

Ruby Elston celebrates her 97th birthday at Huntsville

Ruby Elston, Overbrook Rd., Huntsville, will celebrate her 97th birthday on November 16.

Mrs. Elston was born in the home where she resides, the daughter of B. Frank Bulford and Ellen Duckworth Bulford. Her husband, Clarence Elston, died in 1986.

She is a member of the

Huntsville United Methodist Church and Nesbitt Memorial Hospital Auxiliary. Her son Harold lives on Reservoir Road, Huntsville and daughter, Nancy lives in State College.

Mrs. Elston has six grandchildren, seven great-grandchildren and two in heaven, and one great-grandson, and several nieces and nephews.



HOLIDAY PLANS - Committee members planning the Junior League's Holiday House are, from left to right: Karen Duncan, Louise Kondracki, President, Karen Blum, Janie Ferro and Virginia Crossin.

W-B Junior League to host Holiday House Nov. 21-22

The Junior League of Wilkes-Barre will present its annual Holiday House, "Home for the Holidays" on Saturday, Nov. 20, from 10 a.m. to 5 p.m. and Sunday, Nov. 21, from 12 noon to 5 p.m. at the historic Hayfield House at Penn State's Wilkes-Barre Campus in Lehman.

Those attending will be able to

shop the many craft and decorating displays and get plenty of ideas for holiday decorating and gift-giving. The donation is \$5, and all proceeds will benefit Wilkes-Barre's Hospice St. John. Tickets are available from any Junior League member or sustainer and also at the door. For more information call the Junior League office at 288-4962.

St. Paul's plans activities

Members of St. Paul's Lutheran Church are invited to a special Thanksgiving Luncheon on Sunday, Nov. 21, which will be prepared and served by the Sunday School children.

At the 11 a.m. service, youth of the church will serve as greeters, ushers and Lay Readers and the children will also sing a special anthem. Following the service the luncheon will be served in the social rooms.

Sunday, Nov. 28 will be the first Sunday in Advent and the beginning of a new church year.

At both the 8:30 and 11 a.m. service a "Narrative Eucharist" service will be followed which will explain the meaning of each portion of the service in detail. The public is invited to attend.

At 4 p.m., members are invited to attend an Advent Event/Potluck supper. Families will make a felt nativity scene to take home.

Religious services

ST. PAUL'S LUTHERAN CHURCH - 196 N. Main St., Shavertown. 675-3859. Pastor Harold R. Baer, Jr. Worship, 8:30 and 11 a.m. Church school for all ages 9:45 a.m. Visitors welcome.

DALLAS UNITED METHODIST CHURCH - 4 Parsonage St., Dallas. 675-0122. Rev. Michael A. Bealla, Pastor. Sunday School, 9 a.m. Morning Worship 10:30 a.m.

SHAVERTOWN UNITED METHODIST CHURCH - 163 N. Pioneer Ave., Shavertown. 675-3616. Pastors, Rev. James A. Wert, Rev. Harriet L. Santos. Music Director, Rosento E. Santos. SATURDAY: 5:30 p.m., Chapel Service. SUNDAY: 9 a.m. and 11 a.m. Worship Services. Visitors expected. Sunday study classes, 9:45 a.m. PHONE-A-PRAYER 675-4666.

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Back Mountain briefs

Dallas Class of '68 to hold 25th reunion

Dallas Senior High Class of 1968 will hold its 25th class reunion on Friday, November 26, at the Apple Tree Terrace (formerly The Barn) in Newberry Estates, Dallas. If any class member has not made a reservation and would like to do so, please write to Dallas Class of 1968, c/o Davis, P.O. Box 1192, Kingston, PA 18704. All classmates are invited.

Justice For Animals to meet Nov. 21

Justice For Animals, Inc. (JFA), Shavertown, will hold their last bi-monthly meeting of 1993 on Sunday, Nov. 21, 7:30 p.m., in the meeting room of the C.W. Schultz Bldg., 185 N. Wilkes-Barre Blvd., Wilkes-Barre. The focus will be wildlife overpopulation. The film "A Voice in the Wilderness" will be shown. Alternative recipes for a vegetarian Thanksgiving will be available. Everyone attending the meeting is asked to bring a vegetarian canned and/or dry goods to be donated to VISION for the upcoming holiday. The public is welcome. For more information, call 693-6134.

Vegans to meet and eat Nov. 28

The Vegetarian Society of Northeast Pennsylvania is holding a restaurant outing at Peking Chef in the Dallas Shopping Center on Sunday, Nov. 28 at 6 p.m. A full vegan meal will be served. Cost is \$12 for members, \$13 for non-members and \$7 for children under 10. RSVP by November 21 by sending check to VSNEPA, PO Box 1724, Wilkes-Barre, PA 18703. For more information, call Jay, 825-3069.

BMT Kiwanis' Spaghetti Dinner Nov. 20

A Spaghetti Dinner sponsored by the Back Mountain Kiwanis Club will be held Saturday, Nov. 20, 4 to 7 p.m. at the Shavertown United Methodist Church, 163 North Pioneer Ave., corner of West Center Street, Shavertown. Adults \$4.50; children \$3. Takeouts will be available with your own container. For information, 696-2863 or 639-3037.

Certified to operate sewage plants

The State Board for Certification of Sewage Treatment Plant and Waterworks Operators announced recently that 289 Pennsylvanians passed the latest exam to be certified as operators of sewage treatment or waterworks plants.

Among them were:
Luzerne County—Waterworks: Loren E. Williams, Shavertown.
Sewage: Harry J. Freeman, Dallas; Paul E. Chhocallo, Dallas.

BMT Land Trust to host lecture Nov. 18

The Back Mountain Regional Land Trust, in conjunction with the Back Mountain Citizens' Council and Penn State University, will sponsor a free public lecture and slide show, "Creative Development: design to protect open space" by rural planner Randall Arendt Thursday, Nov. 18, at 7 p.m. in the Fortinsky Auditorium of the Center for Technology at the penn State-Lehman campus.

HL Women's Club to hold Craft Fair Nov. 21

The Harveys Lake Women's Service Club presents its 3rd Annual Xmas Craft Fair, Sunday, Nov. 21, 11 a.m. to 4 p.m. at the Lake-Noxen Elementary School, Harveys Lake. Many beautiful handmade items, baked goods, photos with Santa, babysitting service for shoppers convenience, refreshments. Come and Xmas shop with us.

Senior menus

Senior Citizens' Centers sponsored by the Luzerne/Wyoming Counties Bureau For The Aging offer hot noon meals Monday through Friday to people 60 years of age or older. Donations from participants are gratefully accepted and needed in order to expand this program.

The following is the menu for the week of November 22.

MONDAY - Chili con carne w/cheese, baked potato, broccoli, hard roll, margarine, chocolate brownie, milk and coffee.

TUESDAY - Roast pork w/stuffing and gravy, whipped potatoes, mixed vegetables, orange juice, whole wheat bread, margarine, lemon donut, milk and coffee.

WEDNESDAY - Baked lasagna, peach cobbler, spinach w/garlic, Italian bread, margarine, tapioca pudding, tossed salad w/Italian dressing, parmesan cheese, milk and coffee.

THURSDAY - Thanksgiving Day. Centers closed.

FRIDAY - Deli hoagie, pasta salad, marinated tomato salad, cranberry juice, mayonnaise, minestrone soup, hoagie roll, milk and coffee.

For further information, contact the Luzerne/Wyoming Counties Bureau For The Aging Nutrition Program or call the Senior Citizens Center nearest your home.

Hospitals give free smokers' screenings November 18

As part of the American Cancer Society's Great American Smokeout, the Respiratory Therapy Department of Wyoming Valley Health Care System, Inc., will conduct free pulse oximetry screenings which measure the amount of oxygen in the blood stream on Thursday, Nov. 18. The screenings will be held in both the Nesbitt Memorial Hospital and Wilkes-Barre General Hospital campus lobbies from 9 a.m. to 11 a.m. and between 1 p.m. and 3 p.m. Health information on the hazards of smoking will be pro-

vided by the Wyoming Valley Unit of the American Cancer Society.

During the Great American Smokeout, individuals are encouraged to give up smoking for one day with the hope that they will remain smoke free. The complimentary screenings and informational displays provide opportunities for the public to learn about the effects of smoking and the risks associated with it.

For more information, please contact Nesbitt Memorial Hospital campus' Community Relations Department at 283-7200.

SKI TIP #5

by Sean O'Shea

Q. Are those lightweight jackets really warm?

A. Yes, with the fabrics and insulations available today it is no longer necessary to bundle up heavily. The key to maintaining comfort is to wear long underwear with good wicking properties, avoid cotton or wool long johns.

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