



Firing it in
Stephanie Kriner was unhittable during the Mountaineers' 8-1 win over Crestwood April 10. Kriner threw six no-hit innings and Bridget Temperine followed with a hitless 7th to end the game. (Post photo/Ron Bartizek)



Safe at second
Theresa Mathers slid into second base on a ground out by Wendy Cave during the April 10 softball game between Dallas and Crestwood. Mathers went on to steal third and score on a single by Jody Ward. Dallas won 8-1. (Post photo/Ron Bartizek)

Soccer preview Veteran Mounts going for the top

By CHRISTINA CONRAD
Sports Correspondent

Dallas' girls soccer coach Ron Moran is counting on his six senior captains this year to provide the leadership needed for another victorious season in the Wyoming Valley Conference. According to Moran, "Everyone on the team plays a role and there is not just one player who wins."

Dallas does want to win though, as a team and improve on last year's record of 16-1-1. To do that the Lady Mounts will follow their team goal as stated by coach Moran, "We have to take it one game at a time and try to maintain our intensity."

Moran has fixed his eyes upon trying to win the Wyoming Valley Championship. To do this he will rely heavily on his returning starters. They are Sue Richardson, Patrice Shovlin, Amy Shelley,

Carrie Miller, Jen Rosental, Megan Moran, Alisson Labatty, Jessica Wallack, Nina Mathers, Amy Smith and Eve Figueroa.

And the Mountaineers have proved they can compete with a major victory over Lake-Lehman already this season and also by posting an impressive early season four and zero record in the Wyoming Valley Conference.

The Mountaineers will continue their winning ways if they stay healthy and can maintain their intensity. They have proven before that they can compete with the best teams in and out of the Back Mountain area. This season should be evidence of that fact, once again.

Also, look forward to seeing Dallas and Lehman play once in a possible playoff match-up. They both should qualify for one of the seven playoff spots available as the season draws to a close.

Sports roundup

LADY MOUNTS SHUT OUT DEL. VALLEY

On Friday, April 12, the Dallas Mountaineers defeated Delaware Valley by the score of 4-0 in exhibition soccer play. Dallas had 24 shots on goal and now has an overall record of 4 and 0.

Lady Mounts split track meet

KONER, COON TEAM UP FOR NO-HITTER

The Dallas Mountaineers softball team crushed Crestwood in their opener by 8 to 1 on Friday, April 10. Pitcher Stephanie Kriner threw a no-hitter. Dallas also got aid from Jennifer Coon who got two hits in the game.

RUGER LEADS KNIGHTS TO VICTORY

On Friday, April 10, senior centerfielder Heather Ruger led the Lady Black Knights to a 9-2 victory over Coughlin by going 3 for 4 at the plate. One of Ruger's hits was an outstanding true triple, her first of the season. The Lady Knights are now 1-0.

LADY KNIGHTS DEFEATED ON TRACK

On Wednesday, April 8, the Lake-Lehman track team was beat 106-35 by Pittston Area. Still coach Ed Narkiewicz was happy with his team's effort, especially senior Lauren Frederick.

TUNKHANNOCK TAKES LEHMAN IN TENNIS

On Wednesday, April 8, the tennis team of Lake-Lehman was defeated 6-1 by the Tunkhannock Tigers. Lehman's only victory came from Clive Lankwarden.

LADY MOUNTS SPLIT TRACK MEET

On Monday, April 6, the Lady Mountaineers track team lost to Pittston Area 73 1/2 to 67 1/2 at Meyers High School. Yet Dallas gained a split in downing Meyers 106-27. The Lady Mountaineers were led by Ann Smaka with four wins. Meanwhile the counterparts, the boys' team, defeated Pittston Area 106-44 and Meyers 106-44. Dallas won the 3200 relay, the 110 hurdles, the 100 dash, the 1600 run, the 400 relay, the 800 run,

the 200 dash, the 3200 run, the shot-put, the javelin, the long jump, the high jump, and the pole vault.

KNIGHT NETTERS LOSE TO PITSTON

Pittston Area defeated host Lake-Lehman in tennis by the score of five to two on Monday, April 6. Yet, John Littleford won in singles while John and Joe Matysak won in doubles.

KNIGHTS SPIKE NORTH POCONO 2-0

The Lake-Lehman Knights defeated North Pocono 2-0 in boys volleyball on Tuesday, April 7. Seniors Dave Knapp and Justin Goodwin as well as junior Rob Spencer helped to lead their team and take the match 15-6 and 15-7. Senior Paul Klemunes also had four aces in the team effort.

MOUNTS STOP ABINGTON HEIGHTS

The Dallas Mountaineers defeated visiting Abington Heights by the score of 15-5 and 15-5 in a local area volleyball. Dallas' Jeff Polachek, Dan Watchulonis, and Ned Palka led the Mountaineers.

LADY KNIGHTS SHUT OUT VALLEY WEST

On Tuesday, April 7, the Lady Knights soccer team defeated visiting Wyoming Valley West 1-0 with a goal by sophomore Lynn Turner assisted by junior Heather Isaac.

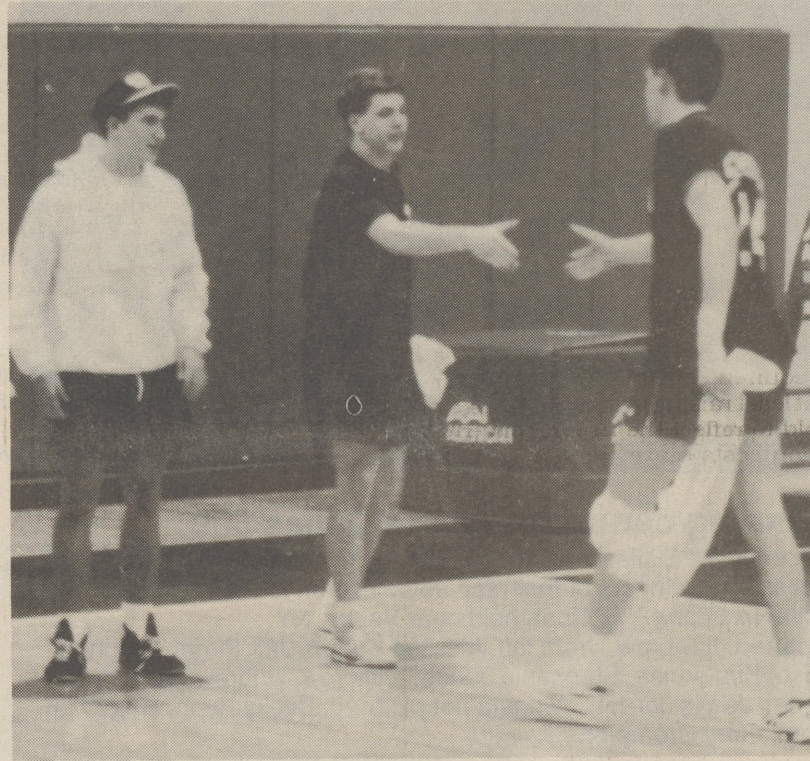
DALLAS BLASTS PITSTON 6-0

Visiting Pittston Area was romped by host Dallas on Tuesday, April 7, by the score of 6-0. Holly Mannear led Dallas with two goals while Meagan Moran added two assists.

LEHMAN BOYS SPLIT TRACK MEET

The host boys' track team of Lake-Lehman lost to Hanover 84-80 and beat Bishop Hafey 79 1/2 to 60 1/2. Winners for Lehman were the 3200 relay team of Mark Shisson, Mike Burnaford, Gary Masters, and Dave Clancy.

The girls team were beaten by visiting Hanover by the score of 107-41. Still Lauren Frederick was a double winner for Lake-Lehman.



VOLLEYBALL STARS - Adam Fernsler, right, Tournament MVP from State College, is being congratulated by Lake-Lehman's Dave Knapp. To the right of Knapp is Lehman's Rob Spencer.

Lake-Lehman does takes third in volleyball tourney

The 11th annual Lake-Lehman Invitational Volleyball Tournament concluded on Saturday, April 4 with the school's varsity squad finishing in third place, behind strong teams from State College and West York High School. Lake-Lehman's early round play found them dominating their pool with eight straight victories against teams from Dallas, Wyoming Area, Central Bucks East and the perennial strength at Cocalico High School.

Approximately 140 athletes participated in Saturday's Class AA tourney, from 10 teams throughout the eastern part of the state. The Black Knights placed two players on the eight man All Tournament team, selected by the coaches. Senior Captain Dave

Knapp fell just a few votes short of taking the MVP award behind Adam Fernsler of State College. Knapp placed second in the overall All Tournament balloting, through his strong hitting, defense and all around play.

Junior Rob Spencer finished third in the balloting, as a result of his effective hitting and setting throughout the tournament. Both Knapp and Spencer are no strangers to All Tournament selection, for both copped tournament honors last year in the prestigious Panther Classic Invitational played at Central York High School.

Three additional Lehman players who received tournament votes were Paul Klemunes, Jamie Welby and Dave Larkins.



Shaw takes 3rd at tourney

The Back Mountain Wrestling Club congratulates all of the wrestlers that took part in the 1992 Middle Atlantic Eastern Nationals. Pictured from left, are head Coach Mike Mussman, Coach David Spurlin, holding Andrew Shaw, Bantam 40-lb. 3rd place, Coach Bob Farber.

Lady Knights plan to be in playoffs

By CHRISTINA CONRAD
Sports Correspondent

The Lady Black Knights hope to improve on last year's record of 12-4-1 on the soccer field. "Our goal is to score more goals, improve on last year's record and to make the playoffs," coach Charlie Hampel declared.

To make the playoffs the Knights will depend upon the following returning letter winners this season: Sue Niezgod, Heather Picci, Gretchen Dershimer, Jill Smigleski, Lynn Turner and Heidi Wenrich.

Although the Knights have many returning, they also are impressed with the play of underclassmen Carrie Llewellyn and Nikki Senate. And the freshman class is held in high regard for they are quite talented.

Nevertheless, the Knights already have had to deal with a loss to Dallas. Although they lost Coach Hampel felt, "It was a great game. They all played well. Dallas has a lot of talent, but we proved we can play with any team in this league."

The team's philosophy does seem to follow that, "I have no predictions. We are going to just

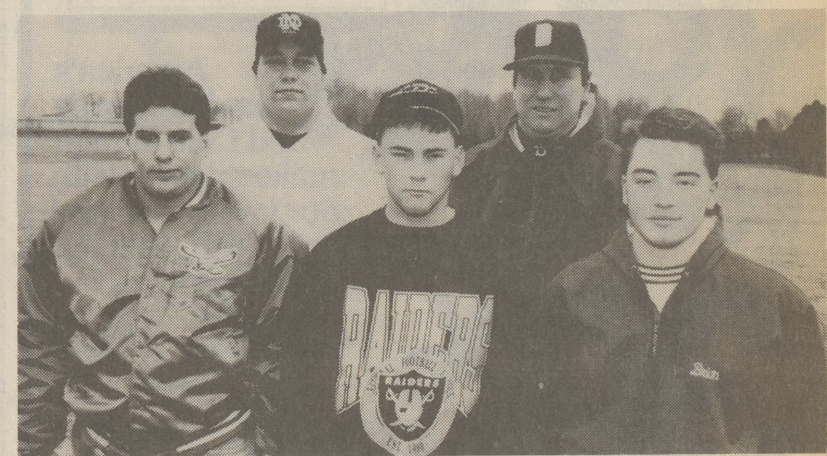
take it one game at a time because I really do believe that one team can beat another team on any given day. We are going to scramble for one of the seven playoff spots", stated Coach Hampel.

Furthermore, the girls also felt the Dallas game was a plus although it was a loss in the standings. Sophomore Gretchen Dershimer said, "Both teams played really well. Christina Jones showed a lot of courage to keep playing the way she did. Lynn Turner played a good game. It is unfortunate that she got hurt, though. And Sue Niezgod, our goalie played really well, also."

According to senior goalie Niezgod, "We did really well. Dallas only had two shots on goal until the fourth quarter. That is very good."

Finally, Dyan Dymond seemed to point out the Knights future key to success. "I think it was a good game even though we lost. All the players played well and if we don't let down in the fourth quarter we should win."

If the Knights can keep up their intensity they should grab one of the seven playoff spots they are looking for.



Dallas baseball seniors

Seniors on the Dallas High School baseball team include, front row, from left; Pete Kerdesky, John Romano and Brian Miller. Back row; assistant coach Jim McGovern and head coach Jack Wolensky. (Post photo/Grace R. Dove)

Harveys Lake Rod & Gun notes

There are presently 398 members, 54 of which are 20 year Regular members.

April 29 is the deadline for 1992 dues - No Extensions. At present there are 55 applications for new membership on file.

Rush your dues or loose your seniority. Dues are \$30.

There will be a Directors Meeting April 20, 7:30 p.m. at the Club.

On April 26, at 7:30 p.m. there will be a meeting for all members.

Turkey Shoots are the 3rd Sunday of each month at 12 noon. The April Shoot is cancelled.

Send your dues to George Antonik, 249 W. Grant Street, Exeter, PA 18643.

George Narcum is president; Lew Hopfer, secretary; Jim Ward, public relations.

Softball camp at Marywood

First Annual Softball Fast Pitch Pitching Camp will be held at Marywood College, Scranton on June 15 through June 19. Camp is open to girls ages 6 to 18.

Campers will receive strong emphasis on fundamentals, learn basic mechanics, professional staff and receive a T-shirt.

Session I: 8:30 to 10, 8 to 12 year olds.

Session II: 10:30 to 12, 13 to 18 year olds.

Cost of the camp is \$125. Deadline for application is June 1. For more information contact 383-2832. Camp directors are Jerry Santorsa and Jerry Dempsey.

Golf classes at Penn State

Help is here for the amateur golfer. Penn State Wilkes-Barre will be offering two golf workshops this spring for adults and children.

Beginning Golf for Adults will be held on Tuesdays beginning April 21. The six-week class will focus on what type of golf equipment to buy, golf etiquette, and the fundamentals of the game. There will be a class at a driving range, and at a local nine-hole golf course.

Children in grades 6, 7 and 8 will be able to participate in Golf For Kids. The program will be held on Saturdays, May 2, 9 and 23. The course is designed to teach the fundamentals of golf and golf etiquette. Beth Spencer of the Lehman Golf Course will be the instructor.

More information can be obtained by calling Damian White, program coordinator, at 675-9100. Enrollment is limited.

YMCA offers swim lessons

The Wilkes-Barre YMCA is offering swimming lessons and stroke development for Teens age 13 and up. The instructor will work individually with each student to meet their personal goal. All lifesaving and competitive strokes will be taught.

The class is set to begin Friday, April 24 at 4 p.m. For more information call the Wilkes-Barre YMCA at 823-2191.