, juice, fruit.

**MONDAY** - Banana nut muffin, cereal, juice, fruit, pastry.

**TUESDAY** - Sausage-cheese on roll, cereal, orange juice, pastry.

**WEDNESDAY** - Banana bread, cereal, juice, canteloupe.

Lunch  
**THURSDAY** - Open face turkey sandwich, mashed potatoes, seasoned veggies, jello.

**FRIDAY** - French bread pizza, veggies, low-fat dip, chilled fruit.

**TUESDAY** - Chicken patty-soft bun w/lettuce-tomato, baked beans, chilled pineapple.

**WEDNESDAY** - Pasta, meat sauce w/cheese, garden salad/choice of dressing, peach cup.



Lehman-Jackson PTA members are: front row, Tammy McMahon, Trish King, Debbie Callahan, Cathy Becker, Gayle DeCesaris, Carol Phillips, Tracy Kapitula and Patty Harabin; second row, Mary Jane Hall Rose Payne, Judy McGovern, Kathy Pesta, Julie Iwanowski, president Donna Hartman; Cheryl Summa, Penny Higgins, Denise Kabosky, Maggie Fishel and Victoria Grzybowski; third row, Evelyn Weaver, Denise Moore, Beth Zack, Sue Dalkiewicz, Andrea Mitkus, Barry Horvath, Brian Coombs, Mary Joe Nelson, Karen Attansio and Lisa Shutz.

**Lehman-Jackson PTA to open membership drive**

The Lehman-Jackson PTA will hold its annual membership drive the week of October 7. Yearly dues are \$2.25/person and are sent to the State and National level PTA. Concerned parents, teachers, grandparents, neighbors and friends are all encouraged to join.

Each year the PTA provides assemblies, a book fair, field trips, safety programs, holiday activities, school lobby decorations, a school store, holiday food baskets for needy families and a summer

reading program for the students.

It also helps to provide books for the R.I.F.C. (Reading is FUNDamental) program in grades K-3 and coordinates volunteers who visit the school to read to the students.

Officers are president Donna Hartman; first vice president, Julie Iwanowski; second vice president Evelyn Weaver; secretary Mary Jo Nelson; secretary, Debbie Callahan.

For more information call Sue Dalkiewicz, 675-0727.

**BACK MOUNTAIN BRIEFS**

**Marching Knights to host tourney Sept. 29**

The award winning Lake-Lehman Band will host its 15th annual "March of Champions", Tournament of Bands competition Sept. 29, at 1:30 p.m. at the high school.

Along with the music and marching of nine talented high school bands, there will be plenty of good food, including Reds Subs famous pizza, baked goods, potato pancakes and much more.

\$4 for adults and \$3 for students and senior citizens. Tickets may be purchased at the gate.

**Area students named to PSU dean's list**

Three Back Mountain students who qualified for the dean's list at Penn State for the summer semester are Dallas residents Joseph Gionta, Patricia Kim and Amanda Marshall.

**DALLAS HIGH GUIDANCE NOTES**

**Tracy Jones named Merit Semi-finalist**

Congratulations to Dallas Senior Tracy Jones for being named a National Merit Scholarship Semi-finalist for 1997. Keep an eye out for additional press releases on Tracy in the near future. Way to go Tracy!

The S.A.T. coaching course began on Sat., Sept. 21 (verbal) and Monday, Sept. 23 (math) at the high school under the direction of Mrs. Whalen and Miss Steinkirchner. These courses are free of charge. See Miss Jones or Mr. Wolensky in the Guidance Office for details. Please take advantage of the chance to improve your scores!

P.S.A.T. tests for Juniors will be held on Sat., Oct. 19, 1996 at the high school at 8 A.M. Prepaid registration is \$8.50 and checks should be made out to the "Dallas School District." The deadline to register is Oct. 2. College-bound Juniors should take this test. To be eligible for the National Merit Scholarship, the P.S.A.T. must be taken.

N.E.D.T. tests for Freshmen and Sophomores will be held during the school day on Oct. 16 for the freshmen and on Oct. 17 for the sophomores. The fee for this test is \$5.75. The N.E.D.T. is highly recommended for any student considering post-secondary education. Once again, checks should be made out to the "Dallas School District." The deadline is also Oct.

2 for registration in the Guidance Office.

S.A.T. (college boards) will be held at: Dallas on Sat., Nov. 2, 1996, at 8 A.M. The deadline to register is Sept. 27. See your counselor for details.

The following colleges will visit Dallas High School in the near future during the Flex Period:

- 9-24 Lehigh University 11:30 a.m.
- 9-25 Saint Francis Coll. 11 a.m.
- 9-25 Lebanon Val. Coll. 11:30 a.m.
- 9-30 Penn State-Lehman 11:30 a.m.

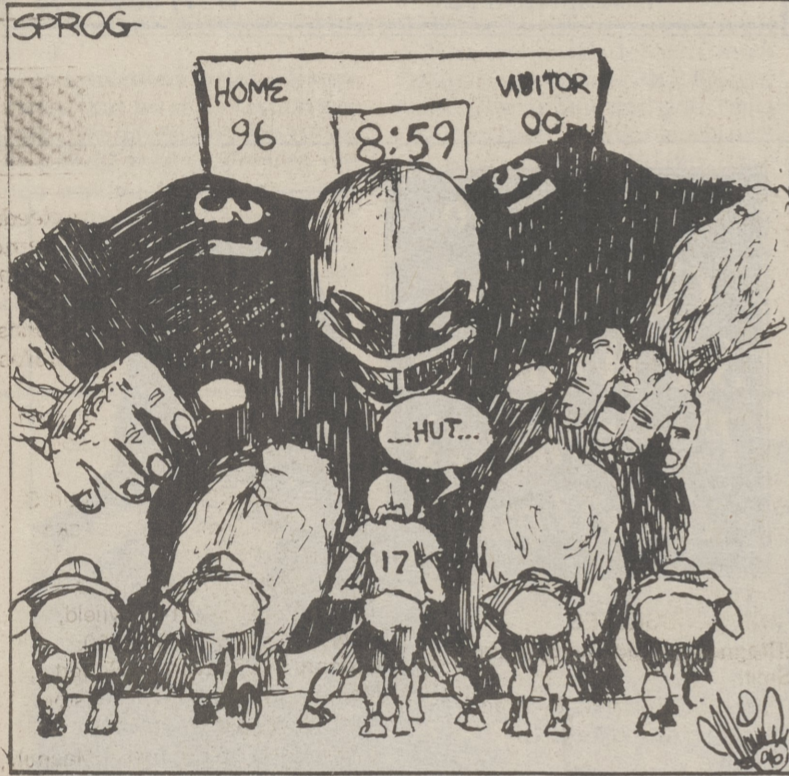
The Syracuse University School of Architecture's design competition offers major scholarships for seniors interested in professional degrees in architecture. This year Syracuse is offering \$55,000 in scholarship/competition awards. Please see your counselor for complete details.

For further information on any of the preceding activities, please call 675-5201, Ext. 218.

**Answer to last week's trivia question:**

Penn State was founded in 1855 with a faculty of four.

**This week's question:** Who am I? I am a co-ed, liberal arts based college founded in 1924 by the Religious Sisters of Mercy. I offer undergraduate and graduate programs. Which local college am I? (Check back next week for the answer.)



**BACK MOUNTAIN BRIEFS**

**Three earn scholarships at Susquehanna**

Three area students who are incoming freshmen at Susquehanna University have received scholarships based on academic ability and achievement.

Two Dallas High School alumnae have received Susquehanna University scholarships. Stephanie L. Jancewicz, is the daughter of Thaddeus Jancewicz of Kingston and Linda Jancewicz of Dallas.

Kristen M. Nackley, is the daughter of John and Dena Nackley of Dallas. She will major in journalism.

Shavertown resident, Jennifer A. Bradbury, a graduate of Wyoming Seminary is a Dean's Scholarship recipient. The daughter of David and Jill Bradbury of Shavertown, she will major in psychology.

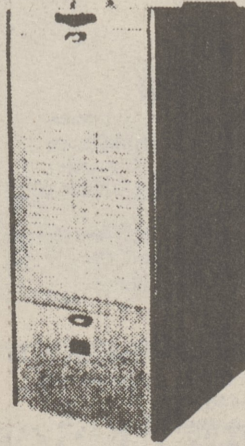


To place your Post Classified Call 675-5211

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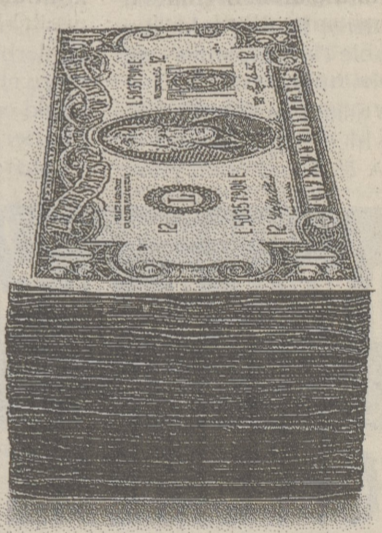
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