

Dallas High School announces first quarter honor students

Frank P. Galicki, Principal of the Dallas Senior High School, announces the senior high school first nine weeks' honor roll.

The honor roll is determined by the following: Honors with Distinction: 3.8 or above, no C's, D's or F's. First Honors: 3.3 or higher; Second Honors: 2.8 to 3.29, no D's or F's. A student with an incomplete cannot be considered for the honor roll.

Honors with Distinction
Seniors: Jonathan Fletcher, Catherine Grossman.

Juniors: Laura Marlo Seidel, Scott Sobocinski, Kelly Marie West.

Sophomores: Lisa Tomaine.

First honors
Seniors: Teresa L. Argento, Melanie Belles, Brian N. Burkhardt, Kenneth Chapple, Kathy Jane Delinsky, Jeanenne M.

Fagan, Carra L. Giardina, Jessica M. Kerr, Jeffrey P. Krehely, Carrie Lynn Miller, Lynn Ann Murphy, Gregory C. Nadzan, Douglas Roberts, Adolfo Ruiz, Nicole Steltz.

Juniors: Sheila Brutko, Sean P. Callahan, Amy K. Downey, Kimberly A. Jones, Kristen Kosakowski, Becky N. Mathers, Alisa J. Merolli, Julie Miers, Michelle Lee Miller, Gail Morris, Tamara Palka, Heather Ann Patton, Kerry L. Rittenhouse, Krystyna Suchecki, J. Michael Vozniak, Amanda Wisniewski, Vanessa A. Wysocki.

Sophomores: Holly Baseski, Griffin Bicking, Joseph Cosgrove, Jared C. Dukas, Y. Dean Evans, Jeffrey R. Kunkle, Robert K. Lohrah, Melanie Love, Kevin McDonald, John Michalak, Douglas Myers, Kristen Nackley, Shannon Newell, Robin Suda, Laura Uzdilla, Kristy Lyn

Woolbert, Sarah Wysocki.

Freshmen: Carie E. Achuff, Anthony J. Agati, Angela Austin, Barbara Beardsworth, Kevin P. Burkhardt, Lori L. Buzin, Christina H. Callahan, Adrienne E. Camp, Jason P. Campbell, Michael A. Dobranski, Stacey Engler, Kristen E. Faerber, Kristina M. Gawlas, Aaron Getz, Laura L. Grundowski, Harry Hazeltine, Tracy Ann Jones, Justin D. Jumper, Kristina Kamus, Shannon C. Kane, Kimberly A. Karavitch, Justin M. Kerr, Marina Knappman, Devin J. Michael, Joy E. Morgan, Brianne Nutaitis, Jason Nutche, Jeremy J. Onyszcak, Amanda Palmatier, Alison H. Piazza, Alison B. Rothstein, Joseph H. Sallitt, Emily R. Schweitzer, Ronald A. Sutton, Scott R. Townsend, Kimberly A. Wall, Kevin Williams, Heather M. Wilt.

Second Honors

Seniors: Celeste I. Anderson, William Appel, Brandy Balbach, Amy L. Beardsworth, Lindy Ann Berlew, Andrew W. Bishop, Heather Ann Brody, Kelly Collett, Kathleen Dworak, Stephanie K. Fett, Colby d. Gauntlett, Courtney Gauntlett, Edward John Gawlas, Ross D. Gdovin, Daniel P. Haradem, Don P. Hartshorne, Kelly Ann Janosky, Tara Rene Killeen, April Kocher, Jennifer Krakosky, Holly Anne Mannear, Valerie Ann Marino, Caroline Martin, Heather Micheletti, Amy Jo Miers, Elizabeth Murdock, Kristen Myers, Abby Russin, Monica J. Saxon, Edwin Schall, Michelle L. Siglin, Amy M. Smith, Matthew F. Stefan, Trisha R. Swire, Eric Blaine Werner, Carl J. Wiedlich, Spring Williams.

Juniors: Joseph Ankenbrand,

zoni, Mark E. Morris, Michael Murphy, Jennifer L. Parrish, Melissa Prokopchak, Sare Rhodes, Marlena E. Saxon, Matthew J. Sowcik, Christopher Stolarczyk, John Tomedi, Beth Ann Wagner, Robert Wicht, Dania Zalatio.

Freshmen: Amanda L. Ahmad, Sarah M. Barlow, Arthur Bittner, Jolynda R. Brown, Patrick J. Casey, Sara K. Clement, Heather M. Deeble, Melanie Getz, Trilby F. Greene, Lisa A. Gurdin, Kiley Ann Harvey, Robin A. Holeman, Amy L. Jury, Danielle L. Kamine, Elizabeth Keating, Jamie L. Krause, Timothy Kushner, Andrea Menzel, Jessica S. Miller, Michele A. Molesky, Stephanie Pacovsky, Melissa Petrikonis, Brian Pizzano, Jacqueline Prothoro, Amber J. Silveri, Cory L. Stanislaw, Keith Swartwood, Valarie Taylor, Joey L. Walko, Robert T. Webb.

Karen D. Appel, Melissa Bartolini, Beth Delescavage, Melissa France, Aaron Gingo, Anne Hays, Mark I. Herstek, Jason Jumper, Laura Kaschenbach, S. April McAllister, Quentin C. Reese, Jason D. Reynolds, Kristy Rice, Alyssa Rosentel, Kathleen E. Sallitt, Joy Lynn Scott, Jason Shatrowskas, Elizabeth Stearn, Martin Straigis, Melissa Ann Tyira.

Sophomores: Nicholas M. Acrl, Lori B. Barrett, Susan Benedetti, Brian Berlew, Susan Buckley, Janel Burakiewicz, Lyne M. Carey, April R. Decker, David J. Demko, Natalie H. Felten, Kathryn P. Ferko, Leah Garlan, David Germick, Natalie Gulich, Amy Hilstolsky, Donald B. Holdredge, Rebecca Hoover, Ted Jackson, Stephanie Jancewicz, Jennifer Jerrytone, Quinn Kavanagh, Michael Kernag, Richard Klick, J. Frederick Maier, Carey Lee Maz-

Lake-Lehman High School posts first quarter honor roll

John J. Oliver, Principal of the Lake-Lehman Senior High School, released the Honor Roll for the first marking period, from September 2 to November 5.

HONORS WITH DISTINCTION

Ninth Grade: Nicole Cornell, Andrew Loughney, Deborah White, Michael Woronko.

HIGH HONORS
Ninth Grade: Melissa Ann Boltz, Nicole Judith Bouthot, Danielle Conte, Mark Alan Coslett, Jennifer A. Fela, George A. Frank, Joseph Halowich II, Stephen E. Hoprich, Matthew Link, Melissa Mitchell, Amber Posatko, Geana Powell, Christopher Price, Winter Rusiloski, Allison Marie Savage, Stacy Siglin, Timnae Skopic, Kristopher Smith, Heidi Sprau.

HONORS
Ninth Grade: Christopher Bath, Melony Ann Bedford, Megan Lee Belles, Mary Brislin, Norma Carrero, Caryn Clark, Tara Jean Coletti, Theresa Maxine Doty, Jeffrey William Ehret, Christina Ann Farrell, Alexius Frantz, Chenoa Marie Harris, Ryan Thomas Hartz, Michael Allen Ide, Lisa Joyce, Joseph Michadi Kenney, Claire Kordowski, Tanya Kosakowski, Nova Lamela, Mollie Caitlin Lewis, Elizabeth Lockvach, Marie Ann Manzoni, Kathryn Lynn Martin, David L. Milunic, Danielle Pall, Phyllis Platt, Holly Rishko, Sarah Roberts, Sarah Saylor, Rebecca Marie Scott, Amanda Shission, Elizabeth Smea, Michael Smith, Erin Snell, Kelly Ann Tarreto, Jeanette Thrash, Shaun Eugene Titus, Tiffany Van Scoy, Tanya Verbyla, Amanda Ann Weber, Kevin Whipple, Elizabeth Yeager.

HONORS WITH DISTINCTION
Tenth Grade: Erin Tolle, Heather Barsh, Rachel L. Kaufman.

HIGH HONORS
Tenth Grade: Seaton E. Angley, Jeffrey Castellano, Mike Chopyak, Jennifer Lynn, Dinger, David H. Dulebohn, Jonelle Elga-

way, Jamie Gialanella, Melissa Hill, Rebecca Hoyt, Angela Hoyt, Stacey Kehler, Jennifer Kordowski, Amy Christine Leitern, Cori Elizabeth Manka, Benjamin McEntee, Jan Morgan, Michelle Nallon, Jessica Pickett, Jennifer Rakowski, Alison Stubb, Jayadev Sudharkaran, Valerie Wolfe, Amanda Zdonczyk.

HONORS
Tenth Grade: Dianne E. Jones, Jennifer Bradbury, Ronald J. Brooks II, Erica Rae Conrad, Dawn Deangelis, Stacy Flore, Matthew L. Gearhart, Sara-Beth Gorgone, Kelly Holcomb, Heather Klamovich, John Anthony Kopko, Lori Ann Kubacki, Tracey Long, Lisa Metzger, Joseph Paul Morris, Nica Murphy, Kevin Michael Newell, John Joseph Oliver, Nicole Pagoda, Nicole Parry, Christopher Rishko, Samantha Schraeder, Amy Shoemaker, Cara Ann Stroud, Christopher Swire, Corela Tamagnini, Daniel Thomas, Amber Tolbert, Elizabeth Turner, Sunny Anne Vespico, Jamie Lee Wickard.

HIGH HONORS
Eleventh Grade: Rhonda Lee Evans, April Hodick, Allison Mi-

lunic, Megan Marie Mosier, Christina Andrews, Hope Boston, Timothy P. Brislin, Thomas Charles Brown, Sherry Lynn Clark, Nathan Dale, Jennifer Feehan, Ryan Christopher Gold, Shannon Michael K. Kelly, Kelly Ann Komsisky, Richelle Kovach, Joshua David Longmore, Peter John Malak, Mark Manzoni, Nicole Naugle, Jessica Noon, Bethany E. Offshack, Christopher Pagoda, Vito Pilosi III, Jaclyn Race, Sandy Ramage, Amy Rogers, Tina Sardonio, Melanie Sidorowicz, Joel Toluba, Amanda Rae Warner, Christo Jo Welter.

HONORS
Eleventh Grade: Tiffany Roese, Jenny S. Shook, Shelene Perlis, Prerana Patel, David Thomas, Becki Olson, Jessica Winslow, Nicole Sennett, Michele Lee Andes, Jeremy Ryan Fleeger, Beth Kelly, Jennifer Bendik, Steven Allen Rogers, Gary Rogan, Kim-

berly Frederick, Michelle Price, Cara Lynn Nygren, Kristine Hozempa, Judith M. Sichter, Laura Knapp, Amanda Turner, Jennifer Renee Birt, Cara Louise Sudol, Stasia McCulloch, Shannon Burke, Courtney L. Heiser, Paul Lukas, Tara Irene Watson, Timothy Waslick, Jessica Oplinger, Tara Dymond, Raymond Bartosh, Nevin Hoyt.

HONORS WITH DISTINCTION
Twelfth Grade: Anna B. Arthur, Julie Demidovich, Christina Jones, Karen Kocher, Gina Traver, Scott S. Walters.

HIGH HONORS:
Twelfth Grade: Ann Marie Barber, Julie Anne Brislin, Michael Callahan, Jamie L. Carter, Gretchen A. Dersheimer, Cheryl A. Elston, Brian Gzenski, Heather Gray, Lisa Gunn, Daniel J. Hanley, Erin Hughes, Stacy Hughes, Jessica Hynick, Janine Jenkins,

Natalie Karpnich, Shannon Klemmes, Karen Komsisky, John Link, Tamara P. Norwig, Edward J. Pittcavage, Jason Poplaski, Chad M. Schraeder, Nicholas Alan Staub, Janel Womelsdorf, Will Woronko, William Wright.

HONORS
Twelfth Grade: Dana M. Alder, Julie Babcock, Jason Boice, Jolanda Bosma, Amy Comly, Deborah Coslett, Stephanie Faerber, David Fosko, Kimberly Giberson,

Susan R. Grady, Amie Grutkowski, Daniel Harrison, Howard Hazeltine, Ryan Heiser, Jennifer Lynn Jones, Jessica L. Kenney, Kevin Konopinski, Megan Marie Kovach, Daniel V. Lukasavage, Harry Owens, Michael Petruska, Jennifer Phillips, Michael Ruger, Robert Sayre, Michele Seman, Leighanna Sult, Shannon Swan, Amber Tarreto, Lynn Turner, Christopher K. Walsh, Rebecca Walter.

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SKI TIP #10

by Sean O'Shea

Q. Are short skis easier to ski on?

A. For beginners and occasional skiers, yes. They can be easily twisted sideways to turn. The drawbacks are that they don't hold on ice and promote poor technique. Longer skis help to make better skiers.

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