Dallas

(continued from page 9)

extra work also develops a sense of commitment. "These workouts separate the

women from the girls and the men from the boys," Stretanski said.

The team had hoped to be part of the WVC this season, but that's one area where Dallas didn't make any headway. The school district waited to commit themselves because they wanted to see if the kids would do the same. Everything is a go to become part of the league next year.

Because they're faced with yet another exhibition schedule, Dallas will not host any home meets for the second consecutive season. Some schools have offered to make the trip to College Misericordia in the sake of fairness.

Stretanski prefers to accentuate the positive and not dwell on the problems. That type of thinking seems to have rubbed off on the squad. In order to swim for Dallas you have to be flexible. Practices are held before or after school. Swimming takes place at Misericordia, diving at Wyoming Valley West and weight lifting at Dallas.

"It would be nice to have a set practice every day after school, but you can't blame anyone for the situation," said Stretanski. "Thanks to the generosity of Valley West we can work on some diving this year."

The boys' team will heavily rely on seniors Dean Evans and Kyle Baker as well as sophomores Andy Popielarz and Tim Herbert.

Senior Marlena Saxon and junior Alisa Harris lead the girls team. Look for Emily Schweitzer (junior) and Stephanie Potisek (freshman) to make a real splash in the diving events.

The attitude and the work ethic may be there, but Dallas still comes up short in terms of swimming competitively. Many of the team members are just learning how to race and train in the pool.

"Our inexperience is going to hurts us," Stretanski. "We'd like to win a few more meets, qualify a few more for districts and win some medals at districts."

Heather Dougherty replaces Marty Leandri as assistant coach. Doughtery is also a senior member of the Misericoridia team and has qualfied for NCAA competition.

Attack wins in Maryland

Two Back Mountain-based teams traveled to Bethesda, Maryland, recently to participate in the Twelfth Annual Bethesda Soccer Club Thanksgiving tournament. The teams entered as defending champions in two different divisions, and competed this year in the same eight-team division with teams from Virginia and Maryland. The two teams placed first in their respective groups and met in the finals where Northeast Attack defeated Back Mountain Power by a score of 4-3.

"A" Divison champion Northeast Attack U-14 team, coached by Gary Norconk, Sweet Valley, is comprised of front row, from left, Sean Murtha, E.T. Hunter, Taylor Wielage, Colin Benson; second row, John Jacob, Mike McGarry, Jeff Eisenhuth, Mike Keating, Doug Parulis, Geoff Rittenhouse; third row, Joe Cavanaugh, Tom Byron, Steve Price, Mike Nardone, Charlie Bustin; fourth row, head coach Gary Norconk, Nathan, Kuhl, Chris Davies, assistant coach Bill Murtna.





Lehman wins Power Points

Jim Lehman of Dallas was the local winner in the 13th week of the 1995 Power Points football contest. His score of 108 points was the highest among local entries.

Lehman will receive \$25 cash from The Dallas Post and a free month of HBO from Tele-Media, the contest co-sponsor.

The statewide winner, with a perfect 136 point score was Joe

The Power Points contest will run until the end of the NFL regular season. Entries must be deposited by 2 p.m. Fridays at either the office of The Dallas Post at 45 Main Road in Dallas, or Tele-Media

Renwick of St. Marys. Renwick wins \$1,000 cash for his effort.

on the Harveys Lake Highway. There is an after-hours drop box at the front of The Post's building.

Raiders will collect equipment Nov. 30

The Kingston Township Raiders will collect all cheerleader and football equipment November 30, 5-7 p.m. at the Back Mountain Harvest Assembly Church on Carverton Road in Trucksville.

Please make sure all equipment is clean.

If you cannot return it at this time, please contact your coach to make arrangements for collection.



Timber takes U-12 championship

The "Timber" soccer team of the Back Mountain Youth Soccer Association recently captured first place in the U-12 Division playoffs. The team celebrated its championship at a pizza party thrown by head coach and sponsor, Dr. Jack Ellis at Grotto Pizza where he received a gift certificate to Yesterday's Restaurant from the parents and players of the Timber team. Celebrating at Grotto Pizza were, from left, 1st row, Gregory Piazza, Michael Payne, Sean Smith, Kevin Bloom, Michael Burns; 2nd row, Ryan Balara, Matt Flanagan, Aaron Pagoda, Dennis Ellis, Chase Susko, Paul McCue, James Chupka; 3rd row, assistant coaches Sam Payne and Joe Pagoda, head coach Dr. Jack Ellis.

Missing from the photo assistant coach Lou Piazza.



choices. Win points at left for each correct 13 selection toward possible total of 136 points. 12 See complete rules below. You must be at least 8 (eight) years old to enter. To enter, 11 clip along dotted line, then place game 10 entry in POWER POINTS container at cosponsor's retail outlet(s). Entrants must list 9 name, address and phone number below. 8 LIMIT: You may enter only one coupon 7 statewide per week. 6 **DEADLINE: 2 P.M. FRIDAY** 5 L'SPORS Total points scored **TIEBREAKER 1** 4 (both teams) in STEELERS game. 3 Total offensive yards **TIEBREAKER 2** (both teams) in this game. 2 THIS WEEK'S GAMES **136 TOTAL POINTS** Atlanta at Miami Philadelphia at Seattle St. Louis at N.Y. Jets Name Cincinnati at Green Bay Cleveland at San Diego Tampa Bay at Minnesota Address Houston at Pittsburgh Washington at Dallas Indianapolis at Carolina Buffalo at San Francisco City, State (zip) Jacksonville at Denver Chicago at Detroit Kansas City at Oakland Army - Navy Day Phone (New Orleans at New England Texas at Texas A&M Night Phone (**POWER POINTS OFFICIAL RULES** Object of the game is to amass as many of the ekly winner of the contest will receive \$1,000. 136 possible points as you can. Simply review the week's schedule of games, listed on entry form, and Any entry form that does nc* contain a legible ne, address, etc., will be disqualified. decide which game you are surest of picking a winner Entries that fail to forecast a winner from each in. Write the name of your projected winner on the 16and every game will be disqualified, as will entries point line. If that team wins its game that week, you that fail to distinguish between the Jets and Giants of New York and Pitt and Pittsburgh. win 16 points. Write the name of your second-surest winner on the 15-point line, and so on down to the 1-No points are awarded on tie games or in case point line, which game you figure to be a toss-up. any game is not played for any reason during its Next, fill in Tiebreaker 1, the total points scored by eduled week. both teams in the week's Eagles or Steelers game. If Entering POWER POINTS constitutes permisthis step fails to produce a winner, the judges will sion by contestant for his or her name and photoapply Tiebreaker 2, total offensive yardage from graph to be used for news and reasonable promoscrimmage in this game. If a winner still doesn't nal purposes at no charge. emerge, a drawing will be held among those contes-Employees of this newspaper and their immetants still tied. Decisions of the judges are final. The diate families are ineligible to participate * Anyone can enter, but you must be present Tele-Media customer or start cable service to win this prize. **POWER POINTS SPECIAL**

The **Dallas Post** 45 Main Rd. Dallas (Across from **Offset Paperback**) **Tele-Media** of Luzerne Cty. Rt. 415 Harveys Lake Hwy. Harveys Lake or mail to: **The Dallas Post** P.O. Box 366 Dallas PA 18612 Entries must be received by 2 p.m. Fridays

at

No purchase necessary. Facsimile game entry forms will be accepted and are available at all outlets of participating co-sponsors. Enter contest by dropping entry form into POWER POINTS container at participating co-sponsors

Weekly deadline for entry will be 2 p.m. Fridays except when noted otherwise on weekly entry form. Neither this newspaper nor any co-sponsor will be responsible for illegible entry forms or those lost, stolen or damaged in any way.

10. Limit: one entry per person per week. Each entry must represent the original work of one entrant; "group" entries, "systems" or other attempts to enter nultiple entries will be disqualified. Filling out extra forms and putting your friends' and relatives' names on them violates this rule. Any such entries are destroyed prior to grading.

Contestants must have reached the age of eight
(8) years by the Sunday of any week's play.



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