SCHOOL

School menus

LAKE-LEHMAN SCHOOLS

THURSDAY - Oven baked chicken, mashed potatoes w/ gravy, garden peas, roll-butter, ice

cream, milk. FRIDAY - French bread pizza, tossed salad w/dressing, potato chips, pineapple tidbits, milk.

MONDAY- Steak hoagie, onion rings, seasoned green beans, pears,

TUESDAY - Chicken nuggets w/dip, mashed potatoes, mixed garden vegetables, roll-butter, ice cream, milk.

WEDNESDAY - Sausage links, buttered waffles w/maple syrup,

WEST SIDE TECH Feb. 6 - 12

Breakfast

THURSDAY - Bacon & eggs on roll, cereal, juice, pastry, milk.
FRIDAY - Pumpkin bars, cereal, fruit, juice, milk.

MONDAY - Banana bread, cereal, apple juice, milk.

TUESDAY - Waffles/syrup,

cereal, juice, pastry, milk.

WEDNESDAY - Oatmeal cookies, cereal, fruit juice, milk.

Lunch THURSDAY - Bar b que/relish on soft bun, hash browns, peas,

pumpkin bars, milk. FRIDAY - Pizza twins, relish cup/dip, fruit cup, milk.

MONDAY - Pierogies/onions, applesauce, mini chefsalad/dressing, pears, milk.

TUESDAY - Hamburg on bun or cheeseburgers w/lettuce-tomato, homemade vegetable soup, fruit, oatmeal-raisin cookies, milk.

WEDNESDAY - Italian meatballs w/tomato sauce on hard roll, green beans, fruit, milk.

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applesauce, orange wedges, milk. Field Studies group members on honor roll

The American Literature Field Studies Association of the Dallas High School proudly recognizes 19 of its 42 members who have achieved honor roll status for the first marking period. The association is open to all junior and senior students at the school. Students, must maintain passing grades to continue full membership which includes field studies of historic sites in New England in the spring of each academic year. The field trip is funded privately by each member. Shown from left, seated, are members of the American Literature Field Studies Association on the Dallas High School honor roll: Monica Matthews, Heather Mead, Robin Dennis, Monique Matthews, Karen Wisnieski, Becky Yurko, Trina Huynh; standing, Adam Jatkowski, Eric Spear, Nina Mathers, Kevin Chapple, Jill Kowalski, Harry Haas, Theresa Fagan, Andrew Schwartz. Unavailable at the time of the photo were John Morris, Heather Wright, Leann Brody, Kristine Marsola.



Seminary Players will perform 'The Music Man'

The Wyoming Seminary Players will present the hit Broadway musical and movie The Music Man on Friday, Feb. 7 and Saturday, Feb. 8 at 8 p.m. in the Buckingham Performing Arts Center, North Sprague Avenue, Kingston.

The production is open to the public with tickets available for \$2 in advance and \$2.50 at the door. For information, call 283-6090.

Pictured from left, James Kersey, Shavertown; J.J. Rasimas, Wilkes-Barre; Christian Gloddy, Staten Island, NY; Todd Lawrence, Kingston; Ray Shynn Shavertown; William Summerhill, Kingston.

A hug from Dad helps student make it through

BY JENNIFER JUDGE Student Correspondent

On any given day, I attend high school, take a college course, and go to work. Somewhere in between, I try to balance my waning social life and find time to spend with my family. Not that I don't enjoy all these activities, but by

Saturday, I am left exhausted.
As a young adult, I am often times asked to bear the burden of many projects at once. I spend my days developing my mind-writing papers, taking notes, and trying to perform well. I rush off to my parttime job after school. I attempt to maintain valuable friendships and experience meaningful relationships. I am faced with an overloaded schedule, and I must learn to balance everything. Suddenly

family fades into the background. As a senior in high school I find

it's time to make decisions that will affect my entire life. Will I go to college? Where? How will I possibly pay for it? Where will I find a

I rush around looking for these answers. I fill out college applications, job applications, applications for financial aid, and scholarship applications. I face rejection and celebrate my accomplishments. Merely a teenager inside, I have been ushered into an adult world. I'm not sure I'm completely ready for it.

This evening I had a realization. After the routine lecture to remember to shut off the lights, my father stopped me to give me a hug. For the first time in a long time, he said "I love you." Life can be stressful for factory workers, office workers, housewives, and students alike And sometimes there is nothing as gratifying as a hug from Dad

Lehman seniors will battle faculty in donkey basketball

unpredictable sport "Donkey Basketball" will be played at Lake-Lehman Senior High School gym on Friday, Feb. 7, 7:30 p.m. It will feature seniors against faculty.

The fun begins at 6:30 p.m.

America's craziest and most when the senior boys (wearing boxing gloves) play against the senior girls. This event is sponsored by the senior class. Tickets are \$3 and are available from seniors and at the door. Bring the entire family to this fun-filled eve-

LCCC sponsors essay contest for Black History Month

In recognition of Black History a difference in our society Month, the Culturally Organized Rainbow Exchange (CORE) Club of Luzerne County Community College will conduct an essay competition. The winner of the competition will be awarded a scholarship to be used toward tuition or books at LCCC during the 1992-93 school year.

The competition is open to all area high school seniors and will give them an opportunity to study and evaluate the contributions made by people of African descent. Papers must be at least three to six pages long with a clear thesis statement telling how a present or historical Black American known CORE essay contest, contact LCCC internationally or locally has made at 829-7399.

The papers will be judged on content, originality and writing style, as well as grammar and punctuation. All entries must be submitted no later than Monday, Feb. 17. The essays will be evaluated by a committee and the winner will be announced on Friday,

Entries should be mailed to Deborah Whitaker, Essay Competition, Building #5, Box 9 Luzerne County Community College, 1333 South Prospect Street, Nanticoke, PA 18634.

For more information on the

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