

Inexperience will be field hockey's greatest hurdle

Lake-Lehman field hockey coach Jean Lipski has 42 girls out for the team this season, many of them sophomores. How quickly and well they gain skills will determine the Lady Knights' fate after the team lost much of last year's team through graduation.

"We lost 11 girls through graduation," said Lipski, "and we have only four starters returning: Heidi Wenrich, Jen Cross, Lynn Turner and Karen Jo Halowich. All of our defense graduated and also our forwards."

"We will have to concentrate on our defense. Heather Ruger will be our goalie backed up by Stephanie Whitesell. We have 16 or 17 girls who play well enough to start. We have a deep bench with girls who can go in any time. Our sophomores are very good—19 of them were on the team that won the junior high district championship last year so no one can relax in a position," Lipski said.

Coach Lipski said Heather Ruger played well behind Becky James last season and she surprised her this season with her skills. The

LAKE-LEHMAN FIELD HOCKEY

sophomores are phenomenal as a class, and Lipski is pleased with their performance.

"If the team jells, we will be competitive," said Lipski. "The girls have enthusiasm and stick skills and it's nice to have the depth to replace girls when they get tired."

The Lady Knights open with Coughlin. There are 14 teams in the league and they play each team once. In Division II Coach Lipski considers Crestwood and Seminary the toughest teams to beat. In Division III, she said Dallas, Wallenpaupack, Tunkhamock and Abington Heights always field good teams.

Lipski has a new assistant this season since Lynn Coury accepted the position as head girls field hockey coach at King's College. Sandy Dilton Boyle, formerly junior high coach, was named All-American when she was named All-American can was moved up to high school assistant with Lipski.

Cross country looks forward to another winning year

Lake-Lehman cross-country coach Ed Narkiewicz has had a winning season for the all but one of the last 13 years he has coached cross-country, and Narkiewicz thinks this year won't be any different.

"We had one .500 season, the rest were winning seasons," said Ed. "This year we have been slow getting started as a team because of vacations and some of the kids working but we expect to be ready when the season opens. The kids have been running on their own which keeps them in condition."

Coach Narkiewicz said he will have a full team of boys when the league opens but he has only two girls running although he hopes there will be others when school opens.

Junior Charlie Jacoby is out for his third year and senior Rob Ruggere is back for the second year as junior Dan Wilson. Senior Chris Campbell is out for his third year and Jason Case is out for the first time.

1991 LAKE-LEHMAN CROSS COUNTRY

Sept. 5	Northwest	H
Sept. 9	Pittston	A
Sept. 16	WWW/WA	A
Sept. 19	Hanover	A
Sept. 23	Ber./Cres.	A
Sept. 26	Haz./Ber.	A
Sept. 30	B. Haley/Coughlin	H
Oct. 3	Tunk./Nan.	A
Oct. 7	B. Hoban/Wyo. Sem.	A
Oct. 15	GAR/Dallas	H

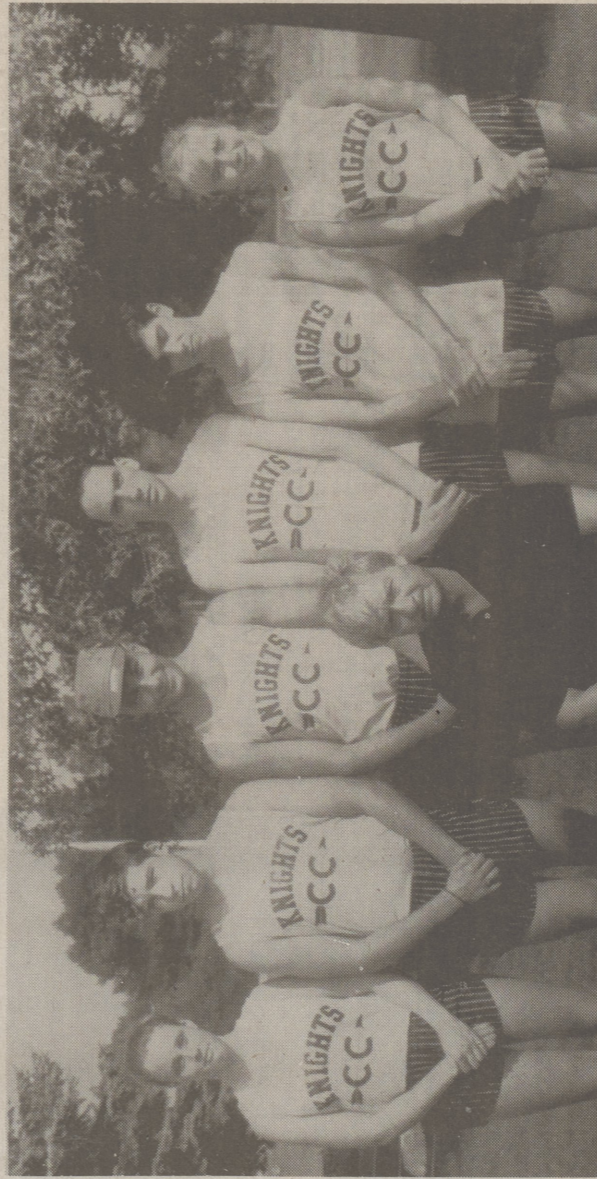
Go Knights!

1991 LAKE-LEHMAN VARSITY FIELD HOCKEY

Sept. 6	Coughlin	H
Sept. 11	Nanticoke	A
Sept. 13	Honesdale	A
Sept. 16	Bishop O'Reilly	H
Sept. 18	Northwest	A
Sept. 20	Abington Heights	H
Sept. 23	Benion	A
Sept. 25	Meyers	H
Sept. 27	Dallas	A
Sept. 30	WWW	H
Oct. 2	Tunkhamock	H
Oct. 4	Berwick	A
Oct. 9	Wyoming Sem.	H
Oct. 11	Crestwood	H
Oct. 14	Lackawanna Trail	H
Oct. 16	Wallenpaupack	A



L-L GIRLS HOCKEY TEAM - Front, Heather Ruger, goalie, 1st row, Licia Bevilacqua, Jenny Cross, Heidi Wenrich, Jonelle Pali, Karen Jo Halowich, Hillary Lewis, Heather Dieffenbacher, Erin Heiser. 2nd row, Stephanie Whitesell, Heather Grey, Amy McGlynn, Jennee Marcin, Meagan Kovach, Jenny Cole, Kelly Flanley. 3rd row, Jenny Farrell, Keira Rodginski, Barbie Campbell, Noeli Brooks, Carrie Snell, Jamie Carter, Rita Schooley. 4th row, Coach Sandy Boyle, Lynn Turner, Gretchen Dersheimer, Ann Barber, Karen Komsisky, Christine Jones, Cherub Honeywell, Coach Jean Lipski. 5th row, Heather Isaac, Dyan Dymond, Debbie Coslett, Christy Shamus. (Post Photo/C.M. Denmon)



KNIGHTS CROSS COUNTRY TEAM - Members of the Black Knights cross country team out for practice recently were standing from left, Jen Sandstrom, Charlie Jacoby, Robert Ruggere, Dan Wilson, Christ Campbell and Stephanie Lozo. Kneeling in front is Coach Narkiewicz. (Post Photo/C.M. Denmon)

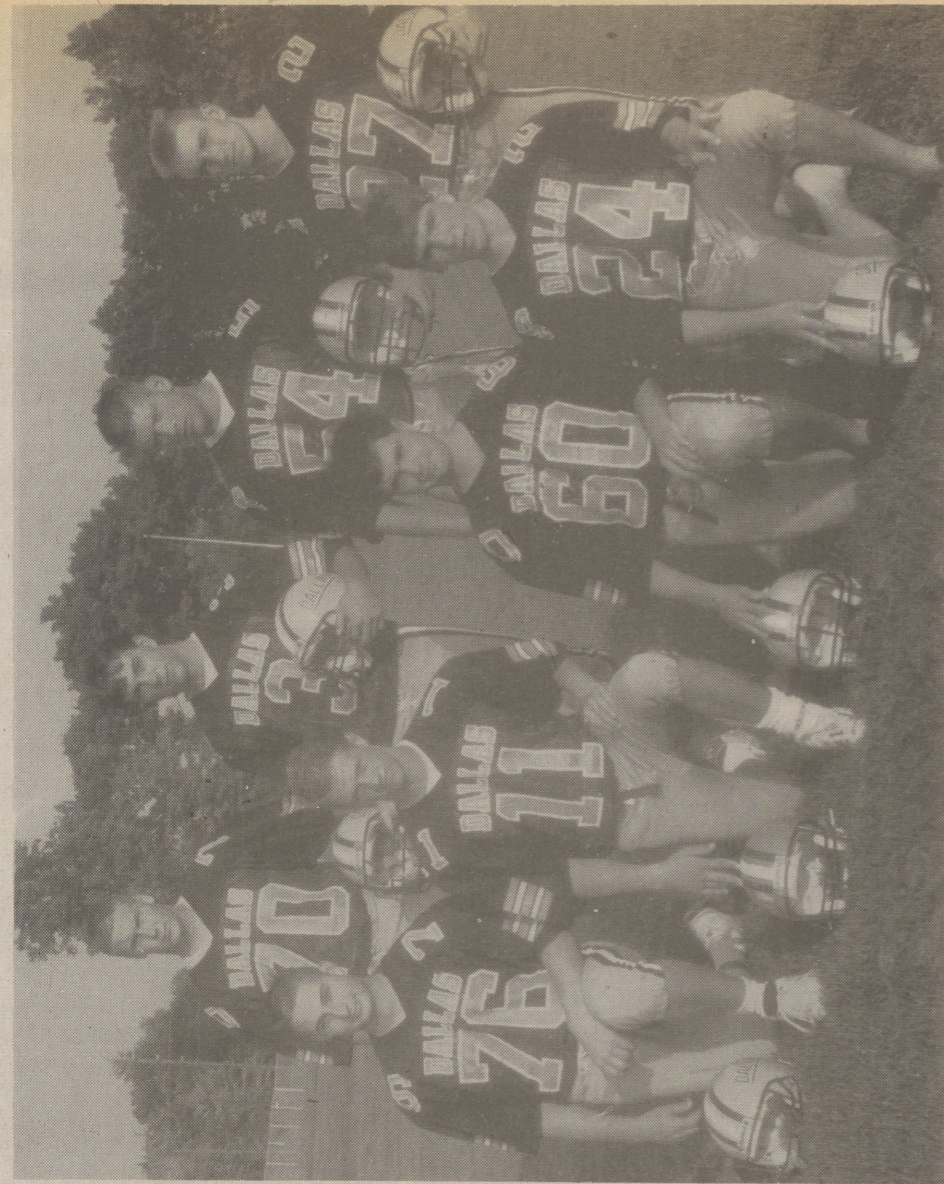


DALLAS QB'S - Sophomore Brian Brady, 2nd backup; senior John Morris, varsity; junior Dave Puz, 1st backup. (Post Photo/C.M. Denmon)

1991 DALLAS FOOTBALL

No.	Name	Ht.	Wt.	Pos.	Yr.
60	Dave Fitch	5'10"	182	C DE	Sr.
54	Len Kelley	6'2"	205	T DE	Sr.
70	Bob Luke	5'10"	210	T DT	Sr.
3	John Morris	6'3"	190	QB P	Sr.
24	Dave Podehl	5'8"	150	FB LB	Sr.
27	Chris Williams	5'11"	160	WB LB	Sr.
76	Jay Van Orden	5'11"	180	K	Sr.
11	Tom Adams	5'10"	175	SE S	Jr.
56	Tom Adams	5'11"	205	G LB	Jr.
65	Brian Burd	6'0"	185	TB LB	Jr.
33	Jason Davies	5'10"	185	FB LB	Jr.
61	Tim Dewey	5'8"	160	C DE	Jr.
31	Dave Fisher	5'11"	159	WB DB	Jr.
63	Joe Kelley	6'3"	180	T DE	Jr.
82	Jim Moran	6'0"	185	E DE	Jr.
21	Todd Paczewski	6'0"	160	SE DE	Jr.
79	Mike Peeler	5'10"	235	T DT	Jr.
67	Sean Pietraccini	5'10"	202	T DT	Jr.
6	Dave Puz	6'2"	175	QB DB	Jr.
68	Chris Thomas	5'10"	178	G LB	Jr.
55	Chris Updyke	5'10"	173	C LB	Jr.
78	Joe Voitek	5'10"	212	T DT	Jr.
73	Dave Grossman	5'10"	180	G DE	Jr.
9	Brian Brady	5'9"	147	QB S	So
66	Dan Brody	5'6"	240	C DT	So
32	Al Brzezinski	5'11"	168	FB LB	So
5	Jared Cherup	5'11"	160	SE DB	So
7	Corey Cooney	5'8"	135	WB LB	So
75	Phil Fuller	5'10"	280	T DT	So
52	Ross Gdovin	5'11"	160	G LB	So
62	John Howe	5'11"	195	G LB	So
72	Greg Nadzan	6'0"	205	T DT	So
89	Shonne Nothen	6'0"	176	SE DB	So
88	Shawn Marhelski	5'10"	160	SE DB	So
30	Ed Mattie	5'10"	179	FB DE	So
81	Charles Ziglin	6'4"	185	E DE	So
34	Rich Butcofski	6'2"	183	FB LB	Fr

Text and Photos by Charlot M. Denmon



DALLAS SENIORS - First row, Chris Williams, Jay VanOrden, Dave Fitch, Frank Nattitus; second row, Bob Luke, John Morris, Len Kelley, Dave Podehl. (Post Photo/C.M. Denmon)

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Best of Luck to all Back Mountain Teams!

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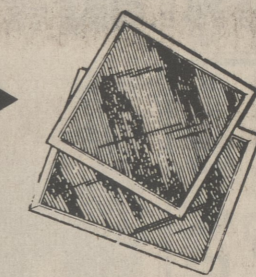
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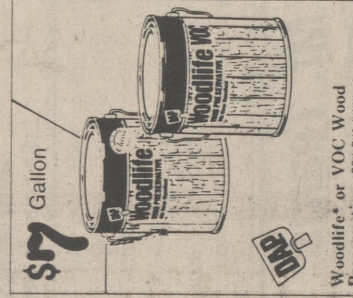
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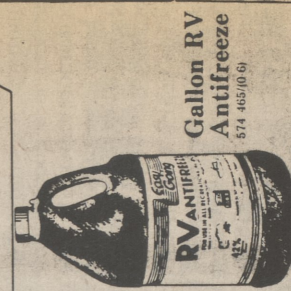
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