## The Dallas Post

## SportsWeek

Local triathlon individual results

| PLACE | PLACE | Name | TOWN | TIME |
| :---: | :---: | :---: | :---: | :---: |
| 2 | 35 | Sean Robbins | Shavertown | 2:17:39 |
| 7 | 68 | Mark Belenski | Dallas | 2:24:02 |
| 8 | 69 | William Sprau | Shavertown | 2:24:13 |
| 10 | 88 | Michael Tomalis | Dallas | 2:28:46 |
| 15 | 138 | Len Romanowski | Dallas | 2:36:25 |
| 17 | 140 | Colleen Tomalis | Dallas | 2:36:35 |
| 18 | 142 | Matt McLaughlin | Dallas | 2:36:53 |
| 19 | 146 | John Aston | Trucksville | 2:37:26 |
| 21 | 159 | Robert Friedman | Shavertown | 2:39:57 |
| 25 | 171 | Wayne Devine | Harveys Lake | 2:43:04 |
| 27 | 174 | Jarrod Baranowski | Shavertown | 2:43:22 |
| 29 | 187 | Gary Raab | Dallas | 2:44:26 |
| 32 | 207 | David Mariner | Shavertown | 2:47:30 |
| 34 | 221 | Tom Berezich | Trucksville | 2:50:42 |
| 36 | 224 | Edward Onzik | Trucksville | 2:51:02 |
| 43 | 260 | Mark Morris | Dallas | 3:01:46 |
| 44 | 264 | Peter Kaminski | Harveys Lake | 3:02:37 |
| 46 | 268 | Paul Van Hooydonk | Dallas | 3:04:23 |
| 48 | 280 | Robert Barney | Dallas | 3:08:54 |
| 50 | 284 | Timothy Reich | Dallas | 3:09:17 |
| 51 | 288 | Michael Judge | Dallas | 3:10:41 |
| 52 | 291 | Michael Richardson | Shavertown | 3:12:16 |
| 54 | 303 | Frank Velde | Dallas | 3:17:15 |
| 60 | 326 | Yorath Evans | Trucksville | 3:44:50 |
| 61 | 327 | Tom Swartwood | Dallas | 3:45:18 |

- An up-and-down day for amateur triathletes see competitors got the chance to rigorous training. For some, it was a day filled with success. For others, it was a day they would soon rather forget. According to Wayne Devine, Harveys Lake, who has competed
in 14 straight Triathlons, the no wind, so the water wasn't rough. It was a great day for the out there."
Masters, who competed in the Masters' Class (40+) for the first time, finished the triathlon in 2
hours 39 minutes. Another local co year-old Jarrod Baranowski, fin-
thed in 2.43. This was Jarrod's
(3) first triathlon and he feels good about his time. "I completed the
bike in my best time ever. The run was hard. I cramped up a lot. It was really fun though. One of my friends made a whole bunch of signs and seeing them helped inte
push myself." push myself.
A. som. an I tacted mus bike. I went to the emtigency room. Joe Persico

Other local athletes finished the race in the following times: Sean Robbins (2:17.39); Mark
Belenski (2:24.02):William Sprai Belenski (2:24.02): William Sprau
(2:24.13); Michael Tomalis (2:28.46); Len Romanowski (2:36.25); Matt McLaughlin
$(2: 36.52) ;$ John (2:36.25); John Aston ( $2: 37.26$ );
Robert Friedman ( $2: 39.57$ ): Robert Friedman ( $2: 39.57$ ); and
Colleen Tomalis $(2: 36.35)$. Colleen Tomalis (2:36.35).
Joe and Pat Persico, the who competed on two relay teams made up entirely of family mem-
bers, did not have such a great bers, did not have such a great
day. The group that vacations day. The group that vacations
together and trains together, did not finish together.
As Pat was biking along, focusing on a good pace for herself, she crash. She had a feeling it was her husband, Joe.
"As soon as I
"As soon as I racked my bike,
went to the emergency room.


Triathletes prepared to take to the water for the start of the
15th Wilkes-Barre Triathlon, held Sunday.


Dr. John Caprio, Dallas, right, getting a sendoff from his brothe didn't even see my b
anything," Joe said.
A dog had darte A dog had darted out from a not stop in time. The collision sent Joe tumbling onto the pave-
ment, and sent his team's hopes ment, and sent his team's hopes
of finishing the race crashing as well.
The loud bunch that cheers each other on as they compete each leg of the triathlon wasn't as

| 'Future Triathlete' race results |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | ---: | :--- | :---: |
| 1 | Matt Mark | 13 | $6: 02$ | 10 | Julie Howell | 11 | $8: 00$ |  |
| 2 | Jared Coyne | 13 | $6: 41$ | 11 | Eddie Daris | 8 | $8: 13$ |  |
| 3 | Brad Baird | 11 | $6: 54$ | 12 | Michael Mitchell | 8 | $9: 08$ |  |
| 4 | Stephen Valkos Jr. | 13 | $7: 12$ | 13 | KoleleyPryor | 7 | $9: 10$ |  |
| 5 | Richie Mitchell | 8 | $7: 20$ | 14 | Rebecca Howell | 9 | $9: 13$ |  |
| 6 | Kevin Davies | 11 | $7: 23$ | 15 | Eric Romanowski | 8 | $10: 02$ |  |
| 7 | Andrew Dale | 12 | $7: 24$ | 16 | Katie Dale | 10 | $10: 06$ |  |
| 8 | Mark Romanowski | 9 | $7: 33$ | 17 | Jamie McDonough | 11 | $10: 08$ |  |
| 9 | Justin Temperine | 9 | $7: 53$ | 18 | Adam Morgan | 10 | $10: 49$ |  |

-     - 'Future Triathlete' race results
 freak thing, just an accident. We're
just glad he's not hurt that badly. Bill Sprau of Shavertown was the third local finisher at 2:24:13. freak thing, just an accident. We're Local triathlon team results

| Place | Relay Name | Swimmer | Cyclist | Runner | Time |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 4 | Dallas Bike | Works Too | Brad Jumper | Chris Pagoda | Chistopher Ro |

## Senior

 Mountaineers[^0]


[^0]:    Seniors on this year's Dallas Mountaineer football team are, from left, first row; Fran Brown, Bill Puchalsky, Brian Pietraccini, Jason Nutche, Kevin Kozel, Mark Back row; Jason Henry, Brad Kohli, Harry Hazletine, Eric Jancik, Scott Townesnd, Jeff Beisel, Gerry Sgroi.

