



HEALTHCARE  
REDEFINED  
FOR THE  
21st CENTURY

# Take an active interest in your health!

Discover Wilkes-Barre General's Hospital's  
services at the  
Thomas P. Saxton Medical Pavilion  
468 Northampton Street, Edwardsville

## Supervised Fitness Programs

- structured exercise using a full range of modern training equipment
- aerobics classes
- Motherwell™ for expectant and new mothers
- cardiac rehabilitation
- physical therapy

## Nutrition and Weight Management Programs

- The Optifast® Program
- The Optitrim™ Program
- special programs for adolescents and teens
- family nutrition counseling
- eating disorder therapy

## Outpatient Testing Center

- lab tests
- radiology, including CT scan, ultrasound and mammography
- cardiovascular testing
- pre-admission testing

## Community Health Education

- regularly-scheduled forums on current health care issues
- child birth preparation classes for parents, siblings and grandparents
- cancer, diabetes and open heart surgery support groups

For information about any of these programs, call 829-8111, ext. 2176.



**WILKES-BARRE**  
GENERAL HOSPITAL

North River and Auburn Streets, Wilkes-Barre, PA 18764 (717) 829-8111