

COMMUNITY



HEADING TO CHOIR WORKSHOP - Back Mountain area Children's Choir members and their choir directors pictured from left in the front row are, Mrs. Jackie Sheehan, director of the Back Mountain MusicMakers, Elizabeth Martin and Laura Gammage, both of Prince of Peace Episcopal Church, Dallas; Justin and Allison Ash, both of St. Paul's Lutheran Church, Shavertown, and Mr. Mark Laubach, organist/choirmaster at St. Stephen's Episcopal Church, Wilkes-Barre. In the back row are Mrs. Debra Zehner, organist/choir director at Prince of Peace Church, Sara Young of the Back Mountain MusicMakers, Rachael Kaufman, Shavertown, of St. Stephen's Church, Sarah Podel of the Back Mountain MusicMakers, and Mrs. Irene Race, Chapel Choir director at St. Paul's Lutheran Church. These young choristers and their directors all are participating in the workshop with Ms. Kemp.

Children's Choir Festival to take place March 25

A Children's Choir Festival will be held Sunday, March 25, at the Forty Fort United Methodist Church. The program beginning at 6:30 p.m. will have 10 children's choirs participating including two handbell ringing groups.

Back Mountain area choirs performing for the festival are the Alleluia Choir from the Dallas United Methodist Church, the Children's Choirs from both the Shavertown and Trucksville United Methodist Church, and the Back Mountain MusicMakers. Other choirs represented are the Rainbow Ringers from the Tunkhannock United Methodist Church and the Children's Choirs from Good

Shepherd Lutheran Church, Wilkes-Barre and St. Stanislaus Church, Nanticoke. The Forty Fort United Methodist Church will have two choirs and a bell choir taking part.

Each choir will sing or ring a selected anthem for the program. The finale of the festival will have all the choirs performing together the anthem by Natalie Sleeth, "Make Music For The Lord" accompanied by piano and handbells.

The public is cordially invited to attend the festival program. A free will offering will be taken as there is no admission charge.

Registrations still available for Children's Choir Workshop

Registrations are still being taken by the Wilkes-Barre Chapter of the American Guild of Organists for the Children's Choir Workshop to be held at the Forty Fort United Methodist Church, March 24. Helen Kemp, internationally known for her work in training young voices, will lead the workshop.

As Professor of Voice at Westminster Choir College, Ms. Kemp taught a full studio of young singers in addition to vocal pedagogy and choral methods. Her interest in children and the positive potential of their musical, vocal, and spiritual development is a constant focus of her teaching.

Registration of \$12.00 for adults and \$7.00 for senior citizens and

students are being accepted to include at-the-door registrations the day of the workshop, 9-9:30 a.m. The one-day workshop will conclude at 3:30 p.m.; lunch will be offered at \$4.00 per person. Young's Music Store from Allentown will be present with a display of music available for review and purchase.

For more information about the workshop, call Patty Warwick, workshop chairperson, 825-8244, Eugene and Debbie Kelleher, 288-2490, choir director and organist at the Forty Fort church, or Mark Laubach, 826-0442. The Wilkes-Barre Chapter AGO, P.O. Box 2951, Wilkes-Barre, PA 18703-2951, is sponsoring the workshop.

Threshold program looking for volunteer teachers

The spring session of the Threshold Program at the State Correctional Institution at Dallas needs community volunteers. The session is scheduled to begin on April 2.

Threshold is a well developed course in decision making and problem solving taught to residents of jails and prisons by volunteer Threshold teachers who are trained in the methods and techniques of

the program.

Volunteers will be afforded a thorough indoctrination into the Threshold Program at the March 24 and 25 training sessions. The sessions will begin each day at 9 a.m. and end at 5:50 p.m. and will be held at the Parish House of the Prince of Peace Church on Main Street in Dallas. Following the training, the volunteer teachers will participate in a one to one teaching program for one night a

Poster contest for children

The International Children's Theatre Festival in Wilkes-Barre has announced a poster contest for its May 16, 17, 18 and 19th festival. Any child can win free admission for his/her class to a day at this fun-filled extravaganza by designing the official festival poster for 1990. This will include an incredible hour performance by a company from Italy, Ireland, Russia, Alaska or Canada plus all the outdoor mimes, magic, and crafts.

The winner will also receive a free festival T-shirt, a framed poster and other surprises. The second place winner will receive a T-shirt and poster, and the third place winner a poster.

To enter simply draw on an 8"x11" paper what you think will happen at an International Theatre Festival for Kids. Use two colors, any two, and return the design to: NEPA International Children's Theatre Festival, 913 United Penn Bank, Wilkes-Barre, PA 18701 by April 6, 1990. Include your name, age, school and principal's name on your design. For further information about the contest or festival happenings call 717-829-KIDS.

Jaycee program slated March 31

A "Day of Dynamics," an annual seminar hosted by the Back Mountain Jaycees, will be held on Saturday, March 31, from 9 a.m. to 3 p.m. at the Penn State Wilkes-Barre Campus in Lehman. The cost is \$35 per person and the schedule of topics to be discussed is as follows:

- 9 - 10:30 a.m. - Finance and Business Planning
- 10:30 - 11:45 a.m. - Sales Training
- 11:45 a.m. - 12:15 p.m. - Lunch
- 12:15 - 1:30 p.m. - Jaycee Orientation
- 1:30 - 3 p.m. - Leadership Skills & Personal Development

The seminar guest speakers will be local business leaders. This annual seminar is a part of the Back Mountain Jaycees commitment to community leadership programs. To register, please call Steve Steltz at 655-4587 or Mark Masitis at 696-3389.

Property transfers

Property transfers recorded at the Luzerne County Court House from March 9, 1990 to March 13, 1990. Prices are extrapolated from transfer taxes paid. Money transfers are exempt from tax, so no amounts are shown.

Dallas Drywall Construction Inc. to Thomas J. Padavan, 36A Roushey St., Shavertown, property Pheasant Run Dr., Dallas Twp., \$15,000.

James C. Anthony to George E. Anthony, RD 3, Box 295, Rood Ave., Harveys Lake, property Rood Ave., Harveys Lake.

Gerald J. Cooke to Linford R. Evans, RD 1, Lot 6, Pellam Trailer Park, Dallas, property Rose Terrace, Dallas Twp., Harveys Lake, \$3,000.

Gloria S. Ludorf to Casimir Ludorf, 139 W. Green St., Nanticoke, property Parrish Rd., Franklin Twp.

Anna Parleman to Joseph Skopic, 61 Jacoby Dr., Bloomsburg, property Twp. Rd. 795, Lehman Twp., \$2,000.

Robert Culp to Virginia A. Major, 2225 Huntsville Rd., Jackson Twp., property 3 parcels, Jackson Twp.

Robert Culp to Virginia A. Major, 2225 Huntsville Rd., Shavertown, property Jackson Twp.



Cheering at a competition in florida

The Dallas High School cheerleaders recently competed in the All-Girl Varsity division at the 11th annual Universal Cheerleaders Association's National High School Cheerleading Championship, sponsored by Personal Products Company. Over 185 of the best high school and junior high squads from across the United States came together at Sea World in Orlando, Florida to compete for the title of National Champions and for \$32,000 in cash and scholarships donated by the Personal Products Company.



Finished in the top ten percent

The Dallas Junior Varsity cheerleaders recently placed 18th in the Junior Varsity division at the 11th annual Universal Cheerleaders Association's National High School Cheerleading Championship, sponsored by Personal Products Company. Over 185 of the best high school and junior high squads from across the United States came together at Sea World in Orlando, Florida to compete for the title of National Champions and for \$32,000 in cash and scholarships donated by the Personal Products Company.

DR. ROBERT GREENHALGH PRESENTS

TO YOUR HEALTH

Epilepsy, an age-old problem, can be controlled with medication

A person with epilepsy has just applied for a job in my office. He is otherwise qualified. Should I hire him?

As a rule, the answer is yes. Epilepsy can be controlled with medications in the great majority of patients. If the patient regularly visits a physician trained in the treatment of seizures, if he or she takes medications regularly and remains seizure-free for months to years, this person should be acceptable for employment. In fact, certain forms of minor seizures may not adversely affect work performance at all.

People with epilepsy have been the victims of considerable discrimination, but, contrary to the impressions of some, epilepsy does not make a person stupid, insane, unreliable, untrustworthy or "possessed".

However, certain exceptions to employment may arise as a practical matter. A patient with a seizure within the past year may be legally forbidden to drive, which could interfere with some jobs, and people with unpredictable or relatively frequent seizures may not be ideally suited for certain conspicuously hazardous jobs. Generally, however, people who have seizures work with at least the same intelligence and diligence as the rest of the population and within the guidelines suggested above should be equally suitable for employment.

Indeed, epilepsy has been observed as far back as history records and some very famous people have been thought to have had the disorder. They include Alexander the Great, Julius Caesar, St. Paul, Napoleon, Dante, Socrates, Tchaikovsky and Alfred Nobel.

Epilepsy is a disorder of the central nervous system characterized by sudden seizures due to abnormal electrical discharges of brain cells. When a person is having a seizure, the brain temporarily loses control over muscles, consciousness, or in certain instances, the senses. One isolated epileptic seizure does not constitute a diagnosis of epilepsy. A person who has epilepsy is susceptible to repetitive seizures.

Researchers don't know what triggers the abnormal electrical discharges that cause seizures or what happens chemically in the brain cells during a seizure. Sometimes no cause can be found for a seizure. In other cases, heredity may be a factor. "Symptomatic" epilepsy, where a cause can be traced, may

result from injuries incurred before, during, or after birth; such infectious diseases as meningitis or encephalitis; poor nutrition; childhood diseases; brain tumors, or some poisons.

Close to four million people, or about two percent of Americans, have some form of epilepsy, according to the Epilepsy Foundation of America.

Seizures are classified as "generalized" or "partial" seizures depending on whether consciousness is lost during the spell. The two most common forms of generalized seizures are generalized tonic-clonic (formerly called "grand mal") or absence (formerly called "petit mal") seizures. The generalized tonic-clonic seizure causes abrupt loss of consciousness, tonic or rigid posture, and then clonic, or jerking, movements. The absence seizure causes a momentary lapse of consciousness, which may be mistaken for daydreaming.

Absence seizures primarily affect children. The term petit mal has been abandoned by most neurologists because it had been used to apply to several different types of seizures, and is a less precise term in general use.

Partial seizures are so named because they originate only in one part of the brain, and the manifestations depend on the location or focus where the seizure originates. When a seizure causes such strange feelings as fear or abdominal discomfort, or such automatic movements as lip-smacking, it is called a complex partial seizure. Complex partial seizures have been called "psycho-motor" seizures or "temporal lobe seizures," because they often arise from the temporal lobe of the brain.

If you are with someone who is having a seizure, there are several first-aid measures you can take to aid the person: first, keep calm and don't try to stop the seizure, because you can't once it's started; clear the area around the person of objects that could cause injuries; place a pillow or rolled-up coat or sweater under his head but don't force anything between his teeth unless his mouth is open, in which case you might place a clean handkerchief or other soft object between his side teeth and turn his head to the side to make sure his breathing is not obstructed, but do not be concerned if he seems to stop breathing. Do be concerned, however, if he seems to pass from one seizure to another without gaining consciousness. This is rare, but requires a doctor's help.

This health awareness is brought to you as a service to the Back Mountain community by Robert Greenhalgh, M.D. Dr. Greenhalgh is a Back Mountain physician who offers general pediatric, gynecology, and geriatric medical care, on a personal basis. Board-Certified in Family Practice, he is on staff at Family, Nesbitt, and Wilkes Barre General Hospital.

Robert Greenhalgh, M.D. • Family Practice • Mercy Medical Offices • 199 Lake Street • Dallas, PA • 675-4995

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