

Enjoy them while they're at their peak

Sunkist Seedless **EL ORANGES**

Sweet and Crunchy

Red Emperor or White Calmeria

Good for a snack in a low calorie diet



High in eating satisfaction, but low in calories

Snow White Fresh Mushrooms



Washington State Extra Fancy, Crisp

O-oz. Apples



Uniform A sized — "The Baking Potato" Green Giant

Genuine Idaho **Potatoes**



High in Vitamin C Medium Size (Bagged)

Green **Peppers**

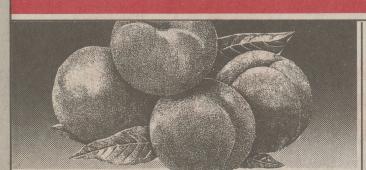


Lots of flavor from just a few calories; Yellow

Cooking Onions

High in Vitamin A— Fresh, Tender

Yellow or Green Squash



For a Taste of Summer Fresh — Imported from Chile

Yellow **Peaches**

Full of Juice & Flavor Fresh — Imported from Chile

Sweet **Nectarines**

A Versatile Vegetable

High in Vitamin A **Delicious Baked or Mashed**

Southern Yams

Eat Plenty — Low in Calories

Tender **Celery Hearts**

Royal Purple Eggplant

For Better Tasting Salads

Endive or **Escarole**

Insalaco's

• Country Club Shopping Ctr., Dallas • West Side Mall, Edwardsville • 801 Wyoming Ave., West Pittston Stanton St., Wilkes-Barre · Valmont Plaza, West Hazleton

Double Coupons **Every Day!**

Details in store.



Fetch's

W. Main St., Plymouth 5% Senior Citizens Day Tuesday

Giant Mkts.

· Hanover Street, Wilkes-Barre • Wyoming Avenue, Kingston • Pittston Plaza

Double Coupons **Every Day!**

Details in store.