

Mounts gear up for strong second half of league play

By FLORENCE FINN
Sports Correspondent

The Dallas boys' basketball team ended the first half of the season with a convincing win over host Bishop O'Reilly on Friday, January 17. The scoring trio of Dave Puz, Todd Paczewski and Mark Medura combined for 58 points. Puz finished the night with 27 while Paczewski added 18 and Medura had 13 in the 78-58 win.

The Mountaineers finished seventh of 11 teams in Division II, but they could very well have been among the leaders if the offense had come through in their close games. Sounds like a big if, but let's examine the record.

"We were leading Northwest and G.A.R. at halftime and should have beaten Meyers, Wyoming Seminary, and Lehman," commented an optimistic Mark Medura who is seventh highest scorer in the division with an average of 16.2 points per game and second in 3-pointers.

"Should have" is always easy to say, but the fact is that Dallas lost a squeaker to Meyers without the services of Jeremy Van Orden. They also came very close to upsetting league leaders Northwest and G.A.R. and did beat Lake-Lehman in the Crossin Tournament which the Mounts won. They also lost to Wyoming Seminary by only four points and gave Bishop Hafey all they could handle. While they lost to Lake-Lehman in season

play, Dallas was within two points of Lehman beginning the third quarter.

"We seem to break down offensively toward the end of the game," explained Van Orden. Dallas ranks third in its division offensively, scoring 64.6 points per game, but they seem to play down against teams they should have beaten and up for the potentially tougher teams. During the second half, they are looking for more consistency "Our defense is fine. If we can put our heads to it, we can beat teams like Northwest, especially at home," added Van Orden.

Mark Medura believes that Van Orden also adds to the defense of the team. "With Jeremy in our lineup, we have more quickness," he com-

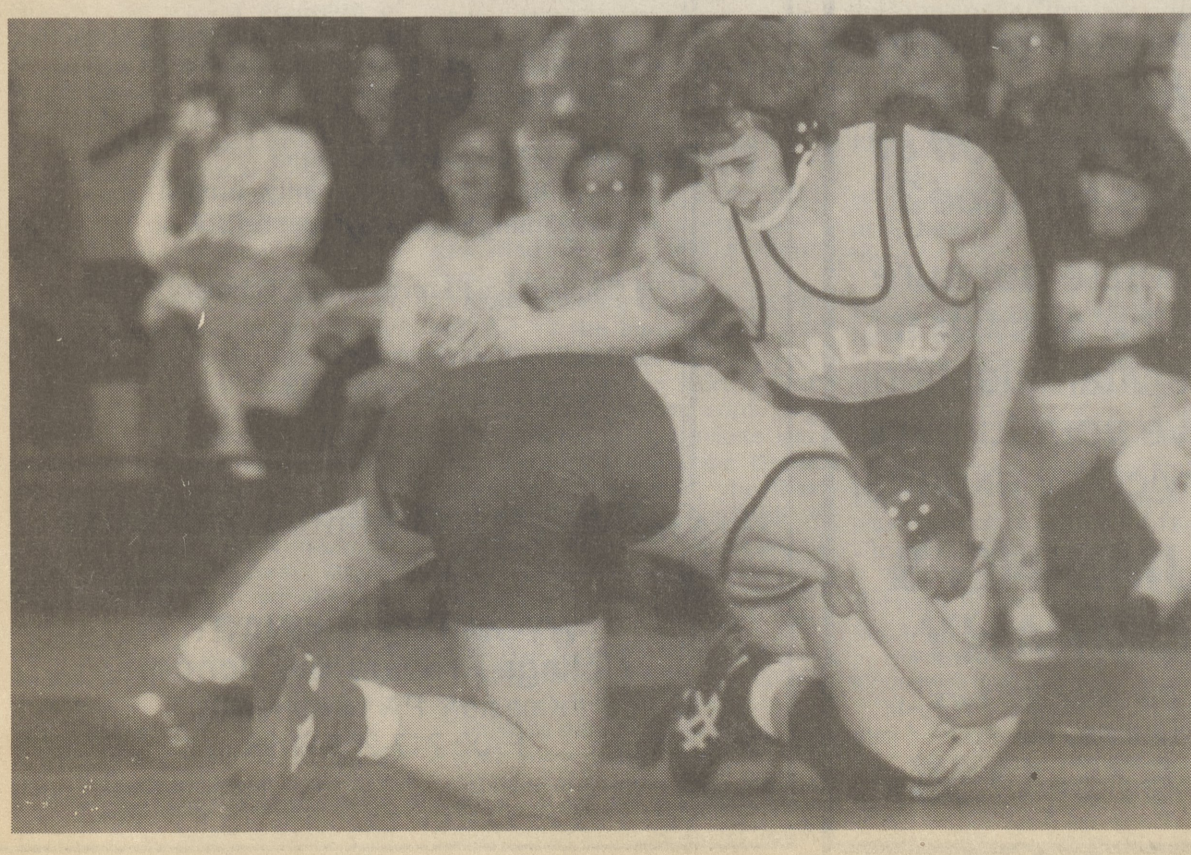
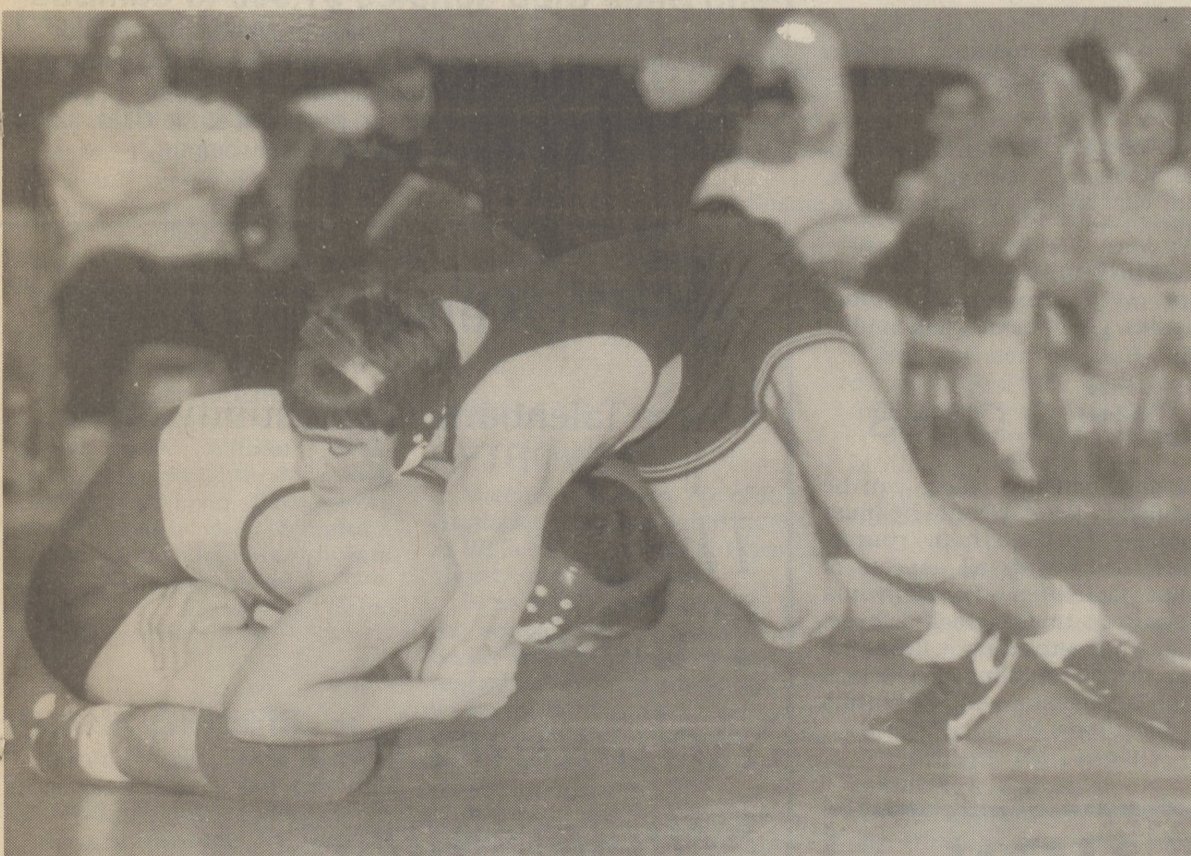
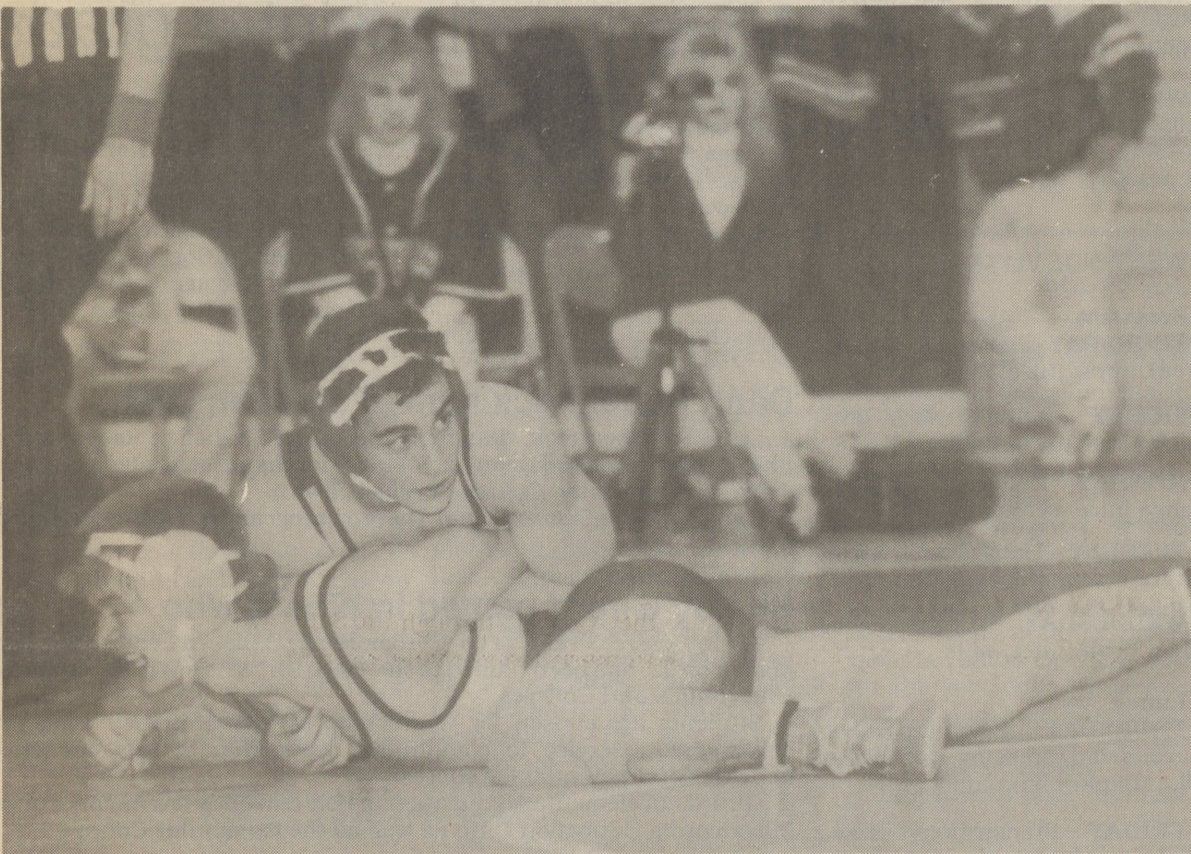
mented. Medura is also confident that his team can not only improve, but only win the second half, we're looking to go 10-0," he declared.

Coach Paul Brown had promised an improved team through the first half and a contender in the second half. If it's confidence that gets a team there, then Dallas should be in the thick of things. "The team spirit is good. Coach Brown gets us psyched up before each game," Van Orden commented. He too expects Dallas to be the leader of the pack in the second half.

Dallas will begin the second half with Meyers away on Saturday, Jan. 25.

Crunch time

Frank Natitus and Glenn Ellsworth provided a couple of wins in Dallas High School's wrestling match with Wyoming Valley West January 18. In the top photo, Ellsworth works on John McLaughlin on the way to a 1-0 decision. Middle, Natitus controlled Chris Matello for a 5-1 decision. Bottom, Chris Updyke matched up with Chad Coslett. (Post photos/Ron Bartizek)



Knights end first half at 7-3

By FLORENCE FINN
Sports Correspondent

Lake-Lehman lost a tough battle to league-leading Northwest 51-39 on Friday, January 17, at home. While the score indicates a convincing win for Northwest, the game was more competitive than it appears.

At the end of the first quarter, Lehman led 9-6. Lehman, which leads the league defensively in its division, played the usual tough zone defense. They double-teamed Dave Steigerwald, the division scoring leader, and held him to just 11 points while his average is 20-1. The score was 16-13 entering the second half.

The Knights played a patient defensive game and stayed within three points of the Rangers midway into the third quarter at 22-19, but the Rangers then scored 10 straight points to take a com-

fortable lead. The score was 34-21 going into the fourth quarter.

Rich Davis, who had 12 for the night, began the scoring in the final period with a three-pointer while Mark Shisson grabbed a rebound and put it back up for two to pull the Knights within eight at 34-26. As the seconds ticked away, Lehman was forced to foul Northwest who went 15 for 16 at the line in the last minutes to widen the gap 51-39.

Lake-Lehman finished the first half of the season in third place with a 7-3 record. "We can beat any team in the league," remarked senior point guard Jeff Hynick. "We played a lot of games that could have gone either way. It was our defense that did the job." Lehman is the league leader in defense allowing their opponents an average of 42.8 points per game. But, the other half of the story is that they are second from the

bottom in points scored, averaging 48.7.

The Knights were riding high after their big win against Wyoming Seminary, but they lost an unexpected one against Bishop Hafey before facing Northwest. "The loss to Hafey hurt us," commented Hynick. They had hoped to have only one loss when they played Northwest, then upset Northwest, and come out in a three-way tie for first.

If Lake-Lehman can get its offense together and maintain its defense, the Knights should provide competition for any team in the second half. Since they are traditionally a second-half team, they should be an interesting team to watch. The Knights will begin the half with West Side Tech at home on January 23. On Saturday, Jan. 25, G.A.R. will test the second-half theory on its home court.

Grand Slam, Payne tied for top spot in rec basketball league

Paul Jobson sank two free throws with nine seconds remaining to lift the Fieldhouse to a 60-58 victory over Humphrey's in the Dallas Adult Basketball League. Jobson finished with 23 points, (21 in the second half). Teammate Rick Coslett added 17 with some tough inside play. Frank Debona led Humphries with 27 while P.J. Delaney added 10.

The Grand Slam Sports Bar stayed red hot with their third win

in a row a 62-53 tripping of Darling Farms. Dale Faux and Steve Thomas each had 15 for Grand Slam while Joe and Paul Darling, and Walt Weir each had 12 for the Farmers.

Payne Printery kept their unblemished streak intact with an easy 99-64 win over Jim-Jon Tomatoes. Brothers Joe and Pat Flaherty each had 20 for the victors while Ryan Swank led the Tomato men with 18.

Play continues on February 2 after a one week break for the Super Bowl.

STANDINGS

Grand Slam	3-0
Payne Printery*	3-0
Fieldhouse	2-1
Darling Farms	1-2
Humphrey's	0-3
Jim-Jon Tomatoes	0-3

* Denotes first half winner

Sports roundup

MOUNTAINEERS BLAST HANOVER BEHIND 23 BY PUZ, PACZEWSKI

The Dallas Area boys boosted their record this week with a 66-48 win over the host Hawkeyes of Hanover in basketball competition. Dave Puz and Todd Paczewski led the scoring with 23 points apiece for the Mountaineers. Their next competition is away on Saturday, Jan. 25, against Meyers.

VALLEY WEST PINS MOUNT GRAPPLERS

The luck of the Mounts ran short in wrestling this week. Dallas lost to the 3-0 Wyoming Valley West Spartans on Saturday, Jan. 18, by a 57-9 outcome. For Dallas, Butfiewicz (125), Natitus (140) and Ellsworth (145) earned three decisions to add points to their defeated score. Their next meet is at home against Hanover on Wednesday, Jan. 22.

KNIGHTS WRESTLERS KEEP ON WINNING

The grapplers of Lake-Lehman boosted their overall record to 6-2 and their Western WVC Division record to a perfect 3-0 this week by defeating two squads. The most recent victory occurred on Saturday, Jan. 18, over Berwick High School by a score of 58-9. No. 1

and No. 2 Pa. ranked wrestlers, Charlie Jacoby (140) and Mike Geurin (171), recorded falls in the meet along with Knights Finnegan (103), Roper (135), Moyer (140), Naugle (160) and Sims (Hwt.).

Thursday, Jan. 14, led to the same results for the Lake-Lehman High School wrestling squad. They defeated Southern Columbia 45-12. Wrestlers Finnegan, Morgan, McDade, Roper, Jacoby, Naugle, Geurin and Gizenski all contributed to Lehman's victory. The next meet is at home on Wednesday, Jan. 22, against Crestwood.

BLACK KNIGHTS LOSE ONE TO HAFEY

The boys' basketball team of Lake-Lehman fell to host Bishop Hafey on January 14, by a six point deficit. Rich Davis led the Knights with 19 while Dave Clancy contributed 8, but the 7-2 Knights were still defeated in a 43-37 contest final. The Knights will oppose West Side Tech on Thursday, Jan. 23 at home.

LADY KNIGHTS LOSE 2

Lake-Lehman's Lady Knights were outscored twice this week. On Thursday, Jan. 16, the Black and Gold Knights were defeated by neighboring Northwest Area by a 49-36 outcome despite the efforts

for points by Jen Smith with 10 and Deean Dymond with 8. Earlier this week, the girls were also presented a loss. The Lady Knight squad fell to Bishop Hafey, 73-59, on Monday, Jan. 13. This high-scoring game was produced by leading scorers Heidi Wenrich with 20, Jen Gabel, 10 and Cherub Honeywell, 8 but the Knights were defeated in the end by the Vikings. Lake-Lehman is left with a 6-4 record as they face West Side Tech on the opponent's court on Thursday, Jan. 23.

DALLAS GIRLS BEATEN BY O'REILLY, HANOVER

The girls of Dallas High School were handed two losses in basketball competition last week. On Thursday, Jan. 16, the hosting Mounts were pounded by the Queenswomen of Bishop O'Reilly (10-0) by a 74-31 score. Wendy Cave and Tara Killeen led the scoring with 8 and 6 points respectively but the Mountaineers still fell short as they did on Monday, Jan. 13, to the Lady Hawks of Hanover. Cave and Kelly Janosky were scoring leaders, each with 14, but the Hanover girls won 53-51. In their next match on Saturday, Jan. 23, the Dallas girls face Meyers on the opponent's court.

Cheryl Travis has sports article published

Lake-Lehman High School graduate Cheryl Travis has had an article published in the international journal "The Sports Psychologist."

Travis, the daughter of Charlott Travis of Lake Silkworth, is finishing her Ph.D. degree in sports psychology at Temple University in Philadelphia.

"Mainly what we do is use psychological methods to improve their performance," said Travis, "trying

to get an athlete to harness their mental skills like a coach does their physical skills."

For her article, Travis researched the effectiveness of sports psychology on mentally retarded athletes, and found the results were favorable.

Travis, who now lives outside Philadelphia, graduated from Lake-Lehman in 1979 where she was a basketball player. She later coached Junior High field hockey

and basketball.

She played softball at Susquehanna University, where she earned her bachelors degree in psychology. In 1985, she was a member of the Dallas Rebels, the summer softball league team which won the national championship.

She was an assistant softball coach at Lehman, as well as at Temple and is now an assistant coach at Trenton State College.