

Allied Services John Heinz Institute center opens here

By DAVE KONOPKI
Post Correspondent

From the accident victim to the injured athlete, to the person whose advanced age has begun to take its toll on his body, thousands of people throughout the world rely on the world of physical therapy each day.

Now, for Back Mountain residents who rely on Allied Services for physical therapy, life has gotten a little easier.

Long-renowned throughout Northeastern Pennsylvania in the field of physical and occupational therapy, the John Heinz Institute of Rehabilitation Medicine has opened an outpatient clinic in the Route 309/415 Plaza in Dallas.

Patients can now receive the same care given at their main office in Wilkes-Barre without the inconvenience of travel. The clinic is open Monday through Friday from 8 a.m. to 4 p.m.

"We felt the Back Mountain was a good distance from the hospital," said public relations director Bill O'Boyle. "This will

cut down on the amount of travel one must endure to be treated as an outpatient. We think the people of the Back Mountain will greatly benefit from having an outpatient center in their backyard."

The clinic specializes in the treatment of Multiple Sclerosis and aquatic therapy, but offers a wide range of physical and occupational therapy treatments.

They provide isokinetic testing and training on Viodex equipment. A stationary bike, treadmill and a Kinotron machine are also available.

Modalities include ultrasound, electrical stimulation, hot and cold packs, gait training and functional activities. They also offer whirlpool treatment and teach patients energy conservation and offer advice on home/work modification.

According to the clinic's physical therapist, Jill Healey, the Dallas center currently treats 10 patients, most of them of the geriatric population.

"Most of the people we're currently treating are orthopedic patients," said Healey, a graduate

of the University of Scranton who has seven years of PT experience. "We do a lot of gait training and strengthening. Some of the patients have had joint replacements. We have to do a lot of family training with the older patient. The older person needs to be at home."

Although most of the current patients are older, Healey is looking forward to treating a variety of patients.

"I'd like to do some work with people with rheumatoid arthritis, neurological problems and spinal cord injuries," said Healey, who works in the clinic with physical therapy aide Mary Walsh. "We're looking forward to treating a wide variety of people with different problems."

Currently, the clinic does not have any occupational therapy patients. Healey explained that if a person arrived at the office with an order for OT, an occupational therapist would be sent to the clinic to treat the patient.

With seven years of experience under her belt, including two years in in-patient therapy, two years

with workers' compensation and three years in the field of work hardening, Healey finds her job both challenging and rewarding.

"Every day I see different patients with different problems," said Healey, the mother of two children. "Everything we do is rewarding. Some of the success depends on the motivation of the patient. I love what I do."

It hasn't taken long for Healey, a graduate of Coughlin High School and a current resident of Edwardsville, to take a liking to the people of the Back Mountain.

"I love the Back Mountain," said Healey. "All of the patients are friendly and very informative."

Everyone is always telling us places to go and where to go for lunch. Even the neighbors in the plaza have been nice, stopping by to say hello. It really is a nice place to work."

A prospective patient must be referred by a physician and have a prescription for physical or occupational therapy. New patients are welcomed at the clinic and anyone with any questions should call Healey at 675-5075.



HEINZ STAFF - Jill Healey, left, is the physical therapist at the newly-opened John Heinz rehabilitation center in Dallas. With her is Mary Walsh, physical therapy aide.

Penn State scholarship to honor Conynghams

A named scholarship endowment has been established in honor of Lou and John N. Conyngham III of Shavertown at the Wilkes-Barre campus where Mr. Conyngham was chairman of the Advisory Committee from 1967 to July 1993.

A Community Testimonial dinner will be held at Genetti's Best Western in Wilkes-Barre October 6 in the Conynghams' honor. Penn State President Joab Thomas will attend as a special guest speaker.

Other speakers on the program include Tom Bigler, to deliver a tribute to Jack Conyngham, and Sue Kluger, chairperson of the testimonial dinner, who will make the presentation announcing the endowment. Msgr. Andrew McGowan will be master of ceremonies. Anzalone Bros. & Co. will provide the entertainment.

Penn State Wilkes-Barre Campus Advisory Board members, friends, and community leaders have contributed nearly \$60,000 to the Lou and Jack Conyngham Scholarship, and gifts were still coming in, according to Dr. William A. Pearman, Campus Executive Officer. More information is available from the Campus Development Office, 675-9228.

The scholarship will benefit full-time undergraduate students currently attending or planning to attend the Wilkes-Barre Campus who have achieved superior academic records or who have promise of outstanding academic success, and who have proven financial need.

Jack Conyngham, a Yale University graduate was named Honorary Alumnus of Penn State by the Alumni Association in 1991. He has said many times that he believes it is vital for this area to have Penn State in the community.

However, this event is in honor of Mr. Conyngham's many services to the community at large, and not just to Penn State. Mrs. Kluger emphasized. Other members of her committee, working on the scholarship endowment and the testimonial dinner, are Jack Burkle, Guthrie Conyngham, Shirley Fortinsky, Jack Kolesar, Dr. Pearman, Robert E. Post, Sr., Tom Robinson, Harold J. Rose, Jr., Richard M. Moss Jr., Edward Schechter, Bobbie Steever and Dr. Wallace F. Stettler. Any friend of the family who is interested in attending is invited to contact Penn State Wilkes-Barre Campus for an invitation.

Jack Conyngham currently serves on the advisory board of First Fidelity, N.A. and is chairman of the board of directors at Pennsylvania Miller's Insurance Co. He has been active with numerous community organizations such as F.M. Kirby Center for the Performing Arts, the Children's Service Center, leadership Wilkes-Barre, United Way of Wyoming Valley and the Y.M.C.A. In addition to his professional, and civic interests, Jack is an avid fisherman and hunter. He is vice-president of the family owned Eastern Penn Supply Co.

Mr. Conyngham has been a driving force in the growth and development of Penn State Wilkes-Barre Campus. He has served on the Campus Advisory Board since 1965 and will continue to serve as a member although he has turned over the chairmanship to Mike Hudacek.

Mr. Conyngham spearheaded the first capital campaign in the history of Penn State Wilkes-Barre, which in 1965 raided a half-million dollars to assist in moving the



JOHN AND LOU CONYNGHAM

campus from downtown Wilkes-Barre to the former Conyngham estate in Lehman, 12 miles from Wilkes-Barre. The 50-acre estate has been built by an uncle of Jack Conyngham.

Jack also took a leadership role in the second capital campaign which raised \$2.5 million to build the Center for Technology building. A lab in the technology center is named in honor of the Conyngham family.

A highly effective business and community leader, Mr. Conyngham helped develop Eastern Penn Supply Co. into a multi-million dollar distribution center in Wilkes-Barre with branches throughout Northeastern Pennsylvania. He also supervises another Conyngham family business, Hillside Farms Greenhouse.

He and his wife, the former Lou Carpenter, are the parents of four children and have four grandchildren.

Shavertown to launch giving campaign with special event

A special program to launch the 1994 Stewardship Campaign of the Shavertown United Methodist Church will be held Wednesday evening, October 6 at 7 p.m. at The Barn at Newberry Estate.

The event will begin with dessert and fellowship with Susan E. Davis in charge. At 7:30 p.m., a talent show, "Holy Hoedown," will be presented, directed by Susan and Frank Razny, with a western theme. Paul Zanelli will furnish

the music on the electronic keyboard.

A video on the life and work of the Church will be shown by Jean Johnson. A cowboy, "Desert Pete," will symbolize the story of priming

the pump. The Chancel Choir will present inspirational music. The congregation will be invited to make their estimates of giving in 1994.

Guthrie Mitchell is general

chairman of the event, assisted by Richard Johnson, Mary J. Crispell, John Bittner, Margaret Spencer, William McLean, Lorraine Allen, and John and Elfriede Turner.

Country-Western dances move to Dallas Twp. school

By GRACE R. DOVE
Post Staff

Since September 4, Country-Western dance fans have been strutting their stuff with Cadette/Senior Girl Scout Troop 622 at the Westmoreland School in Trucksville.

Beginning Saturday, October 2, dances will be held at the former Dallas Township High School building, next to the Dallas School District's administrative offices on Church Street.

"It's a better location, providing easier access and better lighting in the parking lot," said troop leader Jamie Kozemko. "The lighted parking area will be more convenient for visitors."

Each dance has attracted more visitors, including those who come to watch but end up having a great time out on the dance floor, she said.

Visitors will use the school's side entrance across the driveway from the district administrative offices.

The bi-weekly dances, which Mrs. Kozemko has described as "an affordable alternative to the Saturday night bar scene or other entertainment which costs a small fortune," will still feature DJ Rich Austin and dance instructor Bonnie Kochanowski.

The \$5 per person or \$8 per couple donation entitles visitors to an hour of free Country-Western dance lessons, starting at 7 p.m.

Due to the change in location, the troop needs folding tables or card tables and chairs, either as donations or long-term loans. Anyone wishing to lend these items may call Mrs. Kozemko at 696-3595.

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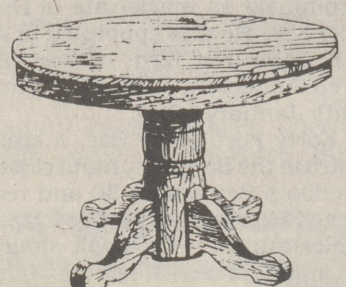
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