## The Dallas Post **SportsWeek** School news Section 2 Classified Calendar Wednesday, May 10, 1995 Mike Viglone: Solid at second for 3 seasons

#### **By LEN KRYESKI Sports Writer**

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Dallas baseball coach Jack Wolensky hasn't had to worry about the second base position when filling out his lineup card the past few seasons. Penciling the name of Mike Viglone has become automatic. The Mountaineer senior has been in the starting lineup for each of the past three seasons at his familiar keystone position.

"He's started every game, but one since he was a sophomore," Wolensky said "and that's rare for a kid to come in and do that."

Viglone is also the first name written down in the batting order. Like most leadoff hitters he jump starts the Dallas offense because of his patience at the plate, the ability to get on base and his speed.

"He's hard to throw out on the basepaths." Wolensky said.

Viglone agrees that speed has always been one of his greatest assets throughout his entire athletic career. Mike has also played

wide receiver for Ted Jackson's football team and did a good deal of running while participating in youth soccer for seven years.

Hitting the baseball is something Viglone has really worked on since joining the varsity.

"When I came up here I wasn't that great of a hitter," Viglone said, "but I've really improved the last three years."

The hard work in the batting cage has paid it's dividends. Mike hit .458 as a sophomore which earned him Dallas offensive player of the year honors. He followed up with a .390 average in Wyoming Valley Conference play last season.

As of this past weekend the second sacker has driven in six runs, scored six, hit three doubles and a home run. Mike was batting .392 before an off week.

"I have to work on my hitting right now, " said Viglone, "I'm kind of in a slump. This year I've hit the ball, but just right at people. I just can't place it right.'

According to Wolensky, Mike is an all-around solid player who



#### **MIKE VIGLONE**

backs up his abilities with hard work. If Mike has had to concentrate on his hitting over the years, it's only because his speed and

"I think he's going to walk in and contribute right away." **Jack Wolensky** Dallas baseball coach, about Mike Viglone's prospects in college

defense have always been there. "What people don't mention is his defense," Wolensky said. "He only made one error all of last season."

Mike was rewarded for his efforts by being named his team's defensive player of the year.

At practice Mike doesn't get flashy, he just goes out and does what needs to be done. Four seniors share the leadership duties on this year's Dallas squad. Viglone leads by example and admits he doesn't do a lot of yell-

ing. "If I get really mad I shout," said Viglone. "I usually don't say much out there."

Mike is the son of Ron and Judy Viglone of Shavertown and

has an older sister, Shannon. He's served on the student council at Dallas and played split end and some tailback during his three years on the football team. He was in Jackson's starting lineup the last two seasons, quite an achievement when you consider the caliber of the Dallas program and his late start in the sport.

"I played soccer for seven years," Viglone said. "I think it was eighth grade, my Dad asked me if I wanted to play mini-football. I tried it and I liked it, so I stuck with it and dropped soccer."

Mike refined some of his football skills while attending a summer camp at the University of Delaware last year. The off-season instruction was six hours of work against top flight competition. He's proud to be a member of the team that won the class AA championship in 1993 and he scored two touchdowns in the victory. His favorite memory on the baseball diamond is somewhat bittersweet.

"My sophomore year I hit two

home runs against Hazleton and we were winning 7-1 in the last inning and then we lost," recalled Viglone. "I'll never forget that game. The first game I hit a home run and we lose.

Mike has a little more love for baseball because he's played the game much longer. When not playing he enjoys watching the professionals show off their skills. Mike lists his favorites as the New York Yankees in baseball, the Denver Broncos in football and biology in the classroom.

Next year he'll continue study in biology at Wilkes University and would eventually like to branch off into sports medicine. He'll also be a member of the Colonels baseball squad.

"I'm going into biology for my major, so I have to work hard at that," Viglone said. "Baseball, I just want to try and help out the team and maybe get a spot next year."

"I think he's going to walk in and contribute right away," said Wolensky of the quality individual that he'll have a hard time replacing in his starting lineup.

## **Two area natives will** join Sem hall of fame

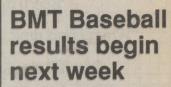
Back Mountain natives Ellie Adams Mulqueen and Earl Phillips will be among seven outstanding Wyoming Seminary athletes inducted into the school's Sports Hall of Fame in a ceremony May 12.

at Wyoming Seminary: field hockey, basketball and softball. The first female athlete to earn 12 varsity letters, she was also the first athfemale-to score 1,000 points in basketball. After graduating in 1978, she lettered in field hockey inducted into the Hall of Fame at and basketball at Wilkes University and College Misericordia, and the Ramada Hotel, Wilkes-Barre. went on to work in operations train- For more information, or for resering with American Express.

played a key role in securing the Blue Knights' first basketball league championship in 1972. He led the1973 team in both scoring and rebounding, and was ranked in the top 10 in all-league scoring. At Wesleyan University, he played Mulqueen starred in three sports varsity basketball for four years, serving a captain of the 1976-77 squad, which went on to the ECAC Division II/III finals. An environmental lawyer, he is a partner with lete in Seminary history-male or the law firm of Robinson and Cole.

Mulqueen and Phillips will be





Back Mountain Baseball, Inc. will report weekly major league baseball and softball games and standings in The Dallas Post, beginning May 17.

The game results will begin with games played May 8-13 and are for major league games only

All home team managers are reminded to report results within 24 hours after completion of the game. Game results can be called into the voice mailbox at 696-9645 or to 283-5532. Any game result received after the 24 hour deadline will not be published.

the annual Varsity Club dinner at vations, contact Wyoming Semi-Earl Phillips, a 1973 graduate, nary at 283-6040.

# Coaches hope arena has more than hockey

## Hockey's OK, but how about track, indoor soccer and arena football?

**By LEN KRYESKI Sports Writer** 

Many sports fans in northeastern Pennsylvania are excited about the possibilty of an arena being built in Luzerne County. A few area coaches and players just hope the facility will also be used for those at the amateur level and not restricted to sports that require ice skates.

"I would vote yes - arena, if they put an indoor track in the place,' said Bill Kvashay, coach of both the boys and girls track and field teams at Dallas High School.

Ed Radzinski, coach of the girls team at Lake-Lehman, believes arena officials should give careful consideration to all of the possible events such a facility could host before construction begins. He too, would love to see an indoor track and believes the area could become involved with events similiar to the Penn Relays.

"I'd go see minor league hockey at least twice a month," Radzinski said, "I just hope they consider all of the possibilities the arena project holds now and build this thing right."

A number of girls from the Lake-

### Golf schools planned

Golf Schools will begin at Four Seasons Golf Club, Exeter: Mens, May 23, Ladies, May 25 and Juniors, May 26, consisting of four sessions, 6:30-8:30 p.m. for beginner and intermediate golfers.

Call Rick Rydzewski, PGA Pro at 655-8869 to register.

#### Lehman track team agreed that the arena could house indoor soccer, field hockey, and track and field events as well as ice hockey.

Todd Vonderheid, executive director of Arena Yes understands the concerns of area coaches, especially those at the high school and college level. The arena will have plenty of open floor space when the ice is covered. Therefore an indoor track facility could be added at any time.

"There are plenty of things it can be used for," said Vonderheid of the arena. "As far as hockey, we're really excited about the possibility of an I-81 rivilary between our AHL team and the one in Binghamton."

### Student athletes give arena thumbs up. Pg 14

Vonderheid explained that minor league hockey, concerts and display shows will be the main attractions of the planned entertainment facility, but plenty of open dates will exist for local activities.

While many area citizens have asked about securing a semi-pro baskeball team, officials hope to bring arena football to northeastern Pennsylvania.

This Tuesday, residents of Luzerne County will have the opportunity to vote yes or no in a referendum to build the arena adjacent to Interstate 81 in Wilke-Barre Township.

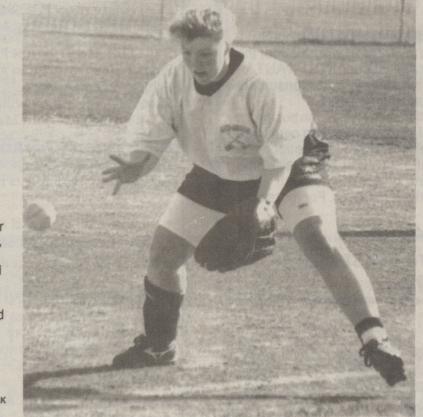
# Sister act

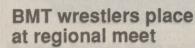
The dynamic duo of Kim and Kelly Spencer helped Lake-Lehman in their 12-7 win over Crestwood Monday. Lehman, Dallas, Valley West and Tunkhannock are now locked in a four-way tie for first place. Above, Kim Spencer scooped up a bunt and then fired to first for the out. At right, Kelly

fielded a one-hopper down

the first base line.

PHOTOS BY RON BARTIZEK





Wrestlers from the Back Mountain Wrestling Club recently participated in the Middle Atlantic Wrestling Association Regional Tournament at Shamokin High School.

Wrestlers who qualified through this tournament will compete at Eastern Nationals in Salsbury, MD are: Michael Stolarik, Bantam 52, 1st place; Andrew Shaw, Midget 54, 2nd place; Matt Davis, Bantam 73, 3rd place

The following ;information should be included:

Winning pitcher (number of innings and strikeouts)

Any player on either team with two or more hits in the game.

Any player with an extrabase hit in the game (double, triple or home run)

Anyone with questions should contact the Back Mountain Baseball director of publicity at 283-5532.

# Triathlon training clinic May 20

The Pocono Northeast Triathlon Association, in cooperation with Wyoming Valley Health Care System, will sponsor a Training Clinic May 20 at the Thomas P. Saxton Medical Pavilion in Edwardsville.

The clinic will feature a series of lectures and a panel discussion on training techniques and diet by professional triathletes and a nutritionist..

The program is open to male and female athletes of all skill levels and interests.

The lectures will focus on providing guidance on training methods and diet to athletes who must balance training with family, job and countless other responsibilities.

Attendance at the Clinic is by reservation only and is open to athletes of all ages. An entry fee of \$25 covers the lectures, panel discussions and a luncheon where the panel of professionals will offer training tips to the participants in an informal give-and take session.

For information and reservations call the Triathlon Hotline at 822-2025.

