

board candidates Allen Moss and Irene Brislin will square off again in the fall. Page 8.

LCCC graduates many students from this area. Page 12.

Memorial Day photos Page 3.

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Dallas High honors night photo coverage continues. Page 13.

Dallas Rotary inducts its two newest members. Page 7.

Six alumnae will be honored at College Misericordia reunion. Page 10.

Crossword puzzle appears on page 11.

"The fire was humongous - it destroyed the vacant house next door and damaged the garage. A tree and clothesline in our yard were also burned. The firemen saved our house. It was so hot that steam was rising from the roof."

• December: two more car fires

• March 28: a fire guts a vacant

• May 22: a fire guts the second

Neither vacant home had elec-

tricity or gas hooked up, Miers

home and damages a nearby ga-

floor of another vacant home.

within 24 hours.

rage.

See FIRES, pg 8

Shavertown girl eyes '96 Olympics

UNDER INVESTIGATION - The second floor of this home at 92 Harris Street in the Roushey Plot

section of Kingston Township was gutted by a fire Saturday, May 22, which police are investigating as

By GRACE R. DOVE Post Staff

For fun, 16-year-old Tina Sidonio throws around 22-yearold men twice her weight five times a week and breaks twoinch thick boards with her bare hands.

the last of a string of suspicious fires in the area.

The first-level black belt karate student recently won the Pennsylvania State Martial Arts Championship for the second year in a row and has earned a gold medal in a pre-Olympic tournament as preparation for the 1996 Olympics.

"My classmates are surprised that little 100-lb me can do this, but they're very happy for

Before her first lesson four years ago, her teacher made her read the school's code of conduct out loud three times. To honor and obey one's parents and family, to respect one's elders and teachers and to maintain good school grades are only part of the code of developing body, mind and spirit which she has chosen to live

"It's a lifelong commitment," Tina said.

Although Tae Kwon Do, focusing primarily on body movements, kicks and punches, is Tina's first love, she is also proficient in Hap Ki Do, a very

very disciplined," she said. "I've learned to focus my attention and concentrate on my goals."

POST PHOTO/GRACE R. DOVE

"Our karate class is very close," she continued. "It's like having a lot of extra brothers; there's always someone to talk to if I need to.'

Competition for titles is very intense, Tina said. "It's all oneon-one. There's no one there to cover for you if you make a mistake. The honor of your entire school is on your shoulders."

The pre-Olympic competition was especially challenging for Tina, who had worked hard to prepare for it, and ended up battling a stomach ailment as

Harveys Lake Women's Club installs officers. Page 10.



Fly-in fun at Skyhaven Airport this weekend. Page 16.

Dallas girls'

soccer gains spot in Eastern PA Championships. Page 9.

Rangers, Astros at top of Little League standings after 6 weeks of plan. Page 9.

Fish without a license this weekend. Page 9.

Soccer tryouts for Back Mountain travel team will be held June 6 and 13. Page 9.

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POST PHOTO/GRACE R. DOVE THE SECOND TIME AROUND - Shavertown resident Tina Sidonio recently won the Pennsylvania State Martial Arts Championship for the second year in a row

me," Tina joked.

Modest about her many accomplishments, Tina, a sophomore at Lake-Lehman High School, was inducted Monday, May 24, into the National Honor Society, has been nominated for Junior Leadership Wilkes-Barre and was one of two students in her school to be selected for a three-day Rotary exchange program at College Misericordia.

She is a straight-A student and plans to join the staff of Knight Life, the school newspaper, next year.

Tina has been studying karate since she was 12 years old; her current teachers are Master Vince Sperduto, a fourthdegree black belt and Master C.A. Manganiello, a third degree black belt.



First Communion

Anna Bruns, center, received a bit of help and advice from her friends Caitlin Ward, left, and Karissa Donahue while preparing for her first holy communion at Gate of Heaven Church. Photo of all the communicants on page 7.

dangerous defensive technique involving the use of weapons: the sword, bowstaff and nonchucks (two short sticks joined by a short cord.)

She attends karate class five times a week for 1-1/2 to two hours and works out at home. Although she had to learn to break a two-inch thick block of wood with her bare hands for her last black belt test, she concentrates mostly on fighting moves and katas.

A kata is a series of graceful, highly synchronized balletlike body movements which make up a form.

"When I broke the block, all that I felt was a little sting, nothing more," she said.

The only young woman in her karate class, Tina said that she has had to mature fast. "It's

well as her opponents.

"I just went into it knowing that I would do my best and that was all that mattered," she said.

The daughter of Gabriel and Margaret Sidonio of Shavertown, Tina has one brother, Gabe, 15. Fascinated with math and biology, she plans to study medicine, possibly specializing in surgery.

"I am very proud of Tina's ac-complishments," Margaret Sidonio said. "She works hard at everything and never gives up.

Tina plans to continue the long road towards preparation for the 1996 Olympics in Atlanta, Georgia, by doing what she does best: giving her beloved karate a 1,000 percent effort.

Water runoff rules may hike home costs

By GRACE R. DOVE Post Staff

New state-mandated regulations aimed at helping to prevent flooding by controlling stormwater runoff may make future development in the Back Mountain more costly.

According to Dallas Township engineer Tom Doughton, the stormwater ordinance, which officials from five area municipalities have been studying as part of a pilot project in Luzerne County, could eventually cost developers and people building new homes in the Back Mountain an additional \$4,000 to \$6,000 per lot.

The pilot project, called the Toby's Creek Watershed Citizens' Advisory Council, sponsored by the Luzerne County Planning Commission, recently completed a two-year study in applying the Stormwater Management Act #167 to Toby's Creek, which drains 30 square miles of the Back Mountain and an additional six square miles in Wyoming Valley before it flows into the Susquehanna River in Edwardsville.

The state Department of Enviconmental Resources (DER) ex-

Rules in a nutshell, page 8.

pects to approve the runoff management plans of the 11 municipalities (Kingston, Dallas, Lehman and Jackson townships, Dallas Borough, Luzerne, Pringle, Courtdale, Edwardsville, Kingston and Larksville) along the creek by July, according to David Jastenski of the department's Bureau of Land and Water Conservation.

After DER's approval, the 11 municipalities will have six months to adopt stormwater runoff ordinances. DER will fund 75 percent of the costs of implementing the ordinances for each municipality.

The state has the right to withhold General Fund money, which includes the Liquid Fuels Tax used by area municipalities for road maintenance, from communities which don't comply with the Stormwater Management Act. Jastenski said.

The Back Mountain and Toby's Creek were chosen to be the first communities in Luzerne County

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