

Allen Scott aims for third trip to states

By LEN KRYESKI
Sports Writer

As the summer of '94 was winding down and Allen Scott's senior year of high school about to begin, the Lake-Lehman student was having second thoughts about not going out for cross-country. While Black Knights coach Ed Narkiewicz couldn't erase the doubts, an opposing coach helped send a signal to the athlete.

After a Lehman exhibition loss to Bloomsburg, the Panthers coach indicated Allen had dedicated too much time to the sport not to be on the team. With that in mind and seeing his teammates could use his assistance he talked the situation over with his dad, Allen Scott Jr.

The elder Scott encouraged his son to set a goal to help keep his interest. It was then that Allen went from having his autumn afternoons free to challenging himself with some lofty expectations.

His goal — to qualify for PIAA state competition in three sports: cross-country, wrestling and track and field.

With just two months of school remaining, that goal is still alive.

"I've got two down, one to go," said Scott.

Allen finished 14th at District II competition in cross-country to make it to states. A 16th place finish as a junior had been just a few seconds off the qualifying mark.

During the winter months he wrestled for the undefeated Black Knights at 119 pounds. Scott

made it to state competition in Hershey after placing first in the District II finals, first at the pre-regional tournament and third at regionals.

Co-coaches Phil Lipski and Tom Williams were as thrilled as Allen with his post-season success. As a junior Allen started for the varsity all year long, but got bumped from the line-up when most of the team moved down a weight.

"I was really happy for him this year," said Williams, "to see him do as well as he did because of what he had to go through last year - getting knocked from the lineup. He had been one of our consistent winners as a junior. His potential was always there, it was just a matter of him getting the opportunity to use it."

Allen was also chosen for a post-season all star team. He was of six Lehman wrestlers on the Wyoming Valley Conference, class AA squad for the inaugural Northeastern Pennsylvania Senior All Star Duals. He finished the one day event 3-0.

Now the only sport that stands between him and his goal is track and field, also coached by Narkiewicz.

"Goals are good, but you have to also set a work ethic to get that and it's going to take some work on his part," Narkiewicz said. "I think he's capable of doing it, if he knuckles down. It'll be something nice to do, hopefully not just to get to states, but to do something when he's there."

In addition to having a district and possibly a state title on his

mind, Allen would also welcome a good showing since he lost both of his wrestling matches in Hershey. He certainly will have the opportunities; he's one of the busier Lehman cindermen.

"I want to get to states, I don't care how I get there," said Scott.

Allen runs the 400, 800, the mile, the 4 by 400 and 4 by 800 relays and also competes in the pole vault. Last week he also ran the 1600 for the first time during a meet with Wyoming Valley West and finished first. He's managed to try every event at one time or another during practice.

Allen placed second in the 800 at districts last year with his best

serious. He believes he's been getting by just because of his strong condition built up during wrestling season.

"That's what's carrying me now, is my wrestling base for running," said Scott.

The fact that Allen is the team's top pole vaulter is not all that surprising.

"Wrestlers, because of their good upper body strength and good coordination have become fairly decent pole vaulters," explained Narkiewicz. "It takes a lot of courage to hang 10 feet with your head down below your feet."

Narkiewicz only allowed Scott to compete in the event as long as it didn't interfere with his running.

Allen is the son of Allen and Karen Scott of Sweet Valley. A younger sister, Megan, is a ninth grader at Lehman and is out for the Lady Knights field hockey team.

His favorite sport is wrestling and he began his career as a grappler in second grade because his parents wanted him to get involved with sports. Adding cross-country and track to the list only seemed natural.

"I love running - not as a sport, it's my favorite thing to do," explained Scott. "It relaxes me."

He also enjoys hunting, being outdoors close to nature and all types of music...except for hard rap that is.

In addition to four years with the track squad he's spent three at the varsity level for cross-coun-

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Allen Scott
3-sport star

time ever according to Narkiewicz. The mentor indicated the pupil has made steady progress in that event during his four years on the varsity, but there's still room for improvement.

"He's got to get down under two minutes to do anything at districts or states," Narkiewicz said. "If he works right and there are no injuries or anything interrupts our practice schedule, I think he's capable of doing that."

With the season a little over two weeks old, Allen has been concentrating on his sprints and agrees with his coach that it's time to get



ALLEN SCOTT

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Baseball preview

Mounts rely on returning starters

By LEN KRYESKI
Sports Writer

When it comes time to "play ball" the Dallas baseball team is only too happy to oblige.

"It's a hard working, good bunch of kids," said coach Jack Wolensky. "I have fun with them."

The Mountaineers are one one of the few high school baseball teams that travel out of state every year during the exhibition season to take on quality competition. Wolensky also believes taking the boys away from familiar surroundings allows them to get closer together as a team. Dallas recently played three games in Norfolk, Virginia. The team had to raise money on it's own, through fundraisers, to make the trip possible.

Twenty boys are on the roster in 1995 with four very experienced lettermen leading the way.

Second baseman, Mike Viglone begins his third season as a starter

"It's a hard working, good bunch of kids. I have fun with them."

Jack Wolensky
Dallas baseball coach

and shortstop/pitcher Rich Klick, an all-scholastic '94, his second. The teams number one catcher, Rich Butcofski has played four years at the varsity level.

There's also Jeff Kunkle, the Wyoming Valley Conference AAA Most Valuable Player as a sophomore a year ago. Kunkle, beginning his third season with the varsity, is the team's number one pitcher and will see some time in the infield.

"Those four guys are our strengths right now," Wolensky said.

A lot is also expected from a

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Soccer action

The Lake-Lehman Black Knights kept Crestwood in a 1-1 tie for most of the afternoon last week, but the Comets scored twice late in the game to take a 3-1 win. Above, Debbie White tried to take control before the ball headed out of bounds. At left, Beth Turner battled for the ball. At right, Jen Sandstrom struggled for a steal.

POST PHOTOS/IRON BARTZICK



Knights can hit; pitching's a worry

By LEN KRYESKI
Sports Writer

The Lake-Lehman Black Knights have only one senior on the baseball team, but based on exhibition play and the team's showing during the first week of the Wyoming Valley Conference regular season, coach Dwight Barbacci will have plenty of offense to work with this year.

"I'm real happy with our hitting so far," exclaimed Barbacci. "John Oliver is a better hitter already, he's more confident. Mike Adamshick is stronger this year."

Barbacci is also elated about the Knights overall team speed and hopes that will account for an extra victory or two in '95.

"We also have two very good catchers in Jamie Patton and Mike Woronko" added Barbacci.

The development of Woronko, a sophomore, at catcher allows

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Dwight Barbacci
Lake-Lehman baseball coach

plenty of flexibility for the Black Knights. Patton will give up his title as number one backstop to lead the pitching staff even though the lone senior on the squad didn't pitch at all last year.

"I think pitching is going to be our key," said Barbacci.

Oliver, Adamshick, Tom Fostock and Bill Humphreys will see action behind Patton for the Knights who don't have any returning pitching. Oliver has pitched in one previous varsity game, while Barbacci is expecting big things from Adamshick.

"We'll be better if he can give us

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SportShorts

Jen Smith earns two honors

Softball standout Jen Smith has been named the March "Athlete of the Month" at College Misericordia.

A junior second baseman from Lake-Lehman High School, Smith was the team's top hitter with a .509 average in 17 games during the month.

She also led the team in runs batted in with 29 and was second in runs scored with 24.

A 1994 ECAC All-Star, Smith helped the Cougars to an 11-7 record in the first month of the season.

Smith has been named "Player of the Week" in the Pennsylvania Athletic Conference for the week ending March 26.

Smith collected 12 hits in 15

at-bats in a perfect 4-0 week for the Cougars. She belted two doubles, one triple and one homerun while driving in 16 runs and scoring 12 more.

Reynolds tops PAC player for the week

College Misericordia golf standout Jim Reynolds has been named the Pennsylvania Athletic Confer-

ence "Player of the Week" for the week ending April 2.

A former standout at Dallas High School, Reynolds earned medalist honors with an 81 in Misericordia's wins over Beaver and Centenary and fired an 84 in the Cougars' sweep of Wilkes and Scranton.

The junior biology major currently leads the team with an 83.7 average