



Tranquil day at Harveys Lake

Photo by Charlotte Bartizek

Guest column

April is Occupational Therapy Month

By GAIL FIDLER, OTR, FAOTA

April is Occupational Therapy Month, an appropriate time for acknowledging this profession's many contributions to health care, and a time for promoting understanding of the profession itself. Such attention is indeed timely this year since health care concerns and the pending development of a national health care plan is, very much on everyone's mind.

Occupational therapy has a crucial note in health care as a restorative service for those who are injured, ill or disabled; as a discipline whose practitioners help individuals compensate for physical or mental limitations or handicaps; and as a profession committed to the prevention of disability and the promotion of wellness. The American Occupational Therapy Association (AOTA), in concert with other rehabilitation professions, is actively involved in providing information to the Clinton health care planning committee to urge that the plan address the need for restorative health service beyond acute, short term care.

My physician husband and I have written to Hillary Rodham Clinton, pointing up the critical importance of services such as occupational therapy to ensure that individuals reach their highest possible level of independent functioning. We point out that it seems to make little sense to spend millions to prevent people from dying and then invest little or nothing in continued care to maximize their ability to lead as productive a life as possible.

Today we recognize the close relationship between state of health and the quality of life. Research in the behavioral and health sciences is defining the important elements of a satisfying life: an individual sense of autonomy, independence, self dependency, and the opportunity and ability to do those things that one does well. When illness or disability occurs, these universal human needs are often thwarted, and healing and restoration is likewise thwarted and delayed.

Occupational therapy addresses such issues. Occupational therapy empowers an individual to perform daily living activities in more productive, satisfying ways. To be able to attain a level of independent functioning and to make some contribution toward ones' care no matter how limited this may be, is both cost effective and health generating—for the young, the adult and the aging as well.

For example, as a result of occupational therapy, physical therapy and other rehabilitation services, about 350,000 Americans return to work each year, resulting in a savings of \$1-2 billion for public programs such as Workers Compensation, disability insurance and Medicaid, according to the Medical Rehabilitation Education Foundation.

For 20 years, occupational therapy's role in health care has been rapidly expanding beyond the acute and rehabilitation hospitals to community based health care services, school systems, independent living centers, nursing homes, industrial settings and wellness programs. The demand for occupational therapy services far exceeds the number of practitioners. However, because of a severe shortage of occupational therapists qualified to teach at the college level, 65 percent of qualified student applicants were turned away from college and university occupational therapy programs in 1991-92, according to the AOTA. The inability of these programs to meet the demands for graduates is certainly serious.

One of the AOTA's top priorities is to stimulate the development of graduate programs in occupational therapy to prepare therapists for leadership and teaching roles in the profession. College Misericordia is one of a few colleges and universities in the country which offers a five-year entry level degree in occupational therapy, permitting students to earn a bachelor of science degree in ei-

ther psychology or general studies, and a master of science degree in occupational therapy. The College also has developed a specialty master's program for the practicing registered occupational therapist.

These programs aim to provide the research that is necessary for effective services and for the ongoing development of new and improved methods; to teach and mentor the novice therapist; to monitor, oversee and guide the health care aide and assistant; and to provide skillful, cost effective care to patient and client. The graduates of these programs will be called upon, now and in the future, to provide the leadership needed to develop affordable, quality health care through research, artful practice and creative teaching.

Occupational therapy's role in this nation's future health care is a vital, growing one, and holds much promise for the improved health of our society.

Gail Fidler, OTR, FAOTA, is an internationally-known researcher, author and teacher of occupational therapy. Currently she is Scholar-in-Residence for Misericordia's occupational therapy program.



March 31 Old Photo identified

Thanks to John Juris, a resident of Dallas for over 40 years who identified our old Photo of March 31. The ski photo, as we called it, was actually people who were modeling for an upcoming fashion show.

The Wyoming Valley Ski Club sponsored the fashion show and the photo was taken at Newberry Estate, Dallas in 1973.

This old photo renewed memories of a trip to Europe that Mr. Juris had gone on with one of these fellows shortly after the fashion show was held.

Standing far left, Bob Novak, Bob West, Nancy Notterman, Romaine? Bobby Panatieri, child, one child not identified, man standing unknown, man kneeling with skis, Al Panatieri.

PENN STATE
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Dive Into Summer
— AT —
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Undergraduate Credit Courses

FIRST 4-WEEK SESSION

CLASSES BEGIN: May 10
CLASSES END: June 4

COURSE	CR.	TITLE	CLASS MEETS
CET 113	4	Field Problems	MTWRF, 8:00 - 4:00 p.m.
ENGL 015	3	Rhetoric and Composition	MTWR, 9:00 - 11:45 a.m.
ENGL 202C	3	Technical Writing	MTWR, 6:00 - 8:45 p.m.
ESACT 342	.5	Tennis I	MW, 1:00 - 2:50 p.m.
HIST 003	3	American Nation	MTWR, 9:00 - 11:45 a.m.
HLED 013	1	Standard First Aid	TR, 6:00 - 7:00 p.m.
*MATH 140	4	Calculus/Analytic Geometry	MTW, 3:00 - 5:45 p.m.
*MATH 141	4	Calculus/Geometry	MTW, 6:00 - 8:45 p.m.
MGMT 341	3	Personnel Management	MTWR, 6:00 - 8:45 p.m.
MUSIC 241	3	Music for Classroom Teachers	MTWR, 6:00 - 8:45 p.m.
SPCOM 100A	3	Effective Speech	MTWR, 9:00 - 11:45 a.m.

*Class ends June 21st.

SECOND 4-WEEK SESSION

CLASSES BEGIN: June 7
CLASSES END: July 1

CMPSC 297	1	Special Topics "C"	T, 6:00 - 9:00 p.m.
ESACT 357	.5	Volleyball I	TR, 9:00 - 11:50 a.m.
MUSIC 009	3	Intro. To Non-Western Music	MTWR, 9:00 - 11:45 a.m.
PSY 213		Intro. To Developmental Psych.	MTWR, 9:00 - 11:45 a.m.

6-WEEK SESSION

CLASSES BEGIN: June 7
CLASSES END: July 15

ENGL 100	3	English Language Analysis	MW, 9:00 - 11:50 a.m.
ENGL 202D	3	Business Writing	TR, 6:00 - 8:45 p.m.
FIN 301	3	Corporate Finance	TR, 6:00 - 8:45 p.m.
RL ST 001	3	Introduction to World Religion	TR, 6:00 - 8:45 p.m.

8-WEEK SESSION

CLASSES BEGIN: June 7
CLASSES END: July 29

CMATH 222	2	Differential Equations	MR, 6:00 - 8:00 p.m.
ECON 002	3	Microeconomics	MW, 6:00 - 8:45 p.m.
EE T 100	3	Applied Electricity	By Appt.
EE T 114	3	Electrical Circuits	By Appt.
EE T 117	3	Digital Electronics	TR, 6:00 - 9:00 p.m.
EE T 118	1	Electrical Circuits Lab	By Appt.
EE T 120	1	Digital Electronics Lab	Every 3rd F, 6:00 - 9:00 p.m.
MATH 021	3	College Algebra I	MTR, 9:00 - 10:50 a.m.
MATH 088	5	Technical Math/Calculus	MWR, 6:00 - 9:00 p.m.
MATH 110	4	Technical Calculus I	MW, 6:00 - 9:00 p.m.
QBA 200	4	Quantitative Business Analysis	MW, 6:00 - 8:45 p.m.
STAT 200	4	Elementary Statistics	TR, 6:00 - 9:00 p.m.

15-WEEK SESSION

CLASSES BEGIN: May 10
CLASSES END: August 4

BE T 203	4	Biomed Internship	MTWRF, 8:00 - 4:00 p.m.
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REGISTER now until the first day of class in any semester at Hayfield House on the Wilkes-Barre Campus, 8:00 a.m. - 8:30 p.m., Monday through Thursday, and 8:00 a.m. - 4:00 p.m. on Friday. FOR FURTHER INFORMATION, call the Registrar's Office at 675-9223.

Library news

Walking sticks, perfume bottles on display

By NANCY KOZEMCHAK

The Back Mountain Memorial Library display case is featuring a group of antiques as a prelude to the 41st annual Antique Show and Sale sponsored by the Prince of Peace Episcopal Church in Dallas. The display includes an array of antique perfume bottles for the ladies. The bottles are crystal, glass and sterling silver. For the gentlemen, there is a sampling of antique walking sticks; some made of glass and a few of wood folk art. One of the sticks dates back to the Civil War having been hand carved by a wounded soldier recuperating in the Army hospital. The sticks' carvings feature a snake trailing down it with the dates of the battles and names of the general carved on it.

The Antique Show will be held Tuesday, May 4 from 11 a.m. to 8 p.m. and Wednesday, May 5 from 11 a.m. to 5 p.m. in the parish house of the church, sponsored by the churchwomen. Special

additions at the show will be a flower mart, flea market, snack bar and free parking. Lunch will be served both days with home baked pies and salads and a special dinner Tuesday evening.

The library is also displaying four lap-sized quilts which were handquilted by members of the Quilting Committee of the Trucksville Nursery School's Parents Enrichment Group. The group is selling tickets for a drawing that will be held on May 3rd at the Nursery School. Tickets are available at the library information desk for \$1.00 each. The quilts are absolutely beautiful and all proceeds will benefit the Wendy Reese Fund.

New books at the library: "The Cat who Went into the Closet" by Lillian Jackson Braun is the latest delightful cat mystery. Quill rents the Gate mansion in Pickax, and soon after moving in, he and Koko discover 15 closets jammed with several generations worth of junk. Koko is on the case, and what he discovers will shock Pickax and

Moose County. Something is definitely brewing in Pickax; what starts out as junk turns into something else.

"Collected Poems" 1953-1993 by John Updike includes earliest poems from 1953 when he was 21 and the last were written after he turned 60. Over 70 poems have not been published before in book form. The poems constitute, as he says, 'the thready backside of my life's fading tapestry.' Nature, tenderly intricate, ruthlessly impervious, is a constant and ambiguous presence in these poems along with social observation expected from a novelist.

"Fire in the Soul" by Joan Borysenko covers a new psychology of spiritual optimism. The author, a gifted healer, believes that the wounds we suffer—and heal from—can be gateways to a transformation of the spirit, one that not only nourishes our souls but blesses us with the potential to help our world. In this book, she taps a deeper vein of healing.

Property transfers

Property transfers recorded at the Luzerne County Court House from April 6, 1993 to April 14, 1993. Prices are extrapolated from transfer taxes paid.

Michael J. Cordone to John W. Wierzas, 110 Church St., Dallas, property Claude St., Dallas Twp., \$85,000.

Nicholas Lykin to Richard Engelman, PO Box 134, Noxen, property Rte. 750, 1.126 ac., Lake Twp., \$10,000.

Tony Van Scoy to Lavere G. Stiles, RR 2, Box 207, Bulford Rd., Dallas, property Sutton Rd., Jackson Twp., \$110,000.

Francis Joseph Caputo to Francis Joseph Caputo, 333 Parsonage St., Pittston, property 1.00 ac., Hilltop Dr. West, Kingston Twp., \$9,000.

Vincent C. Angelicola to Emilie Peters, 159 W. Overbrook Ave., Dallas, property Overbrook Ave., Dallas Twp., \$62,500.



Recycling pioneer?

Recycling - It's been happening for a long time in the Back Mountain. Does anyone remember the "Save water, put a brick in the tank" campaign? A local club spent an entire Sunday handing out free bricks to save water in the toilet tanks.

Our photo this week is, we think, a member of the Back Mountain environmental group. That is all we can read on the back of the photo. Do you know who she is and what story this old photo has to tell? Give us a call and we'll share your story with everyone.

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