

SCHOOL MENUS

The following school lunch menus are for the week of October 19-25. All lunches include milk.

DALLAS SCHOOLS

THURSDAY - Nachos w/meat-cheese or turkey/cheese on a pita, salad/dressing, rice, orange wedge.

FRIDAY - No school.
MONDAY - Chicken nuggets w/B.B.Q or honey or ham/cheese on bun, buttered rice, mixed fruit.

TUESDAY - Cheeseburger/bun or turkey/cheese on bread, lettuce/tomato cup, French fries, brownie.

WEDNESDAY - Rotini w/meat sauce, garlic bread or Flying Saucer sandwich, tossed salad/dressing, fresh fruit.

GATE OF HEAVEN SCHOOL

THURSDAY - Macaroni/cheese, roll, peas, fruit cocktail.

FRIDAY - Early dismissal, 12:30. No lunch.

MONDAY - Cheese steak/bun, onion rings, carrot/celery stix, peaches.

TUESDAY - Chicken patti/bun-lettuce, chips, fruit cocktail.

WEDNESDAY - Wimpie/bun, potato rounds, green beans, pears.

LAKE-LEHMAN SCHOOLS

THURSDAY - Early dismissal.

pepperoni pizza pocket, celery/carrot sticks, nacho chips, pears.

FRIDAY - Teacher-in-service.

MONDAY - Ham patti/bun, hash brown potatoes, lightly buttered corn, cinnamon applesauce.

TUESDAY - Salisbury steak, mashed potatoes/gravy, peas/carrots, pineapple tidbits.

WEDNESDAY - American hoagie (sliced meat-cheese-lettuce-tomato), vegetable soup/crackers, pears.

WEST SIDE TECH

Breakfast
THURSDAY - Hot ham/cheese, cereal, juice, pastry.

FRIDAY - In service.

MONDAY - Banana bread, cereal, juice, banana.

TUESDAY - Sausage/cheese, cereal, juice.

WEDNESDAY - Pumpkin bars, cereal, juice, fruit.

Lunch

THURSDAY - Taco's/trimmings, corn, pineapple.

FRIDAY - No school.

MONDAY - Cheese steak hoagie/lettuce-tomato, seasoned veggies, fruit.

TUESDAY - Pasta/meat sauce, mozzarella cheese, salad/dressing, pumpkin bars.

WEDNESDAY - Grilled ham/cheese, chicken vegetable soup/crackers, salad/dressing, fruit bowl.



Sarah Richards, second from left, and Carolyn Anzalone, second from right, are among the members of Wyoming Seminary's 1995-96 Homecoming Court. Other members are, Johanna Ashley, far left, Katherine Gale, center, and Megan Dimond, far right.

Named to Seminary's Homecoming Court

Two Back Mountain young women have been selected as members of the Homecoming Court for Wyoming Seminary's Homecoming and Parents Weekend, October 20 and 21.

Carolyn Anzalone of Shavertown and Sarah Richards of Dallas, were chosen by their peers on the basis of their participation in campus activities, community service and athletics.

The Homecoming Queen will be chosen by an alumni committee and will be crowned during halftime ceremonies as the Sem football team faces Episcopal Academy October 21.

Game time is 2:15 p.m. (a change from 1:30, as previously announced) at Nesbitt Field in Kingston.

The daughter of Atty. and Mrs.

James Anzalone of Shavertown, Carolyn is a member of the field hockey and soccer teams, and participated in the Keystone State Games and National Field Hockey Tournament in 1994. A volunteer for the American Cancer Society, she serves as a church acolyte.

Sarah, the daughter of Tal Richards of Kingston and Mr. and Mrs. Stephen Morris of Dallas, has been named to the Dean's List with high honors. A field hockey All-Star, she served as chairperson of the school's orientation committee. An Advanced Placement Scholar, she was named to the Cum Laude Society in recognition of academic excellence. She also serves as a Vacation Bible School teacher and is a member of the school's Board of Student Appeals.

Penn State to host high school students Oct. 21

An open house program and picnic for high school juniors and seniors and their parents will be held at the Penn State Wilkes-Barre Campus in Lehman October 21, 9 a.m.-2:30 p.m.

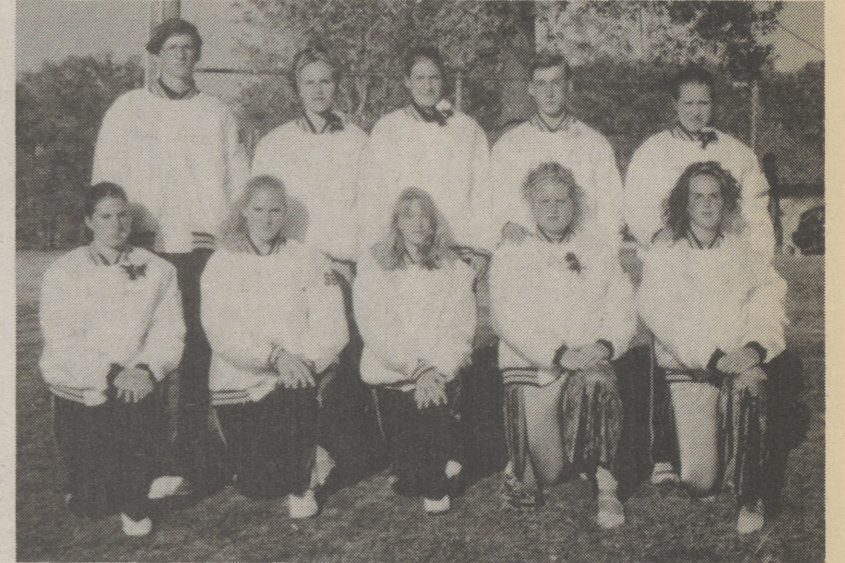
Following registration and an orientation session in the gymnasium, students and their parents will get a glimpse of college life at the Wilkes-Barre campus by attending their choice of classes in astronomy, engineering, computer science, math, literature, world religions and eight others.

A special presentation on career development will be followed

by a free picnic at 12:30 p.m. The afternoon will feature information sessions on admissions, financial aid and scholarships. Penn State faculty, staff, students, and alumni will be on hand to help answer questions on college costs and course options.

Information will also be provided on housing options, the honors program, and the Penn State Study Abroad program.

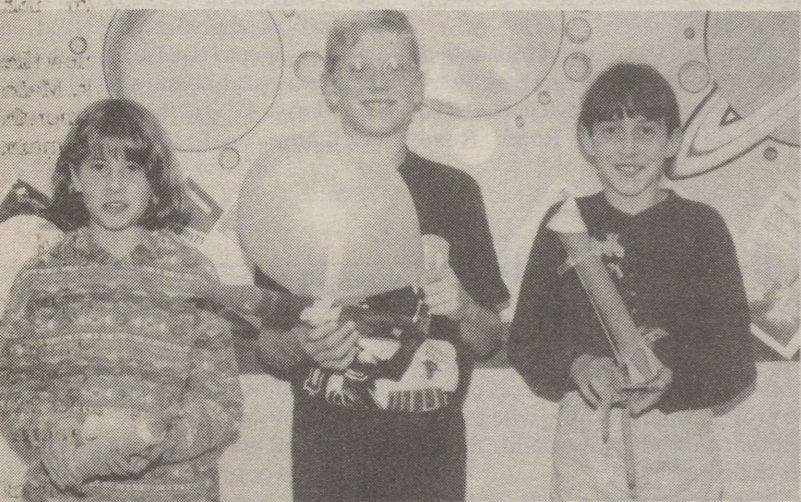
To register for the Open House or for more information, call the campus at 675-9238 or (800) 966-6613.



Band members receive senior jackets

Ten senior members of the Lake-Lehman Band received jackets October 1, at the 14th annual "March of Champions" band competition, hosted by the Lake-Lehman Band. The jackets were donated by the Band Sponsors and presented by Edward A. Richards, band director and Mrs. Maureen Richards, assistant band director.

Musicians are, first row, from left: Jennifer Rakowski, Lisa Metzger, Jennifer Kordowski, Stacey Kehler, Michelle Nallon; row 2, Joe Cortagerone, Jamie Wickard, Amy Shoemaker, Ben McEntee and Billie Jo Simon.



Taking their rockets to Mars

Mrs. Tripp's fifth grade class at Westmoreland School recently sent their homemade "Rockets to Mars" as part of their studies in astronomy. The students learned about some of the problems and challenges rocket scientists faced in getting the United States' space program off the ground. Showing off their rockets are, Marissa Coolbaugh, Ryan Gryskveicz and Sheila Havard.

Seminary parents auction Oct. 21

Vacation packages, gourmet baskets, celebrity collectibles, and original artwork are just a few of the goods and services that will be on the auction block October 20, as Wyoming Seminary's Upper School Parents Association holds its 22nd Annual Auction.

The auction, which is open to the public free of charge, will be held at the Pettibone-Dickson Student Center on North Maple Avenue in Kingston. George and Marva O'Gorman will serve as

auctioneer.

Merchandise will be sold at both a silent auction, beginning at 6:45 p.m. and a live auction beginning at 8:30 p.m.

Proceeds benefit the educational programs at Wyoming Seminary; past auctions have provided needed audio-visual, scientific and other equipment for the school.

For more information, contact Wyoming Seminary at 283-6090.

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PRE-QUALIFIED

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DATE OF ISSUE

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