

Plenty of talent returns for Black Knight spikers

By SCOTT CRISPELL
Sports Writer

Who says you can't go home again?

Certainly not Tracy Krupa. The former Lake-Lehman and College Misericordia volleyball standout is returning to her high school alma mater as head girls volleyball coach for the 1996 season.

An elementary education major at Misericordia, Krupa is student-teaching at Lehman-Jackson Elementary while taking the reins from her former high school coach Bob Rogers.

"I'm really having fun," said Krupa, who served as Rogers' assistant four years ago. "I think I'm handling the transition from player to coach very well." While there will be a new face on the sidelines, there will be a few familiar faces on the court for the Knights, who return five letter-winners, including two starters, from last season.

Leadership will be provided by the Spencers, junior setter Kelly and senior middle hitter Kim (no relation), both returning starters.

"Both of these players will play important roles on this team,"

Team has plenty of work ahead

By VITO QUAGLIA
Sports Writer

Mike Sharok has been the golf coach at Lake Lehman since 1981. In those 15 years, you can bet that he's seen his share of players who were long off the tee, solid in their short game, and smooth on the green. He's also seen some bad golf.

Year, although he is optimistic, he really doesn't know what to expect.

"We're young. We just might surprise some people this year," proclaimed Sharok. "We have a few seniors, but we have several younger guys competing for the starting six spots."

Three seniors dot the Lehman roster: Joey Halowich, Mark Coslett, and Steve

Hoprich. The single junior is Ed Stiehler.

A pair of sophomores, Mickey Snyder and Joe Hardisky, are looking to continue solid play. Finally, a trio of freshmen, Matt Loftus, Gary Sagan, and Dominic Castrignano will be looking to break into the Black Knights' line-up as rookies.

"We don't have any really standout golfers," explained Sharok. "We're looking to improve from last year and to keep playing better golf. The only way to get better is keep playing. Mr. Farley at Sweet Valley Golf Course has been great, letting us practice as much as we can."

Hopefully, Coach Sharok's experience combined with his team's youthful enthusiasm will keep Lake Lehman's golf team moving in the right direction.

Depth, not star, will be key to success

By VITO QUAGLIA
Sports Writer

A change of strategy is called for by the Dallas golf team. The league M.V.P. of the last two years, Lynn Kilduff, is gone. Coach Tom Kilduff hopes his team's depth will be its strength this year. Departing with Lynn were Tom Klimek and Ryan Dauksis.

"We lost three seniors from last year's 14-1 team," the elder Kilduff said. "Losing Lynn is going to change the way we play. Before we knew that we had the best player in the league and we could rely on his scores blowing away the competition. This year we have 20 guys on the team, and we'll have to use that to our advantage."



Lake-Lehman Volleyball - From left, first row: Nyki Tattersall, Liz Albee, Megan Basar, Kari Amyx, Christina Royer, Stacy Rosenbaum, Jenn McCall, Rachael Bouthot. Second row: Jess Carter, Jen Frank, Tina Shaver, Katie Sprau, Lauren Wasser, Stacy Marie Pagoda, Angela Davis, Tina Baigus, Heidi Sprau, Gillian Mallon, Kim Halowich, Kelly Spencer. Third row: Tracy Krupa, coach, Katie Tripp, Allison Kehler, Melanie Steele, Mandy Keiler, Faith O'Dell, Caryn Clark, Becky Kaufman, Kim Spencer, Laura Jones, Mandy Scovish, Michelle Alters, Jennifer Klaiaps.

Krupa's top priorities as a new head coach. "Ultimately, our goal is to win, but in order to do that, we need to make sure that we play hard at all times and work together as a team," she explained. "The team has been very intense during the pre-season."

The Knights will have their first opportunity to meet those goals when they face Wyoming Valley West, September 5.

Lehman will compete in the Wyoming Valley Conference AA division this year after spending several seasons at the AAA level.

"The team has been very intense during the pre-season."
Tracy Krupa
Lake-Lehman coach

Lake-Lehman Black Knights - From left, first row: Chris Bath, David Rogers, Roy Holcomb, Mike Woronko, Marc Ronczka, Kevin Whipple, Ebin Walter, Mike Conte, Ryan Hartz, Joe Kosior, Chris Price. Second row: Nancy Yago, trainer. Preston Hoyt, Bob Redmond, Brock Raspen, Mike Konigus, Ryan Healy, Dan DiGiovanni, Nick Coslett, Bob Gallagher, Randy Moyer, Tim Swire, Dennis Ventura, Sarah Roberts, manager, Tanya Tkoskowski, manager. Third row: Floyd McRoy, Brian Mock, Jarrod Dalley, D.J. Kapsion, Palmer Edwards, Brent Stransky, Eric Nygren, Carl Sgarlat, Matt Morris, Seth Moyer, Jeff Peiffer, Dave Oplinger, Troy Shaler.

Balance, experience could be key for '96 Black Knights

Lake-Lehman FOOTBALL

By VITO QUAGLIA
Sports Writer

For an average high school football team, losing 11 seniors would likely lead to a season called a rebuilding year.

The Lake-Lehman Black Knights would like to call it "reloading" rather than rebuilding—simply replacing one powerful piece of ammunition with another.

In coach Rich Gorgone's own words, "We lost one really fine group of kids." But the next words out of his mouth are, "We have a really good group coming back."

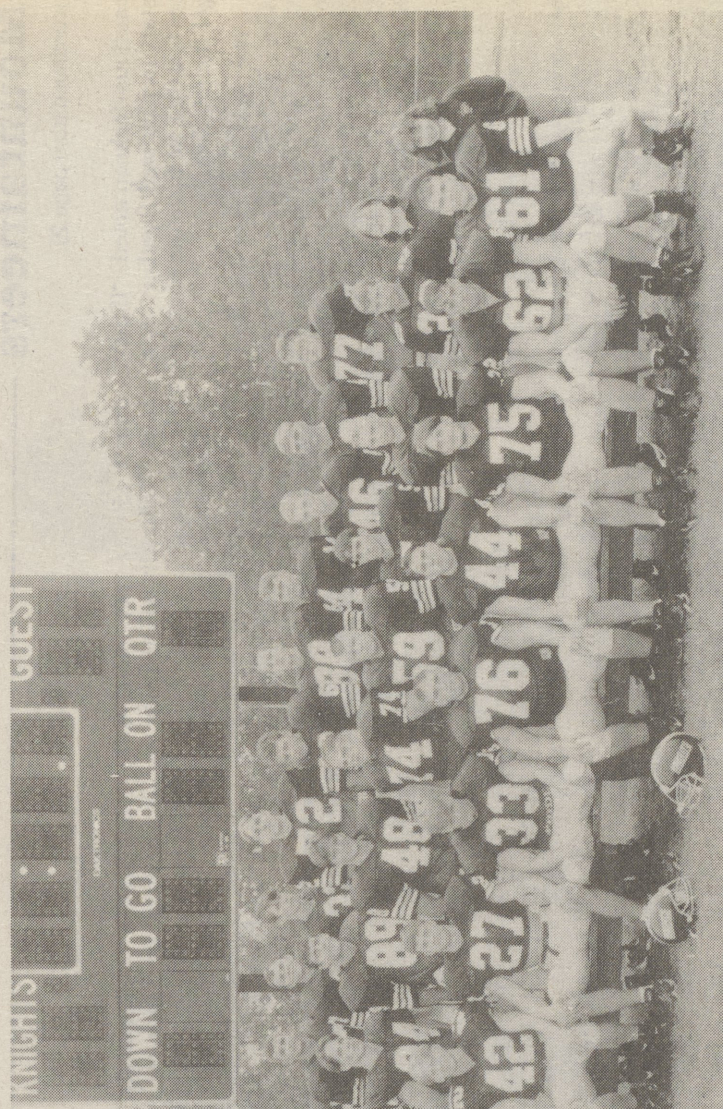
Offensively, that returning group consists of senior trio quarterback Mike Woronko (5'11", 190), tailback Marc Ronczka (6'2", 195), and fullback Kevin Whipple (6'0", 215).

"I believe that we have to be very balanced."
Rich Gorgone
Lake-Lehman coach

On the offensive line, Gorgone will have some formidable size with senior Ebin Walter (5'11", 250) and junior Bob Gallagher (5'11", 222) at guards, seniors Joe Kosior (6'2", 225) and Ryan Hartz (6'2", 235) at tackles, and junior Brock Raspen (5'11", 215) at center.

The receiver corps will consist of junior Randy Moyer (5'9", 160) at wingback, senior Chris Bath (5'9", 165) at split end, and junior Dan Giovanni (6'2", 225) splitting time with Mike Conte (6'6", 220) at tight end.

Defensively, Lehman will stay in the 4-4 with Kosior and junior Nick Coslett (6'0", 270) anchoring



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1996 LAKE-LEHMAN BLACK KNIGHTS

No.	Name	Year	Ht.	Wt.	Pos.	No.	Name	Year	Ht.	Wt.	Pos.
5	Randy Moyer	11	5'9"	160	WB-HB	61	Chris Price	12	6'0"	232	G-T
7	Tim Swire	11	5'7"	185	TB-LB	62	Joe Kosior	12	6'2"	225	T-T
9	David Rogers	12	5'8"	185	WB-LB	66	Carl Sgarlat	10	6'0"	175	G-DE
14	Seth Moyer	10	5'11"	195	TE-LB	67	Palmer Edwards	10	5'9"	170	G-DE
17	D.J. Kapsion	9	5'11"	160	QB-S	70	Preston	11	6'3"	240	T-T
20	Dennis Ventura	10	5'8"	165	TB-LB	72	Eric Nygren	11	6'3"	230	T-T
27	Mar Ronczka	12	6'2"	195	TB-LB	74	Nick Coslett	11	6'0"	270	T-T
32	Brent Stransky	10	6'0"	170	TE-LB	75	Ryan Hartz	12	6'2"	235	T-T
33/50	Kevin Whipple	12	6'0"	215	FB-LB	76	Ebin Walter	12	5'11"	250	G-DE
34	Mick Konigus	11	6'1"	182	FB-LB	77	Troy Shaler	10	5'0"	260	T-T
40	Dave Oplinger	10	5'8"	155	TB-LB	80	Floyd McRoy	10	5'8"	155	SE-HB
42	Mike Woronko	12	5'11"	190	QB-S	81	Bryan Mock	11	5'8"	180	TE-LB
46	Jeff Peiffer	10	6'2"	220	TE-DE	82	Chris Bath	12	5'9"	165	SE-HB
48	Dan DiGiovanni	10	5'7"	135	WB-HB	86	Floyd Holcomb	12	5'9"	160	WB-HB
52	Bob Redmond	11	6'2"	225	G-DE	88	Matt Morris	12	6'1"	180	SE-S
55	Brock Raspen	11	5'10"	200	G-DE	89	Ryan Healy	11	6'4"	150	SE-S
56	Jarrod Dalley	10	5'7"	185	C-LB						
59	Bob Gallagher	11	5'11"	222	G-DE						

Head coach: Rich Gorgone. Ass't coaches: Bob Roberts, Bob Langon, Don Spencer, Scott Kerkowski

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