

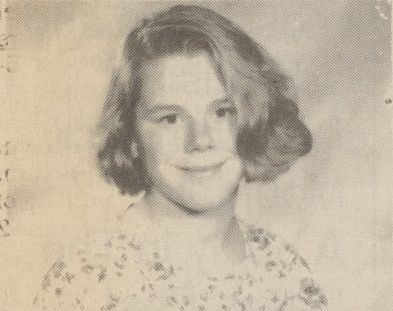
King's will sponsor Poland trip

King's College Education Conference Center is sponsoring a trip to Poland, September 18-29, 1995, led by the Rev. Clement Podskoch, C.S.C.

The 11-day, 10-night excursion will include visit to Warsaw, three nights in Krakow and stops in Wroclaw and Gydnia.

Tour price is \$1,695 per person based on double occupancy and includes round-trip air transportation from JFK; 10 nights accommodations in first class hotels with private bath; breakfast daily and five dinners; surface transportation by private motorcoach; all sightseeing fees as indicated; all transfers, portage, tips and taxes (except tips to drivers and guides).

For further information or to make reservations, contact Alida Matusek at the Educational Conference Center, 826-5807.



KATIE CHOLLACK

Katie Chollack wins contest

Lake-Lehman seventh-grader Katie Chollack recently won a grand prize of \$100 for herself and \$200 for her school in a nationwide contest sponsored by Channel One.

Contestants had to pick their favorite character from the Louisa May Alcott novel and recently released movie *Little Women*.

Katie selected Beth, the shy sister who loves art, music and taking care of others but who dies.

"Beth is loving and caring," Katie wrote. "She likes kittens and so do I." Beth is a positive force in the March family.

Katie is the daughter of Mr. and Mrs. Christopher Chollack, Harveys Lake. She studies language arts with Mrs. Cindy Harrison.



Raise money for Heart Association

Recently students in the Dallas Middle School raised \$850 for the American Heart Association with a Jump Rope for Heart. The two leading money raisers were Molly Savage, \$100 and Linsey Carpenter, \$80. Participants were, first row: Kellie Robacheski, Becky Hadzor, Rachael McCue, Dawn Ellesworth, Sue Ann Emil, Molly Savage, and Heather Vodzak; second row, Terri Lee Emil, Kristin Rosencrance, Kerry Stephens, Tiffany Horn, Melissa King, Virginia Sarti, Colleen Haas; third row, Natasha Holter, Lindsey Santarelli, Lisa Misson, Kim Derhammer, Danielle Jones, Erin Allardyce and Becky Yeisley; fourth row, Amy Miller, Kirby Richards, Linsey Carpenter, Alycia Roberts, Christy Vinnacomb, and Jennifer Gros; back row, Tina Burakiewicz, Courtney Beardsworth, Janelle Klein, Carrie Hardik, Ms. Anne Seitz and Christy Hiller. Absent from photo: Nikki O'Brien, Kristin Rogan, Shannon Cosgrove, Becky Rosser and Jennifer Dombroski.

School menus

DALLAS SCHOOLS

THURSDAY - BBQ chicken or pepperoni pizza, roll/butter, mashed potatoes w/gravy, tender peas, cookies.

FRIDAY - Cheeseburger on bun or pepperoni pizza, tator tots, mixed fruit.

MONDAY - Chicken nuggets or Tony's pizza, buttered rice, tossed salad/dressing, fruit juice.

TUESDAY - Grotto pizza or hot dog/bun, Graham crackers, peanut butter w/celery sticks, peanutty apple.

WEDNESDAY - Sloppy Joe/bun or Tony's pizza, vegetable soup/crackers, chilled pineapple.

GATE OF HEAVEN SCHOOL

THURSDAY - Chicken noodle soup/saltines, peanut butter-jelly sandwich, fruit cocktail.

FRIDAY - Potato pancakes, corn, roll, applesauce, cookie.

MONDAY - Early dismissal.

TUESDAY - Steak-cheese sandwich, onion rings, pickles, peaches.

WEDNESDAY - Chicken nuggets w/roll, corn, pineapple, cookie.

LAKE-LEHMAN SCHOOLS

THURSDAY - Oven baked chicken, mashed potatoes/gravy, honey glazed carrot coins, roll/butter, orange cream bar.

FRIDAY - 5-Inch round cheese pizza, stuffed celery, pretzel sticks, pineapple tidbits.

MONDAY - Chicken patty on bun, w/lettuce-mayo, seasoned broccoli, pears.

TUESDAY - Salisbury steak, mashed potatoes/gravy, peas-carrots, roll/butter, vanilla pudding.

WEDNESDAY - Tacos w/cheese-lettuce-tomato-taco sauce, lightly buttered corn, fudge bar.

WEST SIDE TECH

Breakfast

THURSDAY - Pancakes/syrup, cereal, juice, pastry.

FRIDAY - Pop Tarts, fruit, cereal, OJ.

MONDAY - Banana bread, chilled fruit, juice, cereal.

TUESDAY - Hot ham-cheese/bun, pastry, cereal, juice.

WEDNESDAY - Oatmeal cookies, fruit, juice, cereal.

Lunch

THURSDAY - Chicken patty/soft bun w/tomato-lettuce, seasoned veggies, chilled fruit.

FRIDAY - Grilled cheese, tomato soup, tossed salad/dressing, brownie.

MONDAY - Cheese steak/hard roll, baked beans, assorted chilled fruit.

TUESDAY - Deli hoagie w/tomato-lettuce-dressing, pasta salad, pumpkin bars.

WEDNESDAY - Taco's w/sharp cheese, tangy sauce, steamed corn, chilled fruit.

Baird receives academic award

Deborah Baird of Shavertown recently received an award from Wallace Laboratories for maintaining the highest grade point average in the King's Physician Assistant Program, with the bachelor of science degree and certificate.

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Notes from school

Dallas to host financial aid night Jan. 11

The Dallas Senior High School guidance department will host a program on financial aid for all students planning to continue their education beyond high school and their parents, January 11, at 7 p.m. in the high school library.

Lake-Lehman to host financial aid night

The Lake-Lehman guidance department will hold a Financial Aid Night at Lake-Lehman High School on Thursday, Jan. 12, at 7 p.m. in the high school library.

Parents of seniors who are pursuing post-secondary education are encouraged to attend this program. Filling out financial aid forms, federal and state grants and loans will be explained.

Students are urged to come with their parents. Juniors and their parents are also welcome.

Earn honors with distinction

Anthony Martinelli, Dallas Middle School Principal, recently announced that 12 students in the middle school had earned Honors with Distinction for the first marking period.

To earn this honor a student has to have an average of 3.8 or better on a 4.0 scale.

Sixth grade honors went to Stacey Amann, Bradley Balutis, and Brian Phillips.

Seventh grade honors went to Norah Krakosky, Jamie Miller, Jennifer Noon, Matthew Schweitzer and Heather Vodzak.

Top eighth grade students were Aileah Kvashay, Segan Millington, Lacey Popson and Stephanie Potisek.

Home health and aides' courses to start

On February 20, Allied Medical Careers will begin classes for nurse aide (basic), nurse aide (advanced), and home health aide/nurse aide programs.

Students who successfully complete the program of their choice will be eligible to sit for the PA State Certification Exam.

Class size is limited.

For more information, call Allied Medical Careers at 288-8400.

LCCC to offer computer courses

Luzerne County Community College will offer several Information Systems Technology (IST) courses during the spring 1995 semester.

"Introductions to Windows Spreadsheets Using Microsoft Excel 5.0" will be held on Mondays at 6:30 p.m.

"Advanced Programming in Microsoft Windows Using Visual Basic" will be held on Wednesdays, at 6:30 p.m.

"Survey of Windows Business Applications" will be held on Fridays at 6:30 p.m.

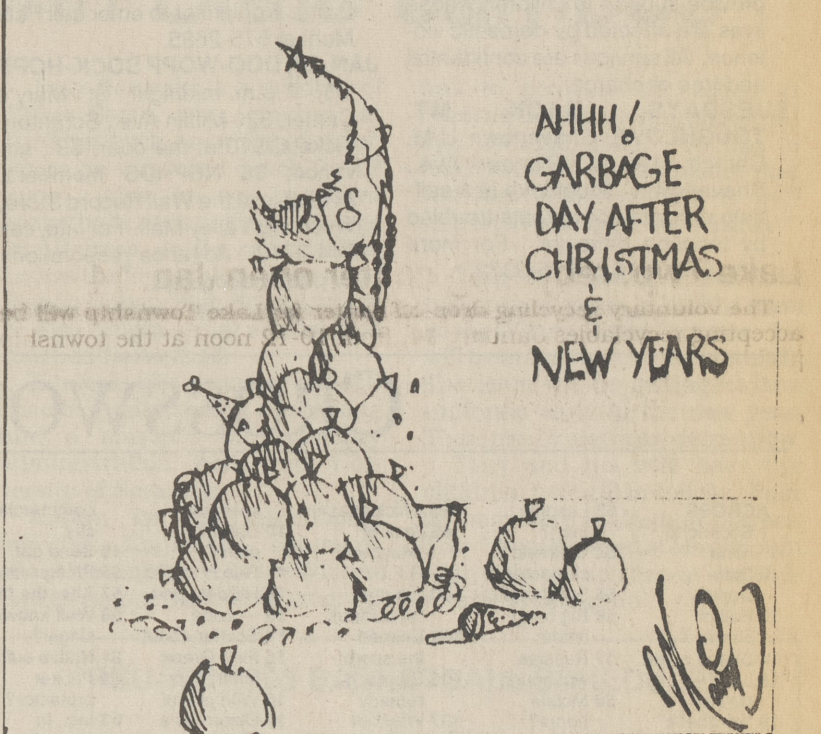
For more information on these courses, or to register call the LCCC Admissions Office at 829-7337.

Selected for District Orchestra

Back Mountain high school music students who will participate in the District Orchestra Festival, Jan. 11-14 at Elk Lake High School are: Diane Sabulski and Bob Humphray of Dallas; and Katy Martin, Kelly Holcomb and Terry Newell of Lake Lehman.

The festival is conducted by Porter Eidam of Pottsville. Students will also audition for PMEA District 9 Regional Orchestra.

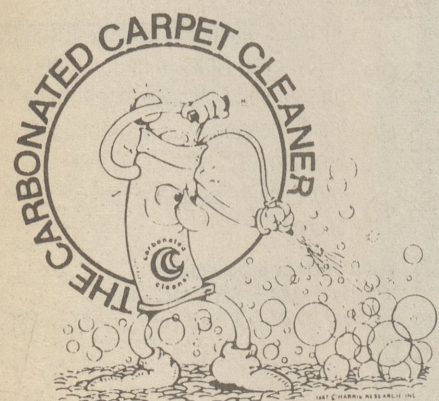
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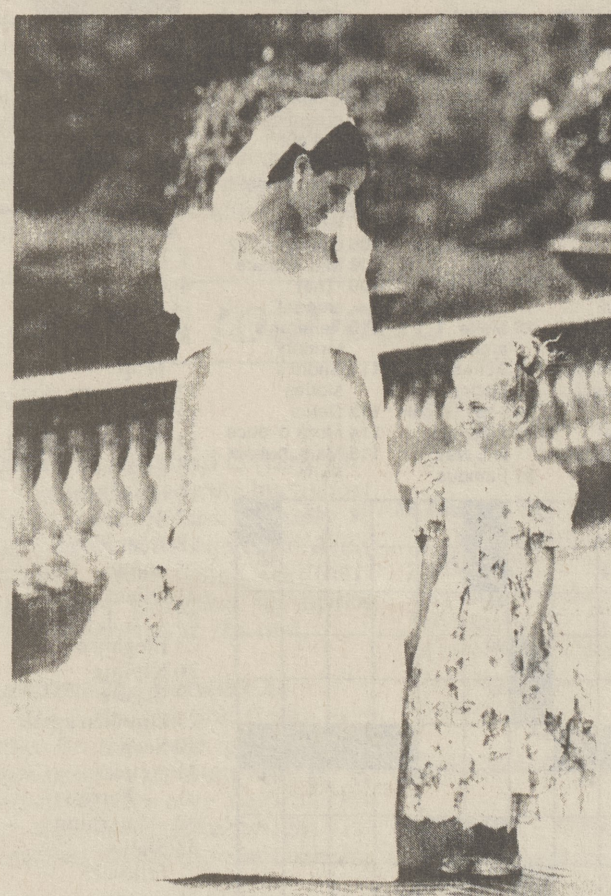
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