

SCHOOL

HL Women present Lehman seniors with scholarships

The Harveys Lake Women's Service Club (PFWC/GFWC) recently awarded scholarships to three outstanding seniors from Lake-Lehman High School.

Recipient of a \$500 cash scholarship is Robin Smigielski, daughter of James and Lorraine Smigielski of Harveys Lake. Robins plans to attend College Misericordia in the fall and to work towards masters degree in Early Elementary Education. She teaches third grade in the religious education program at Our Lady of Victory Church at Harveys Lake. She has participated in the Lake-Lehman High School Nursery School Program and enjoys needlepoint, pets and babysitting.

Christopher Kocher received a \$100 scholarship Savings Bond. He is the son of Harold E. and Barbara P. Kocher of Dallas. Chris plans to attend the University of Pittsburgh and major in journalism and writing. He is a member of

the Luzerne County Community College Fencing Club and has traveled to Mexico as part of the International Exchange Student Program.

Michelle Richardson received a \$100 scholarship Savings Bond and is the daughter of Thomas V. and Faye C. Richardson of Shavertown. Michelle plans to attend the main campus of Penn State University and major in biology this fall. She was selected for Jr. Leadership Wilkes-Barre Program in 1990-91 and participated in a study tour of the Soviet Union.

The students were the honored guests at the dinner meeting of the Harveys Lake Women's Service Club.

Mrs. Mary Jude Swanson, president, commended the students on their outstanding academic abilities and overall achievements by saying, "We are proud of you not only because you are from the



OUTSTANDING SENIORS - Pictured, above, seated, Robin Smigielski and Christopher Kocher. Standing from left, Mrs. Mary Jude Swanson, president of the Harveys Lake Women's Service Club; Mrs. Lorraine Smigielski, Mr. Harold E. Kocher and Mrs. Barbara P. Kocher. Absent at the time of the photo was Michelle Richardson.

Harveys Lake area but also we are proud for you because of the extra work and effort you put into your studies. Your parents, we are sure,

were a big part of this effort but you had to make the necessary everyday sacrifices to achieve such high honors."

School menus

DALLAS SCHOOLS Sept. 5 - 11

THURSDAY - California cheese-burger/bun, w/lettuce-tomato, potato puffs, Little Debbie Cake, choice of milk.

FRIDAY - Hot pizza, celery sticks w/almond butter, fresh fruit, choice of milk.

MONDAY - Three Mrs. T's pierogies w/butter, choice of onions, tender peas, orange smiles, choice of milk.

TUESDAY - Chicken nuggets w/dipping sauce, mixed veggies, buttered noodles, chilled pears, choice of milk.

WEDNESDAY - B.B.Q. Chicken, whipped potatoes w/gravy, buttered green beans, cherries w/topping, choice of milk.

LAKE-LEHMAN SCHOOLS Sept. 5 - 11

THURSDAY - Hamburg on bun, pickle chips, potato puffs, baked beans, pineapple tidbits, milk.

FRIDAY - Pizza or peanut butter-jelly sandwich, potato chips, carrot-celery sticks, fruit cup, milk.

MONDAY - Toasted cheese sandwich, pickle chips, tomato soup/crackers, peaches, milk.

TUESDAY - Sloppy Joe on bun, buttered parsley potatoes, corn, vanilla pudding, milk.

WEDNESDAY - Spiral macaroni w/Italian meat sauce, tossed salad w/dressing, roll-butter, fruited gelatin, milk.

WEST SIDE TECH Sept. 5 - 11

Breakfast

THURSDAY - Orange juice, muffin, cereal, milk.

FRIDAY - Cereal, coffee cake, apple juice, milk.

MONDAY - Cereal, juice, banana cake, milk.

TUESDAY - Sausage biscuit, apple juice, pastry, milk.

WEDNESDAY - Cereal, multigrain, juice, fruit, milk.

Lunch

THURSDAY - Hamburger w/onions-relish, applesauce, corn, oranges, milk.

FRIDAY - French bread pizza, veggies/dip, fresh fruit, milk.

MONDAY - Hot dog/bun w/onions-relish, hash browns, applesauce pudding, milk.

TUESDAY - Pasta w/meat sauce, garden salad/dressing cheese, ambrosia, milk.

WEDNESDAY - Chipped turkey corn, jello, milk.

Eye exams can prevent problems for preschoolers

Usually children with eye disorders do not know how well they should be able to see. To them, blurred vision is normal! Parents should be aware of signs of poor vision and be sure that their child has routine professional eye examinations. Ideally a child's eyes should be examined at birth, six months of age, and periodically thereafter, but definitely before entering school.

Parents should suspect a vision problem if the appearance of the eyes looks abnormal - for example, misaligned or crossed eyes. Amblyopia may develop when one eye is out of focus with the other. The child will depend on the better eye to see and the weaker eye becomes lazy or amblyopic.

The loss of vision is largely preventable. If the amblyopia is detected and treated early, the child's vision may be corrected; however, prolonged part-time treatment may be necessary until the child is about nine years old. If amblyopia is first discovered after the child is six to nine years

of age, treatment is usually not successful.

The Wilkes-Barre Branch, Pennsylvania Association for the Blind encourages parents to have their child's vision measured professionally by the age of three to four years. The Wilkes-Barre Branch, Pennsylvania Association for the Blind conducts both public and private preschool eye screenings. Such screenings, although not a substitute for a professional eye exam, may detect or find warning signs of possible vision problems. In such cases, referrals are made to eye care specialists.

For more information concerning this preschool vision program and protecting preschooler's eyes, contact Eilene Kaska, R.N., Prevention of Blindness Coordinator, at (717) 823-1161. For a free brochure, "What You Should Know About Your Child's Vision," send a self-addressed stamped business size envelope to Wilkes-Barre Branch, Pennsylvania Association for the Blind, 63 N. Franklin St., Wilkes-Barre, PA 18701, Attn: Eilene Kaska.

SAT courses at PSU W-B

Penn State Wilkes-Barre in cooperation with Horizons For Learning Ltd., is offering high school students a eight session, grade-free course to prepare for the SAT verbal and math exams. Classes will run on Wednesdays from Sept. 11 through Oct. 30 at Penn State Wilkes-Barre's newest

location at the Wilkes-Barre Area Vo-Tech School.

The course is taught by trained, experienced Penn State instructors who are constantly updated on revisions and trends in preparing students for the exam.

To register contact Michele Stefanides at 675-9102.



Lake-Lehman Jr. High Science Fair winners

The accelerated science classes of the Lake-Lehman Junior High School recently held its annual Science Fair and Exhibition. There were over 30 projects on display which was open to the public for viewing. The classes are under the direction of Mr. Paul Reinert and Ms. Donna De Gennaro.

Judging of the displays and projects was done by senior high science instructor Mrs. Christine Kopcho and selected senior high science students. The projects ranged from the birth of stars to a reverse garden. The students were commended for their ingenuity, effort and scientific value. Ms. De Gennaro commented by saying, "All the students projects deserved special awards. The variety and thought that went into each one of these deserves special acknowledgement." Ribbons for the awards were donated by the Harveys Lake Women's Service Club.

Pictured first row, from left, Mandy Turner, 8th Grade-Honorable Mention; Jaime Pall, 7th Grade-Second Place and Thomas Brown.

Second row, Ms. De Gennaro, Nicole Sennett, 8th Grade-Honorable Mention; Kelly Holcomb, 7th Grade-Honorable Mention, David Dulebohn, 7th Grade, First Place; Beth Turner, 7th Grade-Honorable Mention; Jaci Race, 8th Grade-First Place and Rachel Kaufman, 7th Grade-Second Place.

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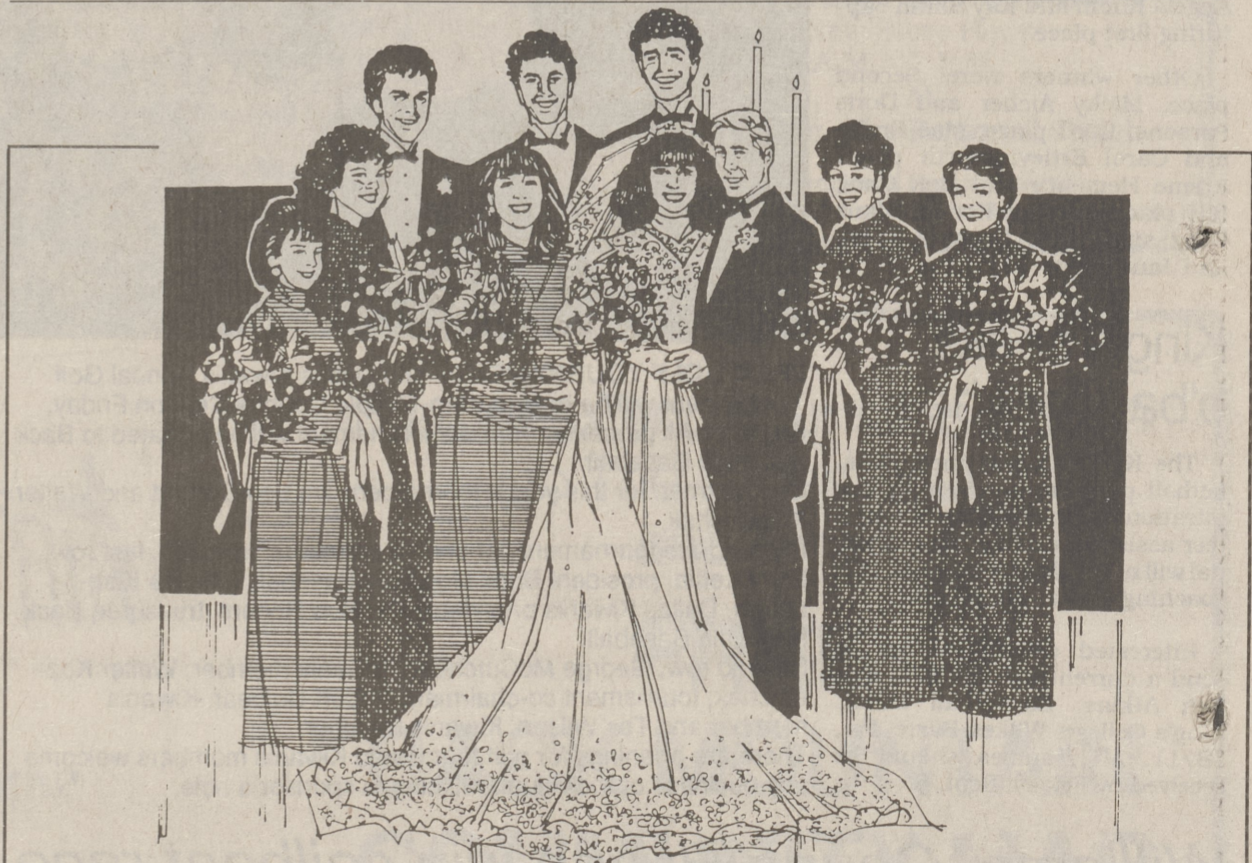
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