

A Case for Conservation



Alene N. Case

January is a good time to take stock of our lives and to plan changes for the coming year. I am not talking about the traditional New Year's resolutions which have likely been broken before you picked up this newspaper. I am talking about concrete changes and actions that can make a difference when combined with the actions of others. None of us can do everything, but each of us can do something to improve our relationship with the rest of creation. Consider the following suggestions and select one or two to try during the coming year.

- Insulate your electric water heater and all hot water pipes.
- Buy a battery charger and replace the batteries you use most

Conservation hints for 1995

with rechargeables.

- Select a couple of trees to add to your landscape this spring and order them from a nursery catalog.

- Sow clover in your lawn so that less fertilizer is needed.
- Drive slower!
- Buy items that will last a long time - no disposables please.
- Use the energy saver cycle on your dishwasher or stop older models before the drying cycle begins. Better yet, hand wash the dishes to avoid using phosphate detergents.

- Replace one lightbulb at a time with new light-weight compact fluorescent bulbs.
- Join an environmental club or organization.
- Buy a "Conserve Wild Resources" license plate.

- In the winter, open curtains on the sunny side of your house during the daytime. In summer, close these same curtains.
- Use a clothesline for heavy items such as towels, blue jeans, or sweat shirts.

- Plan to convert some of your lawn to garden or use groundcovers such as vinca, pachysandra, or ferns.
- Do something really radical and buy your next car without an

air-conditioner.

- Purchase recycled products.
- Call your recycler and ask that he/she take more kinds of recyclables. Also, request that they begin a program to collect household hazardous wastes.
- Encourage your local schools to celebrate Earth Day or Arbor Day. Support environmental science and ecology curricula.

- Write letters to one or more legislators asking them to keep you informed about the status of environmental legislation or requesting their support of specific conservation issues. (Addresses can usually be found on these editorial pages.)

Obviously, this is only a small list of opportunities we all have to change the way we relate to the natural world. You may be doing many of these things already and would prefer to choose something totally different.

That's great. The important thing is that we all realize that it will be small collective actions that will lead to improvements just as it was small collective actions that led to former degradation.

Let us resolve together to make the earth a more liveable place during 1995.



Award-winning equestrians

Twelve Borrowdale Acres equestrians were awarded year-end awards from Northeastern, PA Horsemen's Association for their outstanding accomplishments, at a banquet recently held at Shadowbrook Resort.

Top riders are, kneeling, from left: Jamie Lauberstein, Wendy Wallo, Amanda Adamitz, Erin Liss and Toni Fimowicz; standing, Jessica Gozikowski, Amy Comly, Melissa Valeski, Kristen Nardone, Nikki Chase and Alison Corey. Absent from photo: Alyson Baber. Twelve Championships and Reserve Championships were won by these students.

Federal Officials

Congress

Representative Paul E. Kanjorski

(Democrat)
Wilkes-Barre: 825-2200
Washington: (202) 225-6511
10 East South Street, Wilkes-Barre PA 18701-2397
or 2429 Rayburn Building, Washington, DC 20515

Senator Arlen Specter

(Republican)
Wilkes-Barre: 826-6265
Washington: (202) 224-4254
116 South Main Street, Wilkes-Barre PA 18701

Senator Rick Santorum

(Republican)
Washington: (202) 224-6324
116 North Washington Avenue, Suite 3K, Scranton PA 18503

State Officials

State Senator Charles D. Lemmond

(Republican)
(717) 675-3931
22 Dallas Shopping Ctr., Memorial Hwy., Dallas PA 18612-1231

State Representative George Hasay

(Republican)
287-7505 or 542-7345 or 474-2276 or 477-3752
369 South Mountain Boulevard, Mountaintop PA 18707
Hasay's district encompasses: Harveys Lake, Lehman Township, Jackson Township, Lake Township, Franklin Township, Ross Township, and Dallas Township's north voting district.

State Representative Phyllis Mundy

(Democrat)
283-9622 or 655-3375
Suite 107, 400 Third Avenue, Kingston PA 18704
Mundy's district encompasses: Dallas Borough, Dallas Township except for the north voting district, and Kingston Township.

Free trees for joining Arbor Day Foundation

Ten free trees will be given to everyone who joins the National Arbor Day Foundation during January, as part of the nonprofit Foundation's Trees for America Campaign.

The 10 trees are the sugar maple, white flowering dogwood, pin oak, white pine, red maple, birch, American redbud, silver maple, red oak and Colorado blue spruce.

The trees will be shipped post-paid at the right time for planting

between February 1 and May 31 with enclosed planting instructions. The six to 12 inch trees are guaranteed to grow or they will be replaced free of charge.

Members also receive a subscription to the Foundation's bimonthly publication, "Arbor Day," and The Tree Book with

information about tree planting and care.

To become a member of the Foundation and to receive the free trees, send a \$10 contribution to Ten Free Trees, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by January 31, 1995.

Graduate from East Stroudsburg

Four Back Mountain students received degrees from East Stroudsburg University at commencement exercises December 17.

Russell P. Bigus, BA Environmental Studies, Dallas; Melanie A. Haberstich, BS Elementary Education, Shavertown; Mark J. Major, BS Health & Physical Education, Shavertown and Sherry A. Rish Cross, BS Speech Pathology and Audiology, Sweet Valley.

Library news

Pennies for Periodicals campaign begins

By NANCY KOZEMCHAK

The current 'Green Jar' campaign of the Back Mountain Memorial Library has been to collect funds for a snow blower. That campaign will end on Wednesday, January 4. The campaign for January and February will be "Pennies for Periodicals", which is money to be used to help with the purchase of our magazines. The library currently receives 115 magazines on a regular basis which amounts to a total cost of \$3,141.85. Our magazines are used extensively by students for term papers, and residents for individual choice of magazine material. Whatever is collected in the 'green jar' will be used to offset some of the cost of the periodicals.

New books at the library: "A Tangled Web" by Judith Michael is a spectacular sequel to the author's 'Deceptions'. In this story, we learn the consequences of the fateful act of identical twins

so perfectly alike that they dared to exchange lives. Every woman dreams about what she might have been if she had made different choices, lived a different life. What has begun as a lark ended in passion and tragedy as Sabrina fell in love with her sister's husband and grew to love their children as her own. A fabulous adventure.

"Cold, Cold Heart" by James Elliott is a twisting, relentless and superbly realistic story of suspense fiction. It combines intricate procedural detail with psychological suspense and shocking surprises—a synergy that makes for the edge-of-the-seat reading from the chilling opening scene to the unforgettable climax. Mike Culley has been trying to block out the din of voices bouncing off concrete that has been his constant companion since he arrived in prison fourteen months ago. He had lied to Congress to protect the Agency.

"Chapman Piloting" by Elbert S. Maloney is a boat of Seamanship and Small Boat Handling. It is the most thoroughly updated edition ever! Both powerboaters and sailboaters will find within the pages of this book the crucial information they need to participate safely in their sport, whether as weekend sailors or seasoned voyagers. Included is the latest word on navigation using satellite technology and current methods in crew-overboard procedures. The book has more than 1,500 illustrations in full color. This book is known as the Bible of Boating, and was donated to the library by Attorney Benjamin R. Jones.

"All the Trouble in the World" by P.J. O'Rourke is a story of the lighter side of over-population, famine, ecological disaster, ethnic global problems that are endlessly in the news and constantly on our minds but about which we mostly don't have a clue.

SKI TIP #16

by Sean O'Shea
Q. Should ski boots be sized larger than street shoes?

A. Not usually, you want good ankle support, larger boots give a sloppy fit. Take the time to find a boot that offers comfort and good ankle support.

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