

The Dallas Post Sports Week

Section 2
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Black Knights impress in sweep of Valley West

By LEN KRYESKI
Sports Writer

LEHMAN - The Lake-Lehman boys' volleyball made quick work of Wyoming Valley West with a 2-0 victory at the junior high gymnasium Monday. Back-to-back 15-5 wins over the Spartans upped Lehman's record to 9-0, setting up the annual battle of unbeaten teams. The Knights will take on perennial rival Tunkhannock on the road, Wednesday. "I'd say we're more than ready," said senior Jeff Castellano. "We're not going to do anything different just because it's Tunkhannock. We're looking to sweep the conference and win districts." That's a very distinct possibility if the team puts together the type of effort they did against Valley West. The Spartans have been impressive this year, but coach Joe Czopek said they just didn't hit the ball well and when they did,

Lehman was there to hit it right back at them. The front row blocked the ball with proficiency while the back row was there to sit them up. The Knights had all phases of their game working and the squad was really up for the contest.

"Our defense played well," said Lehman's head coach John Baranowski, "but we blocked and hit well too - everybody played well. We had a good day."

"The effort was there for a little bit," said Rick Harned, the Spartans' other coach, "but then the guys started to get down on themselves. You're battling the Lehman tradition too."

The rookie coach had to undergo an inner personal battle of his own. Harned, a 1980 Lake-Lehman graduate, is one of the many fine players to have shined under Baranowski over the past 21 years. Once the contest got underway he was fine, but the feeling before hand was kind of weird, especially since the game

"I'd say we're more than ready."

Jeff Castellano

On upcoming match with Tunkhannock

was at Lehman.

"It's the old gym," Harned said prior to the contest. "I feel like I should be rooting for Lehman."

Phil Snyder and Mike Trebendis helped Lehman control the net in the first game. Snyder registered four kills and two blocks. Trebendis added two apiece along with four service points. Sophomore Mark Steele, who is performing admirably according to Baranowski, also had two blocks, a kill and a service point.

"We're trying to come together as a team," Steele said. "We had our prob-

lems a few weeks ago when we hosted our tournament, but we're definitely ready for Tunkhannock. We're peaking at the right time."

Ryan Bombick put the Knights on top quickly in the second game with an ace and proceeded to score five consecutive points. Lehman built up a 13-2 lead, but went through seven different servers before scoring the final two points.

"We were playing some different kids then too," Baranowski added. "Everybody on the bench got a chance to play. The kids need to be a little more focused. I'd like the transition game to be a little quicker, but we played solid today. The kids came ready to play."

Once again senior setter Jeremy Baranowski led all players in assists and was the only Knight to stay on the floor for the entire contest. He was particularly impressive when he put reverse action on the ball in both his sets and

volleys.

Younger guys stepping up in the second game included Dave Milunic, John Mendygral and George Frank. Milunic had two blocks and three kills, Mendygral added three service points while Frank got to every ball hit near him and finished with two service points. They're hoping to continue playing well and come up big against Tunkhannock.

"We were down last week," Frank said. "Now we're getting it back together."

Lehman won the j.v. contest 2-1. After Valley West jumped out 1-0 in the first game, junior Dave Rogers scored 14 consecutive service points. The Knights went on to win 15-2.

Valley West bounced back with a 15-7 victory in game two and held a 13-9 lead in game three before Lehman got their floor game back under control. Mark Coslett scored the game's final six points to give Lehman the victory.

Trio of seniors lead Dallas to top of tennis standings

By LEN KRYESKI
Sports Writer

DALLAS - In only his third season as head coach for the Dallas tennis team, Len Matysczak has already put together a pretty good resume for himself and earned the respect of many others in the process.

Three sophomore players, Quinn Kavanagh, Dave Germick and Tim Reich, led the team through a 4-8 record during Matysczak's first season at the helm.

Talented freshman Brian Blase joined the group in the spring of '95 and Dallas made quite a turnaround, qualifying for the playoffs with a 10-1 mark.

With three matches remaining in the 1996 campaign, Dallas sits atop the Southern Division of the NEPTC at 10-0. The Mounts are a pretty good bet to enter the playoffs undefeated. The Hazleton match should be competitive, but the other major teams are out of the way. The Mounts have already defeated Wyoming Area, Valley West, Meyers and of course there was that ever important 4-3 win over Wyoming Seminary on April 11th.

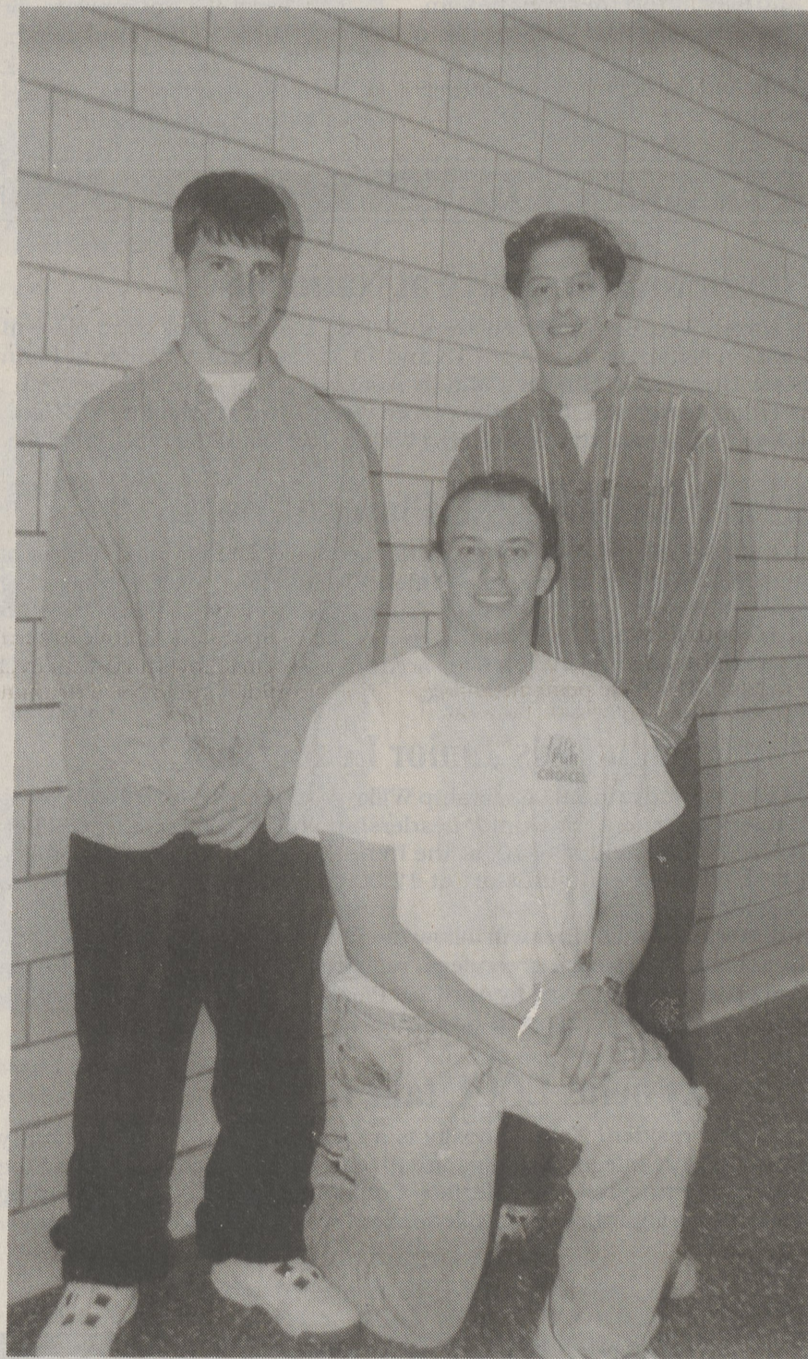
"We've been playing together since freshman and we knew we could become a tennis power."

Tim Reich
Dallas senior

It was after handing Seminary its first league loss since 1988, many non-believers began to realize the Dallas tennis program had firmly established itself. Matysczak shares the credit of turning the program around with Kavanagh, Germick and Reich, all of whom are winding down their high school career.

"They've definitely had an impact on the program," said Matysczak. "They went out there every match as sophomores. Last year we finished 10-1, but had five 4-3 wins. They literally carried the team. Last year they got help from Brian and this year they've received even more help from some freshmen."

See TENNIS TRIO, pg 12



Tim Reich, kneeling, Quinn Kavanagh, left, and Dave Germick have helped Dallas build the league's top tennis team.

Applications now open for Keystone Summer Games

The Keystone State Games is now accepting registrations for the XV Summer Games, Pennsylvania's Olympic-style sports festival, July 31, through Sunday, Aug. 4, in Harrisburg.

Athletes interested in participating in team sports, including baseball, basketball, field hockey, ice hockey, soccer, softball and volleyball, must try out for that team in their region. Although not a team sport, swimming also requires a qualifier in the region where the swimmer lives. Players who make the team, or swimmers who qualify as one of the top three finishers in his/her event(s), will advance to the Summer Games in Harrisburg.

The Keystone State Games divides the state into eight regions, determined by the county in which an athlete lives. Regional qualifiers are held until June.

The individual sports offered at the '96 Summer Games, including 3-on-3 basketball, beach volleyball, bowling, boxing, diving, golf, gymnastics, judo, karate, masters swimming, road race, shooting, 7-on-7 soccer, synchronized swimming, table tennis, taekwon-do, tennis, track & field, volkswarm, weightlifting and folkstyle wrestling, do not require a regional qualifier. Athletes only need to complete the entry form and they automatically advance to the finals in Harrisburg.

In order to participate in the Summer Games, athletes must be Pennsylvania residents of amateur athletic status. For more information and to receive an entry form contact the Games office Monday through Friday, 9 a.m. to 4:30 p.m. at either 717-823-3164 or 1-800-445-4559.

LITTLE LEAGUE RESULTS

ASTROS 7 - GIANTS 6

Kevin Domzalski went two for four and Tyler Karalunas went three for four for the Giants while the Astros scattered five hits. The losing pitcher was Ryan Ishley and the winning pitcher was Chip Harrison.

ASTROS 1 - RED SOX 9

Dave Lohin and Luke Miller combined 11 strikeouts in pitching a win over the Astros. J. Larson went two for three, S. Salavantis went two for four and Luke Miller went three for four with one triple. Losing pitcher was Joe Yankoski.

INDIANS 8 - ASTROS 10

David Walters and Joe Yankoski shared five innings of pitching to assist in the win. Ricky Branco went two for four and David Walters was two for three with a triple. Mike Fehlinger was three for four with a home run and Jon Barbose was three for four while collecting a double and a triple and scoring two runs.

YANKEES 10 - TIGERS 5

Frank Buzin and Jeff Emanuel combined for the win with Emanuel's nine strikeouts. Losing pitcher was Joe Austin. Todd Kerestes was two for three with 4 RBIs for the winners.

ORIOLES 3 - YANKEES 4

Winning pitcher was Jeff Emanuel with six strikeouts, losing pitcher was Ed Krasniak with five strikeouts. Ryan Grysevich had two hits while Ryan Murphy had a double.

RANGERS 15 - INDIANS 8

Tim Faneck's bases-loaded double keyed a six-run Ranger fourth inning that erased a 7-3 deficit. Faneck finished with two doubles among his four hits and struck out five over the last three innings to pick up the victory. Shawn Whalen had a home run and a pair of singles for the Rang-

ers. John Shultz had a home run for the Indians, Jimmy Jordan had a single and triple, and Mike Fehlinger had a pair of hits.

YANKEES 10 - RANGERS 0

Bobby Gebhardt beat the defending champs on a four hitter, striking out 12 with no walks. Matt Goeringer drove in five runs with a single and double, and Jeff Emmanuel had a pair of hits for the Yankees. Chris Eckman was the only Ranger to hit the ball out of the infield.

RANGERS 16 - RED 3

Shawn Whalen led a 13-hit Ranger attack with a pair of doubles as the Rangers capitalized on 13 Reds errors to cruise to their third win. Tim Faneck, Bill Evans, and Brian Dempsey also had two hits apiece for the Rangers.

Reds starter Brian McMahon was the losing pitcher.

PHILLIES 4 - PIRATES 2

Joel Lesinski's grand slam home run with two out in the bottom of the fifth inning led the Phillies to come-from-behind win. Lesinski also picked up the win on the mound, in relief of Colin Donnelly.

Jordy Spencer pitched an outstanding game for the Pirates, striking out eight batters in just three innings. Spencer and Drew Suzko led the Pirate offensive attack with two hits apiece.

GIANTS 5 - PHILLIES 1

Jimmy Belles pitched a complete game, striking out 15 batters and allowing just two hits, to lead the Giants over the Phillies. Belles helped his own cause, collecting three hits at the plate, while Kevin Domzalski added two hits.

Joe Lesinski (double) and Eric Feinstein had the lone hits for the Phillies.

Knights Football Club will meet May 2

The Lake-Lehman Football Club will meet May 2, at 7 p.m. at Grotto Pizza, Harveys Lake. All parents of Lake-Lehman football players and cheerleaders are encouraged to attend to discuss plans for the upcoming season.

King's College reschedules girls' basketball camp by week

In order to accommodate area students and new school dismissal dates, King's College has rescheduled its Summer 1996 Girls' Championship Basketball Camp to June 24-28.

Coordinated by the Educational Conference Center at King's, the camp is open to girls in grades five through 12, and will run daily from 9 a.m. to 4 p.m. in the Scandlon Physical Education Center, North Main Street.

The camp will stress shooting, passing, ball handling, rebounding, defending and setting screens, and is designed to help girls improve their skills in both individual and team situations. Players receive an evaluation report, and free camp T-shirt. Awards will be presented at the conclu-

sion of the camp. A medical staff is available on site.

Cost is \$125 per person, required at the time of application. Refunds, minus a \$30 processing fee, will be available after June 30 only for medical reasons. A 20% discount is offered to children of King's alumni. Group discounts are available if applications are submitted at the same time.

Participants in the camp are invited to use the college swimming pool, handball and raquetball courts, Eagle System Fitness Center and outdoor basketball courts, at no extra charge.

For further information, or a brochure, contact Alida Matussek, King's College Educational Conference Center, at 826-5807.

Viglone, Woronko contributing at Wilkes

Mike Viglone and Will Woronko are solid contributors to the Wilkes University baseball team in their first year at the school. Viglone, a 1995 Dallas High graduate, was 2-for-3 in a 4-1 win over Pottsville. He also scored twice and drove in two runs in the Colonels' 11-1 victory over Eastern College in the Eastern College Tournament, and stroked a single against Eastern Mennonite. Against College Misericordia later last week, Viglone had a hit and two rbis.

Woronko, a 1995 Lake-Lehman graduate, had a single against Eastern Mennonite, then banged out two hits against Eastern. He went 4-for-5 with three rbis in the tournament final against Eastern Mennonite. Woronko was named to the all-tournament team.

SPORTS ROUNDUP

LAKE-LEHMAN

TENNIS

Lehman 7 - Coughlin 0

Lehman evened their record to 4-4 April 25 with a sweep of Coughlin 7-0. Marjon Brondsma defeated his opponent 6-1, 6-0.

BASEBALL

Lehman 24 - Northwest 11

John Oliver launched two homers and went four for five at the plate to pace the Knights to a 24-11 thrashing of Northwest April 24. Geoff Engle was two for three including four RBIs. Oliver record the win for Lehman.

SOFTBALL

Lehman 5 - Dallas 0

Kim Spencer won the game with her arms and her bat, belting out a triple and homerun and tossing a complete game masterpiece to blank the Mounts 5-0, April 24. Spencer fanned eight and allowed just five hits to silence their backyard rivals. Sandy McCloud took the loss for Dallas.

VOLLEYBALL

Lehman 2 - Ab. Heights 0

The Knights added to their unblemished record with a fine 15-2, 15-4 win over Abington April 25. Phil Snyder blasted seven kills while Jeremy Baranowski and Mike Trebendis sliced five and

four apiece respectively.

TRACK

Berwick 119 - Lehman 22

Jenn Reno captured first in the shotput but Berwick commanded the rest of the field as the Bull Dawgs posted an impressive 119-22 victory over Lehman, April 25.

Berwick 91 - Lehman 58

Hot foot Chris Bath dusted the competition winning the 200 meter dash for the Knights but Berwick came away with the overall victory with an 91-58 showing over Lehman.

SOCCER

Lehman 2 - Coughlin 0

The Knights drilled two goals in the first quarter to claim victory over Coughlin 2-0 April 25. Sara Kasper and Kelly Spencer accounted for the goals, while each assisted the other's goal.

DALLAS

BASEBALL

Valley West 15 - Dallas 2

The Dallas defense fell apart April 24, mishandling the ball often to account for five errors as the Spartans blew past the Mounts 15-2. Valley West sealed the coffin exploding for a 8-run fourth inning to put the Mounts away for good. Dallas' record drops to 4-2.

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