



Josh Bulter demonstrates proper form for one of the lifts.

Butler

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concentrate totally on powerlifting after making the move to Lewisburg. His biggest concern will be continuing to learn on his own.

"I've checked out the facilities in Lewisburg," said Butler. "It doesn't have the stuff One-to-One has, but it'll do. And there's no Jim Dundon."

Once in England, Butler can

indulge in all of the tea and crumpets he so desires. Josh is not on any type of diet, basically because he burns off the calories during any given workout. Despite an increase in muscle, his overall weight of 240 pounds has not gone up or down for eight months.

Dundon has been involved in powerlifting since he was an elementary school student. His par-

ents, both national record holders, will also make the trip to Sussex. Dundon will be on hand to gain some coaching knowledge and to instruct his top student. He's knows Josh will be able to hold his own against the competition, whether or not he brings home the gold.

"He's already a champion," said Dundon.

Oliver edged out for national team slot

By Len Kryeski
Sports Writer

Lake-Lehman baseball player John Oliver just missed making the Junior National Team at the United States Olympic Festival in Colorado Springs this weekend. John, a member of the East squad, was among the 64 players trying out for the Junior National Team.

John made out very well, but didn't qualify for the national team, which is in Joplin, Mo. this week preparing for a series of games against teams from other countries.

"We felt John fit right in," said his dad, John J. Oliver Jr. "It was close, but it was a tremendous experience for John. It sets him up for next year. Nobody from the East team made the Junior National Team."

The first week of the Olympic Festival was basically a lot of workouts. John turned in a tremendous time of 6.6 in the 60-yard dash and banded out two

hits in an exhibition game, while throwing out a runner at home from his center field position.

In the first game, John went 0-for-4 at the plate but rebounded by going 2-for-4 in game number two, with both hits screaming up the middle.

In game three, John hit the ball well a couple of times with nothing to show for it, in an 0-for-4 performance.

"At that point we still felt he had a shot," said John J. Oliver Jr. "We felt it was between him and a centerfielder who planned to go to Stanford University. Before the last game the people from U.S.A. Baseball said that the best players don't always get picked. Sometimes they have to go with the people who are hot."

In the bronze medal game, John played his part in helping the East post a 13-8 victory over the North. Oliver batted 2-for-3, hitting a double and a triple, stole two bases and drove home a run.

It was just the performance he was hoping for. What he and

the other festival hopefuls didn't know was that the national team had been selected the night before. The Stanford youngster got the nod over John.

BMT Girls

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Amanda Stolarick, and Melonie Sappe. Sappe pitched the final three innings for the win.

Having won District 16 and Section 4, the Back Mountain girls advanced to the Pennsylvania state tournament in Windber, PA near Johnstown. The five sectional winners began play Sunday with the state champions being crowned either Wednesday or Thursday.

The other members of the team are Stacey Amann, Julia Chiampì, Kate Benedetti, Sarah Armand, Janelle Opello and Meghan Peeler. The team manager is Gary Naugle and the coach is Bill Benedetti.

Ride

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systems provided by ham operators from the Murgas Amateur Radio Club. A couple of massage specialists were on hand for those aggravated by minor bumps and bruises and pulled muscles.

"There were no major complaints," Kelly said. "I'm absolutely delighted and I'm also touched by the pledges some of these people brought in. Many of them exceeded the goal. Since I know where the money is going, I realize how important it is. I'm touched by the efforts of all of these riders and the people that supported them."

An exact figure on the amount of money raised will be released by Hospice Saint John later this week. "It looks as good as, if not better than last year's ride," said ride coordinator Bob Kelly.

Tony Sheposki of Luzerne raised the most with \$6,000 in pledges. Sheposki was part of the group representing Mira, Julz and Cheryl and thus helped give them the team title.

Teams from the Back Mountain included College Misericordia, Alltell and Boy Scout Troop 281.

"The team from Misericordia had to be number one in team support," Kelly said, "even though they didn't raise the most money. You couldn't ask for anything more."

The Misericordia team totaled 18 members, five of whom - Dr. Karen Walker, Frank Velde, Jim Schappert, Skip Sensbach and Tom Swartwood - managed to take on and finish the entire 62 miles. "There was a lot of support out there," said Swartwood of Dallas.

Karen Drescher and John Ochman paced the Alltell squad, while the 281 team, made up of seven Scouts and three leaders, took on the 20km route.

Jonathan Bradbury, a Scout from Shavertown, was the first of the group to make it back to the school. He rode the 12 miles in 48 minutes.

"I didn't stop at all," Bradbury said. "The hills weren't too bad."

Boy Scout R. J. Barna of Dallas was the last member of the team to cross the finish-line and with good reason - he went a little out of the way.

"(The course) was kind of hard; I got lost," Barna said.

Franklin Township residents Harry Metzger and Brian O'Donnell, sponsored by Metzger Con-



Brian O'Donnell and Harry Metzger of Franklin Township spent time getting their mountain bikes ready for Sunday's Hospice Hundred Ride For Dignity.

struction, pedaled the 32K course in memory of Harry's mother, Madelyn Green, and Rachel Rowlands, the 10-year-old daughter of close friends from the Northmoreland Baptist Church. Both were Hospice St. John patients.

"This is something you never think of," Metzger said. "Knowing Hospice St. John makes you really understand how important dignity is. Maybe next year we'll ride the 100k."

Harry's wife, Debra Metzger, said Rachel's family would be waiting for their team to pass her front lawn at Lake Louise and planned to meet the riders back at the school.

"We're their moral support," she said.

Rachel's older sister, Nancy, came to see them off. "They're very supportive," she said. "I'm very proud of them. It shows people care."

Brian and Harry were in good shape for the ride - they ride their mountain bikes every weekend, often going cross-country at Camelands 57.

Alex and Laurene Apalinski of

Harveys Lake rode in memory of Mary Stiles, Laurene's grandmother, who was a Hospice patient. Alex was filling in for Jellyn Luben, who injured her hand in an accident and couldn't do the ride.

"Jeri rode the course in training," Laurene said. "She just didn't make it for the actual race."

"I rode it in the rain," Jerilyn joked. "It was freezing!"

"Some of these kids have lost their parents and they want to ride for them and just feel involved," said Kelly.

Back Mountain volunteers who organized the incentive prizes and manned the registration, food service and sales tables and rest stops included members of the Dallas Lions, Order of the Rainbow for Girls, Alltell and Local 13571 of the Communications Workers of America from Commonwealth Telephone.

Upon completion of the course all riders were treated to a chicken barbecue picnic. Food donations were courtesy of Wegmans, the Marriot Hotel Service, Wendy's Restaurants and Hillside Farms Dairy Store.

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Paul Gorney with one of the products sold at Poseidon Pools

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