

SPORTS

Lady Mounts take 2-1 win

The Dallas Lady Mountaineers moved into first place by two games in the South AAA Monday by defeating Bishop Hoban 2-1 in the final inning. The win moved Dallas to 10-1 and dropped Bishop Hoban to 8-3. They are now tied with Wyoming Area in second place.

The Argents took a 1-0 lead in the top of the fourth after a double by Rene Klem. When Cathy Yanchunas, the Argents pitcher hit a ground ball to shortstop Wendy Cave tried to pick off pinch runner Shannon Gaughan at second and Yanchunas was safe at first.

With runners at first and second Amy Dalessandro hit a single to right field and the bases were loaded. Trish Steeber came up and hit a long fly to the outfield and Gaughan scored.

But that was the end of the scoring for the Argents as Dallas pitcher Laura Poynton grounded out the next batter.

"I was a lot more relaxed in today's game," Poynton said afterwards. "I had confidence in our defense and knew we were playing together as a team. Our philosophy throughout the game was if they scored a run we would score

a run and we did." The difference was only one, as the Mountaineers scored in the final inning when Wendy Cave led off with a single to right field. Stephanie Kreiner was the next batter and she tried to bunt but the ball went in the air and the Argents third baseman caught it holding Cave on first.

Denise Wysocki was up next, and Cave took second on a passed ball. Wysocki hit a shot to the right of the Argents pitcher, who caught the ball and tried to put out Cave going to third. But Yanchunas' throw pulled the third baseman off the bag and Cave was safe. Ann Fauls was next batter and she hit a ground ball to second base. The ball took a high hop, but the second baseman got the ball and tried to throw Cave out at home. But Cave beat the throw and the Dallas team scored the winning run.

Dallas had tied the score in the bottom of the fourth inning when Poynton hit a single to score pinch runner Theresa Mathers who was running for Molly Connolly.

Poynton gave up only four hits, struck out two and walked only one in picking up the win.



DALLAS SCORES - Mountaineer Theresa Mathers rounds third base as she goes home to score the Mounts first run in Monday's game with Bishop Hoban. Dallas edged Bishop Hoban 2-1 in the seventh inning. (Photo by C.M. Denmon)

Back Mountain Baseball Standings

National League

| | |
|-----------|-----|
| Dodgers | 4-0 |
| Reds | 4-1 |
| Pirates | 3-1 |
| Giants | 3-2 |
| Phillies | 1-3 |
| Astros | 1-3 |
| Cardinals | 0-5 |

American League

| | |
|---------|-----|
| Yankees | 3-1 |
| Orioles | 3-2 |
| Indians | 3-2 |
| Red Sox | 3-2 |
| Tigers | 0-5 |

Home Runs of the week were hit by Brad Kohli of the Indians and Matt Lukas of the Giants.

Minor League Div. 1

| | |
|-----------|-----|
| Orioles | 4-0 |
| Tigers | 4-1 |
| Reds | 2-2 |
| Astros | 2-3 |
| Cardinals | 2-3 |
| Dodgers | 0-5 |

Div. 1 Softball

| | |
|-----------|-----|
| A's | 3-0 |
| White Sox | 2-0 |
| Red Sox | 3-1 |
| Pirates | 1-1 |
| Cardinals | 2-2 |
| Phillies | 0-2 |
| Orioles | 0-2 |
| Dodgers | 0-4 |

Dallas Mountaineers edge Hazleton 3-2

With the score tied 2-2 going into the eighth inning, Mountaineer Jeff Tinner hit a home run deep into the outfield Monday to give Dallas a 3-2 win over Hazleton.

Tinner's homer was off the losing pitcher Greg Mrochko with only one out. Dallas had tied the game in the seventh when John Masley drove out a long triple and scored on Matt Butler's single. The Dallas team's first run was in the fifth inning when Ray Russin, who was 3-for-3 at the plate, singled home Butler.

Bob Ashworth was the winning pitcher, striking out one and walking two when he came in to relieve Brian Miller, a sophomore who pitched seven innings, giving up only seven hits, two runs and striking out two.

The Mountaineers record moved to 5-7 in the league.

Dallas girls soccer team defeats O'Reilly 6-1

Wendy Hozempa paced the Dallas Mountaineers to a 6-1 win over Bishop O'Reilly last Friday to keep the Lady Mountaineers undefeated in the Wyoming Valley Conference. She scored one goal in the first period to move Dallas in front 1-0 and Jen Besecker scored to make it 2-0. Jen Rosentel scored a goal before the first period ended to move Dallas in front 3-0.

In the second period Hozempa scored again and Sue Richardson and Patrice Robinson scored goals to give the team a 6-0 lead. Both teams went scoreless in the third period but in the final period O'Reilly's Lisa Niewinski knocked in a score for the Queenswoman to end the game 6-1.

Dallas had 31 shots on goal, O'Reilly had nine. The win moved Dallas to 10-0 with their next game scheduled for Tuesday at home with Lake-Lehman weather permitting.

Dallas trackmen take two

Steve Oliver, Dave Podel and Jay VanOrden each took three first place wins for the Dallas Mountaineers to lead them to a clean sweep in the tri-meet with Wyoming Area and Bishop Hafey.

The Mountaineers defeated Wyoming 82 1/2-67 1/2 and Hafey 111 1/2-37 1/2, to finish the season with a 10-6 record on their home course.

Oliver took the 800m and 1600m run and ran a leg of the winning Dallas 1600m relay team whose other members were Rogers, Morris and Podel. VanOrden took the 110 hurdles, the 300M hurdles and the high jump and Podel came in first in the 100m dash, 200m dash, and a leg of the 1600m relay team. Dallas also won the 3200m relay. Morris won the long jump.

Others placing for Dallas were Lieberman, Smith, Hoover, Tomaine, Jones, Smith, Williams, Clothier, Jayne and Litz.

Dallas diamondmen drop one to Pittston

Dallas Mountaineers remained tied 1-1 with Pittston Area in last Friday's game until the bottom of the fourth when the Patriots erupted for three runs. Dallas' only runs were on two homers out by Bob Ashworth, who struck out seven and walked only two.

Lady Mountaineers take Wyoming 13-3

Laura Poynton ran her mound record to 9-1 in Friday's game with Wyoming Area as she went all the way giving up only four hits, striking out four and walking one to lead Dallas in routing the Warriors 13-3. The game ended in the sixth under the 10-run rule.

Jennifer Coon played a key role for the Mountaineers behind the plate in her first game in a senior high varsity game. She filled in for Melanie Langdon who was playing second-base filling in at that spot when the regular Wendy Cave moved to shortstop due to Mollie Connolly who was injured previously.

Friday's game was riddled with injuries with two Wyoming players removed from the game with injuries and Langdon injured when she was hit in the back of the neck in the bottom of the sixth when the Warrior catcher trying to make a sweep tag.

Lady Knights edges O'Reilly 8-6

The Lady Knights edged Bishop O'Reilly 8-6 Friday behind the fourth pitching of Karen Stefanowicz who struck out 10 on the mound and drove in two runs.

Noelle Brooks led the Knights at the plate with three hits and Tracey Krupa had two hits in the game which moved the Lady Knights to a 9-2 record.

After nipping Northwest 9-8 Tuesday afternoon on their home field the Lady Knights traveled to Wyoming Seminary Wednesday and routed the Blue Knights 24-3 in a game that ended after five innings under the 10-run rule.

Wendy Skibitsky drove out three hits and Jen Cross and H. Ruger each had two hits, one of Cross's a double. The Knights scored six runs in each of the first, second and third innings, five in the fourth and one in the fifth against the Seminary team.

Cherub Honeywell picked up the win for the Lake-Lehman girls.

Lake-Lehman boys take Titans

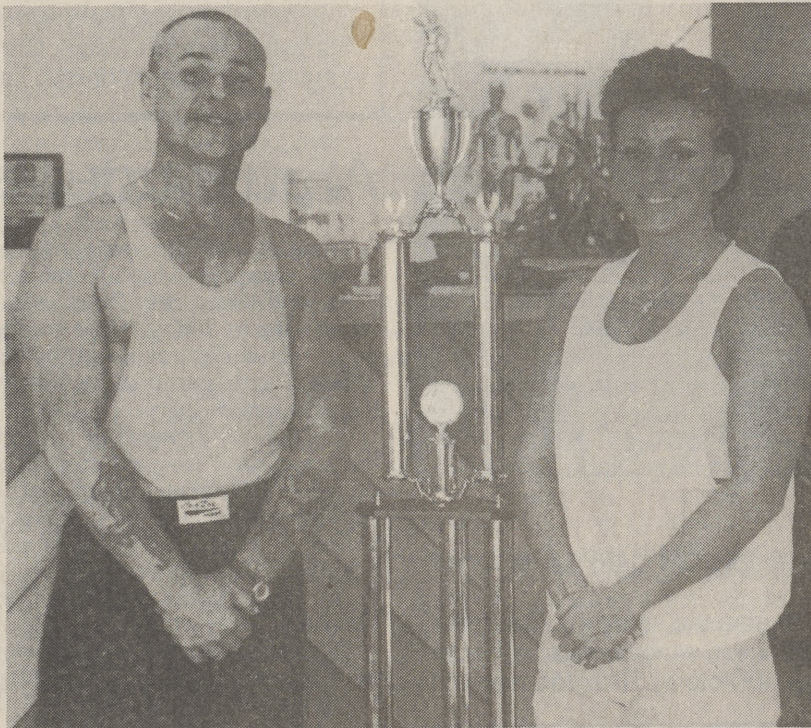
A three-run homer by Mike Strutko and three RBI's by Kris Bowman led the Black Knights to a 14-1 trouncing of the West Side Titans Wednesday. The win moved the boys to an 8-2 record to stay on the heels of the Argents.

The Knights scored four runs in the first inning to move in front and stayed there the entire five innings which ended under the 10-run rule.

Sam Gorgone was the winning pitcher striking out three and walking one. He also had two hits as did Troy Strausser. Strutko also had two hits.

Lake-Lehman cindermen win one, lose three

The Lake-Lehman cindermen defeated Meyers 102-44 and lost to Hazleton 97 1/2-62 2/3 in a tri-meet Wednesday afternoon. Earlier the Knights dropped two in a tri-meet with Valley West and Coughlin bowing 126-24 to the Spartans and 84-66 to Coughlin.



TOP TROPHY - Gina Gelardi, personal trainer at One-to-One Fitness Center, poses above with her trainer, Ernie Baul, and the first place trophy she won at the recent Middle Atlantic States All Natural Body Builders Championship. (Photo by C.M. Denmon)

Gelardi places first in body builders competition

By CHARLOT M. DENMON
Staff Writer

Gina Gelardi, personal trainer at One-to-One Fitness Center, Memorial Highway, Dallas, took first place recently in the Middle Atlantic States All Natural Body Builders Championship.

Tina, who started her fitness program 17 months ago with Ernie Baul, at that time was 25 pounds overweight and never lifted weights until that time. Tina was, however, a good athlete.

For the past two months, Tina would come down every morning at 5:30 a.m. to work on her posing routines and workouts. She is now working with handicapped children from the Deutsch Institute who come in three times weekly to learn health awareness strength and self-esteem.

Bill Ranieri, also a staff member

YMCA offers lifeguard courses

The Wilkes-Barre YMCA will offer a Lifeguarding Course throughout the summer.

Students must be at least 15 years old and be able to swim four laps of each stroke, front crawl, breaststroke, sidestroke and elementary backstroke. Students must also have current First Aid and CPR certification.

Classes are: May 29-June 2; Tuesday-Friday, 4 p.m.-9 p.m. and Saturday, 9 a.m.-5 p.m. or June 7-August 23 every Thursday, 6:30 p.m.-9 p.m. or July 16-August 23, Monday-Thursday, 2:30 p.m.-4 p.m.

Registration is now being accepted at the YMCA Registration Desk, 40 W. Northampton St., Wilkes-Barre. For more information call the Wilkes-Barre YMCA at 823-2191.

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Eric Nardone seeks position on King's roundball team

Captain of the Dallas Area High School basketball team, 6-3 forward Eric Nardone has announced he will enroll at King's College this year and plans to be a candidate for the varsity basketball team.

Nardone played for the Mountaineers under Coach Clarence Ozgo.

He is the son of Dr. and Mrs. Henry Nardone and his father, a King's alumnus, is professor of philosophy at the college.

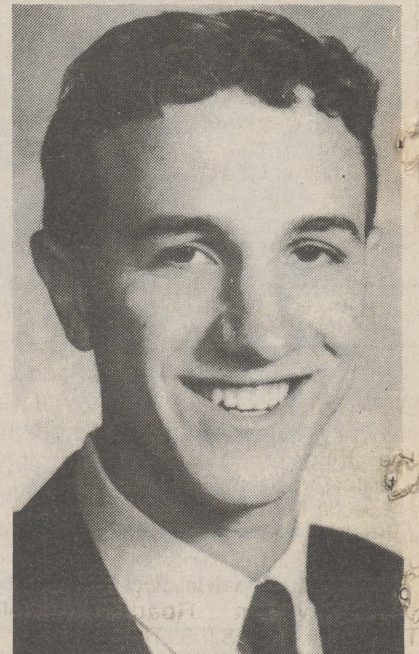
A two-year varsity squad member, he started as a junior. He averaged 13 points, eight rebounds and 2.5 assists per contest.

Eric was named MVP of the Dallas Unico Tournament, and made all-star teams of the Wilkes-Barre daily newspapers.

At Dallas, he served on the sophomore and junior class steering committees, was in the Bridge Club, won three art awards, and gained honorable mention in volleyball as a junior.

Coach Ozgo stated: "Eric is a very hard worker and is extremely coachable. He did not start playing basketball until his sophomore year, so he is just starting to develop as a cager. His best days definitely are ahead of him. He plays all the time. Eric's improvement between his junior and senior years was exceptional. He certainly was our biggest and most pleasant surprise. He has an excellent desire to win."

King's Coach Ken Atkins says: "I



ERIC NARDONE

am very happy to have a student-athlete student-athlete of calibre deciding to attend King's. He is a tireless worker and is strongly motivated to improve as a player. He possesses excellent athletic ability and can jump with the best of them. What impressed me with Eric was the amount of improvement he has shown over the past year. I fully expect him to continue to perfect his basketball skills at King's College."

THE DALLAS POST

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