

The Dallas Post SportsWeek

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Despite loss to WVW, Knight season bright

By DAVE KONOPKI
Sports Writer

Tom Williams and Phil Lipski have been around the world of high school wrestling long enough to know that one match doesn't make or break a team's season.

Now, just hours after their Lake-Lehman High School wrestling team was dealt a heartbreaking 29-20 setback to Wyoming Valley West last Saturday night, the coaches are trying to get that message firmly implanted in the minds of their wrestlers.

The win before an enthusiastic, and at times explosive crowd, all but secures a Wyoming Valley Conference West Division title for the Spartans (11-1 overall, 8-0 WVC, 5-0 WVC West). Valley West only needs to beat two sub-500 teams, Berwick and Tunkhannock, to capture the title.

The loss, Lehman's second consecutive to Valley West after—winning three straight

years and eight of the last 12 matches between the two mat rivals—dropped Lehman to 4-1 in the West division and 10-2 overall.

But with six league dual meets remaining, including key matches against Meyers, Coughlin, Hazleton and backyard rival Dallas, the season is far from over for the Black Knights.

"We still have a long way to go," said Williams. "We still have a lot of dual meets in the conference and the opportunity to win the district (Class AA) championship. I think we have a realistic shot of taking a bunch of kids down to regionals and winning the title. This (loss) is by no means the end of the road."

Despite the loss, the Black Knights had some outstanding moments and individual performances last Saturday.

At 103 pounds, sophomore Matt Raczkowski got Lehman off to a great start with a major decision (12-0) win over Ryan Shumbris. At 112, freshman Joe Ha-

"Give Wyoming Valley West credit, they wrestled well. But we'll be back."

Tom Williams
Lake-Lehman co-coach

lowich gave Lehman three more team points with a 9-2 decision over Mike Peters. After a 9-2 decision by Mike Stuart at 130, Tim Sayre put Lehman ahead, 13-9, with an 8-6 overtime win over Chris Matello at 135. Both Sayre and Matello entered the meet with perfect 4-0 league records.

Burt Morgan upped the advantage to 17-9 with a major decision over Steve Williams at 140. Morgan is ranked fifth in the state at 140-pounds by the "PA Keystone Rankings." The Black Knights got an emotional uplift at 145 when sophomore Jake Santee, wrestling in just his third league match of the year, stayed off his back, dropping a 10-2 decision to J.J.

Vassello. The Spartan wrestler entered the match with an overall record of 16-5 and 4-0 record in league meets. In fact, all four of his league wins came by either pin or technical fall.

A perfect example of Lehman's desire and toughness came at 152 pounds when John Wood faced WVW's John McLaughlin. Trailing 11-4 and battling an apparent illness, Wood battled back to post a 14-12 overtime win. The match was forced into overtime on a highly questionable call as regulation time expired. But Wood took down McLaughlin just seconds into the overtime period to give Lehman a 20-13 lead. On the bus ride home following the

meet, Wood became extremely sick. He was later taken to the hospital where he was kept overnight.

Hopefully, the weather will begin to cooperate with the high hopes of the Black Knights for the remainder of the season. The record snowfall this winter has placed practice time at a premium - which makes things very difficult in a sport where conditioning and weight management means so much.

"With the kind of weather we've been having, there is no continuity," Williams explained. "In wrestling, conditioning is kind of a cumulative thing, you have to build yourself into shape over a period of time. The lack of practice time hurts."

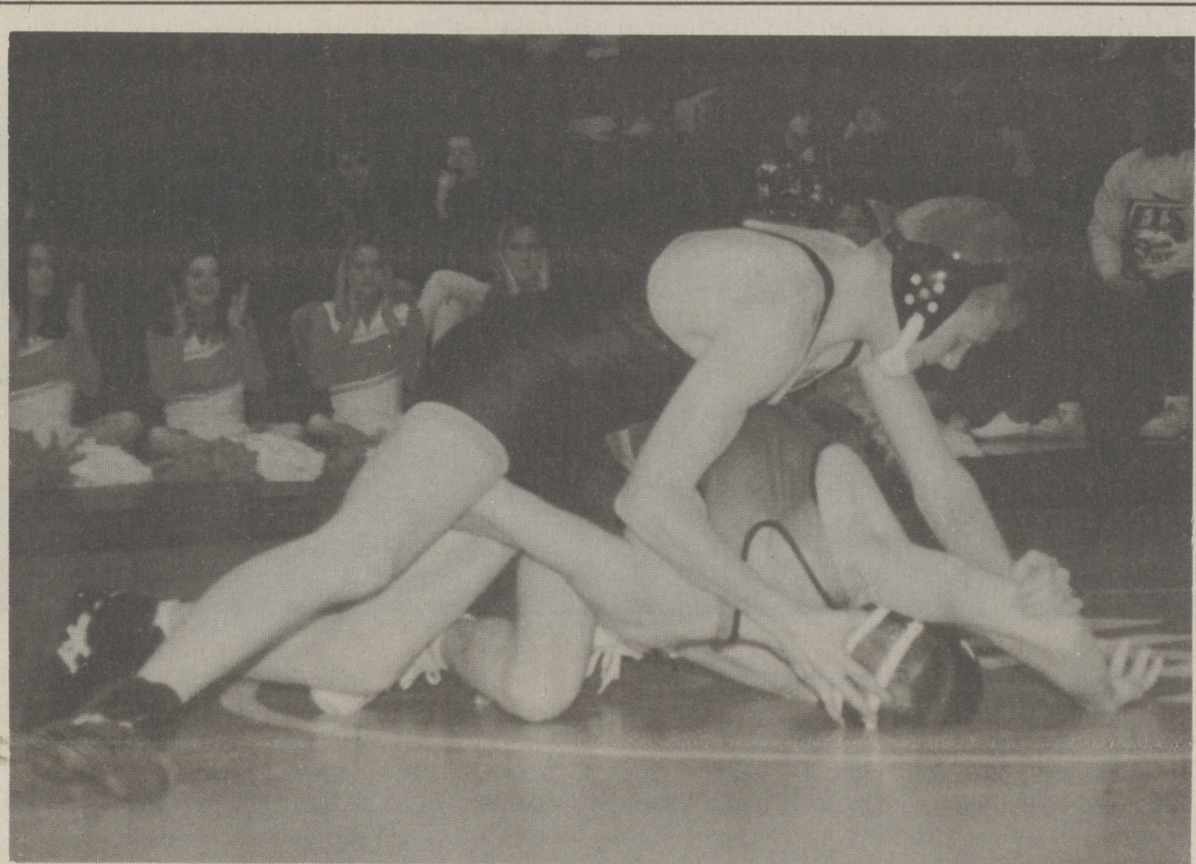
"We've also seen more injuries this year," Williams added. "I think a lot of those injuries were due to the lack of cumulative practice time. But that's certainly not the reason we lost to Valley West. Give Wyoming Valley West credit, they wrestled well. But we'll be back."

Dugan's, 'hounds will meet

Dugan's Pub roared back from a five point half time deficit to defeat Philadelphia Subs 65-57 in the Dallas Adult Basketball League semi-finals. Philly Subs started the game red hot as they hit eight three-point goals to jump out to a 38-35 lead.

The second half however, was a different story as Dugan's turned up the heat defensively and held the losers to only 19 second half points. Fred Debona led Dugan's with 22 points while Nafty Hage and Jim Jaster each had 12. Ron Zynel had 23 for Philly Subs and Rick Gebhart added 17.

Dugan's now moves to next week's championship game vs. The Greyhounds. This game promises to be a war as these teams split their regular season games and are evenly matched. The title game begins at 12:30 next Sunday at Dallas High School.



Coming to grips

John Crispell easily handled his opponent when the Mountaineers met Tunkhannock last Friday. The Mountaineers face Meyers and Pittston away this week.

POST PHOTO/RON BARTIZEK

Local athletes fare well in Keystone Games

Several Back Mountain athletes placed in ski competition in the Keystone State Winter Games held at Montage Mountain. Among the medal winners and other high finishers were:

DUAL SLALOM B

Male, 50-59
John Murray, Dallas: 1st place

DUAL SLALOM A

Female, 35-39
Sharon Krawetz, Dallas: 1st place

DUAL SLALOM B

Female, 14 & Under
Megan McGilvrey, Harveys Lake: 1st place

DUAL SLALOM A

Male, 14 & Under
Charles Tyrrell, Shavertown: 5th place

Chris Nattress, Shavertown: 6th place

Christopher Schneider, Trucksville: 7th place

DUAL SLALOM B

Male, 14 & Under
Brandon Sherlinski, Shavertown: 13th place

Erik Walasek, Shavertown: 14th place

MODIFIED GIANT SLALOM B

Male, 50-59
John Murray, Dallas: 1st place

MODIFIED GIANT SLALOM B

Male, 14 & Under
Jonathan Schneider, Trucksville: 7th place

Erik Walasek, Shavertown: 18th place

MODIFIED GIANT SLALOM B

Female, 14 & Under
Stacey Wagner, Shavertown: 6th place

MODIFIED GIANT SLALOM B

Male, 45-49
Robert Nattress, Shavertown: 9th place

MODIFIED GIANT SLALOM A

Female, 35-39
Sharon Krawetz, Dallas: 1st place

MODIFIED GIANT SLALOM A

Male, 14 & Under
Christ Nattress, Shavertown: 5th place

Christopher Schneider, Trucksville: 6th place

Charles Tyrrell, Shavertown: 9th place

MODIFIED GIANT SLALOM A

Female, 14 & Under
Megan McGilvrey, Harveys Lake: 3rd place

MODIFIED GIANT SLALOM A

Female, 15-19
Erin Edwards, Shavertown: 2nd place

GIANT SLALOM

Male, 15-19
Jeff Hozempa, Dallas: 7th place

GIANT SLALOM

Female, 15-19
Erin Edwards, Shavertown: 3rd place

Fund for coach's expenses

Friends of Dallas High School football are taking donations to help defray expenses incurred by assistant coach Harry "Ponch" Gulich. Ponch incurred the expenses, including the loss of one day's work, during the Mountaineers' state championship trip to Altoona last December. Anyone wishing to donate to the fund, or anyone with any questions, should contact Dave Konopki at 283-5532 as soon as possible.

Shamus, Dershimer going to Division 1

By DAVE KONOPKI
Sports Writer

For the past three years Cristy Shamus and Gretchen Dershimer have had more in common than just the black and gold uniforms they wore as members of the Lake-Lehman High School field hockey team.

Outstanding skills, great work ethics, super personalities, supportive parents and success in the classroom headed the list.

Now, you can add one more thing the two have in common - the chance to play college field hockey on a Division I scholarship.

The two Black Knight standouts recently signed national letters-of-intent to play field hockey

at Division I schools. Shamus will be taking her talents to the University of Connecticut, while Dershimer will be playing for the Owls of Temple University. Both schools have nationally-known field hockey programs, having been perennially ranked among the nation's Top 20 teams.

"They're both great players," said Lehman head coach Jean Lipski, of her two scholarship recipients. "Not only do they both play great on the field, they both have great work ethics during the off-season. This is their payoff. It gives them a chance to go ahead and get the college education they maybe could not have otherwise gotten. I'm very proud of both of them."

In Shamus, who plans to major

in environmental science, UConn will be getting another outstanding Wyoming Valley Conference player. Former Crestwood standouts Diane Madl, Patsy Rinehimer and Jennifer Sinco each played their collegiate field hockey for the Huskies. In fact, Madl was an All-America player and a member of the U.S. National Team.

How highly did head coach Nancy Stevens and the Huskies think of Shamus? Let's put it this way - the daughter of Edward and Katherine Shamus of Harveys Lake was the only freshman recruit to receive a scholarship to UConn this year.

"Connecticut has a great win-

See DIVISION 1, pg 10

DUGAN'S PUB - 65

	FG	F	Total
Debona**	7	7	23
Hage	5	2	12
Jaster**	5	0	12
Hosey	4	0	8
Straigis	1	0	2
Carey	1	0	2
Messinger	3	0	6
	24	9	65

PHILADELPHIA SUBS - 57

	FG	F	Total
Zynel***	7	6	23
Feddock*	1	0	3
Lanza**	3	0	8
Gebhart	7	3	17
Kepp	0	0	0
Swank**	2	0	6
	20	9	57

* Denotes a 3-point goal

Final registration for BMT Baseball

Back Mountain Baseball, Inc. will hold its final registration for the 1994 season on Saturday, February 19, 1 p.m. to 4 p.m. at the Dallas Middle School cafeteria. Anyone wishing to register after Saturday will be assessed late fees and no one will be allowed to register following tryouts in March. Registration fee is \$20 per child and/or \$35 per family.

Registration is for the following groups: boys and girls tee ball; boys' Little League, ages 8-12; boys Junior and Senior Leagues, ages 13-15. Girls' Little League softball ages 8-12; girls' Senior League, ages 13-15; and girls' Senior League, ages 16-18.

Back Mountain Baseball, Inc. will also take registration for boys ages 16-18 who wish to participate in a Big League Baseball program. It should be stressed that this league is not in competition with the Back Mountain American Legion Baseball program. Anyone currently in the Legion program or anyone wishing to play American Legion Baseball is highly encouraged to do so. Anyone with any questions should contact Dave Konopki at 283-5532 or Larry Lettie at 696-1959.

All first time registrants must bring a copy of their birth certificate and must be accompanied by a parent or guardian.

There's still time to make a Weight for Wishes pledge

Pledge donations are still being accepted for my "Weight For Wishes" campaign. Don't forget, all proceeds will be going to the Northeastern Pennsylvania Chapter of the Make-A-Wish Foundation. The organization grants wishes to terminally ill children in Northeast PA, including many Back Mountain families.

To be quite honest, pledges are running a little behind what I thought the Back Mountain community would generate and to this date, no businesses have made pledges. Remember, we are only accepting pledges right now and you will not have to donate any money until sometime in late April or early May. Pledges will be accepted until April 8, the last day of my diet.

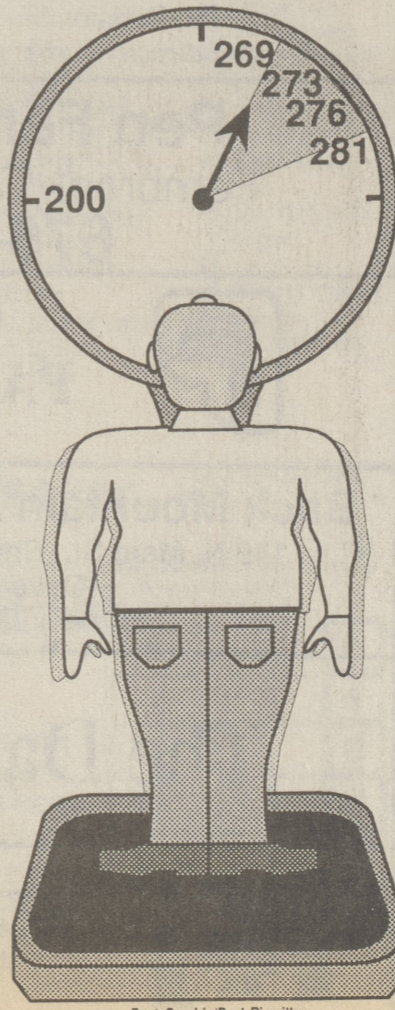
Please, Back Mountain residents, get behind this great organization - an organization I hope and pray none of us will have to utilize in the future. To all those who have sent in their generous pledges, thank you from the bottom of my heart and may God bless you and your families.

Dave Konopki

Weight for Wishes pledges

Jim Regan
Jack Straigis
Barry West
Dave Katyl
Duane Sprau
Doug Whitehead
Jennifer, Ryan and Sarah Konopki
Bob and Debbie Bayer

Rich and Lynn Jumper
Atty. and Mrs. Garry S. Taroli and family
Kathleen, Paul and Therese Pitcavage
Jean Lipski
Frank Paczewski
Karen and Rick McEntee
Mr. and Mrs. Richard Maslow



Post Graphic/Paul Riemiller

Weight for Wishes

PLEDGE FORM

Your pledge will help Make-A-Wish bring pleasure to youngsters in the Wyoming Valley area. To help:

1. Fill out the form below, indicating the amount of your pledge, whether a flat amount or an amount per pound.
2. Send the form to The Dallas Post at the address shown. We will forward all pledges to the Make-A-Wish Foundation.
3. Watch for the final number of pounds Dave loses. Then send your check directly to the Make-A-Wish Foundation. We will publish their address with the final weight tally in the April 13 issue. Make-A-Wish will contact everyone who has pledged at the conclusion of the fund drive.

Here's my pledge to the Make-A-Wish Foundation

\$_____ per pound lost

Flat amount of \$ _____

Name _____

Address _____

City _____ State ____ Zip _____

Phone # _____ Signature _____

Checks should be made payable to Make-A-Wish Foundation. All contributions are tax deductible.

Send or bring to: The Dallas Post
45 Main Road
P.O. Box 366
Dallas, PA 18612

I do not want my name listed as a contributor.