

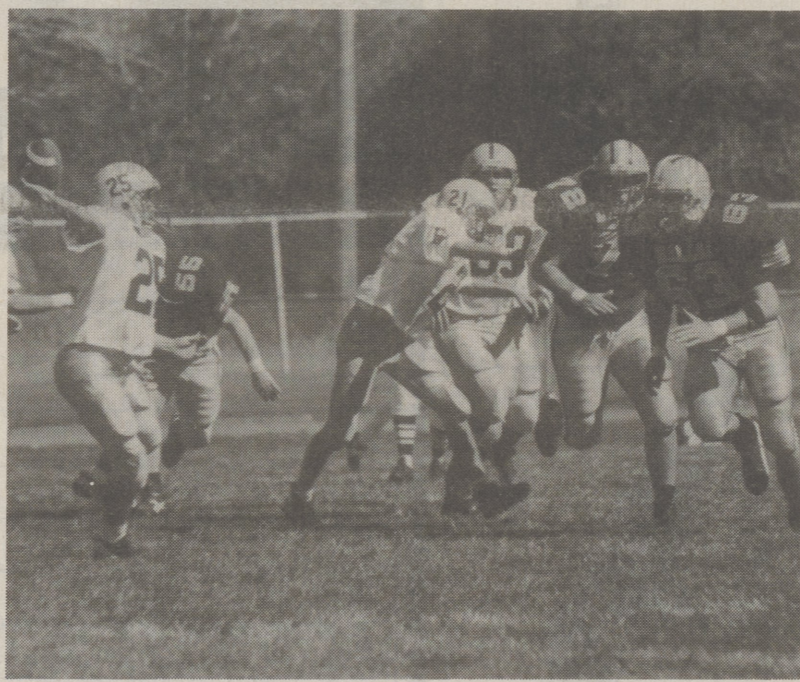


POST PHOTOS/JACK JONES

Dee-fense

Dallas held Bishop Hoban to 48 yards of total offense as the Mounts claimed a 57-6 win Saturday. The game was merely a tuneup for Friday's showdown with Meyers, which is also undefeated this season. In top photo, Harry Hazeltine (72) stopped a Hoban runner with help from Eric Jancik. Matt Gingo

(55) and Jason Nutche (30) were closing in. Below left, Dan Natifus (63), Gingo and Hazeltine put pressure on Hoban's quarterback. Below right, Cody Friedel hauled in two passes on the day, taking one 60 yards for a touchdown. Frank Valvano flattened a would-be Hoban tackler.



JUNIOR FOOTBALL

Lake-Lehman Junior Knights

The Knights took two victories out of three Sunday over the Kingston Huskies. In the C-Team game, the Huskies scored a touchdown in the first part of the quarter. The Knights' Matt Kosloski and Ryan Besteder made yardage with Josh Cragle running in a touchdown with Matt Kosloski bringing in the extra points. The Huskies scored two touchdowns in the second quarter, one with extra points. Ryan Besteder, Matt Kosloski and

David Gronski all fought for yardage getting the Knights two first downs, when time ran out in the half. The third quarter started with the Huskies kicking to the Knights Bill Volkel. Volkel, Matt Kosloski and Ryan Besteder all made good yardage, with Kosloski and Besteder getting first downs. Kosloski then scored a touchdown. The fourth quarter the Huskies had

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Kingston Township Raiders

The Raiders B-Team advanced to a record of 4-1 with an impressive 24-6 victory over the Swyersville Sailors, Oct. 1. Scoring touchdowns for the Raiders were Jonathan Nutche, Luke Miller and Jonathan Barbose. Adding to the scoring were Paul Saxon, Bobby Zaruta, and Miller with two-point conversions. Others contributing fine performances on the offense were Nick Mathewson, Mitch Ruddy, Brad Lothridge and Danny Pic-

cillo. The defense once again played well led by Jared Swire, John Krispin, Billy Youells, Matt Tucker, Matt Rondina and Stephen Salvantis. The offense led by Doug Zaruta showed real running potential in the likes of Marty Murray. Marty had several runs carrying three and four Swyersville defenders for many first downs. Brian Ostrowski, Doug Zaruta, and Matt

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After slow start, Knights blast Valley West 6-0

By LEN KRYESKI
Sports Writer

KINGSTON - After nearly 30 minutes, Lake-Lehman field hockey players began to wonder if they'd ever score that first goal against Wyoming Valley West on Monday afternoon.

The Lady Knights dominated the field of play by controlling the ball and keeping the pressure on the Valley West defense. It appeared, however, the halftime score would read 0-0.

Then it happened. With six seconds remaining until intermission Debbie White fed the ball to Sarah Kasper who proceeded to slam it into the net past losing goalkeeper Mary Jo Raughley.

Lehman exploded for five more goals in the second half to post a 6-0 victory over the Lady Spartans at their Third Avenue field.

"That goal before the half really helped," said Lehman head coach Jean Lipski. "They have to go in at halftime one down, instead of even and that just sort of breaks the attitude also."

Despite controlling the ball early, Lehman needed a little time to improve their passing and quickness in the circle. While they were warming up, the Spartan defense was wearing down. The Knights were then able to step up their game just a bit, but it made a big difference.

"We got a hair faster and a little step quicker, that is what makes the difference in field hockey."

Jean Lipski
Lake-Lehman coach

"Their goalie played a great first half and made some beautiful saves," Lipski said. "She's just a sophomore and as time went on, mentally she wore out. That's going to happen, particularly with young players. We got a hair faster and a little step quicker, that is what makes the difference in field hockey. Tenths of seconds or a couple of inches is what allows a team to win or lose."

The Lady Knights didn't need even five minutes to score in the second half. Adrienne Miroslaw took a pass from Erin Edwards and scored her first goal of the season at 25:16. It was a game of firsts for the junior midfielder. Miroslaw saw her first ever action at the half back position late in the game as Lipski substituted freely for much of the second half.

Lehman went up 3-0 when Miroslaw returned the favor by assisting Edwards at 21:54.

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SPORTS SHORTS

DALLAS

GIRLS CROSS COUNTRY

Dallas 23 - Hanover 35
Stacey Suda (19:04), Amber Coolbaugh (20:14) and Heather Gryzlec (20:18) took first, second and third place finishes to pace the Lady Mounts past Hanover 23-35 Sept. 27. Robin Suda (21:59) finished sixth.

BOYS CROSS COUNTRY

Dallas 28 - Hanover 27
The Mountaineers pacers failed to get past Hanover, Sept. 27 as they lost 28-27. John Crispell took first place finishing at 15:50. Mike Tomasura was next Mount to finish at 17:20.

FIELD HOCKEY

Dallas 1 - Honesdale 0
Suzanne Fisher sank the game's only goal on an unassisted drive in the first to lift the Mounts past Honesdale 1-0, Sept. 27. Dallas outshot Honesdale 13-2.

Dallas 1 - Coughlin 0

The Mounts relied on Mary Ann Selenski's goal at the end of the first half to squeeze past Coughlin 1-0, Sept. 29. Both teams appeared to be evenly matched and fought hard throughout the entire game. Dallas remains undefeated.

Dallas 5 - Meyers 0

Kathy Fetko had two goals in the Lady Mounts 5-0 whitewash of Meyers Oct. 2. Melanie Getz supplied the game's first tally off a pass from Marlena Saxon at 10:04 in the first. Getz also had two assists in the match.

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LEHMAN

VOLLEYBALL

Lehman 2 - Hazleton 0

The Lady Knights improved their record to 8-0 Oct. 2 as they manhandled Hazleton 15-1, 15-7. Lehman's strong arm Kelly Spencer nailed seven kills and Kim Spencer served up 11 points.

Lehman 2 - Coughlin 0

Kelly Spencer drilled eight straight service points and 10 overall to pace the Knights past Coughlin 15-9, 15-3. Kim Spencer added five kills, while Cara Stroud and Amy Leitern had three apiece.

CROSS COUNTRY

Lehman 28 - Wyo. Area 28

Chris Long and Jason Lyons captured first and second place finishes for the Knights as Lehman tied with Wyoming Area at 28 apiece, Sept. 27. The Warriors however claimed five of the next six places to win the meet by displacement.

FIELD HOCKEY

Lehman 1 - Wallenpaupack 0

Freshman Jen Johnstone took the spotlight in her first varsity appearance Sept. 28 when she drilled in the game winning goal to give Lehman a 1-0 victory Paupack. Johnstone capitalized on a pass from Adrienne Miroslaw sinking the game winner at 2:32 in overtime.

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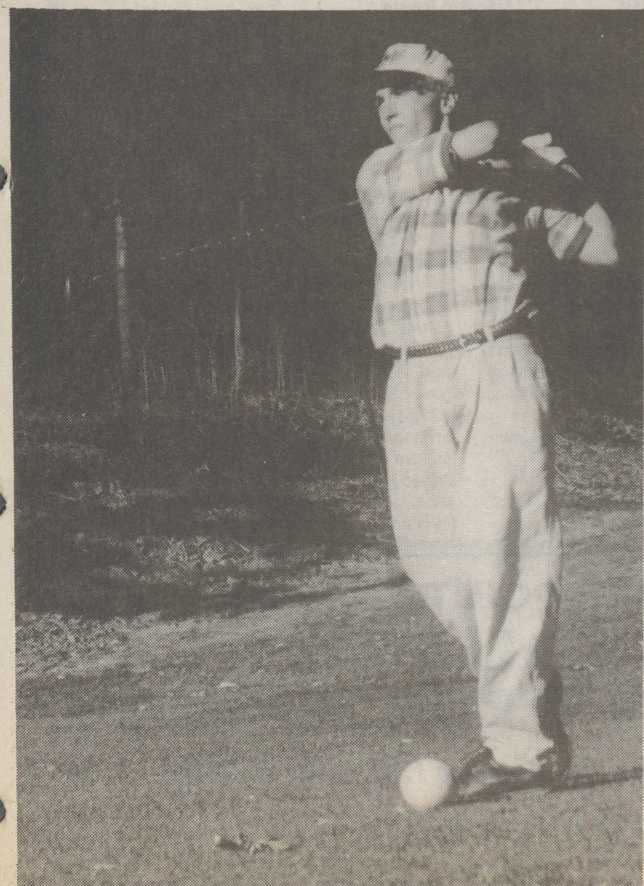
SPORTS THIS WEEK

DALLAS

Cross Country
Wed., 10-4 Wyo. Area, home
Field Hockey
Wed., 10-4 Tunkhannock, home
Fri., 10-6 @ Wyoming Sem.
Football
Fri., 10-6 @ Meyers
Golf
Thur., 10-5 @ Hazleton
Tues., 10-10 Berwick, home
Soccer
Thur., 10-5 @ Berwick
Sat., 10-7 Lehman, home
Tues., 10-10 Abington, home
Volleyball
Thur., 10-5 Nanticoke, home
Mon., 10-9 @ Crestwood
All dates weather permitting

LAKE-LEHMAN

Cross Country
Wed., 10-4 Nanticoke, home
Wed., 10-11 Hanover, home
Field Hockey
Wed., 10-4 Honesdale, home
Fri., 10-6 @ Abington
Wed., 10-11 Meyers, home
Football
Sat., 10-7 @ Crestwood
Golf
Thur., 10-5 Bishop Hafey, home
Tue., 10-10 Hanover, home
Soccer
Thur., 10-5 @ Coughlin
Sat., 10-7 @ Dallas
Volleyball
Wed., 10-4 @ GAR
Mon., 10-9 Abington, home



On par

Lake-Lehman's Dave Cardwell, left, shot a 44 in last week's match against Dallas at Irem Temple Country Club. Jeff Farley, right, led the Black Knights with a 42. Dallas won the match 154 to 187. Lehman has struggled this season, and has a 3-8 record. District play began Tuesday, and results were too late for this week's issue.

POST PHOTOS/JACK JONES

