



MOUNTAINEER WRESTLERS - Dallas Mountaineers have a young team but they are working hard to be ready for the season opener, January 3, at Hazleton. Members of this year's team at practice last week were, front row, from left, Frank Natitus, Pat Farrell, Eric Williams, Bob Jesse, Rick Hoyes, Pat Morris, Jon Schaffer, Matt Perry, Steve Kaschenbach, coach; second row, Roy Wall, assistant coach; Heath Williams, Jamie Walsh, Jamie Janosky, Wayde Post, Dave Pitcavage, Fred Lindbrichler and Bernie Sotko (Photo by C.M. Denmon)

LAKE-LEHMAN SQUAD - Members of the Black Knights squad working out for this year's season are, above, as they get ready for practice. First row, from left, Brian Strait, Rich Hodle, Mark Longmore, Charlie Jacoby, Jesse Cope, Derrick Bologna, Jesse Sorber; second row, Ed Higgins, Tony Ramagli, Rich Peiffer, Rich Williams, Steve Burke, Dave Konopke, Justin Goodwin, Charlie Roper; third row, Terry Martin, P.J. Goodwin, Jason Clancy, Mike Guerin, J.J. Konigus, Ray Rosencrance, Gary Masters, Mike Tereska and Matt West. (Photo by C.M. Denmon)

Back Mountain squads look ahead to wrestling season

BY CHARLOT M. DENMON Staff Writer

Lake-Lehman co-coaches Phil Lipski and Tom Williams, after coaching the junior high for sevover the job of heading the senior high varsity team.

about this season's prospects despite the fact that they have a lot of underclassmen on the squad.

"We have 30 boys out for this year's program," said Phil Lipski. "They're a very young team, most of them sophomores and juniors. Some of these kids have had some experience so Tom and I are optimistic about the Knights showing

"We have seven lettermen returning from last season," Williams said. "Terry Martin, Rich Peisser, Tony Ramagli, Ray Rosencrance, Mike Guerin, Jason Naugle, and Charles Roper did some wrestling

Lipski said they also have re-turning seniors who will be a nucleus for this year's team.

P.J. Goodwin, Ed Higgins, Chris seniors, who made just about every year," Kaschenbach explained. meet and we are counting on them for this season. We also have one boys are out for the first time and freshman on the team this year, he also has nine sophomores on

Charlie Jacoby, who has been the team making a name for himself in and in track this year.

"We will have a full jayvee team eral years, this season have taken which makes us optimistic and we have set up three scrimmages. We open with Benton at home Decem-Both coaches are enthusiastic ber 13, then wrestle Williamsport at home December 16 in exhibition season as head coach and he and have some excellent athletes back. meets," Lipski concluded.

"We are looking for a good season," Tom Williams added. "Our junior high team did a good job the last few years and we have a lot of those boys on the varsity this sea-

Dallas coach Steve Kaschenbach is not as optimistic as the Lake-Lehman coaches.

We have 19 out for wrestling this year," Kaschenbach said. "This is a classic building year for Dallas. We have five returning from last season, Pat Morris, Wayde Post, Dave Pitcavage, Rich Hoyes and Jamie Janosky

"These five had some experience last season but you could say we have only four and a half since "We have J.J. Konigus who did Morris and Hoyes competed with a good job last season, Ed Kelly, one another prior to every meet last season. They are still compet-Smith and Mark Longmore, all ing at the same weight class this

Kaschenbach said four of the

"They are working hard and they wrestling for junior high last year are enthusiastic," Kaschenbach said. "They are anxious to do a good job for the team and fortunately, we have boys at every weight class from 103 pounds which is

his assistant Roy Wall are looking ahead to building a good squad for the future.

"Valley. West and Coughlin are the two teams who will give the rest of us trouble," Kaschenbach predicted. "Lake-Lehman should have This is Kaschenbach's second a pretty good squad because they

YMCA holding lifeguarding course for Christmas break

The Wilkes-Barre YMCA will offer a Lifeguarding Course during Christmas break for the college student who wants to Lifeguard this summer. The course will meet Dec. 18, 20, 21, 22, 27, 28, 29 and Jan. 2 and 3 from 7-10 p.m.

On Tuesday, Dec. 19 and Dec. 26 C.P.R. and First Aid will be offered from 6-10 p.m.

For more information please call the Wilkes-Barre YMCA at 823-

Darlings Greenhouses



Poinsettias we grow our own Christmas Trees Wreaths Cemetary Logs also winter potatoes

Across from Dallas Elementary School on Hildebrandt Road WYSOCKI'S ATHLETIC CENTER

60 SOUTH MAIN ST. WILKES-BARRE, PA 18701 PHONE: 823-8042

WORD TO

WE'RE THE PROFESSIONALS! WITH OUR AGE OLD EXPERIENCE AND THAT LITTLE TOUCH OF MAGIC THAT ONLY ELVES CAN HARNESS. WE ARE THE FINEST AT WRAPPING AND SHIPPING HOLIDAY GIFTS.

Gift Wrapping • Packaging Service Packaging Supplies • UPS Parcel Shipping • Airborne Overnight

PAK 'N' POST EXPRESS



695 B Kidder St. • The Pine Mall Wilkes-Barre, PA 18702 (717) 825-3883 • FAX (717) 825-2007 9 - 5 Mon. - Fri., 10 - 4 Sat., Closed Sunday

✓ PolyproTights &Tops by Hind ✓ Gloves & Hats by Wigwam

Making a List & Checking it twice

Top of your teenagers list:

✓ Air Jordan by Nike ✓ Cross Trainers by Nike

✓ Asics Tiger Gel Striker \$49.95 reg. \$79.95

Fleece wear by / Champion / Adidas / Tiger

Cold Weather Gear: ✓ Hiners & MFT suits by Tiger

ARING'S

MEMORIAL HIGHWAY, DALLAS

MRS. D'S DELI SPECIALS

Cowboy Pinto Beans.....b.\$1.59 Pasta Salad.....lb.\$1.99 Tunafish Salad.....lb.\$2.79

Potato Salad......b.\$1.29 Hot Soup & Chili, Monday Thru Saturday

Not Responsible For Typographical Errors We Reserve The Right To Limit Quantities

OPEN EVERY DAY 8 a.m. to 9 p.m.

MAC Accepted Here For All Purchases

675-0696



An Evening With The Anzalone Brothers & Co.



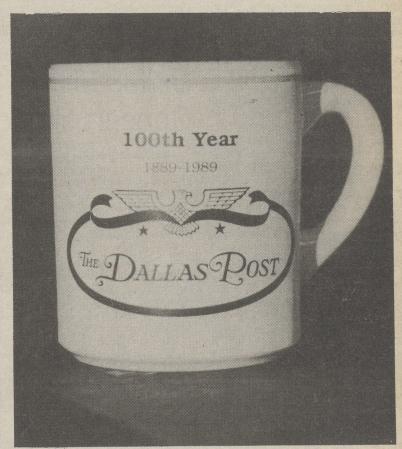
Atty. Jim Anzalone, Dr. Ange Anzalone, Rev. Don Lyon, and Perry Orfanella

Beaumont Inn

Friday, December 15th Dinner and Show

Reservations Call 675-7100

A very special gift to mark a centennial event



1989 is the 100th year of publication for The Dallas Post, making it one of the oldest newspapers in Northeastern Pennsylvania. We have commissioned a special mug to commemorate the event. This ceramic mug is gleaming white with a royal blue imprint noting the Post's 100th year. A gold "halo" around the rim gives the mug a distinctive touch.

We are making this mug available to all new one-year subscribers, and to current subscribers who wish to extend their subscription for at least one additional year.* To get yours, just fill out the form below, and send it with your payment to:

THE DALLAS POST

100th Year Mug P.O. Box 366 Dallas, PA 18612

* If your subscription is due for standard renewal, you must resubscribe for at least two years to receive the mug.

Please begin or extend my subscri	ption to The Dallas Pos	t.
I'll pick my mug up at the office.		
Please send the mug to me at the to pick up their mugs at our office i My payment is enclosed.		
	1 Voor	2 Voore

My payment is enclosed.	III lile 309-415 Fla	za, Dallas)	
	1 Year		2 Years
In Luzerne and Wyoming counties			\$26.00
Other PA, NY, NJ	\$16.00		\$29.00
All other states	\$18.00		\$32.00
NameMailing Address			
City	State	Zip	
Special offer available for a limited	d time only.		
Send to:			
The Dall	as Post		
P.O. Box	366		

Dallas, PA 18612