Thresholds program sets basic training

The Basic Training Weekend for new Thresholds teachers is scheduled for Saturday, March 19 and Sunday, March 20 in the Parish House of the Prince of Peace Church, Main St., Dallas.

Prospective teachers are asked to give 10 weeks of their time to a person very much in need of the training Thresholds provides.

For the most part, the time involved is one evening a week or a part of a Saturday for a period of 10 weeks, starting April 14.

It is not necessary to be a teacher or a trained counselor. A teacher's manual with a detailed outline is provided for each teacher.

Thresholds teaches decision making and problem solving by stressing that every person is responsible for his or her own life. It also teaches the need to look for alternatives and to evaluate the risks involved in choosing one of those alternatives. While Thresholds is specifically geared to the person in prison, the decision making is a valuable tool for anyone.

For more information, contact Ingrid Prater at 823-9548 or leave a message at 657-1723.

PSU slates programs for women

Women's History Month (March) is being celebrated at Penn State Wilkes-Barre with an engineeringscience career panel for girls and women; a film, "Rosie the Riveter"; and a slide presentation on "Women in the Middle Ages."

The public is invited to the free program: Friday, March 18, 2 p.m. in Nittany Court-C—"Rosie the Riveter", Thursday, March 24, Noon, Gym 101—a slide presentation by King's College English professor, Dr. Millie Lawson, on "The Hidden Lives of Women in the Middle Ages," and Wednesday, March 30, 6:30 p.m. in the Center for Technology—the science and engineering career panel for girls and women.

For more information on Women's History Month, call 675-9269.

Hearings on National Utilities rate increase The Public Utility Commission has scheduled Public Input Hearings regarding the rate increase request of \$261,308 or approximately 31.3% filed by National Utilities, Inc.



Learning about business

Junior Girl Scout Troop 707 of Gate of Heaven recently visited the First Eastern Bank of Dallas in preparation for their "Business-Wise" badge. Mrs. Joanne Springer from First Eastern explained normal banking operations and career options.

Troop members and leaders are first row, from left: Elizabeth Kuzma, Monica Latosek, Cecelia Williams-Moens, Melissa Everett, Randi Malek and Leslie Dewees; second row: Jennifer Bjelich, Mrs. Joanne Springer, First Eastern Bank; Jamie Coleman and Mrs. Jackie Latosek, troop leader.



CELEBRATING WOMEN'S HISTORY MONTH – Planning Penn State Wilkes-Barre's celebration of Women's History Month are, seated from left: Mary Ghilani, student aid coordinator; Kathie Flanagan-Herstek, advising center coordinator; Georgetta Potoski, registrar; Ina Lubin,, director of continuing education; standing: Donna Burns-Rader, advising/counseling assistant; Joann Marsili, continuing education workshops coordinator; Kathy O'Donnoghue, continuing education area representative; Marge Bird, financial office staff assistant; Phyllis Belk, director of university relations and marketing; and Priscilla Allison, assistant professor of speech communication.

First Affiliated Securities

Area artist's watercolors are on display at Mellon Bank

An exhibit of watercolors featuring scenes of Costa Del Sol, Spain by local artist Lowry Puckey is on display in the lobby of Mellon Bank, Main Street, Dallas, through the end of March.

The paintings are the result of Puckey's recent trip to Costa Del Sol, on the southern coast of Spain. Many of the coastal and village scenes are watercolors, painted on location. Included in the exhibit are copies of sketches from the artists' diary and sketch book while in Spain. Puckey works in all of the major fine art mediums including graphite, pen and ink, acrylic and oil, although her favorite medium is watercolor. A member of the Pennsylvania En Plein Air Society and the Cider Painters of America, Puckey frequently exhibits her artwork completed in her home studio as well as on location.

When not painting, she is actively involved in the Fellowship Evangelical Free Church of Dallas. The mother of six children, she also travels throughout the United States to visit her nine grandchildren. Puckey and her husband, Charles, reside in Dal-

The public is invited to view this exhibit of watercolors of sunny Spain during regular banking hours in the lobby of Mellon Bank, Main Street, Dallas, through the end of March.

School menus

Senior Citizen's Centers sponsored by the Luzerne/Wyoming Counties Bureau For The Aging offer hot noon meals Monday through Friday to people 60 years of age or older. Donations from participants are gratefully accepted and needed in order to expand this program.

The following is the menu for the week of March 14:

MONDAY - Chicken w/creamy dill sauce, carrots, buttered noodles, cranberry juice, whole wheat bread, margarine, peanut donut, milk and coffee.

TUESDAY - Manicotti w/meatballs and tomato sauce, spinach, Italian bread, margarine, citrus sections, parmesan cheese, salad w/dressing, milk and coffee. **WEDNESDAY** - Beef stew, butternut squash, hot spiced apples, whole wheat roll, margarine, vanilla ice cream, milk and coffee.

THURSDAY - St. Patrick's Day, Ham w/cabbage, parslied potatoes, buttered carrots, Leprechan salad, Irish coffee, chocolate ice cream w/cookie, dinner roll, margarine, milk and coffee. FRIDAY - Tuna melt, oven

FRIDAY - Tuna melt, oven brown potatoes, garden vegetables, orange juice, English muffin, margarine, birthday cake, milk and coffee.

For further information, contact the Luzerne/Wyoming Counties Bureau For The Aging Nutrition Program or call the Senior Citizens Center nearest your home.

Dallas Class of '75 reunion meeting

Dallas High School, Class of '75 will hold its 2nd Class Reunion Meeting for the 20th Reunion on Monday, March 14, at 7 p.m. at the Mark II Restaurant in Dallas. Any interested classmates are welcome to attend.



These meetings are to provide customers with the opportunity to testify and offer evidence concerning the proposed rate increase and quality of service. A hearing will be held Wednesday, March 9, at 7 p.m. at the Lake-Lehman Senior High School Auditorium, Lehman.

Religious services

ST. PAUL'S LUTHERAN CHURCH - 196 N. Main St., Shavertown. 675-3859. Pastor Harold R. Baer, Jr. Worship, 8:30 and 11 a.m. Church school for all ages 9:45 a.m. Visitors welcome.

DALLAS UNITED METHODIST CHURCH - 4 Parsonage St., Dallas. 675-0122. Rev. Michael A. Bealla, Pastor. Sunday School, 9 a.m. Morning Worship 10:30 a.m.

SHAVERTOWN UNITED METHODIST CHURCH - 163 N. Pioneer Ave., Shavertown. 675-3616. Pastors, Rev. James A. Wert, Rev. Harriet L. Santos. Music Director, Rosento E. Santos. SATURDAY: 5:30 p.m., Chapel Service. SUNDAY: 9 a.m. and 11 a.m. Worship Services. <u>Visitors expected</u>. Sunday study classes, 10 a.m. PHONE-A-PRAYER 675-4666.

MORE FOR '94! CUSTOM BUILT ON YOUR LOT!

Come and See the ALL New & Remodeled CHELSEA I & CAMBRIDGE IV

Standard Features Now Include: Anderson Skylight • GE Dishwasher • Built-in GE Vented Microwave • GE Self Cleaning Free Standing Electric Range • Upgraded Tiles for Hall & Master Baths (including Tile Ceilings in Tub Areas) • Vanities for 1/2 Baths • Wood Edging for Kitchen Counter Tops • Base Lazy Susan for Kitchens • Tri-View Mirror for Master Baths • and Much More!

Lock In Current Prices & Mortgage Rates Now for Sp '94 Construction



a dba of Bishop Saxony

Your JRA May Be Costing You Money, Whether You Know Jt Or Not...

Your IRA may be costing you money in high maintenance costs or low interest rates. But it's not too late to improve the return on your investment. Between now and April 15 Gager & Associates is offering free consultations on IRA Transfers and IRA Rollover options: We offer low custodial fees and a wide variety of timely investment alternatives.

jager and Associates John F. Gager

REGISTERED PRINCIPAL MEMBER SIPC, SIA, NASD

Committed Jo Serving Your Best Interest

(717) 675-7200/Fax: 717-675-0747 Route 415, Memorial highway, Dallas, PA All Trades Executed and Accounts Carried By Bear Stearns

WYOMING VALLEY HEALTH CARE SYSTEM, INC. IN CONJUNCTION WITH THE WYOMING VALLEY UNIT OF THE AMERICAN CANCER SOCIETY presents the third in a series of 12 lectures for 1994

"CANCER OF THE BLADDER"

SPEAKER: ROBERT FIORELLI, D.O.

THURSDAY, MARCH 10

Lectures, held Thursdays at 7:00 p.m., are free of charge and will be held in the TPS Medical Pavilion Auditorium, 468 Northampton Street, Edwardsville.

REFRESHMENTS WILL BE SERVED. Please Call 283-4528 FOR RESERVATIONS.

This educational series is under the direction of Karen Cooper, M.D., medical oncologist, who serves as chairperson of the Public Education Committee for the Wyoming Valley Unit of the American Cancer Society.

> Nesbitt Memorial Hospital Wilkes-Barre General Hospital Wyoming Valley Health Care System, Inc.

