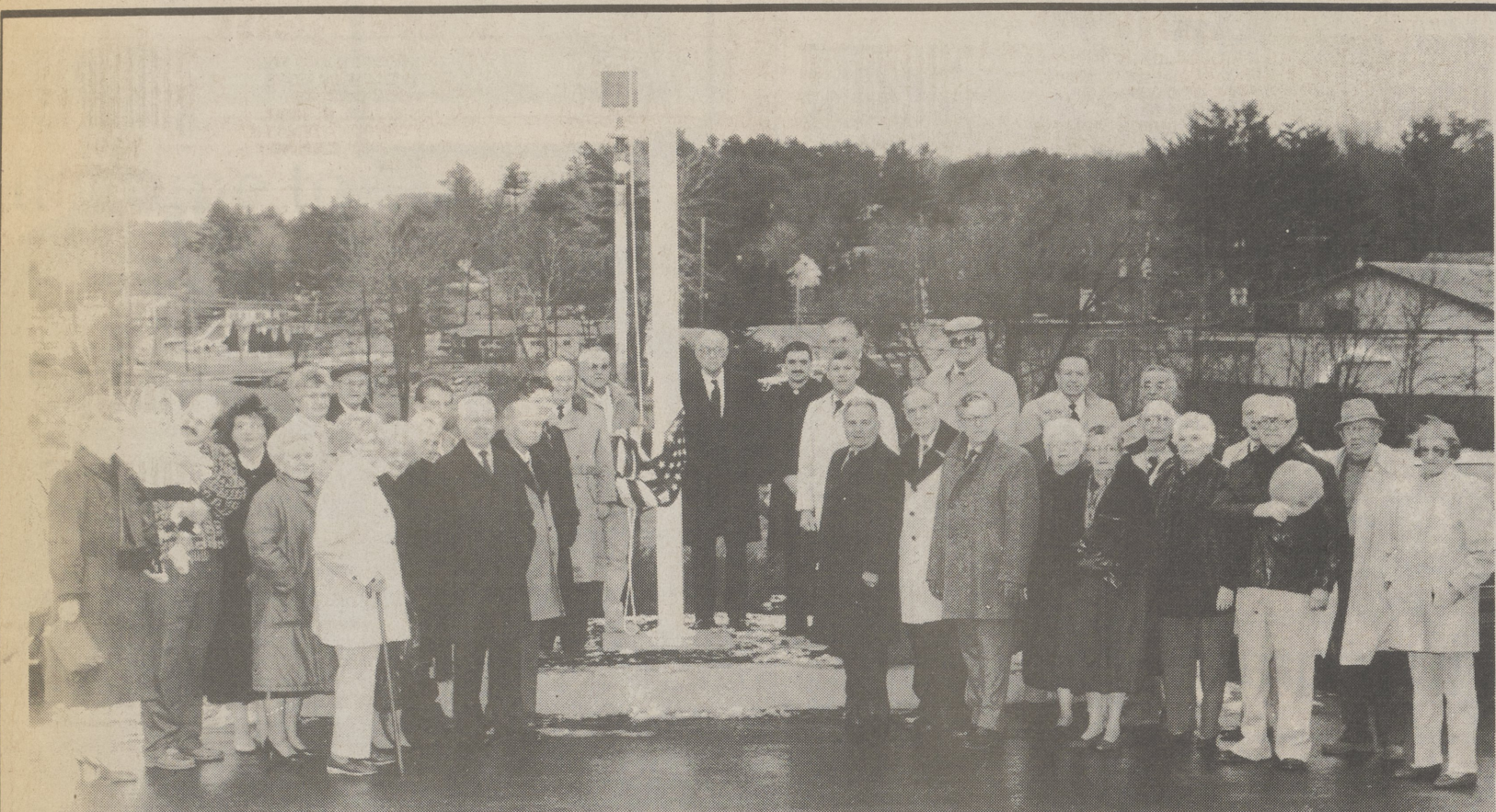


COMMUNITY



Kiwanis donate flagpole and flag

Recently the Dallas Kiwanis dedicated a flagpole and flag to the Hi Meadows Apartments, in Dallas. The dedication ceremony was held in honor of Paul Selingo, a Dallas Kiwanian, for his contributions to community service. The program included George McCutcheon, master of ceremonies; Rev. David Lisko, pastor of St. John's Orthodox Church in Nanticoke; Charles Kishbaugh, president of Dallas Kiwanis; Senator Charles D. Lemmond, Jr.,

presentation; John Navich, past president of Dallas Kiwanis, dedication background and Florence Konopke, manager of the Hi Meadows Apartments. Refreshments were served following the ceremony and several senior citizens from the Hi Meadows were in attendance. Members of the dedication committee were as follows: Robert Dolbear, George McCutcheon, John Navich, Elmer Reese, Cliff Parker and Tex Wilson.

Burning treated wood may be health hazard

Prolonged burning of a wood commonly used for outdoor decks and patios may cause arsenic poisoning and a host of irreversible physical problems.

Dr. J. Ward Donovan, a toxicologist and assistant professor of medicine with Penn State's Milton S. Hershey Medical Center, says, "Pressure-treated wood is coated with a preservative containing chromium copper arsenate (CCA), a pesticide and fungicide. When scraps of the wood are burned in woodstoves and fireplaces, arsenic may be released through stovepipe leaks and faulty flues, leading to arsenic poisoning by inhalation. Handling ashes containing arsenic can also result in arsenic poisoning through the skin."

According to Dr. Donovan, arsenic poisoning can cause neurological problems, numbness in the arms and legs, hair loss, skin rashes, and gastrointestinal upsets. He observed these symptoms in a patient he recently treated for arsenic poisoning after the man burned scraps of pressure-treated wood in his home over a period of several months.

With oil prices rising this winter, many people will increase their use of woodstoves and fireplaces, raising the possibility that they will use wood treated with arsenic to heat their homes. One particular risk group may be Amish and Mennonite families. Many own small businesses making products from pressure-treated wood and

heat their homes with woodstoves and fireplaces.

Dr. Donovan also warns about the increased risk of carbon monoxide poisoning during the winter heating season. He warns, "An incorrectly vented furnace, fireplace, or coal stove may release carbon monoxide into the home. Carbon monoxide attacks the oxygen we need to stay alive. It is the number one poison killer in America." Faulty space heaters and hot water heaters can also lead to carbon monoxide poisoning.

Early symptoms of carbon monoxide poisoning are headaches, dizziness, weakness, nausea, rapid heartbeat, diminished hearing, and visual problems. Severe symptoms are vomiting, disorientation, unconsciousness, coma, seizures, respiratory failure, and cardiac arrest. Acute exposure to carbon monoxide can cause permanent damage to the brain, nervous system, and internal organs.

Carbon monoxide is especially dangerous because it is so ordinary and silent-unseen and unheard. Its only cure is prevention. Dr. Donovan warns those with concerns about their heating systems to have them inspected. Anyone with questions about poisons—arsenic, carbon monoxide, or others—may call the Central Pennsylvania Poison Center, located at Hershey Medical Center, at (717) 531-6111 or 1-800-521-6110.



IREM DONATION - Pictured are Mrs. David Watkins presenting a check from Irem Women's Auxiliary to Mrs. William James, representative to Shriners Crippled Childrens Hospital in Philadelphia. This is the auxiliary's annual contribution to the hospital.

Irem Women's Auxiliary holds December luncheon

The December Christmas luncheon of Irem Women's Auxiliary was held at the Ramada with Mrs. David Watkins president, presiding.

Invocation was by Mrs. Thomas Bradley. Decorations arranged by Mrs. Edward Davis and Mrs. Henry Ringden were ceramic figures relative to the holiday season at the head table and bud vases with holly adorning the side tables.

Mrs. Jacob Cannon, program chairman presented Mrs. Betsy Henderson, a member of the Music Box Theatre as soloist, accompanied by Mrs. George Ralston. They presented favorite Christmas musical numbers.

The auxiliary will meet on Thursday, Jan. 10, at the Mosque at 1:30

p.m. The Executive Board will meet at 12:30 p.m. in the Trophy Room with Mrs. David Watkins presiding.

Sentinel chairman, Mrs. James Henderson appointed Mrs. Durwin H. Farr and Mrs. Edward Reisser as sentinels for the day.

Mrs. James Melberger, reception chairman appointed Mrs. Jacob Cannon and Mrs. James Henderson as hostesses for the day.

Mrs. Pierce Newhart, ticket chairman for the February 21, 1991 card party will have tickets available.

Mrs. Fred Ruger is chairman of the February card party.

Lake lists trash pickup days

Effective January 7, 1991, Harveys Lake Borough trash hauler will be Soloman Industries.

Pick up days will be as follows: Monday: Outlet area, Sha-

wanese, Sunset, Warden Place, Alderson and up to Noxen Road (Route 415).

Tuesday: Blue Jay Trailer Park, Pine Grove, Sandy Beach and Point Breeze to the Outlet.

Back Mountain briefs

Poet's dance set for Jan. 19

The Blue and Gold Club is sponsoring a Poet's Dance featuring Frankie and the Corvettes, Saturday, Jan. 19 at Bishop O'Reilly High School, Kingston at 9 p.m. - 1 a.m. Refreshments included, adults \$12. For more information call: 287-5213, 287-5400, 779-4795 or 675-6323.

Local recipes to be turned in Jan. 10

Recipes for the Back Mountain Memorial Library Cookbook should be turned in to the library by January 10. Please make them to the attention of Maryann Daily. If you would like to send in two recipes, please do so. However, depending upon available space, we cannot guarantee that they will both be able to be inserted. When the recipes are turned in, please let the library know how many cookbooks you would like to buy.



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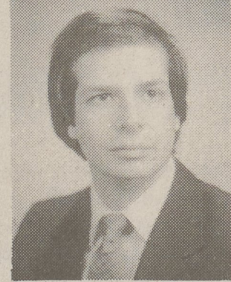
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Medical Office Expands Hours

Dr. John P. Brady announces the addition of early morning and evening hours. Dr. Brady practices General Internal Medicine, which specializes in Diabetes, Hypertension, Arthritis, Cardio-Vascular Disorders, and Gastrointestinal Disease.

Dr. Brady attended Bishop O'Reilly H.S., Kingston; Wilkes College, Wilkes-Barre; and Hahnemann University, Philadelphia, Pa. He is a member of the A.M.A., Pennsylvania and Luzerne County Medical Societies and the American Society of Internal Medicine. He served as Chief of Medicine, Nesbitt Hospital, 1988 - 1989.

The office is equipped with a laboratory, EKG, 24 hour Holter, X-Ray service, Pulmonary Function Testing, Doppler vascular studies, and Ultrasound service. Dr. Brady also performs PAP tests, Pelvic exams, Sigmoidoscopy, and screens for Breast and Colon Cancer, Pre-marital, Driver, and Work Physicals are also offered.

The office is located at 172 Memorial Highway, Shavertown (former Magistrate's office, adjacent McDonald's). For appointment call 675-6588.

Dr. Brady is married and lives with his wife and three sons in Franklin Township.

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