### Michele Farris attends 9-day leadership seminar

Michele Farris, a local educator from Gate of Heaven School was one of 207 participants representing 31 states, Zimbabwe, Mexico and 3 Canadian Provinces who attended one of five teacher/ educator workshops at the American Wilderness Leadership School, a unique conservation education program, conducted by Safari Club International.

The School, located 33 miles southeast of Jackson Wyoming, with the Teton National Forest features nine days of instruction. The emphasis is on presenting participants the facts and principles of wildlife management, history of environmental education, plant identification, Project WILD, outdoor interpretive techniques, fly tying, white-water rafting, shooting sports, ecology and outdoor ethics. Field trips were also conducted to Teton National Park, National Elk Refuge, Bureau of Land Management Recreational Areas, state Fish Hatchery operated by Wyoming Fish and Game and an overnight visit to Yellowstone National Park.

Michele was sponsored to attend the 1993 AWLS program by the Delaware Valley Chapter, Safari Club International, one of over 110 international chapters in the United States and abroad.



Lake-Lehman Snow Queen, King and court

The sixth annual Lake-Lehman Christmas semi-formal was held December 22, at Irem Temple Country Club, sponsored by the Student Council with Mrs. Cathy Wolfe as advisor. Aproximately 350 students attended. The Snow Queen and King with their court were, seated: Mike Ruger, Meg Kovach, Queen; Scott Kocher, King; Shelly Chvotzkin, Chad Schrader. Standing, Mrs. Cathy Wolfe, Sharon Yonkoski, Gretchen Dushimer, Larry Lucarino, John Oliver, Principal.

For his 21 years of exemplary

Before being elected a life

## School menus

The following school lunch menus are for the week of January 6 - 12. All lunches include

**DALLAS SCHOOLS** 

THURSDAY - Hot ham-cheese or ft. long hot dog on bun, veggie soup/crackers, chilled pineapple tidbits

FRIDAY - Home style pizza w/ pepperoni or ft. long hot dog on bun, tossed salad/dressing, pear

MONDAY - Chicken nuggets or wimpie on bun, buttered rice, tossed salad/dressing, fruit.

TUESDAY - Grotto pizza or wimpie on bun, celery sticks w/ peanut butter, tossed salad/

dressing, jello.

WEDNESDAY - Two tangy tacos w/lettuce-tomato, or wimpie on bun, golden corn, fresh fruit, vanilla pudding.

**GATE OF HEAVEN SCHOOL** THURSDAY - Pork bar-b-que/

bun, potato puffs, peas, peaches. FRIDAY - Macaroni-cheese, roll, green beans, pineapple, cake. MONDAY - Ham-cheese w/ bun, parsley potatoes, wax beans, pudding.

TUESDAY - Stuffed shells, bread/butter, green beans, pears. WEDNESDAY - Cheeseburg/ bun, French fries, peaches.

LAKE-LEHMAN SCHOOLS

THURSDAY - Spiral macaroni w/Italian meat sauce, tossed salad/dressing, roll/butter, fruited jello.

FRIDAY - French bread pizza, carrot/celery sticks, potato chips,

pineapple tidbits. MONDAY - Cheesesteak hoagie, onion rings, seasoned green

beans, mixed fruit. TUESDAY - Crispy oven baked chicken, mashed potatoes/gravy, peas-carrots, roll/butter, ice

WEDNESDAY - Sausage links, buttered waffles w/maple syrup, applesauce, orange wedges.

WEST SIDE TECH

Breakfast THURSDAY - Waffles/syrup, cereal, juice, pastry.

FRIDAY - Blueberry muffin,

cereal, fruit juice.

MONDAY - Pumpkin loaf, cereal, apple juice.

TUESDAY - Hot ham-cheese on bun, cereal, juice, pastry. WEDNESDAY - Blueberry coffee cake, cereal, juice, fruit.

Lunch

THURSDAY - Beefa roni, tossed salad/dressing, chilled fruit.

FRIDAY - Tuna hoagie or pierogies/sauteed onions, relish cup/ dip, fresh fruit, peanut butter squares.

MONDAY - Chicken nuggets/ dipping sauce, steamed pasta, seasoned peas-carrots, pineapple.

TUESDAY - Taco's w/trimmings-sharp cheese-tangy sauce, seasoned vegetables, salsa, blueberry swirl cake.

WEDNESDAY - Hoagie/trimmings, pasta salad, baked beans,

RICHARD PEARSALL

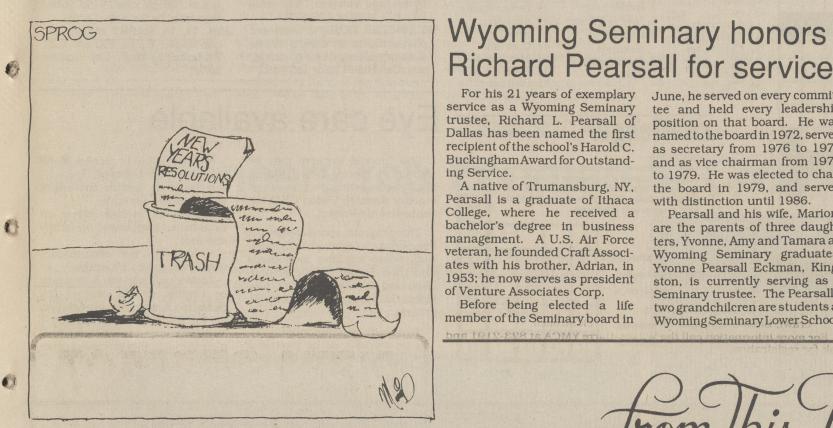
## Alston is now assistant prof

Penn State Wilkes Barre faculty member Steven G. Alston, Ph.D. recently was promoted to tenured associate professor.

A faculty member since 1987,

Dr. Alston earned his Ph.D. from the University of Nebraska-Lincoln, and was a research associate at the Joint Institute for Laboratory Astrophysics at the University of Colorado at Boulder and at the University of Freiburg in Germany. A physics professor, Dr. Alston is an avid biker and rock climber. He and his wife, Kay, live in

Shavertown with their daughter, Erin and new son, Evan Connor.



BISHOP O'REILLY HIGH SCHOOL 316 Maple Ave., Kingston Will Host an OPEN HOUSE and

REGISTRATION

On Monday, January 10, at 7 p.m. Eighth Grade and Upper-class students from private, public and parochial schools and their parents are invited to:

- Meet Faculty, staff and coaches

- Review academic, extra curricular and sports programs

- Tour the school

- Enjoy refreshments

In addition, an ENTRANCE/PLACEMENT TEST for incoming 1994 Freshmen will be conducted on January 19, 20, 21. Scholarship recipients will be announced in March. For further information, call the guidance office at:

288-1404



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June, he served on every commit-

tee and held every leadership

position on that board. He was

named to the board in 1972, served as secretary from 1976 to 1978

and as vice chairman from 1978

to 1979. He was elected to chair

the board in 1979, and served

are the parents of three daugh-

ters, Yvonne, Amy and Tamara all

Wyoming Seminary graduates.

Yvonne Pearsall Eckman, King-

ston, is currently serving as a

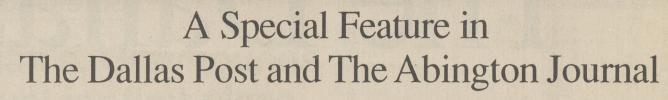
Seminary trustee. The Pearsalls'

two grandchilcren are students at

Wyoming Seminary Lower School.

Pearsall and his wife, Marion,

with distinction until 1986.



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Each January, readers of the Journal and Post look forward to this special feature section filled with advertising, articles and photographs to help them plan the perfect wedding. And each year, advertisers find they reach Northeastern Pennsylvania's most affluent markets at reasonable rates in these community newspapers.

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