## THE DALLASO O,OST

## SportsWeek

## Back Mountain National, American All-Stars both win

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say that I was totally surprised at t. Josh hit six during the regular season. But that one was really

big.". agreed.
It gave us a big psychological "It gave us a big psychological
lift," said Regan. "The kids got
excited and our dugout came around. Up until that point we ners. It definitely was the turning West Pittston jumped out to a 2 -
O lead in the second inning despite getting a base hitt. Carsman, who
tossed a no-hitter in the opening tossed a no-hitter in the opening
round, walked three batters and lound, waiked three batters and
lose defive play allowed West Pitston to take the early lead.
But the Nationals came back in he third. With onedut Jason Perlis, who had two hits, singled and
Butler followed with his roundtripper. Randy Moyer and Mike Sollowed with a single that was misplayed, allowing Moyer and
Sabol to score to make it 4 -3. Pittston fourth with their first hit of the game and advanced to third
on a wild pitch and passed ball. on a wild pitch and passed ball.
Wisnewsky then scored on an erWisnewsky then scored on an er-
ror to make the score $4-3$. West Pittston never mounted a serious threat after that as Perlis
pitched hittess ball in the fifth and sixth to seal the victory. Carsman
got the win, striking out nine and walking six while Perlis struck out wo and walked one. A.J. Delucca scattered seven hits, struck out
five and walked four in absorbing

Senior Girls' all-stars swamp Wyoming 30-0


Back Mountain will focus on how
to improve their team strengths. ${ }^{\text {a }}$
feel we will feel we will need two key pitching
performances and the top to the performances and the top to the
bottom of the batting lineup will have to get the needed bunt or
steal or bat on the ball," Naugle said. team right now, there are 14 goo in the line up, even the bench
Naugle said Back Mountain hopes to use al
of their resources this coming week because it is do or die time in the
yearly Little League tournament. The team has gotten more pumped up for games. Our defense is great. But, we need to stick with
good defense.. A good defense is exactly what
Back Mountain needs. Remember the old adage, "Offense wins games,
defense wins championships." Back Mountain will hope to take pionship this week.
AVOCA-DUPONT 13
 best Avoca-Dupont $14-13$ Saturday, July 11 . after three innings, but saw Avoca-
Dupont chipped away until the top of the seventh when they pushed
fie runs across to take a 12-11 Harveys Lake tied it up when Janelle Elgeway scored on a single
by Carrie Llewellyn. After a scoreby Carrie Llewellyn. After a score-
less eighth inning, Avoca-Dupont scored their thirteenth run in the
top of the ninth. But 13 wasn't their lucky number as Harveys
Lake scored twice to ice the win.

Poynton hits with the best for Misericordia softball
When it comes to hitting soft-
balls, Laura Poynton of Dallas is


RACING TO A WIN - Jack C. Barnes, with Charles Wasserott V as crew, won the Harveys Lake Yacht Club Black Diamond race

Barnes, Wasserott win Black Diamond race



## 3-way tie atop rec basketball league

| Humphrey's led by Mr. Insid | Suthiff added 16 e |
| :---: | :---: |
| Nafty Haze's 22 and Mr. Outside | continues on Wednesday, July 15 |
| Frank Debona's 21 defeated Fitch |  |
| \& Son $76-68$ in the Fieldhouse/ at the Dallas Borough Rec Cen Dallas Rec Adult Basketball League on Burndale Road in Dallas. on July 8. The loss was the first for |  |
|  |  |
|  |  |
|  |  |
| into a three way tie with |  |
| Humphrey's, Fitch \& Sons and the | League standings W |
| surprising Jim-Jon Tomatoes all | Jim-Jon Tomatoes |
|  | Humphrey's |
|  | Fitch \& Sons |
|  | Payne Printery |
| In perhaps the biggest upset o | Fieldhouse |
| e summer seaon Jim-Jon Toma- | The Lion Inc |
| toes nipped Payne Printery 66-65 |  |
| up goal by Ed Thomas with four | Top 5 three-point goal leaders |
|  |  |
| an had 19 for Jim-Jon while Tom | Frank Debona, Humphrey's, 5 |
| Shalata added 16. Joe Flaherty |  |
| d 29 for Payne which now dr | Clark Van Orden, |
| to 1-2. | Fitch \& Sons, 5 <br> Len Annetta, Payne, 5 |
| The Lion Inc. broke into the win |  |
| column by besting the Fieldhouse 81-71. Bill Cuff had a big night with 25 for the victors while Dennis Daucsin added 14. Walt Weir had 18 for the Fieldhouse while teammates Mark Millington and |  |
|  | Top 10 scorers - |
|  | points per game |
|  | Frank Debona, Humphreys, 23.0 |
|  | Joe Flaherty, Payne, 22.0 |
|  |  |
|  | Nafty Haze, Humphrey's, 21.3 Bill Cuff. The Lions, 20.6 |
| Schedule for 7/15/92 |  |
| 5:15 - The Lion Inc. vs. Pay | Ray Russin, Fitch \& Sons, 19.0 Walt Weir, Fieldhouse, 17 |
| intery |  |
| 15 - Fiel | Jeff Poorman, Jim-Jon, 16.6 <br> Jim Jaster, Humphrey's, 15.0 |
|  | Tom Shalata, Jim-Jon, 14.3 |
| 7:15-Humphrey's vs. Jim-Jon | Ryan Swank, JIm-Jon, 14.0 |

Irem Women's Golf Ass'n lists tournament winners


## Great game fish lurk in local waters

By GRACE R. DOVE
Post Staft


Rules, regs for game fish
Area anglers have a great variely of spore in effect until Decem-
ber 31; choose fomp. These regulations are
bomplete list can be found in the summary of fishing ber 31; a more complete list can be found in th
laws that comes with your fishing license.
laws that comes with your nshing itcense.

- Walleye: legal size 15", daily limit 6 .
- Muskie (muskellunge): legal size $30^{\circ}$, daily limit
- Pickerel: legal size $1^{\prime \prime}$, daily limit 6
- Bass: legal size 12 ", daily limit 6 .
- Trout: (with special $\$ 5$ trout permit only) legal size 7 ", daily limit

8 nutil Sept. 7. Daily limith after Sept. 7:3. and U.S. Coast Guard safety and licensing regulations.

Here's a quick, delicious recipe for any game fish
Okay, youve caught a mess of fish and talked your wire into
cleaning them. (Real men don't clean fish. If theyrre forced to,
they'll leave the sink filled with assorted fish body parts and heads they'll leave the sink filled with assorted fish body parts and heads with grossly protruding tongues for the wife to clean up.) Every sport ishern. recipe for their cason.
door cooking season
You'll need: several cleaned fish, a medium white cooking onion, two large green bell peppers and one slice of bacon per fish - Light the char - Dice the peppers and onion into small pieces.

- Lightly stuff the diced vegetables and a slice of bacon into the body cavity of cach fish.
- Lightly coat each fish with vegetable oil or margarine and wrap indivdually in aluminum foil.
$\bullet$ Cook over hot coals, turning
frequently, until fish is and wra
By Grace R. Dove

Shamus will compete in Keystones
Pennsylvania amateur athletes to compete in the 11 th annual 6,00 Sennsylvania amateur athletes to compete in the 11 th annual Keystone Valley. Shamus has entered the
vision in the Pocono Region.

Tim Puz will be in Keystones
Tim Puz of Dallas will be among more than 6,000 Pennsylvania mer Games finals slated for August 5-9, in the Greater Lehigh Valley Puz has entered the Midget Male competition Basketball Division in the Pocono Region.
Puz is a 7 th gra

