## Dallas

## (continued from page 9)

extra work also develops a sense of commitment. "These workouts separate the women from the girls and the men
from the boys," ' tretanski said. The team had hoped to be part of the WVC this season, but that one area where Dallas didn't make nyited to commit themselve because they wanted to see if the kids would do the same. Every hing is a go to become part of the eague next year

Because they're faced with yet another exhibition schedule Dallas will not host any home meets for the second consecutive
season. Some schools have of fered to make the trip to College Misericordia in the sake of fair-
Stretanski prefers to act Stretanski prefers to accentu
ate the positive and not dwell on he problems. That type of think ing seems to have rubbed off on the squad. In order to swim for Dallas you have to be flexible Practices are held before or after
school. Swimming takes place at school. Swimming takes place at
Misericordia, diving at Wyoming Valley West and weight lifting at

Lehman wins Power Points

Jim Lehman of Dallas was the cal winner in the 13th week o he 1995 Power Points football ontest. His score of 108 points Lehman will receive $\$ 25$ cash from The Dallas Post and a free month of HBO from Tele-Media,
The statewide winner, with a perfect 136 point score was Joe

Renwick of St. Marys. Renwic wins $\$ 1,000$ cash for his effort. un until the end of the NFL regu lar season. Entries posited by 2 p.m. Fridays ateithe he office of The Dallas Post at 45 on the Harveys Lake Hile-Media on the Harveys Lake Highway. There is an after-hours drop

box at the front of The Post's building.

Raiders will collect equipment Nov. 30
The Kingston Township Raiders will collect all cheerleader and Harvest Assembly Church on Carverton Road in Trucksville Please make sure all equipment is clean.
If you cannot return it at this time, please contact your coach to


Timber takes U-12 championship
Association soccer team of the Back Mountain Youth Soccer Association recently captured first place in the U-12 Division playoffs. The team celebrated its championship at a pizza party
thrown by head coach and sponsor, Dr. Jack Ellis at Grotto Pizza thrown by head coach and sponsor, Dr. Jack Ellis at Grotto Pizza
where he received a gift certificate to Yesterday's Restaurant where he received a gift certificate to Yesterday's Restauran
from the parents and players of the Timber team. Celebrating at Grotto Pizza were from left 1st row Piazza, Michael Payne, Sean Smith, Kevin Bloom, Michory Burns; 2nd row, Ryan Balara, Matt Flanagan, Aaron Pagoda Dennis Ellis, Chase Susko, Paul McCue, James Chupka; 3ra row, assistant coaches Sam Payne and Joe Pagoda, head ooach Dr. Jack Ellis,
Missing from the photo assistant coach Lou Piazza.
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