West Side Flower Club picnic Aug. 8

The annual picnic of the West Side Flower Club will be held at Pavilion #3 in Kirby Park August 8 beginning at 9:30 a.m. for coffee and doughnuts.

A catered dinner will be served at noon. Games will follow. Corn on the cob and hot dogs will be served later in the afternoon.

Reservations should be made with Marion Kunigonis, club president, as soon as possible. A check for \$5 per member should accompany the reservation. Guest of members are welcome at a charge of \$7 per person.

The next formal meeting will be September 12, in the social hall of the Church of Christ Uniting, Kingston, at 6 p.m.

Free medical clinic every Friday

The Back Mountain Free Medical Clinic at St. Therese's Church, lower level, corner of Pioneer and Davis St., Shavertown, welcomes all who are need of medical care by competent doctors, nurses and

If uninsured or underinsured we care to help. Come Fridays, time: 6:30 p.m.

Confidentiality assured.

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Published poets

Several Dallas Middle School sixth grade students from the classes of Mrs. Joan Rakowski and Mrs. Maureen Richards, have recently had poems accepted for publication in the Anthology of Poetry by Young Americans.

Students who had their poetry selected for publication are, Row 1: Jared Karalunas, Kevin Piekara, Amanda Russ, Nick Russon and Raegan Guelich. Row 2: T.J. Daveski, Tony DeMarco, Bruce Hubbard, Brad Balutis, Karen Hann, Becca Hadzor and Jennifer Fleig. Row 3: Jared Flowers, Jason Race, Ryan Stredny, Bill Heffernan, Keith Sprau, Brynn Kovalick, Kim Fowler, Amy Koshinski, Megan Rogan and Dawn Ellsworth. Absent from photo, Michael Laity

About fencing..or, Curses, foiled again!

Said to be a "gentlemen's sport," fencing has also been described as "physical chess." It combines quick thinking with good physical reflexes. And "quick" means just that. A fencer has only about 1/ 20th of a second to think of his next move, and another 20th to carry it out.

And like chess, a good fencer can take advantages of weaknesses and use strong points to attack. But the combination of a quick thought and an equally quick physical action - plus practice, practice and practice - can win matches and cause one's corpuscles to glow all over. In olden days it kept one alive. Fencing prowess was basic to noblemen for centuries in Eu-

Dueling first became popular in the 16th century. So many were killed in duels (to avenge insults or settle questions of justice) that both the King of France and the Queen of England banned the

That did no good. More noblemen continued to die in duels than in war. Early in the 17th century a button was added to the sword tip and dueling became more of a game. But the end of the 19th century it was a full-fledged and popular sport. The Olympics took it up in 1896 and fencing clubs sprung up all over the U.S. Fencers now have their own

magazine. Although there remain today three basic "tools of the trade" in fencing - foil, epee and saber along with three basic and different styles, the most popular is the foil. It is the one mostly used for

practice and is a thrusting weapon, never used for slashing or cutting with the side of the

Foil blades are about 35" long, slim and flexible. There is a guard of about 4" to protect the hand. Inside the guard is a leather or plastic cushion to prevent injury when guards are forced together. Its grip is curved to fit the hand, and the pommel, or butt end, gives it weight and balance.

Fencing fighting areas are 40 feet long and three to four feet wide. Matches last about five minutes and scores are made by a "touch" on your opponent. Five touches win a match.

No longer essentially a man's sport, fencing is popular with the fair sex and recently an Olympic gold medal was won for her team by Felicia Zimmerman, 17, of Rochester.

Fencing needs little in the way of either equipment or practice space (LCCC provides everything needed) and it produces many beneficial side effects. Age is not a factor...teens compete with adults, and seniors abound. It is a sport of concentration and selfcontrol. Quick thinking is a must. It requires total partnership of mind and body.

A Sports Illustrated writer must have been writing with his tongue in his cheek recently when he said, "Fencing tries to hide its true nature behind crisp whites and rigid protocol, but when it comes right down to it, the point is to stab your opponent." En garde!

by Jack Hilsher

Muskateer

(continued from page 1)

lish Professor John Pisaneschi of Mountaintop, advisor and the dynamic spark behind the college fencing club.

Pavlico speaks of Pisaneschi as all his students do, with awe. "He deserves more credit. He makes it all fun. There could easily be too much formal protocol, but not with him." He adds, "Another thing. He is difficult to fence against. He is small and very fast. That's a tough combination."

"Even if I had lost there would be no sting or shame attached to it. You learn by losing." Joe Pavlico

LCCC fencing champion

The Pisaneschi background includes years on the school board and teaching drama, which he admits may help a fencer. He started the fencing club about a dozen years ago and his enthusiasm has kept it rolling ever since. Safety never suffers with him. Beginners are told "Never forget. this is a weapon. You can get

The new daytime champ has been married five years to the former Paula Wandel and they have one son, Joshua. Joe has only been working with foils since January but had a long-time fascination with swords and swordplay since a favorite uncle had collected them and he was familiar with all kinds.

The Pavlico lucky star has continued to shine on him since winning the tournament. He graduated this year from LCCC courses in Hotel and Restaurant Management and Food Production. Then a graduation party and, without missing a beat, he landed a job in his field, starting at the Woodlands as banquet manager.

Pavlico manages to keep in shape with a second sport. He says, "Fencing is recreation, not exercise, so I rollerblade." Every other day he works out on rollerblades which he claims are quite similar to skating on ice. "There are bumps and cracks, sure, but you learn to fall gracefully!"

Other Back Mountaineers in the daytime fencing tournament at LCCC were Ed Gowlus, Jason Elliott, and Denise Parise. Students from Berwick, Hazleton and Bloomsburg also participated, in addition to those from most local communities.

Joe is proud of his success but, in typical Pavlico fashion, says, "Even if I had lost there would be no sting or shame attached to it. You learn by losing."

Charney named Meadows employee-of-the-month

Elaine Charney, LPN, Dallas, has been chosen Employee of the Month for July by her co-workers at Ecumenical Enterprises, Inc.

She has been employed at the Meadows Nursing Center for nine years. She currently works in the restorative nursing department. Previous positions include medication nurse and charge nurse-

Mrs. Charney is a graduate of St. Mary's High School, Wilkes-Barre and Mercidian School of Practical Nursing, Scranton.

She was awarded complimentary dinner and theater tickets for two and will receive a paid day off from work. Mrs. Charney resides with her husband, John, in Dallas Township.

Lake Silkworth bazaar July 28-30

The Lake Silkworth Volunteer Fire Company and Ambulance Association will hold its Annual Bazaar July 28-30 at Our Lady of Mount Carmel Church Grounds on Route 29 at 5 p.m. Friday and Saturday's entertainment will be Strawberry Jam. Sunday's band will be Flaxy

Chairman Sev Newberry and co-chairman Bill Beahm extend an invitation to the public to attend and support the fire and ambulance

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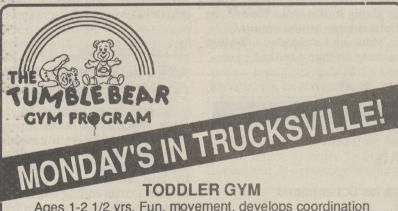
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