



NEWS ITEM — Though Harveys Lake is owned by the state, there is no place for the public to swim.

Bikers

(continued from page 1)

bright clothes bicyclers often wear. "The second is that you find out about your body, your cardiovascular system. The last thing is you have a machine that you have to worry about, and it's a neat machine."

Fitness is what hooked John Ochman of Shavertown into cycling.

"I have a desk job and wanted to do something and get some exercise," said Ochman. He began riding a little last year, and this year attended clinics in the spring presented by Bob Kelley of Wilkes-Barre. Now he leads rides on the weekends.

While riding with the club, Kelley and other members are quick to give essential pointers to newcomers, like how to pedal.

Instead of laboring over each stroke in a difficult gear, experienced cyclists choose a gear in which their legs move quickly with little effort, a technique they call spinning.

They learn to ride behind one another so the lead cyclist cuts through the air for all of them, and they learn to watch out for hazards like holes in the road and opening car doors.

Legally, bicycles are classified as vehicles, and have to obey all traffic laws, though they are allowed to ride two abreast. Some cyclists don't follow the rules and weave all over the road, said Kelley, giving a bad reputation to all cyclists.

When riding on the road, the cyclists have to be extra careful. And helmets are an absolute must.

"Everybody should wear a helmet," said Hugh King, 68, of Dallas, owner of the Recyclery on Main Street in Dallas and an avid bicyclist. "The reason is if you fall off and scramble your brains that's really serious, and it doesn't take much. I'm a big fan of helmets. I fell off a motorcycle a couple of times and they saved my life."

King has been active in cycling since he moved to the area from New York in 1965.

Several years ago he won an award from the club for the most miles ridden on club rides. Though he recently broke his leg in the first serious bicycle accident of his life, he expects that he and his wife Carol will both be back pedaling next year.

"Everybody should have something to keep them in condition, otherwise you deteriorate," said King. "You can fall apart very quickly, especially lying in bed. Nothing is worse."

King says bicycling has it all over jogging or running for keeping in shape.

"It's (jogging) too slow. Also, as you get older, it creates a lot of damage in the knees and that damage is sometimes not very easy to fix," he said. "You can get the same high as you can from jogging or running from bicycling."

And you can travel farther bicycling than while jogging.

"This is a beautiful area. There's many interesting places you'll see while bicycling that you'll never see while riding around in a car."

Yearly membership in the Wyoming Valley Bicycle Club is \$6 for youth under age 17, \$8 for adults, and \$12 for families.

Members receive a monthly newsletter and other educational materials and are entitled to a 10 percent discount on parts and accessories at several area bicycle shops, including Bryant's in Kingston, Sickler's in Wilkes-Barre, B & B Bike in Forty Fort, and the Recyclery in Dallas.

The club is a member of the League of American Wheelmen, a national organization devoted to the promotion of bicycling, and Pennsylvania's Bicycling Federation. The club is also a member of the American Youth Hostels, which maintains low-cost accommodations for cyclists, hikers and others.

For more information about the club, call 675-2328, stop by the bike shops listed above, or send inquiries to PO Box 253, Dallas, 18612.

Suit

(continued from page 1)

capped men stating that the group conformed to the township ordinance that five individuals, unrelated, living together in one house constitutes a family.

"The residents say they have no problem with the men, that they are not prejudiced but object because it is a business. I don't believe them," said Ross. "It is a pure case of discrimination. Those men are not harming anyone. They work every day and all they want is to live in what they can call home just as other people do. One of the men said to me 'Why don't any of the people talk to me?'"

Atty. Frank Townend, solicitor for Dallas Township, after researching the ordinances, said he agreed that the facility was a business operating as a boarding house and with the consent of the supervisors, filed an objection to the group home contending it was a business in an R-1 area, with District Magistrate Earl Gregory.

Recently, the Institute through its attorney, Atty. John Kennedy filed an appeal to the township's claim that the group home was a business. That appeal will be heard before the zoning board at its August 20 meeting at the municipal building on Route 309.

Atty. James Geddes, solicitor for the township zoning board, said he will not sit with the zoning board to hear the appeal.

"I am withdrawing from the August 20 meeting due to the fact that I am associated with Attorney Townend. The board will have to use another attorney because for me it would be a conflict of interest," Geddes explained.

Supervisor Frank Wagner said that as a township supervisor he has to stand behind the township taxpayers. "That is part of our responsibilities," said Wagner. "I would like to see the whole situation settled once and for all."

Robert Frey, a resident of Church Street, who has been spokesman for the neighbors, said the residents are not protesting because of discrimination.

"None of the neighbors have

complaints against the men living in the home. It's a boarding house so thus it is a business. If one business is allowed to stay in an R-1 area, just think how many other individuals could open a business.

The latest development in the action was a request from the

Institute asking the zoning board to continue the August 20 hearing until after the request for the preliminary injunction comes up in Federal Court.

No postponement had been agreed on by the zoning board at press time Tuesday.

MICHAEL'S For Your Hair

Silver Foil



the super way to color hair.

We are experts with foil. Your hair should be beautiful.

Private Booths For Each Client • Free Parking

Open Tuesday Through Saturday
Wednesday and Thursday Evenings Until 8:30 PM

No Appointment Necessary.

If you prefer an appointment, please call.

Local Calls: 457-8331 * Outside Area Calls: 1-800-533-4594

MICHAEL'S For Your Hair
125 North Main St., Old Forge, PA

HWI the friendly ones
AUGUST COUPON
Sale

HWI Coupon

5⁷⁷

16 Ounce Claw Hammer
Quality forged head; 13" long hickory handle. Octagon neck, round face. 501 239 (1-4)

HWI Coupon

8/1⁰⁰

Clothes Hangers
Sturdy tubular plastic hanger holds garment without slipping. 607 770/760(0-144)

HWI Coupon

.97

Ant Traps
Kills both sweet & grease eating ants. Card of 3. 745 929/37012(1-96)

HWI Coupon

.97

3 Way Soft White Bulb
Gives 3 levels of lighting. Medium base. 512 915/50150(1-12)

HWI Coupon

.45 White, Brown, or Ivory
.55 Outlet
Switch
Outlets & Switches
518 271/5320WCP (10-200) 531 641/5320CP (10-200)
531 650/5320CP (10-200) 518 298/1451 WCP (10-100)
531 669/1451CP (10-100) 531 678/1451 ICP (10-100)

HWI Coupon

8⁹⁷

GFI Receptacle
Can be wired to protect all receptacles downstream on same circuit. 504 327/8056991(1-10) 514 462/8076599W(1-10)

HWI Coupon

3³³ each
75 or 150 Watt Flood Light
532 169/75(1-12) 526 256/1(1-12)

HWI Coupon

.99

40W Fluorescent Tube
48" long. Medium bi-pin base. 500 782/F40CW(0-30)

HWI Coupon

2⁹⁷ Limit 2 with coupon
Combination Lock
214 850/1500-D(1-72)
216 593/1504-D(1-72)
216 682/1506-D(1-72)
Without Coupon.....3.47

HWI Coupon

9⁹⁷ Limit 1 with coupon
Quartz Fixture
• Quartz bulb included
• Adjustable swivel mount
506 311/7EQ300W(L1-6)
Without Coupon.....10.97

HWI Coupon

3⁵⁷ Limit 2 with coupon
House Broom
• Good quality material
• Four tie
647 429/10282(1-12)
Without Coupon.....4.57

HWI Coupon

7⁹⁷ Limit 1 with coupon
Staple Gun
• Shoots 1/4", 5/16" & 3/8" staples
• Handle locks in place for easy storage
301 756/JT-21M(1-12)
Without Coupon.....9.97

HWI Coupon

4⁹⁷ 25'
6⁹⁷ 50'
Heavy Duty Outdoor Extension Cord
524 338/16/3(1-24) 513 867/16/3(1-12)

HWI Coupon

9⁴⁷ Limit 1 with coupon
100' Heavy Duty Extension Cord
• For indoor/outdoor use
514 287/163(1-4)
Without Coupon.....9.97

coupons expire 8-24-91

DALLAS CENTRE HARDWARE

42-44 Main Street, Dallas • 675-4104 • Parking on Side off Main Street & at Rear Entrance
Hours: Mon.-Fri. 8-7; Sat. 8-5; Sun. 10-3