

Dallas track

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Top competitors for the Mounts include Jason Pieczynski (jumps), Sean Callahan (sprints and jumps), Greg Hodne (sprints and triple jump), Joe Ankenbrand (sprints), Bob Lora (sprints), and Mike Lykon (hurdles).

A couple of juniors, John Crispell and Mike Tomasura, lead the distance runners.

The main thrower for the Mounts is Dave Townsend, who placed first at districts in the shot put and second in the discus a year ago. Other throwers included Dave's younger brother Scott and Mark Morris.

The pole vault is another strength. Seniors Adam Hoover and Buddy Rhodes took first and second respectively at the '94 district tournament.

"We have a lot of very talented athletes that have been performing for us for years," said Kvashay. "We expect a lot out of them again."

Girls are strong, too

While the expectations for the boys team are high, the turnout for the girls team, also led by Kvashay, has Dallas excited. Twenty girls, the highest amount since girls' soccer was added to the spring menu a few years ago, will wear the blue and white.

"I'm looking forward to the girls team this year," said Kvashay. "I think we have a good chance of doing very well against the other AA schools. There's going to be a very lot of exciting girls meets this year; some close ones."

Inexperience figures to be the

main drawback for the Lady Mounts. Even with the season now underway, Kvashay is hard pressed to determine just who will compete in which event.

The strong point of the team lies in a couple of athletes. Junior Stacey Suda is a strong distance runner and lists a second place finish in the 800 at states among her credentials. Twin sister, Robin, is among the league's best in hurdles and jumps.

There's also Tanya Butler (throws), Shelby Jayne (throws), and Sarah Misson (throws and high jump).

"Although our experienced athletes are small in number, they're high in quality," said Kvashay. "We'll try to build a team around them."

Carrie Fetterman, Kim Jones, Heather Wilt and Christy Woolbert will also see plenty of action. Kvashay also indicated freshman Stephanie Warner, Amber Coolbaugh and Natalie Tempine will be a tremendous boost to the team.

For the boys to continue to succeed and for the girls to have their best season in years, it is essential for Dallas to stay healthy.

"One person could swing a meet," explained Kvashay. "We just don't have big, strong numbers. We have to be lucky to go undefeated in this league, boys or girls. Double A against triple A really adds up in track."

Kvashay will be assisted by Larry Shuler.



Wrestlers place at Western Wayne

Wrestlers from the Back Mountain Wrestling Club participated in the Western Wayne Tournament held on February 11. Top finishers were:

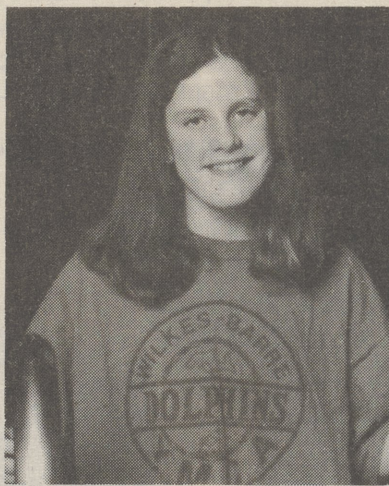
First row, Matthew Davis, Midget 80, 1st place; Michael Stolarik, Bantam 55, 1st place; Donovan White, Bantam 35, 1st place. Second row: Greg Kostrobala, Bantam 55, 3rd place; Steve Arnold, Intermediate 140, 1st place; Jake Walter, Intermediate 120, 1st place; Colton Spencer, Bantam 55, 2nd place. Absent from photo: Brett Steele, Peewee 38, 3rd place; Lewis Spurlin, Intermediate 76, 2nd place; Kyle Wardel, Bantam 40, 2nd place; David Spurlin, Junior High 90, 2nd place.

Megan Daney will swim in Y championships in Florida

Megan Daney, Shavertown is one of two Wilkes-Barre YMCA swimmers who will travel to Florida for the National YMCA Short Course Swimming Championships in Fort Lauderdale at the International Swimming Hall of Fame Aquatic Complex, April 4-7.

Megan has qualified to swim the 50 freestyle with a time of 25.62 and will swim a preliminary heat in the 100 freestyle.

Megan has been a member of the YMCA Dolphin Swim Team for seven seasons. During the summer months she swims as part of the FAST Swim Club, coached by Frank Tribendis, Nina Wozniak and Matt Stretanski.



MEGAN DANEY

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Lehman track

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will throw the javelin as well as run the 400.

"(We have) many new faces," Narkiewicz said. "Some are juniors who haven't run track before, but at least we have some personnel to look at. I don't know what's going to happen yet."

Although depth is a problem, the roster is loaded with the type of athletes who could mold together and peak as a team by the time district competition rolls around in mid-May.

"If all of the kids come together in the runs, maybe we can find a couple more in the field events," Narkiewicz said. "Maybe we can win a couple. I want everyone to feel that they can do the best they can at any given meet; you can't ask for more than that."

The warmer, drier weather in the spring of '95 has allowed practices to run much smoother than the previous two years. The team was making daily progress until annoying, windy conditions entered the area last week.

"Anytime you have the temperature running up and down, it's pretty hard on anybody training outside," added Narkiewicz.

The Wyoming Valley Conference is tough and Lehman will have Dallas, the three time defending district II class AA champion to contend with. The Knights hope to steadily improve and perhaps qualify some athletes for states.

Girls team draws 30

The Lady Knights have 30 girls out for the team - that's 19 more than last year. Seven letterman lead a roster loaded with underclassmen, including several freshmen that coach Ed Radzinski pulled up from junior high. Those girls will do more than just round off the roster, they will contribute.

The combination of enthusiasm, talented athletes and Radzinski's motivational technique should allow the Lady Knights to vastly improve on last year's single victory. The girls, often competing with just six or seven, struggled through the season just to make it to districts.

"We'll be 150 percent better," said Radzinski.

The goal of the program is to make progress each year, even if it means just narrowing the margin of defeat with the larger schools. Radzinski, however, would not be surprised to see his Lady Knights in the thick of the AA race going into their last meet which just happens to be with league favorite G.A.R.

"If everything goes well we should be sitting right there with G.A.R.," Radzinski said. "The girls realize that and that's a big plus mentally."

In addition to having some growing to do, Lehman is weak in the hurdles and long distance. The team is strong in a number of areas including throws, sprints, middle distance, jumps and relays.

Top Lady Knights include: Amada Shission (distance), Nicki Yoblonski (jumps), Robin Shaffer (distance), Sherry Clark (jumps), Amada Blain (hurdles), Jillian Mallen (hurdles), Marie Manzoni (jumps and hurdles) and Alexis France (hurdles).

A couple of sophomore sprinters, Colleen Strutko and Allison Savage continue to impress the Lehman coaches more and more every day.

The coach is also happy with the return of Amy Shoemaker who took her sophomore season off last year. Shoemaker starred as an eighth grader for Radzinski, then the junior high coach.

"She appears to be back in the shape she was when she ran the 800 and the two miler a few years ago," said Radzinski of Shoemaker.

Lehman also features some quality athletes in the throwing events, such as seniors Jessica Radley and Missy Brown as well as Jan Reno and Kim Steinhauer. When it comes to finding female competitors for the throwing events, Radzinski is encouraged by athletic girls who participate in other sports.

"You need good hips, a strong back, good hands and coordination," explained Radzinski.

Wrestling coach Tom Williams assists both the boys and girls teams which are also aided by volunteer coach, John Silvisinski.

Golf tournament for Easter

Four Season Golf Club, Exeter, will hold its annual Easter Tournament April 9. The Captain and Crew event will begin with tee times at 7:30 a.m.

The cost is \$25 per person, which includes 18 holes, meal, beverages and prizes for flight winners and contests held on the golf course. Call 655-8869 to reserve tee times.

Eight Strikers place at AAU's

Noxen Strikers placed eight at AAU's. They were the following: Bantam, Josh Ross, 40 lbs., 1st; Rick Bower, 40 lbs., 2nd; Greg Sheperd, 60 lbs., 3rd; Midget, John Houssock, 50 lbs., 1st; Ryan Post, 66 lbs., 3rd; Junior, Shawn Stroll, 62 lbs., 2nd; Matt Metz, 70 lbs., 1st; Mike Burnside, HWT, 3rd.

Other area wrestlers who placed were: Advanced, Randy Evans, 93 lbs., 1st; Mike Metz, 112 lbs., 1st.

1st; Matt Magee, 120 lbs., 2nd; Percy MacMillan, 171 lbs., 1st; Nick Konigus, 171 lbs., 2nd.

Intermediate: Jason Maciejczak, 110 lbs., 2nd; Justin Harris, 115 lbs., 1st; Sam Saylor, 120 lbs., 1st; Lynn MacMillan, 136 lbs., 1st.

Elite: Mike Metz, 117 lbs., 1st; Eric Maciejczak, 135 lbs., 1st; Brian Butler, 140 lbs., 1st.

Open: Phil Deluca, 135 lbs., 2nd; Mary Brobst, 150 lbs., 1st.

Youth soccer registration April 1

The Back Mountain Youth Soccer Association will hold registration for the Fall Intramural Soccer Season (boys and girls) April 1, from 9 a.m. to 3 p.m. at the Dallas Middle School.

Registrants must be at least 6 years of age by Aug. 1, but no older than 16 years of age by Aug. 1.

The cost will be \$32 to register the first child, \$28 for the second child and \$25 for the third child.

All registrants must have Social Security number available and provide a copy of their birth certificate.

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