

SCHOOL

School menus

DALLAS SCHOOLS

April 4-10
THURSDAY - Chicken patty on bun w/lettuce-tomato, buttered noodles, green beans, brownie, choice of milk.
FRIDAY - Grilled cheese sandwich, homemade veggie soup-crackers, chilled fruit, choice of milk.
MONDAY - Sloppy Joe on bun, coined carrots, fruited jello, choice of milk.
TUESDAY - B.B.Q. chicken, mashed potatoes w/gravy, green beans, chocolate chip cookie, choice of milk.
WEDNESDAY - Breakfast for lunch. Scrambled egg-cheese on English muffin, tator wedge, applesauce, choice of milk.

GATE OF HEAVEN SCHOOL

April 4-10
THURSDAY - Chicken croquette, mashed potatoes-gravy, corn, peaches, milk.
FRIDAY - Macaroni-cheese, tomato soup, carrot-celery, cookies, milk.
MONDAY - Flying saucer sandwich w/lettuce-tomato-cheese-meat, chips, pears, milk.
TUESDAY - Pierogies, green beans, mixed fruit, cake, milk.
WEDNESDAY - Half day of school. No lunch.

LAKE-LEHMAN SCHOOLS

April 4 - 10
THURSDAY - Veal parmesan, mashed potatoes, green beans, roll-butter, ice cream, milk.
FRIDAY - Dolphin safe tuna or peanut butter-jelly hoagie, French fries, peaches, milk.
MONDAY - Steak hoagie, onion rings, seasoned green beans, pears, milk.
TUESDAY - Turkey bar-b-q on bun w/relish, potato puffs, buttered kernel corn, butterscotch pudding, milk.
WEDNESDAY - Spaghetti w/Italian meat sauce, seasoned broccoli, roll-butter, ice cream, milk.

WEST SIDE TECH

April 4 - 10
 Breakfast
THURSDAY - Choice of cereal, orange juice, blueberry muffin, milk.
FRIDAY - Egg/toast or cereal, pastry, juice, milk.
MONDAY - Coffee cake, choice of cereal, orange juice, milk.
TUESDAY - Ham-egg croissant, or cereal, juice, pastry, milk.
WEDNESDAY - Banana bread, chilled pears, choice of cereal, milk.

Lunch
THURSDAY - Wafer steak w/lettuce-tomato, buttered noodles, season peas, fresh fruit, milk.
FRIDAY - French bread pizza, fresh relish cup, chilled pineapple, vanilla cake-frosting, milk.
MONDAY - Taco w/trimmings, sharp cheese, tangy sauce, seasoned corn, chilled pineapple, milk.
TUESDAY - Chicken barbeque w/relish on bun, hash browns, applesauce, vanilla cake w/cinnamon crumb topping, milk.
WEDNESDAY - Hamburg w/lettuce-tomato, macaroni salad, chilled pears, jello, milk.



ART WINNERS - First row, from left, Sarah Davis, Amber Steele, Melissa Mitchell, Nathan Bendick, Jenna Casaldi, Kelly Wagner. Second row, Carrie Race, Nicki Fallon, Winter Rusiloski, Laura Castellano.

Women's Club names art contest winners

The Harveys Lake Women's Service Club a member of the General Federation of Women's Clubs recently announced the winners of the club's annual Student Arts Competition. This year the categories were short stories, poetry and jazz dance. The winners in each category will compete in the State Federation of Arts Contest to be held in April.

In the short story category (grades 1-3) first place winner was Andrea Steele of Ross Elementary;

second place, Jenna Casaldi of Lake-Noxen Elementary; third place, Sarah Davis of Lehman-Jackson Elementary.

In the short story category (grades 4-6), first place winner was Nathan Bendick of Lehman-Jackson; second place, Nicki Fallon of Lehman-Jackson; third place, Laura Castellano, Lehman-Jackson.

In the poetry category (all grade levels), first place winner was Melissa Ann Mitchell of Lake-

Noxen; second place, Carrie Race of Lehman-Jackson; third place, Kelly Wagner, Lake-Noxen Elementary.

In the student jazz competition the winner was Winter Rusiloski of Lehman-Jackson Elementary.

The students were honored at a Special Awards Ceremony at the Lake-Noxen Elementary School by the Harveys Lake Women's Service Club. For further information, concerning this annual competition call 639-2007.



Dallas quiz bowl champions

Recently teams of sixth graders from the Dallas Middle School competed in the second annual Thinking Cap Bowl. The contest consisted of a battery of computer tests in the areas of social studies, grammar, math, science, music, sports and trivia. The winning team was coached by Mrs. Maryann Storz.

The statewide competition was given to all participating fifth and sixth graders on February 19. The scores will be compiled and the state winners will be announced at a later date. Dallas Middle School Bowl Champions, seated, Alison Piazza, Brian Pietraccini and Kristen Faerber. Standing, Tracy Jones, David Choe and Joey Lynn Walko.

Seminary names Dean's List

David L. Davies, Dean of Wyoming Seminary College Preparatory School, Kingston, announced the Dean's List High Honors and Dean's List for the winter term, 1991.

Dean's List High Honors: David Choi, Dallas; Gregory Choi, Shavertown; Melanie Evans, Trucksville; Janelle Kellman, Shavertown; Sonia Kimm, Shavertown; Stephen Kimm, Shavertown; Jane Oh, Dallas; Jeana Oh, Dallas;

Durelle Scott, Dallas; Matt Shea, Dallas; Janice Shynn, Shavertown.

Dean's List: Amy Brown, Dallas; Corine Casterline, Dallas; Vincent DiGiovanni, Shavertown; Barrett Feldman, Shavertown; Brian Koo, Dallas; Jeff Malak, Shavertown; Michael Mooney, Dallas; Ashish Patel, Shavertown; Molly Shea, Dallas; Raymond Shynn, Shavertown; Rosemary Whalen, Shavertown.



Rural Health donates tooth kits

Rural Health Corporation of Northeastern Pennsylvania's Monroe-Noxen Health Center recently donated tooth preserving systems to the Dallas Senior High School to celebrate National Children's Dental Health month.

The kits can be used in the event of an injury involving a broken tooth. A preserving liquid contained in the kits keeps the tooth fibers alive, enabling possible reimplantation by the family dentist. Rural Health Corporation of Northeastern Pennsylvania, a subsidiary of Wilkes-Barre General Health Corporation, operates six medical and three dental centers throughout Luzerne and Wyoming Counties and, provides comprehensive and preventive health services to 16,000 registered patients.

Shown from left, seated, Jane Balavage, Monroe-Noxen Health Center, dental hygienist; Rita Bren, school nurse. Standing: Laura O'Malley, school nurse; Frank Galicki, principal and Linda Burd, school nurse.

Jason Cadwalader continues his baseball career at Wilkes

Cadwalader is a member of the 1991 Wilkes University Baseball Team. Jason has two previous letters playing for Wilkes and has also been a member of the All MAC second team.

A graduate of Lake-Lehman High School, Jason lettered three times in football, and twice in baseball

and basketball. He was named to all star teams in football and baseball. Jason also proved himself in the classroom, as well as in the field by making the honor roll.

A biology major at Wilkes, Jason is the son of Thomas and Victoria Cadwalader of Dallas.

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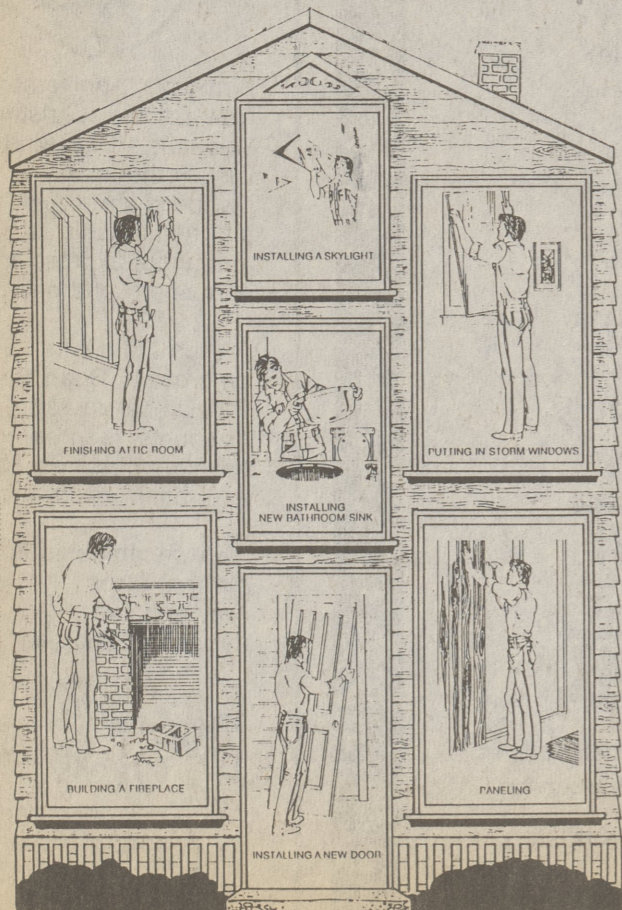
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The Dallas Post's special Spring Home Improvement section reaches homeowners - home improvers - where they live. The Post's readers are among the most affluent in all of Northeastern Pennsylvania. When it comes to their homes, no expense is spared. Spring Home Improvement will contain articles and photos of interest to anyone planning to remodel, redecorate or otherwise improve their home or yard, with a special emphasis on preparing for the coming outdoor season.

It will be included with the April 17 issue of The Dallas Post - the Back Mountain's newspaper for more than 100 years. If you provide a product or service to homeowners, do-it-yourselfers or the trades, you won't want to miss this well-read issue. It's sure to bring big readership for your message.

PUBLICATION DATE: APRIL 17, 1991
 AD DEADLINE: THURSDAY, APRIL 11
 (One day earlier if proof required)

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