

SPORTS

Dallas crushes DelVal

By CHARLOT M. DENMON
Staff Writer

The Dallas Mountaineers defeated Delaware Valley 69-32 but only after they were able to break through their opponents slow play in the second half.

"We knew nothing about Delaware Valley going in and it took the kids the first half to get to know their strengths and plays. Then in the second half they came out storming," said Dallas Coach Paul Brown.

The Mountaineers, who play a fast breaking game, expected the same from Delaware Valley, but

their opponents played a careful waiting game which caused problems for the Mouns until the second half.

During intermission Brown switched to man-to-man defense and the Mountaineers responded by shutting down their opponents and scoring heavily. Damon Lisnow reached his 1,000 points when he hit during a 15-0 run capped by a three-pointer by Ray Russin. After DelVal stopped the combined run of Lisnow and Russin, Russin began a 22-0 run to lead the Mountaineers to the final 69-32 score.

Russin hit two three-pointers, and Mark Medura and Todd

Paczewski each hit one.

The Mountaineers held their opponents to only eight points in the second half while scoring 42.

The win advances them to interdistrict play with York Catholic Wednesday, March 13, at a place and time to be announced.

"York Catholic is 29-0 this season and 55-0 overall. They're last year's state champs but we're going to beat them," said Brown. "We have super scouting reports on them. Even the coach of the team who played them last called me."

"From the opening tap to the final buzzer it will be a game of high intensity," Brown said.

Mounts retained determination after loss to Scranton Prep

By CHARLOT M. DENMON
Staff Writer

A loss to Scranton Prep hadn't dampened the Dallas Mountaineers enthusiasm or confidence going into the first round of regional playoffs. The Mounts were never out of the game for the district title, but lost their edge just enough to fall. They promise that won't happen again.

Dallas took an early lead in the first half of the game with Scranton Prep March 7, but let it slip away in the final moments as the Cavaliers scored five unanswered points to close the half with a 36-36 tie.

The Cavaliers kept their momentum up after the break and outscored the Mounts to win the game 82-75 in the playoff and take the District 2 AAA title, leaving the Mounts in Monday night's game against Delaware Valley, the District 12 representative.

"Delaware Valley is from the Poconos," said Dallas Coach Paul Brown. "After losing last Thursday, we're going to have to win five straight to win the championship, that's what we have to do. We're very optimistic going into the playoffs. I'm proud of the kids and they played hard Thursday night. I think they're a team to be reckoned with from here in," Brown said.

Starter Mark Medura said the team's goal was winning the league and winning the district title. But he felt the team had a great season, winning 20 games.

"We're optimistic; we expect to win the next five games. If Prep wins and Dallas wins, we will meet in the Eastern Finals."

Damon Lisnow, the Mountaineers' top rebounder and a great shooter thought Dallas must get a fast start. "We will play hard and try to get off to a good start to get to states. We don't know too much about Delaware Valley and probably won't

until the first quarter."

Lisnow was nine points away from the 1000 point mark going into Monday's game, and averaging over 20 per outing.

"We lost to Prep because we weren't with it mentally for a while. They were hitting some shots and we weren't answering. Their big guy wasn't what the media said he was," Lisnow concluded.

Jay Van Orden said he had no idea what Delaware Valley was like. "We'll hustle a lot and play hard. Last game we made a lot of mental and physical errors. We should have beat Prep," Van Orden said.

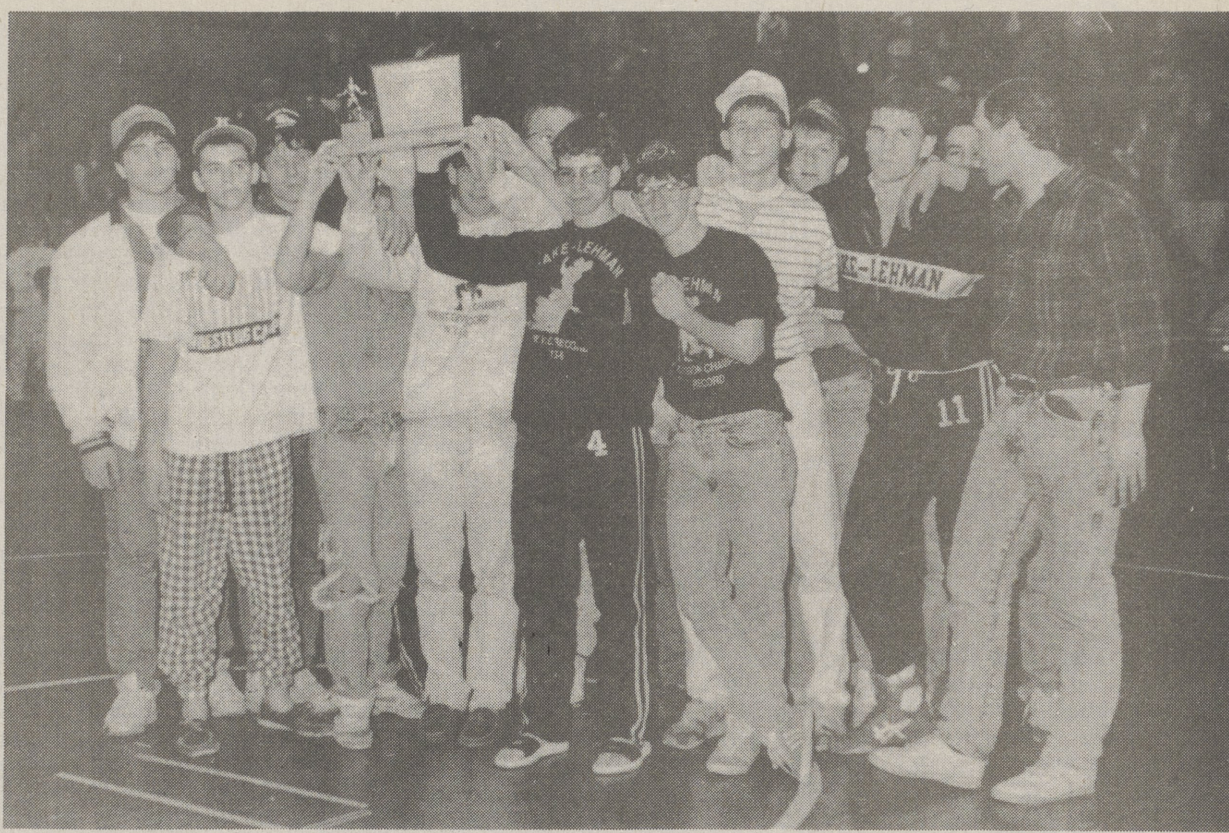
"We had too many mental lapses. We hustled and played well physically but the lapses hurt us," said Ray Russin, a great team leader. "We don't know much about Delaware Valley but if we cut out our mental lapses and hustle like we did we should do all right. They have a 6'4", 220-lb. player; we'll learn more about him in practice."

"We'll make it to states," said Dave Puz. "The first two we will win and the third game is on the coach's birthday and we never lose on his birthday. With our good coaching we will have more information so they won't be able to beat us," Puz concluded.

"They haven't played in two weeks," said John McKeever, "so they should be a little rusty. If we get the lead we should stay ahead of them. We have to learn about their personnel. In the Prep game, they shot 90 percent in the fourth quarter, we shot 60 percent and we missed four foul shots at the end. We didn't score when we had to near the end."

Todd Paczewski said if the team stays in the basic plan of their game and learn more about their opponent it should help.

"We have to keep our concentration, not have mental lapses. The game is both physical and mental," said Paczewski.



THE CHAMPS - The Lake-Lehman Black Knights were crowned champions of the regional meet March 9. Team members are shown after the meet with the championship trophy. (Photo by Dave Kozemchak)

Black Knights reign as regional champion

Four Lehman grapplers going to states

By CHARLOT M. DENMON
Staff Writer

The Black Knight grapplers of Lake-Lehman proved they were for real last weekend when, after copping the District 2 team title, they proceeded to nail the Northeastern AA Regional team title at Williamsport.

In the process, four Knights qualified for the all-state meet that takes place this weekend. Knights also took two individual titles, one silver and one bronze title when 171 lb. Mike Geurin and 189 lb. Ray Rosencrans won the gold, sophomore 130 lb. Charlie Jacoby captured a silver and 145 lb. Mike Tereska took the bronze bronze after losing a close 2-1 bout in the semi-finals, then winning in the consolations.

Geurin advanced to the finals by defeating his Montoursville opponent 8-4 in the semi-finals then took the title by taking Wyalusing's Ed Moore in a close 8-7 bout. Rosencrans outwrestled Dave Ryder 1-0 in the semi-finals then won a 5-3 bout over Kevin

Breinsen in overtime.

Knight co-coaches Tom Williams and Phil Lipski walked away with the coaches of the year plaque as well but uppermost in their minds was the great job done by the kids.

"The congratulations should go to the kids," said Coach Lipski. "They did extremely well. We had six place winners out of 10 going into the regionals and four of those six will go to states this weekend. Only the top three advance but our other two did a great job placing fourth. They wrestled some tough guys."

"Our kids wrestled a lot of returning state champions. District 4 is the toughest and our kids met a lot of them. Jacoby had a returning state champion in the semi-finals and he did a great job of defeating him in overtime. Jacoby is only a sophomore. He and Mike Tereska wrestled real tough," Lipski continued.

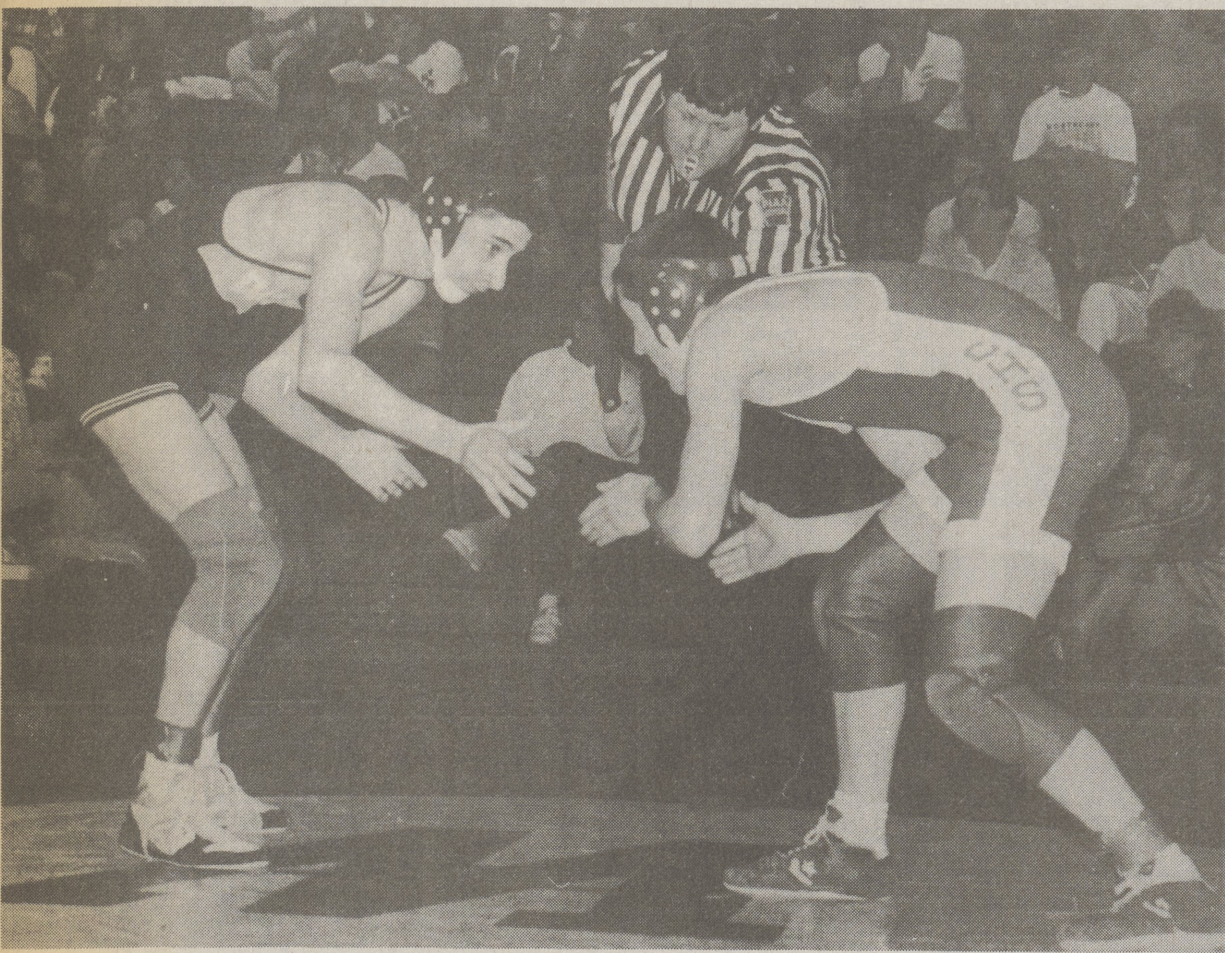
"All of our kids wrestled tough, they had some very close bouts and they are in good shape. They should all be proud of themselves.

Our team set the pace early and we had the title wrapped up before the finals. They have some bruises but nothing serious and they're looking forward to states this weekend. The four of them are regrouping for states."

Lipski said they set goals at the beginning of the season but until the time actually comes you never know what to expect.

"We were lucky. Over the past two years we haven't had a lot of sickness or injuries like some of the teams do and when you get to regionals and states, it is survival of the fittest. The Northeast Regionals are very grueling but our kids have been very supportive of one another."

"We are very fortunate in having an excellent feeder system from our junior high. This year they went undefeated and won the district title. They have great coaches and the Back Mountain Elementary program and the Noxen Strikers are also a big help to our high school team. They give us some good kids," Lipski said.



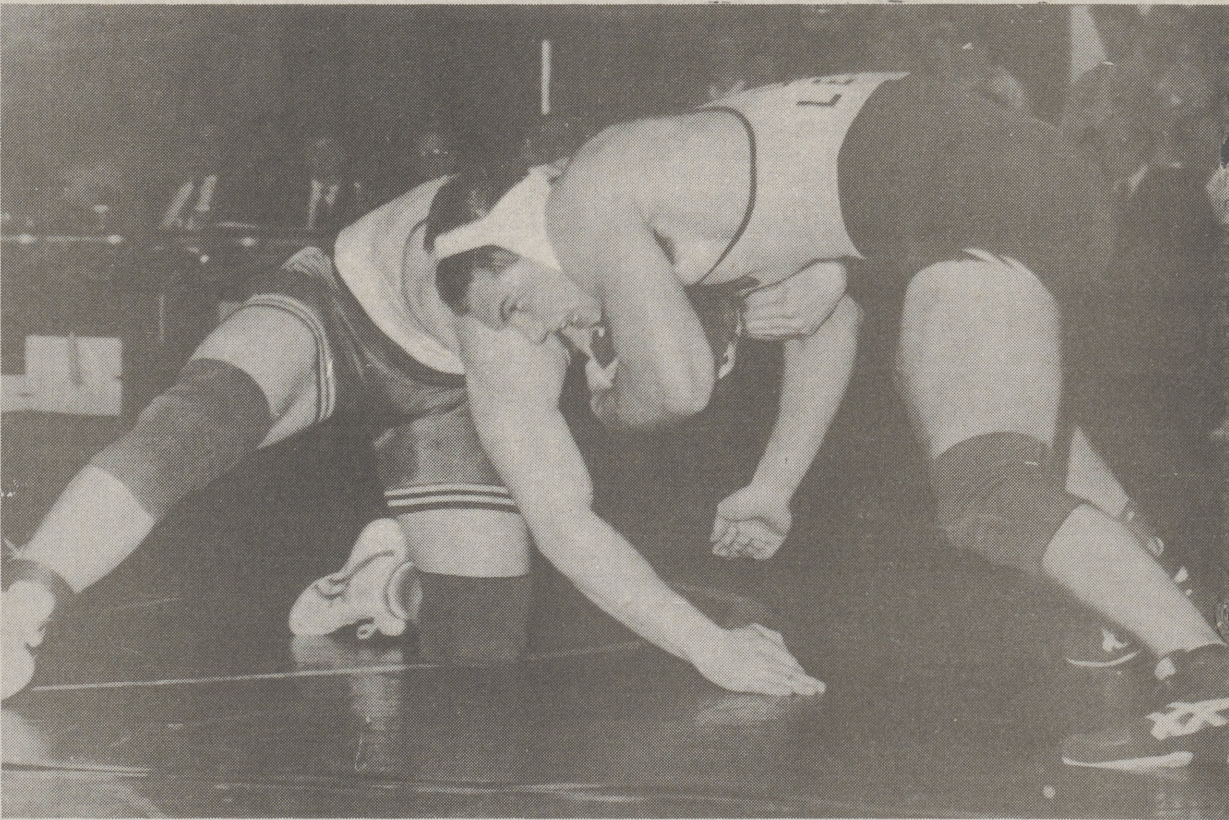
Williams goes to regional meet

Eric Williams was the lone member of the Dallas High School wrestling squad to advance to the Northeast Regionals held last weekend. Eric had placed second in the 112 lb. weight class in District 2 competition March 1 and 2.

Williams lost in the District 2 finals to Crestwood's J. Smolenak. In the Regional Competition Williams lost 19-10 in the first round to last year's state champ, Tom Yurko of Benton. In the consolations he met Comet Smolenak and lost.

A junior, Williams came in fifth last year at 103 in Class AAA districts.

Mountaineer 125 lb. Bob Jesse came in fourth in the District 2 competition.



TOP DOG - Ray Rosencrans took it all at the regional meet March 9. He is shown in the final match on his way to an overtime victory. (Photo by Dave Kozemchak)

Ed Kwak named Wilkes captain

Wilkes University baseball coach, Jerry Bavitz, has announced that former Dallas High School baseball star, Ed Kwak, has been named captain of the 1991 squad.

Kwak, a senior, had an outstanding junior year for the Colonels in 1990. The speedy center-fielder hit .346 for Wilkes a year ago, with four homers, 21 RBI's and 22 runs scored. Kwak also stole three bases and walked five times.

Last year Kwak also set the Wilkes mark for most games played in one year with 34, most at-bats in one year with 136 and most

singles with 37.

Wilkes coach Jerry Bavitz is looking for big things from his new captain.

"Ed is a leader both on and off the field and will do well as captain," said Bavitz. "We are a young team and Ed will lead by example."

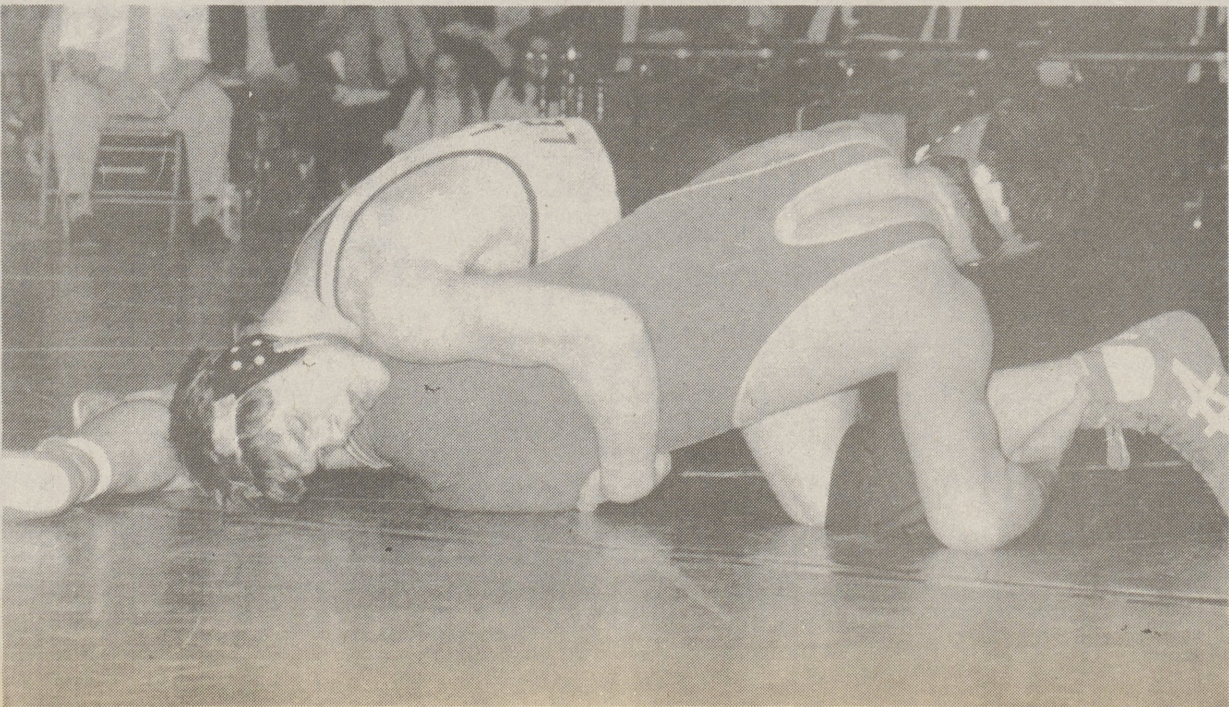
The Colonels will begin their 1991 season on Saturday, March 16 when they face Messiah College in an MAC Northwest game. Wilkes will then prepare to embark on a weeklong trip to Florida on March 25 where it will play seven games in six days.

Kwak, a business administra-

tion major at Wilkes, is the son of Mary Ann and Edward Kwak of Shavertown.

Orange Little League registers March 17

Orange Little League will hold a parents meeting on Sunday, March 17 at 7 p.m. at the Orange Methodist Church basement. All parents must attend. Please do not bring children to this meeting.



GUERIN WINS - Lake-Lehman's Mike Guerin continued his winning ways at regionals by taking top honors in the 171 lb. weight category. (Photo by Dave Kozemchak)