L-L Middle School announces Honor Roll

Robert O. Roberts, Principal, Lake-Lehman Middle Level Education Building releases the honor roll for the second marking period consisting of 18 Honors with Distinction; 89 High Honors and 69 Honors.

7TH GRADE

Honors with Distinction: Tara Birt, Melissa Brady, Rachel Faroley, Raymond Honeywell, Carrie Houssock, Crystal Kordowski, April Naugle, Janelle Perlis, Robert Roderick, Stacy Rosenbaum, Jaclyn Walkowiak, Aron Weso-

High Honors: Elizabeth Albee, Megan Basar, John Bebey Jr., Thomas Brislin, Kimberly Bronson, Stanley Chmura, Kori Clark, Melissa DeCesaris, Jennifer Frank, Robert Glahn, Rachel Harrison, Richard Hislop, II, David Kapson, Rachel Kasper, Alexander Klaas, Miranda Klaas, David Kowalek, Jaime Laubenstein, Matthew Loftus, Sarah Lozo, Sean Manzoni, Ryan Mariner, Jesse Matusek, Rachel McCoog, Matthew McMahon, Michael Milunic, Russell Mosier, III, Marielle Narkiewicz, Daniel Nygren, Noah Pickett, John Pitcavage, Kaitlin Roche, Christopher Rogers, Gary Sagan, Rise Scott, Brian Sikora,

David Smith, Grace Sorber, Christopher Stroud, Ryan Watson, Bryon Williams, Valerie Williams.

Honors: Dean Bartorillo, Richard Blaine, Jr., Jillian Bloom, Kimberly Boyle, Leanne Browski, Janell Bryant, Gregory Clark, Charles DePiero, Amanda Estus, John Folmar, Magen Harleman, Laura Maslowski, Eric Messerle, William Metzger, Jennifer Mikelski, Linda Monk, Shaun Osman, Nicole Parsons, Jamie Piatt, Andrew Salko, Samantha Teetsel, William Tenenbaum, Carrie Thorne, Warren Vogel, Melinda White, Gregory Woronko.

8TH GRADE Honors with Distinction: Rachel Bouthot, Angela Davis, Leigh Ann Isaac, Rebecca Kaufman,

Tricia Kernag, Kathleen Tripp. High Honors: Michelle Alters. Christina Baigis, Jennifer Basta, Courtney Bouthot, Laura Brody, Angela Covert, John Dawe, David DeSanto, Sheila Ely, Monica Fallon, Lisa Glatz, Genevieve Gregus, Tiffany Haris, Erica Hodick, Jennifer Johnstone, Nicole Julian, Joshua Keller, Michael Kostrobala, Janelle Kozloski, Jason Lasinski, Nicole Levi, Anthony Lumbis, Matthew Magee, Corey Makarewicz, Janine Marchakitus,

Jill Marchakitus, Leah Matusek, Jennifer McCall, Jennifer Naugle, Faith O'Dell, Stacy Pagoda, Alison Piatt, Meredith Piatt, Trisha Pilosi, Kristin Roberts, Christina Royer, Joanne Shoemaker, Chad Sorber, Melanie Steele, Brenton Stransky, Joshua Thomas, Andrew Verdekal, Lauren Wasser, Kenneth Weaver, Jr., Russell Wenrich, Benjamin Wolfe, Christina Wolfe.

Honors: Charity Andrews, Robertson Baird, IV, Tabitha Beck, Mindy Belles, Daisy Boice, Bradley Boston, Charles Boytin, Jr., Michael Brown, Clay Cadwalader, Tanya Campbell, Mark Chopyak, Christopher Crawford, Maria Dobinick, Jennifer Dunn, Melissa Evans, David Fisher, Rhonda Forster, April Gonzales, Robert Hall, III, Joseph Hardisky, Heidi Horn, Rebecca Keefe, Allsion Kehler, Michelle Lawler, Nicholas Long, Jason Lyons, Joseph Maskalis, Jr., Megan McGilvrey, Seth Moyer, Maura Narkiewicz, Stacey Novak, David Oplinger, Stephanie Pineno, Theodore Sadowski, II, Joshua Sawyer, Samuel Saylor, Mickey Snyder, Rebecca Wallace, Nathan Walters, Justin Warner, Joel Whipple, Darrell Wolfe, Lennette Zipay.



To attend youth conference

Jason Campbell, a sophomore at Dallas Senior High School, has been selected as the representative to the Hugh O'Brien Youth Foundation Seminar, a youth leadership competition which identifies, recognizes and rewards leadership potential in high school sophomores.

Jason will attend The Central Pennsylvania Seminar at Millersville University in May 1995. Jason is the son of Mr. and Mrs. Paul Campbell of Shavertown.

Congratulating Jason are Frank Galicki, principal and Mrs. Patricia Russin, guidance counselor.

Lake-Lehman schools plan kindergarten registrations

Charles James and Robert Kunkle, Elementary Principals of the Lake-Lehman School District. announce Kindergarten registration and screening for eligible kindergarten students March 20-24. Lake-Lehman School District policy states that a child must be 5 years of age on or before Setpember 30, 1995, in order to register for kindergarten for the 1995-96

Kindergarten in the Lake-Lehman School District is an allday program.

A pre-kindergarten survey clinic will be conducted at the same time as registration to evaluate, hearing, speech and language, vision, motor perception and coordination and kindergarten readiness assessment.

Parents are asked to bring all necessary immunization records to school at the time of registration. No child will be admitted in the Lake-Lehman School District until proof of immunization is

presented to the school nurse. Parents are also required to furnish proof of age before entrance to kindergarten. Please bring your child's Birth Certificate and his/her Social Security

Registration will be held according to the following alpha-

betical schedule of the last name: Lehman-Jackson, March 20 -8:30-9:30 (A-B); 9:30-10:30 (C-F); 10:30-11:30 (G-I); 11:30-12:30 Registration closed; 12:30-1:30 (J-L); 1:30-2:30 (M); March 21 - 8:30-9:30 (N-P); 9:30-10:30 (Q-R); 10:30-11:30 (S); 11:30-12:30 Registration closed; 12:30-1:30 (T-V); 1:30-2:30 (W-Z).

Lake-Noxen, March 22 - 8:30-9:30 (A-B); 9:30-10:30 (C-F); 10:30-11:30 (G-I); 11:30-12:30 Registration closed; 12:30-1:30 (J-L); 1:30-2:30 (M); March 23-8:30-9:30 (N-P); 9:30-10:30 (Q-R); 10:30-11:30 (S); 11:30-12:30 Registration closed; 12:30-1:30 (T-V); 1:30-2:30 (W-Z).

Ross, March 24 - 9:30-10:30 (A-F): 10:30-11:30 (G-M): 11:30-1:00 Registration closed; 1:00-2:00 (N-S); 2:00-3:00 (T-Z).

School menus

The following school lunches are for the week of Mar. 16 - 22. All lunches include milk.

DALLAS SCHOOLS

THURSDAY - Hot turkey sandwich or Tony's pepperoni pizza, mashed potatoes w/gravy, golden corn, snack cake.

FRIDAY - French bread pizza or cheeseburger/bun, tossed salad/dressing, fruited jello.

MONDAY - Chicken nuggets or homestyle pepperoni pizza, steamed rice, buttered peas, sliced

TUESDAY -, Grotto pizza or hot dog/bun, Graham crackers, peanut butter/celery, apple.

WEDNESDAY - Nachos w/chilicheese, or homestyle pepperoni pizza, buttered rice, golden corn, pineapple tidbits.

GATE OF HEAVEN SCHOOL

THURSDAY - Early dimisssal, 12:30 p.m. No lunch.

FRIDAY - Pizza, Hut, salad, shamrock cake, pears.

Greg Riley, baritone saxophone.

Participate in Region IV Band

MONDAY - Chicken pattie w/ bun-lettuce, applesauce, cookie. TUESDAY - Hamburg w/bun,

cheese stix, corn, peach crisp. WEDNESDAY - Chunky chicken chefsalad, peaches, bread stix, cookie.

LAKE-LEHMAN SCHOOLS]

THURSDAY - Turkey/gravy, mashed potatoes, mixed garden vegetables, cranberry sauce, roll/ butter, vanilla pudding.

FRIDAY - St. Patrick's Day, pizza wedge or peanut butter-jelly sandwich, stuffed celery, potato chips, Emerald Isle pears.

MONDAY - Beef ravioli w/ sauce, seasoned green beans, roll/ butter, peaches.

TUESDAY - Chicken nuggets w/honey dip, mashed potatoes, garden peas, roll/butter, choco-

late pudding. WEDNESDAY - Cheeseburg or hamburg w/bun, pickle chips, hash brown potato, pineapple **WEST SIDE TECH**

Breakfast

THURSDAY - French toasí, cereal, syrup, juice, pastry. FRIDAY - Banana bread, ce-

real, orange. MONDAY - Pumpkin bars,

cereal, juice, fruit. TUESDAY - Pancakes/syrup,

cereal, juice, pastry. WEDNESDAY - Oatmeal cookies, cereal, banana pastry, juice.

THURSDAY - Taco's/trimmings, steamed corn, choice of

FRIDAY - Tuna hoagie, turkey hoagie/tomato-lettuce, oven fries, shamrock cake. MONDAY - Hamburg or cheese-

burg/bun w/lettuce-tomato, beef vegetable soup, fruit.

TUESDAY - Salisbury steak, roll, mashed potatoes, seasoned peas, Tandy cake. WEDNESDAY - Pasta/meat

sauce, w/grated cheese, salad/ dressing, roll, chilled fruit.

Clubs give students confidence

By VALERIE WOLFE Student Correspondent

Every club at Lake-Lehman High School is designed to pull students together and to participate in activities which would make the school district proud. An example of such a group would be T.S.A.

T.S.A. stands for Technology Student Association. This national organization was created by industrial arts teachers who wanted to give their students opportunities to be recognized for their accomplishments during technology education or industrial art courses.

The teachers who advise T.S.A. are Byron Race, Dave Hopfer, Dan Williams and John Holdrige. The student president is Linda Lanning. These people dedicate much of their time to help the students prepare their work for big competitions. They are also very supportive and teach the members that winning isn't everything.

Yearly, T.S.A. members have several chances to compete against other chapters. Twenty two students participated in a regional competition held at Penn State Wilkes-Barre campus on February 24. All of the students who went to regionals will also be attending state competition April 27-29 at Seven Springs Resort, Champion, PA.

There are several classifications in which a T.S.A. member can compete. Besides the typical shop categories, there are also competitions in extemporaneous speaking, prepared speech, and photography. The variety of choices allows the students to choose the event for which they are best qualified.

While some schools in southern Pennsylvania have hundreds of members in T.S.A., Lake-Lehman is a relatively small competitor; yet it does rather well for its size.

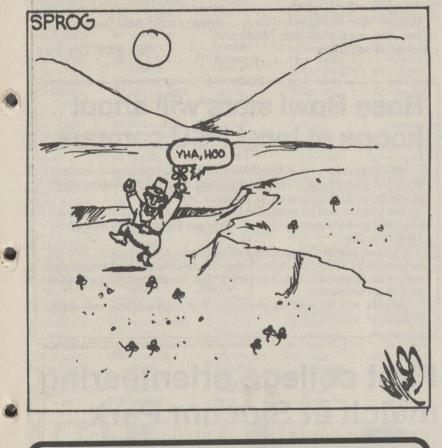
Jaci Race, who is a senior at Lake-Lehman, has been a member of T.S.A. for a number of years. "It is a good group of kids. They are very dedicated to their work and the club. It is a shame that more people are not involved in this learning experience," she said.

Women's club offers scholarship

GFWC Harveys Lake is offering a \$500 Scholarship to a Lake-Lehman Senior. Applications may be obtained from the high school guidance office.

Deadline for returns of these forms is March 25.

Some call it "sugar..." ...but there's nothing sweet about diabetes



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Five Dallas Senior High School Band members will participate in the

Participating are: Joy Holeman, clarinet; Diane Sabulski, French

They will audition for chair placement at the regional event to determine who will advance to the All-State level held in April as part of the

Two concerts will be given at South Williamsport, a public concert

on March 24, 7:30 p.m. and one mainly for parents and immediate

Region IV State Band Festival at South Williamsport High School

horn; Cassie Jenkins, French horn; Bob Humphrey, percussion and

PMEA/MENC All-State Conference near Pittsburgh, PA.

family of the 165 student participants at 2 p.m. March 25.

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(in Pen Mart - Subway Plaza)

You can't afford to miss this program if you:

✓ have a strong family history of diabetes mellitus;

✓ are morbidly obese:

✓ have a history of babies with birth weights over 9 pounds;

✓ experience skin, genital or urinary tract infections;

✓ are 24-28 weeks pregnant.

Six million Americans have diabetes today and don't know it. The complications from this disease can affect your quality of life as well as your longevity.

One of the best weapons against diabetes is education. That's why Geisinger Wyoming Valley Medical Center is offering a three-hour free community program featuring the following:

✓ Presentation by Ronald I. Harris, M.D., endocrinologist and medical director of the GWV Outpatient Diabetes Education Program.

✓ Plus: Certified diabetes educators and clinical dietitians who will personally guide you through:

•identifying risk factors for diabetes; •identifying percentage of body fat;

nutritional counseling;

 blood glucose tests; ·blood pressure checks.

✓ Plus: Representatives from the American Diabetes Association

When: Saturday, March 25TH, 1995, 1 P.M. to 4 P.M.

Where: Geisinger Wyoming Valley Medical Center, Learning Resources Center

(For advanced registration, please call 826-7620 Monday through Friday, 7 A.M. to 3:30 P.M.)

Geisinger.

Free parking and refreshments