



POST PHOTO: GRACE R. DOVE

Attending the foundation christening of the new Pendragon Plaza August 7 were, front row from left: Kingston Township supervisors chairman Paul Sabol, owners Carol and George Isaacs, Mericle Commercial Realty representative Patricia Guzy, Kingston Township supervisors vice-chairman Shirley Moyer, Janet Flack and Lynn Wallack of Flack Wallack, Inc., and Kingston Township supervisor Herb Hill; back row: Grange National Bank board secretary Sally A. Steele, David Sheydwasser of Flack Wallack, Inc., bank CEO Tom McCullough, bank board chairman Robert C. Wheeler, Ernie McCable of A. Pickett Construction, John Morris of Mericle Commercial Realty and Robert Edgerton of Franklin First Bank.

Construction begins on new plaza

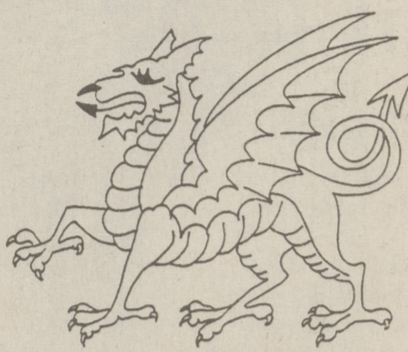
By GRACE R. DOVE
Post Staff

TRUCKSVILLE - George and Carol Isaacs, owners of the new Pendragon Plaza, held a foundation christening for the first of three buildings August 7 at the former site of their Chrysler-Plymouth dealership on Route 309 and Pioneer Ave.

"We've already started digging, so we really can't call this a groundbreaking," Isaacs quipped as he distributed hard hats for guests to wear as they crossed through the job site.

The first building's 12,000 square feet will house a branch of the Grange National Bank as the anchor tenant with three drive-in lanes, six teller stations inside and an automated teller machine. It also has room for professional offices and a few upscale retail establishments.

Architect and engineer Lynn Wallack describes the brick and stucco structure as "traditionally styled with a contemporary freshness," adding that he purposely tried to avoid the strip mall look when he designed it. He and Isaacs



"This is an ideal business location ... Trucksville is the gateway to the Back Mountain." George Isaacs, Pendragon Plaza developer

hope to have it open for business by the end of December.

The 15,000 square foot second building, which Wallack plans to begin construction on in March, will be home to Wireless One Communications and other professional and retail tenants. A third of it has been leased already, Wallack said.

The 10,000 square-foot third building will house one tenant, he added.

"This is an ideal business location," Isaacs said. "It's the first thing people will see coming into the Back Mountain and the last thing they'll see when they leave."

Trucksville is the gateway to the Back Mountain. There's plenty of traffic - the state Department of Transportation told us about 39,000 cars pass by here every day.

A traffic signal on Route 309 and a right turning lane for southbound traffic are also planned.

Isaacs chose the Pendragon name because his family comes from the area in Wales which was the home of the last two Pendragon kings, the legendary Uther and Arthur. "Pendragon" means "high chief" in Welsh.

Day care

(continued from page 1)

have breakfast and lunch provided, medications administered, and activities and socialization while you work?"

If you answered yes to any one of these questions, he feels he may have the answer you're looking for. By the spring of 1997, he and his wife hope to have the now tentative Back Mountain Adult Day Care Center up and running.

The Snyders, with a background in health care, feel the need is apparent. Although there are about 2,100 ADC centers in the U.S., they know of only one in this region: the Riverside Adult Day Care Center in Wilkes-Barre.

Jeff, with over 9 years experience, currently works as a registered nurse's aide at Valley Crest Nursing Home in Wilkes-Barre. "I know of people whose loved ones are home alone all day except for maybe a few hours with a private duty nurse. We want to change that and get them interacting with other people."

Tracy, who currently works as a cook at the Kingston Health Care Center and is going to school for her degree in food service, says a lot of health problems can be solved with proper nutrition. "We would be able to provide home cooked meals and a snack, according to doctors' diet orders, and coordinate administering their medication with meals. When you're home alone you don't always eat right and others may not always have time to cook full meals."

Snyder says there are certain criteria the client must meet: "This is for people age 60 and over who have a functional impairment but can meet the intake screening process and are able to be transported to and from the day care center. They should also be in need of a structured program of activities or services."

He continued, "Tracy and I want this to be a pleasant setting, en-



Tracy and Jeff Snyder look over paperwork, planning for their future adult day care center.

joyable and comfortable - more like a living room than an institution."

Currently, the Snyders are in the process of applying for a state license to operate the center. They plan on renting a site in the region with at least 2,000 sq. ft. which is or can be made handicap accessible.

The most important thing, says Snyder, is the clientele. "We would like to have 10 or 15 clients to make the operation feasible, and so they can develop friendships."

Although the Snyders will be the primary program directors, they'll need to hire several more employees. "We will need two other full-time aides, a full-time certified activities director, a consulting registered dietician, an on-call nurse, and a part-time social service director," said Snyder.

Coming up with the money to start a project like this won't be

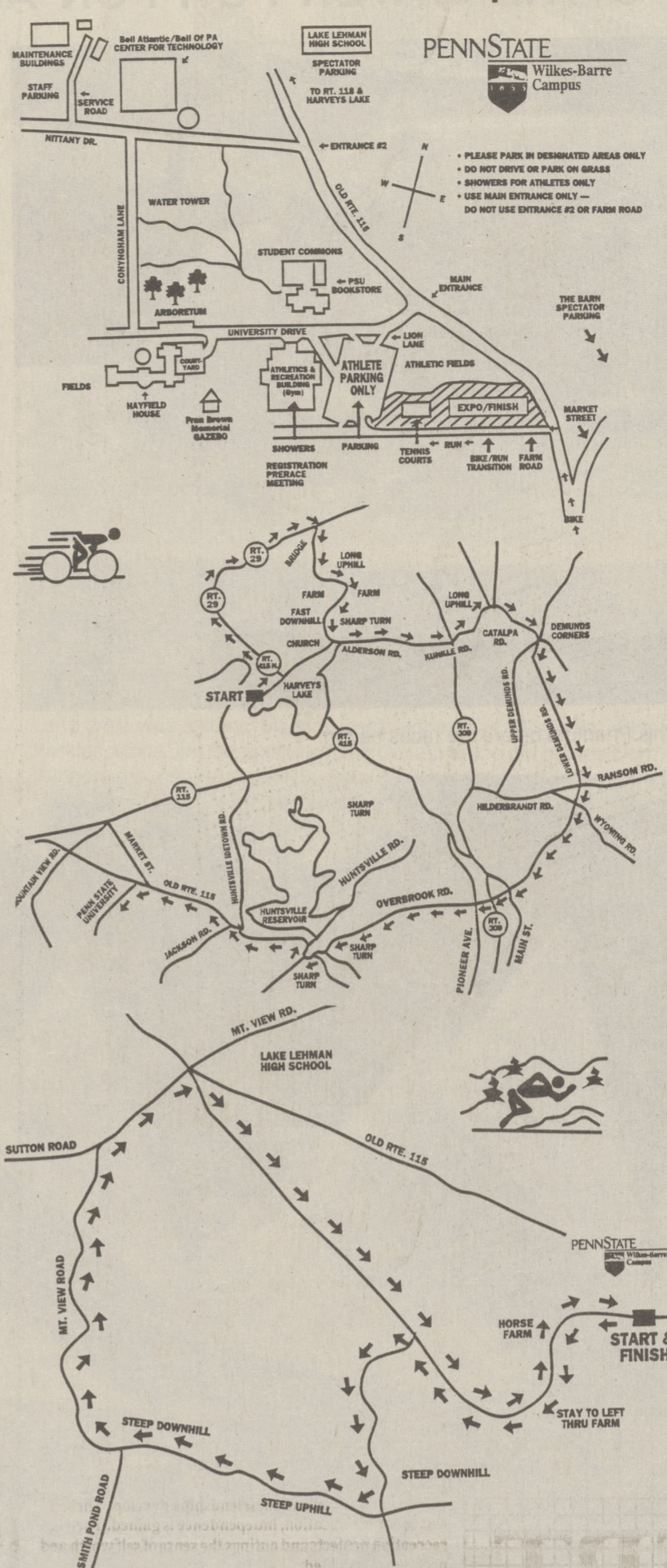
easy, admits Snyder, who said he and his wife will have to leave their full-time jobs to run the center. "I'll have to apply for state grants, loans, private donations and do some fundraising," he said.

His wife chimed in, "We want it to be affordable for everyone; a service for the whole Back Mountain, where the average person can take their adult loved one while they work and know they're being taken care of."

"Down the line, it could also become a respite for those times when a need comes up for a couple of hours or even just a day," added Snyder.

The Snyders encourage those who feel they may have the need for this service or those who want more information on the future adult day care center to call them at 639-1522 as soon as possible.

Triathlon Course Maps



Riders

(continued from page 9)

Wallo; 3rd, Megan Ross. Hunter Seat Equitation Over Jumps, Sr. Division: 2nd, Alison Corey; 3rd, Amanda Adamitz.]

Hunter Under Saddle Ponies: 1st, Megan Ross; 2nd Joanna Oliver; 4th, Tiffany Cyprich.

Hunter Under Saddle Horses: 1st, Alison Corey; 2nd Amanda Adamitz.

Working Hunter Ponies: 1st, Megan Ross.

Working Hunter Horses: 1st, Wendy Wallo.

Hunter Hack Ponies: 1st, Joanna Oliver; 3rd, Tiffany Cyprich.

Hunter Hack Horses: 3rd, Amanda Adamitz; 4th, Alison Corey; 6th Erin Liss.

Novice Classes: Novice Walk-Trot Equitation-Western: 2nd, Kim Boyle; 4th, Jasmine Watson, Noxen; 5th, Dana Marie Yozwiak, Dallas.

Novice Walk-Trot Pleasure-Western: 2nd, Kim Boyle; 4th, Jasmine Watson; 5th Dana Marie Yozwiak.

Novice Mini Trail: 1st, Alyson Baber;

Novice Cross Rails: 1st, Alyson Baber; 2nd, Charity Andrews.

Novice Walking/Trot Equitation-English: 1st, Charity Andrews; 2nd, Alyson Baber; 3rd, Chelsea Andrews.

Novice Walk Trot Pleasure - English: 1st, Charity Andrews; 2nd, Chelsea Andrews; 3rd, Alyson Baber.

The top three placings in the various classes advance on to the District Horse show, August 17, at the Schuylkill County Fairgrounds.

Youth basketball will register Aug. 29

Dallas Youth Basketball will hold registration for its Fall boys league, Aug. 29 from 5-7 p.m. at the Dallas Middle School cafeteria.

Sessions will take place Monday and Wednesday nights from September 4 to October 30 at the Middle School gym.

The program is for students who reside in the Dallas School District and are entering grades 4-7. Call George Gracely at 639-1467 for more information.

WILKES-BARRE TRIATHLON

Mellon Bank

WYOMING VALLEY MOTORS

1996 WILKES-BARRE TRIATHLON RACE WEEKEND SCHEDULE

SATURDAY, AUGUST 17, 1996:

10:30 a.m. Future Triathletes 1 Mile Run ages 8 thru 13
Penn State Campus (Registration At 9:15 a.m.)

12:00 noon Registration at Penn State

12:00-5:00 Health, Sports, and Nutrition Expo at Penn State — fitness testing and nutrition demonstrations; fitness product vendors.

4:00 p.m. Press Conference

5:00 p.m. **Mandatory Pre-Race Meeting** for all athletes

SUNDAY, AUGUST 18, 1996:

It is strongly suggested that spectators stay at Penn State and not travel to the Lake; parking is very limited at the Lake; shuttle buses will run from Penn State to the Race Start and return.

8:15 a.m. Race Start
Harveys Lake Beach Club

8:30 a.m. First Swimmer finish (estimate); bike leg begins

9:00 a.m. Sports Expo at Finish Area at Penn State

-3:00 p.m. First biker finish (estimate)

9:30 a.m. First overall finisher (estimate)

1:30 p.m. Awards Ceremony & Party

Mrs. T's

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USA TRIATHLON

WYOMING VALLEY HEALTH CARE SYSTEM

If you missed *The Post* - you missed the news!