

SPLASH!

Adan Onzik did a "360" into the pool at the Newberry Estate Country Club last week.

POST PHOTO/CHARLOTTE BARTIZEK

Cimochowski

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Czechoslovakia in early October for more lectures and conferences.

During his travels Cimochowski will be honored by Poland's Ministry of Health for his work.

Recently he spearheaded efforts to deliver more than \$166,000 of Merlin cardiac monitors for the Litewska Children's hospital in Warsaw. The monitors — which read the patient's blood pressure, breathing rate, heartbeat, blood oxygen level and other important information — are acutely needed in intensive care units. This week manufacturer Hewlett-Packard will install six of them (at \$40,000 each) for free.

Cimochowski also will work with Dr. Jelonek, who is Litewska Children's Foundation director, and has been chosen by the State Department to organize Litewska as a model of an American facility for Eastern Europe.

"When the country was run by the Communist government, the state told the hospitals what equipment they were allowed to purchase," Cimochowski said. "Since the new government was elected there has been a great difference."

Operating in a hospital where many professionals don't speak English can be a challenge, said Cimochowski, who doesn't speak Polish. Fortunately most understand enough of the language to overcome any barriers.

He has made lasting friendships with many of Poland's top surgeons, who have taken him to such diverse places as a Silesian coal mine and the memorial at the former Auschwitz concentration camp.

He's even found the region from which his orphaned grandfather and great-aunt emigrated a century ago.

"My friends have really broadened my horizons," he said. "Hav-

ing experienced their conditions first-hand, I don't tolerate whining any more. Some doctors in Poland earn between \$200 and \$400 a month, while the monthly wages of miners, whose work brings in desperately needed hard currency, is \$400."

Cimochowski became interested in volunteering in Poland in 1993, when Dr. Jan Wolannin, who emigrated here several years ago, invited him to have lunch with a visiting professor, Zbigniew Religa, who invited him for a visit.

Religa was written up in the January, 1988, *National Geographic* for performing Poland's first heart transplant — without any formal training other than information gleaned from scientific journals. His photo hangs at Oxford University in Cambridge, England.

On his first trip, Cimochowski took his hosts \$250,000 of outdated but still usable heart valves and other equipment. This year will be the second trip for his wife,

Karolina, and their four-year-old son, George Scott.

"Unlike in the United States, volunteerism isn't common, even in Western Europe," he said. "It hasn't been necessary until recently because the governments took care of many of the people's needs."

The newly organized non-profit foundation Friends of Litewska Children's Hospital in Warsaw has made Cimochowski and Congressman Paul Kanjorski honorary members. It raises friends — a corps of dedicated volunteers in the hospital and community — and funds to buy much-needed equipment and pay for renovations to modernize the hospital's facilities.

"I don't do it for the recognition," Cimochowski said simply. "I want to help them. I get every bit as much from them as I give. It's been a humbling experience."

For more information on the Friends of Litewska Children's Hospital in Warsaw, call Dr. George Cimochowski's office at 823-0888.



Dr. George Cimochowski, right, with Dr. Adam Jelonek in Poland

Liquid

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"They have a registered certified consultant company excavating the tanks and they know what they're doing," said Carmon. "The tanks have been registered with DEP as required according to state and federal laws."

Carmon continued, "The contractor has already received permission from the Wyoming Valley Sanitary Authority to discharge into the sewer."

However, Carmon said, plans may change depending on exactly what is uncovered in the tanks. "If it's pure product, obviously they won't be able to do it. But if it's diluted with rainwater, they should be able to flush it."

Subcontractors Terra Environmental were at the plant Monday for 6 1/2 hours to pump the tanks out and flush the liquid into the sewer system.

Terra Environmental planned to remove the tanks and surrounding soil Tuesday and submit more soil samples to DEP.

"It took them longer than anticipated because the tanks are located too far from the sewer for our hoses to reach," said DEP water quality specialist supervisor Eric Supey. "They had to send out for more hose to finish work."

"If it's pure product, obviously they won't be able to do it. But if it's diluted with rainwater, they should be able to flush it."

Mark Carmon
DEP spokesman

Which Doctor

(continued from page 1)

Leader Dr. Rich Blum, Kingston internist, has a history of Wyoming Valley bands, like the old "RPM - Old Stars." His specialty is keyboards, and he says, "For those who are interested, we pack around Leslie speakers and a tone cabinet. This is all state-of-the-art stuff, and we're pretty loud, but we get booked to a lot of private parties, our last 'public' appearance this year will be July 27 at the Riverside Jazz Cafe. We've got a decent Back Mountain following we hope to see there."

The third doctor is Dean Copely, guitarist and Radiologist at Wilkes-Barre General. Rounding out the musicians are newcomer Jim Clark on drums, and Amy Jones, saxophone. Jones, who also sings, works for Andy Sordoni's record company Chiaroscuro.

Then there are the vocalists: Doug Takas, an insurance agent, and Lisa Gadowski, housewife and mother of three boys. Lisa says, "I've only been with the band six months but I'm having a ball. They're just a great group."

And still they come: Joelle

DeLuca, whose husband owns a music store in Plains, and Karen Blum, realtor and Dr. Blum's wife. These two with Amy Jones can do a Supremes medley Diana Ross would be proud of.

Of course the Shirelles are also heard from... Which Doctor music is basically from the 60s, focused on what was popular when the doctors were growing up and buying records. There is some venturing into the 70s and 80s, but when Dr. Freifeld is asked how he would characterize their output, he thought for a moment, and then replied, "Eminently danceable."

He adds, "Although we're on the Internet, we don't need too much advertising. Word-of-mouth does it for us. Those interested can call."

Which doctor? Any one.

"It's not a job. It's a hobby ... It's relaxation ... very enjoyable."

Dr. Martin Freifeld
Which Doctor guitarist

Red Cross needs volunteers

The American Red Cross, Wyoming Valley Chapter needs volunteers to assist at the temperature/pulse station for local Red Cross blood collections. A self instructional module course to teach volunteers how to take pulse, temperature/respiration, vital body signs, will be held September 24, at 9 a.m. Certificates will be awarded. If interested, call the Chapter House at 823-7161, ext. 25 for more information.

Sweet Valley Ladies sell kitchen items

The Ladies Auxiliary of the Sweet Valley Fire Company are selling flavorings for \$2 a bottle. Also available for sale are stainless steel peelers and paring knives. For more information, call Joy Wickard at 477-5323.

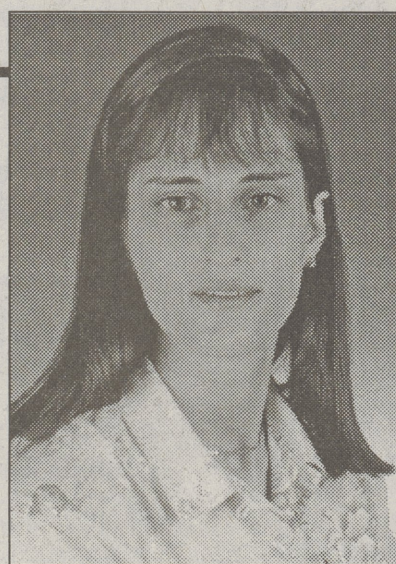
Lake residents may use dumpster for trash

Harveys Lake Borough will have a dumpster available for residents on the last Saturday of each month, between 10 a.m. and 12 noon at the Borough garage, off West Point Avenue across from the Lake Noxen Elementary School.

The dumpster is available for household items only. No metal appliances (stoves, refrigerators); tires or tires on rims; any large metal pieces; chemicals, toxic materials or cans with paint in them will be accepted.

Residents are asked to call the borough garage, 639-2070 in advance and advise the Road Department what they are bringing. If no one is there to answer the call, please leave a message.

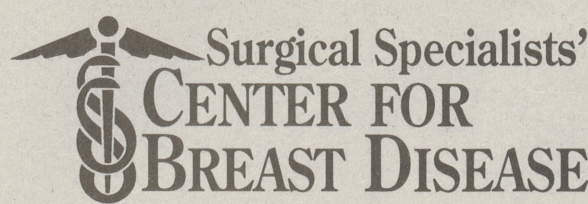
Surgical Specialists Welcomes Elizabeth A. Bender, M.D.



Specializing in general surgery, Dr. Bender also provides breast surgery oncology care at Surgical Specialist's Center for Breast Disease with personal consultations available within 24 hours.

A Summa Cum Laude graduate of the University of Akron, Ohio, Dr. Bender received her medical degree from Wright State University School of Medicine, Dayton, Ohio. She completed both her internship and residency at Mercy Hospital, Pittsburgh, where she received the Resident's Award of Excellence.

To schedule an appointment with Dr. Bender, please call 821-1100.



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