

The Dallas Post SportsWeek

Section 2

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Mounts field slim squad

By LEN KRYESKI
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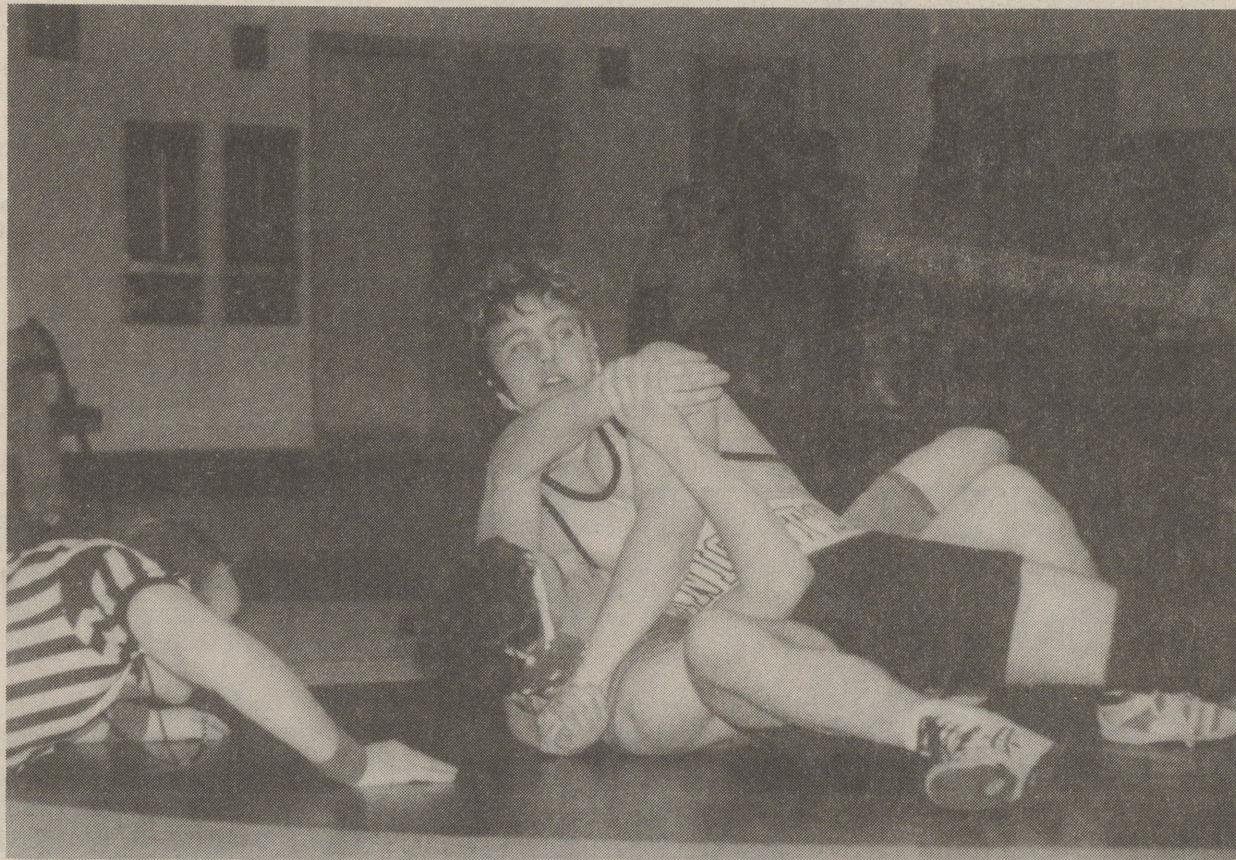
Last winter the Dallas wrestling program finally turned the corner. The Mounts fielded their strongest, most competitive team in some time and won five of their last seven dual meets in the Wyoming Valley Conference to finish the season above .500. Head coach Steve Kaschenbach figured the team was ready to be a factor in the league race in '96. To stay headed in that direction, all the Mounts needed was to continue to improve and develop some depth.

"At the end of last season we had the momentum going," Kaschenbach said. "I had designs for a very good year this season, but with returning wrestlers not coming back it's difficult."

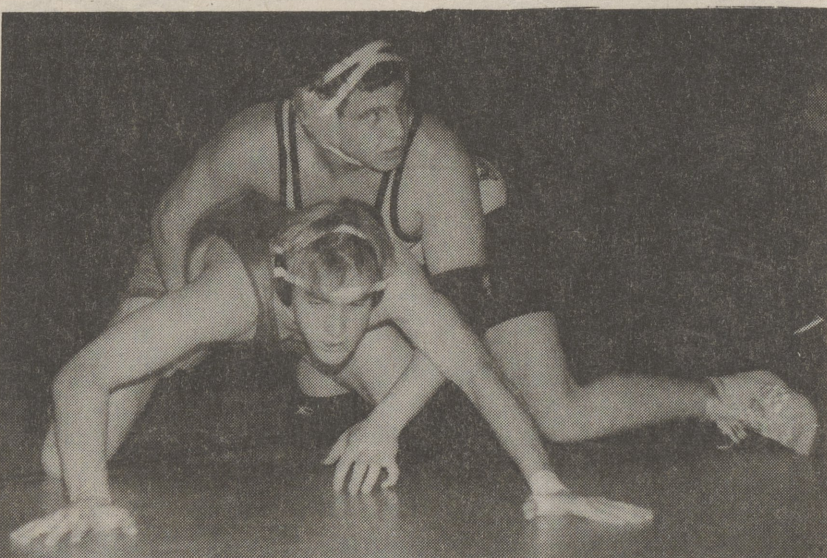
Ah, there's the rub. Three returning starters and a couple of experienced backups decided not to go out for wrestling this season. The troubles don't end there. Only two of the 10 eighth graders who participated in the junior high program a season ago return. Three transferred to other schools while five quit the team.

So much for building depth. On the positive side, freshman Matt Gingo has made the jump to the varsity squad.

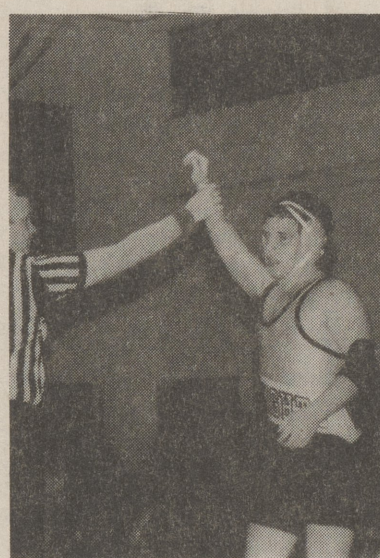
In past years, sick and tired of



Mike Rogowski took control of his opponent in the 189 lb. class against Williamsport. He won on a pin.



Bill Humphreys glanced to his coaches for advice during his match Saturday night. He came away with a win on points. Lake-Lehman dominated the match, winning 54-9.



POST PHOTOS/RON BARTIZEK

Black Knights are 'strong, balanced'

By LEN KRYESKI
Sports Writer

Lake-Lehman co-coaches Phil Lipski and Tom Williams don't expect their Black Knights to be as dominant as last year's squad. After finishing 21-0 that team went on to win the District 2 and Northeast Regional championships. The '95-'96 Lehman grapplers are a strong, steady, well-balanced group that figures to contend for the Wyoming Valley Conference title and improve as the season goes along.

"We're going to have to gain experience early," Lipski said. "We're cautiously optimistic."

"We're a well-balanced team with no superstars," added Williams. "We have good kids at every class. It's going to take a better than average kid to beat us. We're waiting to see which kids will step forward."

The Black Knight coaches have taken steps to continue their stronghold as a dominant wrestling program in the region as well as prepare their kids for the rigors of post-season activity. Lehman has logged an ambitious exhibition schedule. The Knights have added perennial AAA power Athens as well as the always tough Hughesville High School to their list of dual meets. This past weekend the Knights scored an impressive 54-9 win over Williamsport. Although the Knights did look a little rusty at times because the early winter snowfalls have hurt their practice schedule.

"Wrestling is the sport most devastated by snow days because of the conditioning and injury factor," Williams explained.

Co-coaches: Phil Lipski and Tom Williams
Boys out: 30
'94-'95 dual meet record: 21-0 overall, 14-0 WVC District 2, Class AA champions, Northeast Regional, Class AA champions

Lehman graduated seven starters and an eighth wrestler who saw significant action from last year's championship club, but because of the versatility of their lineup they return quite a number of grapplers with varsity experience.

"Although we lost seven starters, we have quite a few with two and three years experience," Lipski said. "We probably won't have as much mobility in the lineup this season."

The experienced Knights will be joined by decent underclassman who will wrestle varsity for the time-being. Freshman Nick Raczkowski (103) and Sam Saylor (125) have seen action early. Sophomore Mick Konigus has been a pleasant surprise at 171.

Two time defending district champion Matt Raczkowski has made the move from 103 to 112. "Matt is a small 112 and will be a very good 112," Williams said. "If he wants to be high on the podium in Hershey, he may have to go back to 103."

Joe Halowich, a district champ at 125, jumps up three weight classes to 140. Mike Pitcavage placed second at districts as a sophomore, but was bumped from the lineup during wrestle-offs last spring. He'll start at 152 while Brian Butler, a runner-up at dis-

See KNIGHTS, pg. 14

Wycallis nets 35 points in Sixers 73-44 romp

Dallas Youth 7th - 8th grade basketball, fourth week results

In the opener, the Sixers continued their winning ways by defeating the Warriors 73-44. The win puts the Sixers record at 4-0. The score at the end of the first quarter was Sixers 16, Warriors 11. The Warriors had chances to get back into the game, but costly turnovers led to a half-time score of Sixers 35 - Warriors 20. The Sixers offense was led by Matt

Wycallis with a game high 35 points, followed by Matt Jackson with 18 points and Pat Barnard and Keith Sprau each chipping in with five points apiece. Matt Jackson had 10 rebounds for the Sixers. The Warrior offense was led by Paul Dougal with 22 points, followed by Joe Rogers and Dan Krause with six points apiece. The Warriors record falls to 1-3.

In game two, the Hornets nar-

See 7-8 BALL, pg 14

Miami, St. John's post two wins in grade 5-6 ball

Miami posted two wins in Dallas Youth Basketball 5th and 6th grade boys recent game. A 33-22 victory over Pittsburgh with high scorers Blake Saba for Miami and Andrew Dale for Pittsburgh, and a 48-11 win over Boston College with excellent playing by Chris Heister and Christian Cobleigh for Miami and Jordy Spencer and Mike English for Boston.

St. John's also won their last two games. A 38-31 win over Seton Hall with overall top scorer Mike Fehliger at 16 points for St. John's and for Seton Hall, Tim Faneck 15 points and John Pambianco 12 points. St. John's also defeated Syracuse 30-25 with

Herby Bressler scoring an impressive 20 points for St. John's. Syracuse had a balanced attack with Bobby Zaruta 9 points, Bobby Gebhardt eight points and Mark Kertesz six points.

Seton Hall had a close game against Georgetown and edged them 25-24 for the win. Tim Faneck led offensively for Seton Hall and scored 21 points. Georgetown's top offensive players were John Simonitis with eight points and Donny Murray with six points.

Georgetown posted a win against Syracuse 36-18 with Donny Murray scoring 14 points and Paul McCue scoring 10 points for the win.

bounded well for Duke.

In another close game, Kevin Domzalski scored 11 points and had seven rebounds to lead Florida St. over Maryland 18-17. Kevin's big brother Mike was successful in his coaching debut. Leading rebounders were John McGeachan and David Heister.

Maryland was led by Eric Mahle with seven points and nine rebounds. Also scoring were Elijah Miller, Tom Hadzor and Jason Demnicki.

Virginia tops Duke in OT

Play continued last week for Dallas Youth Basketball's third and fourth grade division.

Matt Muldoon scored 12 points to lead Virginia to a thrilling 28-26 overtime victory over Duke. Gene Lispi scored eight and Doug Zaruta had six, along with 10 rebounds. Matt Moser had eight rebounds.

Tim Crossin had a great game for Duke, with 18 points and 11 rebounds. Matt Tucker had six points and six rebounds. Ken Reagan and Ben Barbose re-

SPORTS THIS WEEK

DALLAS
Boys' Basketball
Thur., 12-21 @ O'Reilly
Fri., 12-22 Hughesville
Wed., 12-27 @ WVV Tournament
Girls' Basketball
Thur., 12-21 O'Reilly
Wed., 12-27 @ Crestwood Tourn.
Swimming
Thur., 12-21 @ Elk Lake
Wrestling
Wed., 12-20 @ W. Wayne

LAKE-LEHMAN
Boys' Basketball
Fri., 12-22 @ W.S. Tech
Wed., 12-27 @ WVV Tournament
Girls' Basketball
Thur., 12-21 W.S. Tech
Wed., 12-27 @ O'Reilly Tourn.
Wrestling
Wed., 12-20 @ Athens
Fri., 12-22 So. Columbia

All dates weather permitting

Dallas skiers take first interscholastic event

Ski racers from Dallas won first place in the high school division at the Montage Interscholastic Racing Competition December 17.

Dallas participated in the event along with several area schools, including Nanticoke, Lehman, Coughlin, Scranton and others. The team consisted of Jon and Matt Kertesz, Chris Nattress, Mike Senausky, Mike Sabol, Chris Schneider, C.J. Tyrrell and Stacey Wagner. A total of 42 racers competed in the high school division.

Chris Nattress skied to a first-

place finish in the Individual Male category with the fastest time of the day. Stacey Wagner placed second in the Individual Female category.

The race was the first of three in the Interscholastic series at Montage Mountain. It was also the debut of the Dallas team in the high school division for the past two years. During the 94/95 season, they accumulated a total of 20 medals and trophies while competing in Montage, ASRA, PARA, and Keystone Game events.

Two easy wins for Gate of Heaven

The Gate of Heaven girls varsity team recorded their third and fourth wins of the season on the road, by defeating St. John the Baptist by the score of 54-37 and St. Mary's Assumption by the score of 48-21.

In the first game the Lady Gators' Chelsey Ostrowsky and Katie Guntli combined for 36 points with 19 and 17 respectively. Shannon Leary chipped in 10. The Lady Gators had six players

in the scorers column.

In the second contest with St. Mary's, Chelsey and Katie combined for another 34, this time with 22 and 12 respectively. Shannon Lupien added another six. Defense was the name of the game in St. Mary's contest, Jocelyn Kozik, Ali Hutch and Shannon Leary gave outstanding defensive performances. The Lady Gators had seven scorers in the book.

Baseball clinic Dec. 27 at Lehman

Lake-Lehman High School head coach Chip Sorber and his staff will present a baseball clinic Dec. 27, 1-4 p.m. at Lake-Lehman High School gym. Emphasis will be on pitching, hitting and strength training, with two age groups: Little League, age 12 and under and high school or future high school players group.

Cost of the clinic is \$10 if pre-registered. Make checks payable to Chip Sorber and mail to: Chip Sorber, 20 Maple Tree Road, Dallas, PA 18612. Cost of clinic is \$15 if not preregistered; sign in day of clinic. Any questions call 477-2303.

Mosca leads talented Blue Knight grapplers

By LEN KRYESKI
Sports Writer

Having 12 wrestlers, many of whom are the same weight, competing for 13 positions may not sound like good news, but at Wyoming Seminary the numbers are up. Some years they've been lucky to get six or seven wrestlers out for the sport. While wrestlers at other schools in the area set their sights on winning a district championship, the Blue Knight grapplers aim for the independent state school and national prep tournaments.

"I have some talented kids that should place well at the national prep tournament," said coach Paul Barrett.

The most talented member of that group is 140 pound Back Mountain resident Allan Mosca. Mosca, a senior, was named the team's MVP after last season and is a four year starter for the Blue Knights.

"He's finally become a determined wrestler," Barrett said. "He has some things to prove, especially to himself. He got thrown around at the state tournament last year and he really wants to do well."

The Sherwood brothers hail from Dallas. Doug is a solid starter at 145 while Bob is battling for mat time at 171.

Seminary is weak in the lower weights while also being very young and inexperienced.

If they can keep the score close going into the middle weights, they'll be able to post some victories over the winter. Their strengths lie in Mosca, Doug Sherwood and the upper weights. Dan Boncich (171), Neil Bergund (189) and Lucas Race (heavyweight) figure to win their share of matches for the Blue Knights.

Two freshman, Dave Chiampi at 112 and Paul Carson at 152 have shown some potential in the early going.

"They have a tough season ahead against experienced var-

WEST SIDE TECH
Head coach: Jim Fender
Assistant: Tom Pretzman
Boys out: 18
'94-'95 dual meet record: 8-12 overall, 4-11 WVC

WYOMING SEMINARY
Head coach: Paul Barrett
Assistant: none
Boys out: 12
'94-'95 dual meet record: 4-9, prep school schedule

ity wrestlers," Barrett said, "but they're working hard and show great promise."

West Side Tech
West Side Tech wrestling coach Jim Fender is especially excited about having an assistant coach around for the upcoming season. No, Fender is not complaining about his previous workload. The assistant coach is Tom Pretzman, who was successful as a student of Fender's in the early 90s. "I'm really excited," Fender said. "He's giving the kids a different outlook. He's a positive role model and he can show them just what a West Side Tech kid can do."

Tech returns four strong wrestlers to its '95-'96 line-up. Seniors Russ Sims (119), George Durashewski (145/152) and Mike Murth (160/171) lead the way. Another returning starter the Titans are counting on is junior Ryan Sullivan (112/119). The nucleus of the squad is inexperienced underclassmen.

"We're building for next year, but we'll be extremely competitive," Fender said. "Everybody is coming back next year except for those three seniors. Our program is solid. We just have to get the new kids ready to help out."

Last season the Titans lost seven matches by just one wrestler. Among those loses was a couple of heartbreakers to Wyoming Area and Berwick which came down to the heavyweight competition.