

Senior menus

Senior Citizen's Centers sponsored by the Luzerne/Wyoming Counties Bureau For the Aging offer hot noon meals Monday through Friday to people 60 years of age or older. Donations from participants are gratefully accepted and needed in order to expand this program.

The following is the menu for the week of May 15. All meals include margarine, milk and coffee.

MONDAY - Baked meatloaf, parsleyed potatoes, vegetable medley, whole wheat bread, chocolate pudding.

TUESDAY - Roast pork w/stuffing-gravy, whipped potatoes, peas-carrots, raisin bread, sliced peaches & pineapple w/whipped topping.

WEDNESDAY - Pierogies w/onions-butter, spinach, apple cobbler, grapefruit juice, whole wheat bread, ice cream, cottage cheese salad.

THURSDAY - Chicken stir fry, steamed rice, hot fruit compote, broccoli, fruited cookie, dinner roll.

FRIDAY - Seafood salad w/pita pocket, perfection salad, three bean salad, orange juice, birthday cake, chicken rice soup.

For further information, contact the Luzerne/Wyoming Counties Bureau For the Aging Nutrition Program or call the Senior Citizens Center nearest your home.

No election snacks at Sweet Valley

The Ladies Auxiliary of the Sweet Valley Fire Co. will not be serving food on Election Day, May 16.

Lake Twp. recycling center open May 13

The voluntary recycling drop-off center for Lake Township will be accepting recyclables May 13 from 10-12 noon at the township building.

The following items may be dropped off: aluminum and bi-metal cans, clear, brown and green glass, Plastic #1 and #2 only.

No motor oil containers can be accepted.



SHOWING OFF - Back Mountain decorators are well represented among 17 professionals who donated services to the Decorator Showhouse sponsored by the Junior League of Scranton. Shown above, from left, Mary Ellen Gianuzzi, Designs by Donnelly; Cathy Mugford, Country Traditions; Stella Bost, Stella Bost Interiors, Shavertown; Nancy Yakabovicz, Windows by Nancy, Dallas; Laura Slocum, House Portraits, Shavertown; April Scheller, Decorative Artistry, Dallas, and Mary Ann Williams, The Quilt Racque, Shavertown.

Local decorators in showhouse

Several Back Mountain decorators are among the contributors to the third annual Decorator Showhouse hosted by the Junior League of Scranton. The home is open to the public through May 21.

This year's site is a 1915 home at 449 Arthur Avenue in Scranton. With a view of Nay Aug Park, the historic home features a wrap-around porch, intricate carved wood columns in the foyer and an original green mosaic tile fireplace.

Local individuals and businesses who donated their services to the house are:

Mary Ellen Gianuzzi, Designs by Donnelly, Dallas; Cathy Mugford, Country Traditions, Dallas; Stella Bost, Stella Bost Interiors, Shavertown; Nancy Yakabovicz, Windows by Nancy, Dallas; Laura Slocum, House Portraits, Shavertown; April Scheller, Decorative Artistry, Dallas, and Mary Ann Williams, The Quilt Racque, Shavertown.

The showhouse is open to the public each Friday, Saturday and Sunday from 11 a.m. to 5 p.m., and Wednesdays and Thursdays from 11 a.m. to 8 p.m. In addition

to a house tour, special events include decorator seminars, craft demonstrations and an art auction.

To reach the showhouse, take Interstate 81 to exit 53, Central Scranton Expressway. Take Jefferson Avenue, then a right on Mulberry Street to a left onto Arthur Avenue.

Admission tickets for \$10 are available at Country Traditions or at the door. Proceeds will benefit children's and women's issues and other League activities. For additional information, call 961-8120.

Miller accepted to George Washington University

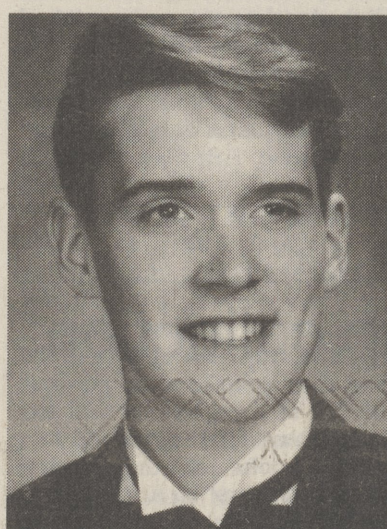
Karl Miller, son of Mr. and Mrs. Joseph Miller of Bowie, Maryland, has been accepted to the Columbian College of Arts and Sciences at The George Washington University, Washington, D.C., for the 1995 fall semester.

Karl, a member of the 1995 graduating class of Bowie High

School, is the recipient of the University's Presidential Academic Scholarship.

He will pursue a degree in biological sciences.

Mrs. Miller is the former Gretchen Hefft, daughter of Mr. and Mrs. Sherman Hefft, of Carverton Rd., Wyoming.



KARL MILLER

Religious services

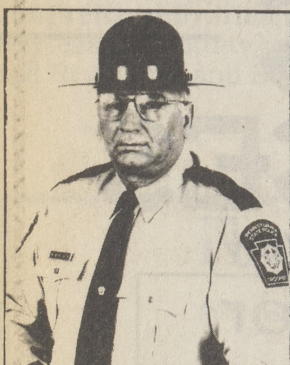
BACK MOUNTAIN HARVEST ASSEMBLY - 340 Carverton Rd., Trucksville. 696-1128. Pastor, Daniel S. Miller. Sunday School for all ages, 9:30 a.m. Worship 10:30 a.m. and 6:30 p.m. Wed., 7 p.m., "Out of Bounds" youth service. Midweek home groups; call for days and times. Weekday prayer 6:30-7:30 a.m. Visitors welcome.

DALLAS UNITED METHODIST CHURCH - 4 Parsonage St., Dallas. 675-0122. Rev. Michael A. Bealla, Pastor. Sunday School, 9 a.m. Morning Worship 10:30 a.m.

SHAVERTOWN UNITED METHODIST CHURCH - 163 N. Pioneer Ave., Shavertown. 675-3616. Pastors, Rev. James A. Wert, Rev. Harriet L. Santos. Music Dir., John Vaida. SATURDAY: 5:30 p.m., Chapel Service. SUNDAY: 9 a.m. and 11 a.m. Worship Services. Visitors expected. Sunday study classes, 10 a.m. PHONE-A-PRAYER 675-4666.

ST. PAUL'S LUTHERAN CHURCH - 196 N. Main St., Shavertown. Rev. Harold R. Baer, Jr., Pastor. Worship Services 8:30 & 11:00 a.m. Church School for all ages 9:45 a.m. Holy Communion 1st Sunday of the month and festivals. Everyone Welcome! Office Hours: 9 a.m.-2 p.m., Monday through Friday.

17A REPUBLICANS 17A George "NIPPER" NOWAKOWSKI SHERIFF



- Teacher of Police Officers at Lackawanna Jr. Police Academy
- 25 Years Credited Service
- Retired State Trooper
- Criminal Investigator
- Troop P Narcotics Officer
- On The Street Experience in real life crime scene, drugs, murders, rape, robbery, burglary, etc.
- RECORD SPEAKS FOR ITSELF!
- Numerous Criminal Law Schools

- Public Speaker
- Baseball, Football Coach
- Member Luz. Co. Sports Hall of Fame
- Bonus Baby with the NY Yankees in 1958
- Unbeatable Reputation in Caring & Honesty

**ALL THE ABOVE
Credentials of what a
NO POLITICS FULL TIME SHERIFF
Should be**

Paid For By The Committee To Elect George "Nipper" Nowakowski

Luzerne County Endorsed Democratic Candidates

- ★ District Attorney
Peter Paul Olszewski 10D
- ★ County Commissioners
Tom Makowski 11D
&
Frank Crossin 12D
- ★ Sheriff
Jerry Cookus 16D
- ★ Clerk of Courts
Bob Reilly 18D
- ★ Recorder of Deeds
Frank Castellino 21D
- ★ Treasurer
Mike Morreale 22D
- ★ Coroner
George Hudock 23D

**Vote
May 16th
Working for you.**

Paid for by the Luzerne County Democratic Committee

Back Mountain briefs

Scenic Trails Ass'n banquet May 17

Anthracite Scenic Trails Association will hold its second annual dinner May 17, 6-9 p.m. at Taste of Traditions Restaurant, Luzerne. Reservations are \$14 per person. Send check to Anthracite Scenic Trails, RR 6, Box 353A, Dallas, PA 18612, by May 12.

Guest speaker will be Tom Sexton, director of the Pennsylvania Chapter of Rails-to-Trails Conservancy.

For more information, call Judy Rimple at 283-9118.

Mary Kibbler memorial service May 14

The family of Mary Kibbler will hold a memorial service on Mother's Day, May 14 at 2 p.m. at the Beaumont Seventh-Day Adventist Church, Beaumont.

All family members and friends are welcome to attend. Light refreshments will be served afterwards.

Items needed for Sweet Valley fair

Items for the White Elephant stand are needed at the Memorial Day Weekend Fair sponsored by the Sweet Valley Vol. Fire Co.

They can be dropped off at the house next to the fire hall or call Joy Wickard at 477-53213 to drop off at her house on Rt. 118.

Election Day bake sale at Northmoreland

On Tuesday, May 16, the Sunday School of the Centermoreland United Methodist Church will have an "Election Day Bake Sale" at the Northmoreland Twp. Fire Hall in Centermoreland, 9 a.m. until all baked goods are sold.

Sweet Valley Fire Co. fair May 25-29

The Sweet Valley Volunteer Fire Company will hold its annual Parade & Fair May 25-29, behind the Ross Elementary School in Sweet Valley. Spaces are available for rent for anyone wishing to sell whatever they might have, except food. The Fire Company supplies the food.

To rent a space for the 4 days, call Robert B. Walsh, 477-5239 for more information.

Meadows hosts Red Cross training May 24

The Wyoming Valley Chapter American Red Cross will conduct an FDA training session at the Meadows Nursing Home, Dallas, Wednesday, May 24. Red Cross volunteers who have not taken this training or persons wanting to become blood services volunteers are invited.

Training for volunteers who perform registration and labeling will begin at 1 p.m. Training for Rn's, LPN's, GN's and Sn; will be held at 3 p.m.

For more information phone the Office of Volunteers, 823-7161.



SHARING, CARING, HOPE AND HEALING
CLINICAL SUPPORT SERVICES

5th Annual National Osteoporosis Prevention Week Luncheon Workshop

**"Prevent Osteoporosis Today
For A Stronger Tomorrow."**

Featuring: Christine Cholhan, M.D.,
Rheumatologist

Please join us as Dr. Cholhan discusses ways you can prevent osteoporosis, and provides an update on current therapies for dealing with this serious medical condition.

**Also: "Maintaining Your Sense
of Humor in the Face of Change"**

Carol Sarokas, R.N., C., B.S.N.

This informative event includes a light, complimentary luncheon.

Wednesday, May 17

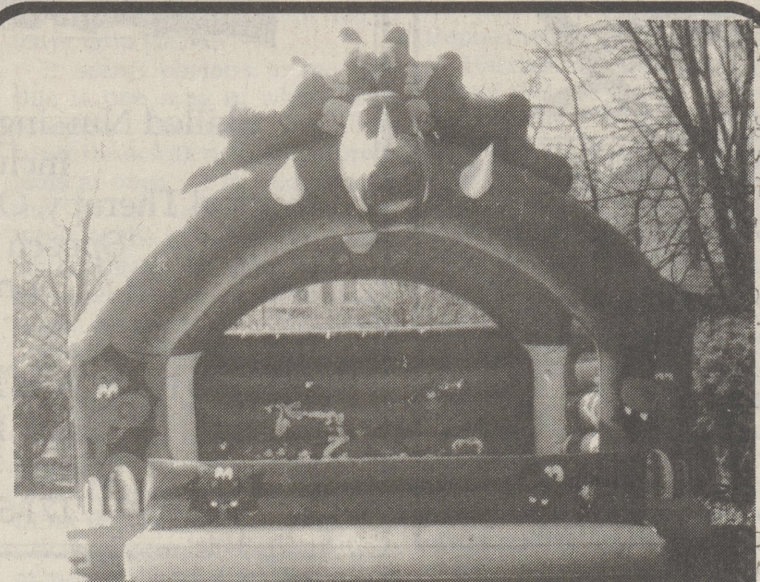
Noon

TPS Medical Pavilion Auditorium
468 Northampton Street, Edwardsville

Reservations are required;
please call 283-7222 or 1-800-838-WELL.

A special program of

WYOMING VALLEY HEALTH CARE SYSTEM



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Birthday Party, let us bring a
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