## SCHOOL



Dallas Middle School holds baking contest The Foreign Language Department of the Dallas Middle School
recently held the 1992 Foreign Desserts Bake-Off. The bake-off was pen to all eighth-grade foreign language students. Each contestant First place winners were Phil Gager and Fred Maier, who prepared German Black Forest Cherry Cake; Heather Gryziec and Nicole Hayden, who prepared French cream puffs; and Don Holdredge and Booby Lorah, who prepated a Spanish caramel flan. Second place winners were Nathan Shedlock, who prepared a German chocolat crepes; and Quinn Kavanagh and Lynn Kilduff, who prepared fruited Spanish flan. Shown from left are:
Heather Gryziec, Fred Maier and Phil Gager

## Teach children to

 walk safely to schoolParents should not only show judge vehicle stopping distances
children the way to school, they accurately.
should also teach them to get there Collisions $\qquad$ bile Cliub.
It'simportant for parents to walk
lives inger, claiming nearly decade. Approxi-
mately 70 lascent of these traffic first-time and very young students mately 70 percent of these traffic
to school or to the bus stop several incidentsoccuron the way to school times, even if they insist that they and in the afternoon between 3-6
know the way," said Patrick J. p.m. know the way, said Patrick J.
Higgins, Safety Director. "Decide
on the safest route to out possible traffic hazards and ries of pedestrians between the establish safe walking habits." ages $5-14$ occurred between inter-
sections in 1990 (the latest year for be especially alert in the vicinity of which statistics are available), school crossings because young- occur, in part, because students sters can be unpredictable. Inquisi- get careless or act impulsively.
tive impulsive and fast, they may
The Valley Automobile Club tive impulsive and fast, they may The Valley Automobile Club
dart outbetween parked cars, from offers these additional tips to dart out between parked cars, from
behind shrubbery orother obstruc- these additional tips to
temind motorists to drive cau-
tion. "Children have a relatively short - Watch for school zones that
attention span, especially in the limit driving speed and turns durearly grades. Even if they know all ing specific hours.
the safety rules, they are likely to
• Pay attention to adult school forget them when pursuing a wind-
tossed school paper or favorite toy",
crossing guards and AAA School
Safety Patrol members stationed tossed school paper or favorite toy",
safety Patrol members stationed
said Higins.
at key intersections. Patrol mem-First-time students are particu-
larly vulnerable since they lack orange belts experience in traffic and have not $\begin{aligned} & \text { - Obey local traffic laws con- } \\ & \text { yet fully developed the ability to cerning school buses. }\end{aligned}$.


Food service art contest winners
Lindsay Pearson and Lauren Atherholt recently won the Art Contest at the Lehman-Jackson Elementary School sponsored by
Pennsylvania Food Services Association. Shown from left, Janet Pennsylvania Food Services Association. Shown from left, Janet
Eddy, head of Food Services at the school presents Pearson, 5th grade and Atherholt, kindergarten, with the awards. One hundred and sixteen students entered the contest. Pearson and Atheraward winners from the district.


## School menus <br> DALLAS SCHOOLS <br> Sept. 3-9 THURSDAY <br> THURSDAY - Chicken patty/ bun w/lettuce-tomato, seasoned bun w/lettuce-tomato, seasoned green beans, creamy pudding, choice of milk. FRIDAY - Cheeseburger/bun, oven baked French fries oven baked French fries, chilled pears, OTIS cookie, pears, OTIS cookie, choice of milk. MONDAY - Labor Day. No <br> school. $\begin{aligned} & \text { TUESDAY - B.B. Q. chicken, roll- } \\ & \text { butter, corn }\end{aligned}$ butter, corn on the cob, macaro salad, fresh fruit cup or water melon slice salad, fresh fruit cup or melon slice, choice of milk. WEDNESDAY - Homemad vegetable soup, hot ham-cheese/ bun, crackers, Tator tots, jello w/ bun, crackers, Tator tots, jello topping, choice of milk.

GATE OF HEAVEN SCHOOL Sept. 3 - 9
THURSD
THURSDAY - Hamburger bun, French fries, pears, milk.
FRIDAY - Pizza, salad, peach
cookie, milk.
MONDAY. - Labor Day. No
school.
school.
TUESDAY
French fries, carrots,
milk. WEDNESDAY - Chicken pattie
w/bun, lettuce, pears, milk.
LAKE-LEHMAN SCHOOLS
Sept. 3-9
THURSD
mashed potatoes/gravy, garden peas, roll-but
pudding, milk.
FRIDAY - Pizza or peanut butter
jelly sandwich, celery/carrot
sticks, potato chips, fruitcup, milk.
MONDAY . Labor Day
school.
TUESDAY - Steak hoagie, onion
rings, seasoned green beans,
peaches, milk.
WEDNESDAY
sandwich, pickle chips, tomato sandwich, pickle chips,
soup, crackers, pears, milk.
WEST SIDE TECH
Breakfast
THURSDAY - Fruit juice, cin-
FRIDAY, Cereal, milk.

- Fruit juice, coffee
cake, cereal, milk
MONDAY - L
DAY - Labor Day. No
TUESDAY - Banana bread, ce
real, orange wedge, juice, milk.
WEDNESDAY - French
stix/syrup, cereal, juice, pastry
milk.
Lunch
THURSDAY - Wafer steak/bun
w/lettuce-tomato, crisp hash
w/lettuce-tomato, crisp hash
browns, jello w.c., milk.
FRIDAY - French bread pizza,
fresh relish cup/dip, fresh fruit,
milk.
MONDAY - Labor Day. No
school.
TUESDAY - Chicken patty/bun TUESDAY-Chicken patty/bun
w/lettuce-tomato, mixed veggies. pudding, milk.
WEDNESDAY - Hamburg o cheese burg/bun w/onions, rel ish, seasoned corn, pumpkin bars,
milk.


## Wyoming Seminary will host

 Cornell speaker Sept. 21As part of its service to college-
bound students and their families, Wyoming Seminary College Pre paratory School, Kingston, will host
Ms. Gretchen Alsdorf, associate director of admissions at Cornell University, on Monday, September 21, at 7:30 p.m. in the Buck
ingham Performing Arts ingham Performine
Sprague Avenue.
of "Ivy League" schools, what quali-
fications they look for in an applicant, and how selective and competitive they are with regard to A question and answer period will follow. All Upper School students and
their families are invited to this informational session. For Sprague Avenue. director of college guidance, Ms. Rutledge, director of college guidAlsdorf will address the popularit

## At

Dallas Family Practice, One Good Doctor Leads To Another

Irvin Jacobs, M.D
Thomas M. Campbell, D.O. Diane A. Lowe, M.D. Jane E. Durkin, D.O. Gary Nothstein, D.O.

Dallas Family Practice $\square$ O A avision or wirkes.Barre Generai Heainn Corporation

